

## ATAB 1: Mental Health, Crisis Lines, and Child Welfare Office Contacts

Foster Parent Support and Early Childhood & Family Services			
211info: Dial <b>211</b> and listen for the “parenting” option - foster parent support/early childhood & family services	Text: “foster” or “children” to <b>898211</b>	Email: <a href="mailto:foster@211info.org">foster@211info.org</a> or <a href="mailto:children@211info.org">children@211info.org</a>	Website: <a href="http://211info.org">http://211info.org</a>
Oregon Family to Family Health Information Center: Dial <b>1-855-323-6744</b> – special healthcare needs	Spanish: <b>503-931-8930</b> <b>541-732-5958</b> - Southern OR	Email: <a href="mailto:contact@oregonfamilytofamily.org">contact@oregonfamilytofamily.org</a>	Website: <a href="http://oregonfamilytofamily.org/">http://oregonfamilytofamily.org/</a>

County	*Mental Health Organization	*General Access Number	*Crisis Number	**DHS Child Welfare
<b>Clackamas</b>	County Mental Health Center	503-742-5335	503-655-8585	503-731-3400 (N. Clack.) 971-673-7200 (OR City)
<b>Clatsop</b>	Behavioral Healthcare	503-325-5722	503-325-5724	503-325-9179
<b>Columbia</b>	Community Mental Health, Inc.	503-397-5211	503-397-5211 1-866-866-1426 (after hours) 503-397-5211 (Vernonia)	503-397-3292
<b>Multnomah</b>	County Mental Health Services	503-988-5887	503-988-4888 or 1-800-716-9769	971-673-6800 (Alberta) 503-731-3100 (Child Welfare) 971-673-2100 (East Child Welfare)
<b>Tillamook</b>	Family Counseling Inc.	503-842-8201	503-842-8201 or 1-800-962-2851	503-842-5571
<b>Washington</b>	County Mental Health	503-291-1155	503-291-9111	503-646-7234 (Beaverton) 503-648-8951 (Hillsboro)
<b>Yamhill</b>	County Adult Mental Health and Family & Youth Mental Health Programs	503-434-7462	503-434-7523 (daytime hours) 1-800-560-5535 (after hours)	503-472-4634

*National Crisis Lines	
<u>National Suicide Prevention Lifeline</u> 1-800-273-TALK (8255) En español: 1-888-628-9454 TTY: 1-800-799-4TTY (4889) (24 hours a day/7 days a week)	<u>Veterans Crisis Line</u> Confidential help for veterans and their families 1-800-273-8255 and Press 1 Text to 838255
<u>The Trevor Project</u> For lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth 1-866-488-7386 (24 hours a day/7 days a week)	<u>YouthLine</u> 1-877-968-8491 Text: “teen2teen” to 839863 (24 hours a day/7 days a week; Teens respond 4-10 PM Monday-Friday)

\*Source: <http://www.oregon.gov/oha/PH/PreventionWellness/Safeliving/SuicidePrevention/Pages/cntymap.aspx>

\*\*Source: <http://www.oregon.gov/DHS/Offices/Pages/Child-Welfare.aspx>

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