

ATAB 6: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
Gilliam	Community Counseling Solutions	541-676-9161	911	541-384-2882
Hood River	Mid-Columbia Center for Living	541-386-2620	888-877-9147	541-386-2962
Sherman	Mid-Columbia Center for Living	541-565-3149	888-877-9147	541-384-2882
Wasco	Mid-Columbia Center for Living	541-296-5452	888-877-9147	541-298-5136

Parenting Support, Early Childhood and Family Services

211info

Parenting support, early childhood and family services
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option
 TEXT: “children” or “ninos” to **898211**
 EMAIL: children@211info.org
 WEBSITE: <https://www.211info.org/family/>

Oregon Family to Family Health Information Center

Children and youth with special health needs
 CALL: **855-323-6744** (English) **503-931-8930** (Español)
 EMAIL: contact@oregonfamilytofamily.org
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>

Oregon and National Crisis Lines

National Suicide Prevention Lifeline

Available 24/7: suicide prevention and crisis resources for you or your loved ones
 CALL: **1-800-273-8255** (English)
 1-888-628-9454 (Español)
 TTY: Use your preferred relay service or dial **711** then **1-800-273-8255**

YouthLine

Available 24/7: teen-to-teen crisis and help line
 Teens respond 4-10pm Monday-Friday
 CALL: **877-968-8491**
 TEXT: “teen2teen” to **839863**

The Trevor Project

Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25
 CALL: 1-866-488-7386
 TEXT: “START” to **678678**

Veterans Crisis Line

Available 24/7: confidential help for Veterans and their families
 CALL: **1-800-273-8255** and Press **1**
 TEXT: **838255**
 TTY: Use your preferred relay service or dial **711** then **1-800-273-8255**

