



When a Child Dies: Resources for Families

These resources are provided by the Oregon EMS for Children Advisory Committee.

Bereavement and Grief Support

- [Bereaved Parents of the USA](#): Helping rebuild after the death of a child.
- [Dougy Center](#)*: Children, teens, young adults, and families who are grieving can share their experiences before and after a death; grief support [directory](#).
- [Grief Recovery Method](#): Support group and grief specialist [database](#).
- [National Alliance for Children's Grief](#): Grief support [resource library](#); support center and camp [directory](#).
- [Return to Zero](#): Resources to [navigate loss](#).
- [Sesame Workshop](#)*: Grief resources for children and families.
- [Share: Oregon](#) and [online](#) support groups; [resource list](#).
- [The Compassionate Friends](#): Peer-led monthly in person and virtual support groups - [Central Oregon Chapter](#) and [Eugene/Springfield](#).
- [Brief Encounters](#): Monthly support groups for pregnancy and infant loss.
- [First Candle](#): Support resources for pregnancy and infant loss.

*Highly recommended

Financial Support

- [The Tears Foundation](#): [Collection of resources](#).
- [Children's Burial Assistance](#): Financial support for burial plot and cremation.
- [Kaden's Cause](#): Financial support for funeral/cremation, cemetery, and monuments for families of children 5 and younger.
- [Macey Elizabeth Foundation](#): Funds for Oregon families facing the end of a child's life.

Books for Grieving Children

- *Everywhere, Still*
- *Hope and the Winds of Grief (specific to suicide)*
- *Ida Always*
- *Invisible String*
- *Let's Talk About It: A Guide for Talking to Children After a Suicide of a Loved One*
- *Let's Talk About Our Baby: A Book for Families After a Sudden Infant Death*
- *Lifetimes*
- *More Than Sad: Feelings After Someone Special Dies*
- *Something Terrible Happened*
- *The ABCs of Grief*



When a Child Dies: Resources for Providers

As an ED or EMS provider you may encounter pediatric patients who have died or pediatric patients who die during treatment. These resources are provided by the Oregon EMS for Children Advisory Committee to help you support families and each other.

Provider Trauma and Mental Health Resources

- [Centers for Disease Control and Prevention Mental Health](#): Managing stress.
- [Compassionate Options for Pediatric EMS \(COPE\)](#): Systems approach to out-of-hospital pediatric death.
- [National Alliance on Mental Illness for Healthcare Professionals](#): Resources created especially for frontline health care professionals.
- [National Alliance of Mental Illness for Public Safety Professionals](#): Tips to build resiliency, wellness strategies, and resources for loved ones.
- [Responder Strong](#): Support mental health and overall wellbeing of emergency responders, healthcare workers, and their families.
- [The Stress Continuum](#): Tool for self-awareness that supports informed decisions and risk management.

Resources for Hospital and EMS Agency Leadership

Memento Items Appreciated by Families: Consider providing one or more of the following items:

- Memories: fingerprints, handprints, footprints, hand mold, EKG strip, black & white photograph
- Weighted plushie, blanket, and other comfort and memorial items for siblings

Workforce Training: Check for alignment with organization's policies, procedures, and/or protocols.

- First Candle: [Bereavement training](#) for hospitals.
- [First Responders and Disaster Responders Resource Portal](#): Online stress management and disaster behavioral health training.
- [Grief-Sensitive Healthcare Project](#): Helping healthcare professionals who help grieving families.
- [Mental Health First Aid](#): Equip team with tools to care for themselves and those they serve.
- Mental Health, Substance Use & Managing Stress: [Training & Guide](#)
- [National Alliance on Mental Illness \(NAMI\)](#): Build resiliency and wellness for first responders.
- [Pediatric Death Resources](#)
- [Responder Alliance](#): Tools to manage risk of burnout and traumatic stress injury.
- [ResponderStrong](#): Mental health support for emergency responders and healthcare workers.
- [Sample ED Policy for Death of a Child](#)
- [Vicarious Trauma Toolkit](#): Organizations can mitigate the potentially negative effects of trauma exposure by becoming vicarious trauma-informed.