

**OHA-EMS Continuing Education Topic:  
Culture, Race, Gender and Ethnicity**

In 2019, the passage of [Oregon House Bill 2011](#) and subsequent revisions to Oregon Revised Statute [\(ORS\) 676.850](#) and Oregon Administrative Rule [\(OAR\) 950-040](#) mandates all health professional regulatory boards to include cultural competence as an additional requirement for continuing education.

According to Oregon Administrative Rule [\(OAR\) 950-040-0010\(3\)](#), cultural competency is defined as "A life-long process of examining values and beliefs, then developing and applying an inclusive approach to health care practice that improves health outcomes by reducing health disparities and inequities. This approach is conducted in a manner that recognizes the context and complexities of provider-patient communication and interaction and preserves the dignity of individuals, families and communities."

OHA-EMS will accept continuing education that represents any or all subjects related to this definition. Topics may include, but are not limited to, the following:

- Effective application of linguistic skills in cross-cultural communication
- Understanding of culture and ethnicity as a way to establish a positive therapeutic relationship
- Eliciting, understanding and applying cultural and ethnic data in the process of clinical care
- Unconscious and/or implicit bias; stigmas and/or discrimination as they relate to race, ethnicity, and/or gender identity
- Social determinants of health
- Disparities in health care unique to race, ethnicity, and/or gender identity
- Improving equity in medical care systems for diverse populations

## **Culture, Race, Gender and Ethnicity Continuing Education Opportunities**

The Oregon Health Authority (OHA), Equity and Inclusion Division maintains a list of OHA-approved trainings that may be accessed [here](#).

[EMS1 Podcast: Diversity, equity and inclusion in U.S. EMS](#)

[Johns Hopkins Bloomberg School of Public Health Podcast: Public Health on Call, Why are Health Disparities Everyone's Problem?](#)

[EMM Podcast 685: Cultural Sensitivity with LGBTIQ+ Patients](#)

[HCP: Any conversation about care is also a conversation about culture, cross-cultural communication](#)

Make sure to visit [OAR 333-265-0140](#) (Maintaining Continuing Education Records) to ensure you are documenting any self-study correctly.

If you have additional questions contact: [ems.trauma@odhsoha.oregon.gov](mailto:ems.trauma@odhsoha.oregon.gov)