

Southwest Washington: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare*
Clark	Community Services	564-397-2130	800-626-8137	360-993-7900
Cowlitz	Health & Human Services	360-414-5599	360-425-6064	360-501-2600
Lewis	Public Health & Social Services	360-740-1223	800-803-8833	360-669-2559
Pacific	Public Health & Human Services	360-875-9343 - N. County 360-642-9349 - S. County	800-803-8833	360-665-7282
Skamania	Community Health	509-427-3850	800-626-8137	509-427-0700
Wahkiakum	Health & Human Services	360-795-8630 Ext. 2	800-803-8833	360-501-2600

*DHS Child Welfare After Hours for All Counties: 800-562-5624

Washington State Department of Health Behavioral Health Agencies Directory

WEBSITE: <https://www.doh.wa.gov/Portals/1/Documents/Pubs/606019-BHADirectory.pdf>

Parenting Support, Early Childhood and Family Services

211info

Parenting support, early childhood, and family services
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option
 TEXT: “children” or “ninos” to **898211**
 EMAIL: children@211info.org
 WEBSITE: <https://www.211info.org/get-help/child-care-parenting/>

Washington Family to Family Health Information Center

Children and youth with special health needs
 CALL: **800-572-7368**
 EMAIL: F2F@wapave.org
 WEBSITE: <https://www.familyvoicesofwashington.org/>

Washington and National Crisis Lines

Clark County Teen Talk

Available Mon-Thu 4-9pm & Fri 4-7pm: peer-to-peer support line
 CALL: **360-397-2428**
 TEXT: **360-984-0936**
 EMAIL: ccteentalk1@hotmail.com

988 Suicide & Crisis Lifeline

Available 24/7: suicide prevention and crisis resources
 CALL/TEXT: **988** (English & Español)
 CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

Teen Link

Available 7 days a week, 6-10pm: professionally trained youth volunteers
 CALL/TEXT: **866-833-6546** (English & Español)
 CHAT: <https://www.teenlink.org/chat/>

The Trevor Project

Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25
 CALL: **866-488-7386**
 TEXT: “START” to **678678**

