Suicidal Children in the Emergency Department: Strategies to Evaluate and Manage within a Strained System

Assessment

- Ask Suicide-Screening Questions (ASQ) Toolkit: Complete the <u>ASQ</u>. If ASQ is positive, then complete the Brief Suicide Safety Assessment (BSSA) <u>worksheet</u>. Suicide Prevention in Telemedicine <u>training</u> available through Oregon Pediatric Society.
- Columbia-Suicide Severity Rating Scale (C-SSRS): The <u>C-SSRS</u> uses a series of simple, plain language questions. Free protocol and training. Adaptable to different cultures.
- Recommended Standard of Care for People with Suicide Risk: Summary of Recommended Standard Care Elements by Major Care Setting, page 11.
 - Addendum: Screening for Suicide Risk during Telehealth Visits.
 - Emergency Department Best Practices: Care Transitions for Individuals with Suicide Risk

Clinical Training & Tools

- Applying Zero Suicide in a Pediatric Care Setting: The presenters of this recorded webinar are from hospitals, with one implementing ASQ and one implementing C-SSRS, slides.
- Critical Crossroads: Pediatric Mental Health Care in the Emergency Department: This
 toolkit contains references and tools that can be used by hospitals to support the creation of
 care pathways to improve the identification and management of children and adolescents
 who present to the ED in a mental health crisis.
- ESSENCE Suicide Data Reports: Statewide monthly suicide <u>data reports</u> are available via website or email subscription. Hospitals may also access their data -- for more information click <u>HERE</u>.
- **Preventing Suicide in Emergency Department Patients**: This 2-hour <u>free course</u> teaches ED providers how to conduct pediatric and adult screening, assessment, and brief interventions, such as safety planning and lethal means counseling. It also addresses patient-centered care for patients with suicide risk, patient safety during the ED visit, and incorporating suicide prevention into discharge planning.

Regulations

- Oregon: <u>HB 3090 Fact Sheet</u> for discharge planning for patients presenting with behavioral health crisis or hospitalized for mental health treatment.
 - Emergency Department Mental Health Discharge Survey Tool
 - Inpatient Departments Mental Health Discharge Survey Tool
- Washington: Behavioral Health Administration laws and rules

Support for Providers

Healthcare Provider Mental Health and Crisis Support Resources: This website has
helplines, ready-to-use tools, webinars, and other resources to support healthcare providers'
physical and mental health.