

ATAB 1: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
Clackamas	Behavioral Health Division	503-742-5335	503-655-8585	503-731-3404 N. Clackamas 971-673-7200 Oregon City
Clatsop	Behavioral Healthcare	503-325-5722	503-325-5724	503-325-9179
Columbia	Community Mental Health	503-397-5211	503-782-4499	503-397-3292
Multnomah	County Mental Health	503-988-5887	503-988-4888 or 800-716-9769	503-731-3100 Hotline 971-673-6800 Alberta 971-673-2100 East County 503-674-3610 Gresham
Tillamook	Family Counseling Center	503-842-8201	503-842-8201 or 800-962-2851	503-842-5571
Washington	County Health & Human Services	503-503-846-4528	503-291-9111	503-646-7234 Beaverton 503-648-8951 Hillsboro
Yamhill	County Health & Human Services	503-434-7523 Adult 503-434-7462 Family	844-842-8200	503-472-4634

Parenting Support, Early Childhood and Family Services

211info

Parenting support, early childhood and family services
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option
 TEXT: “children” or “ninos” to **898211**
 EMAIL: children@211info.org
 WEBSITE: <https://www.211info.org/family/>

Oregon Family to Family Health Information Center

Children and youth with special health needs
 CALL: **855-323-6744** (English) **503-931-8930** (Español)
 EMAIL: contact@oregonfamilytofamily.org
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>



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Oregon and National Crisis Lines	
<p>National Suicide Prevention Lifeline Available 24/7: suicide prevention and crisis resources for you or your loved ones CALL: 1-800-273-8255 (English) 1-888-628-9454 (Español) TTY: Use your preferred relay service or dial 711 then 1-800-273-8255</p>	<p>YouthLine Available 24/7: teen-to-teen crisis and help line Teens respond 4-10pm Monday-Friday CALL: 877-968-8491 TEXT: “teen2teen” to 839863</p>
<p>The Trevor Project Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25 CALL: 1-866-488-7386 TEXT: “START” to 678678</p>	<p>Veterans Crisis Line Available 24/7: confidential help for Veterans and their families CALL: 1-800-273-8255 and Press 1 TEXT: 838255 TTY: Use your preferred relay service or dial 711 then 1-800-273-8255</p>

