## ATAB 7: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
Crook	Crook County Mental Health	541-447-7441	541-323-5330	541-447-6207
Deschutes	Deschutes County Behavioral	541-322-7500	541-322-7500 &	541-388-6161 Bend
	Health		800-875-7364	541-548-9480 Redmond
Grant	Community Counseling Solutions	541-676-9161	911	541-575-0728
		800-698-2392 warm line		
Harney	Symmetry Care	541-573-8376	541-573-8376	541-573-2086
Jefferson	BestCare Treatment Services	541-475-6575	541-475-6575	541-475-2292
Klamath	Klamath Basin Behavioral Health	541-883-1030	541-883-1030	541-883-5570
Lake	Lake District Wellness Center	541-947-6021	541-947-6021 &	541-947-2273
			877-456-2293	
Wheeler	Community Counseling Solutions	541-676-9161	911	541-641-6744
		800-698-2392 warm line		

### **Parenting Support, Early Childhood and Family Services**

#### 211info

Parenting support, early childhood, and family services

CALL: 211 or 1-866-698-6155 and listen for the "parenting" option

TEXT: "children" or "ninos" to 898211

EMAIL: children@211info.org

WEBSITE: https://www.211info.org/get-help/child-care-parenting/

#### **Oregon Family to Family Health Information Center**

Children and youth with special health needs

CALL: **855-323-6744** (English) **833-990-9930** (Español)

EMAIL: contact@oregonfamily.org

WEBSITE: https://www.ohsu.edu/oregon-family-to-family-health-

information-center





# ATAB 7: Mental Health, Crisis Lines and Child Welfare Office Contacts

Oregon and National Crisis Lines				
988 Suicide & Crisis Lifeline Available 24/7: suicide prevention and crisis resources CALL/TEXT: 988 (English & Español) CHAT: <a href="https://988lifeline.org/chat/#specialized services">https://988lifeline.org/chat/#specialized services</a> (available to all, but especially useful for persons who are deaf or hard of hearing)	YouthLine Available 24/7: teen-to-teen crisis and help line Teens respond 4-10pm Monday-Friday CALL: 877-968-8491 TEXT: "teen2teen" to 839863			
The Trevor Project Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25 CALL: 866-488-7386 TEXT: "START" to 678678	Veterans Crisis Line  Available 24/7: suicide prevention and crisis resources  CALL/TEXT: 988 (English & Español)  CHAT: <a href="https://988lifeline.org/chat/#specialized_services">https://988lifeline.org/chat/#specialized_services</a> (available to all, but especially useful for persons who are deaf or hard of hearing)			



