## ATAB 9: Mental Health, Crisis Lines, and Child Welfare Office Contacts

<table>
<thead>
<tr>
<th>County</th>
<th>*Mental Health Organization</th>
<th>*General Access Number</th>
<th>*Crisis Number</th>
<th>**DHS Child Welfare</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baker</td>
<td>New Directions Behavioral Health &amp; Wellness</td>
<td>541-523-3646 (8am-5pm)</td>
<td>541-519-7126 (after hours)</td>
<td>541-523-6423</td>
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<tr>
<td>Malheur</td>
<td>Lifeways, Inc.</td>
<td>541-889-9167</td>
<td>541-889-9167</td>
<td>541-889-9194</td>
</tr>
<tr>
<td>Morrow</td>
<td>Community Counseling Solutions</td>
<td>541-481-2911 (Boardman) 541-676-9161 (Heppner)</td>
<td>911</td>
<td>541-481-9482</td>
</tr>
<tr>
<td>Umatilla</td>
<td>Lifeways, Inc.</td>
<td>541-922-6226 (Hermiston) 866-343-4473 (Milton-Freewater) 541-276-6207 (Pendleton)</td>
<td>866-343-4473 (Hermiston &amp; Milton-Freewater) 541-276-6207 (Pendleton)</td>
<td>541-567-2253 (Hermiston) 541-276-9220 (Pendleton)</td>
</tr>
<tr>
<td>Union</td>
<td>Center for Human Development</td>
<td>541-962-8800</td>
<td>541-962-8800</td>
<td>541-963-8571</td>
</tr>
<tr>
<td>Wallowa</td>
<td>Valley Center for Wellness</td>
<td>541-426-4524</td>
<td>541-398-1175</td>
<td>541-426-4558</td>
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### Foster Parent Support and Early Childhood & Family Services

- **211info**: Dial **211** and listen for the “**parenting**” option - foster parent support/early childhood & family services
- Text: “**foster**” or “**children**” to **898211**
- Email: foster@211info.org or children@211info.org
- Website: [http://211info.org](http://211info.org)

- Oregon Family to Family Health Information Center: **855-323-6744** – special healthcare needs
  - Spanish: **503-931-8930**
  - Southern Oregon: **541-732-5958**
  - Email: contact@oregonfamilytofamily.org
  - Website: [http://oregonfamilytofamily.org/](http://oregonfamilytofamily.org/)

### *National Crisis Lines*

- **National Suicide Prevention Lifeline**
  - 800-273-TALK (8255)  | 1-888-628-9454  (24 hours a day/7 days a week)
  - TTY: 800-799-4TTY (4889)

- **Veterans Crisis Line**
  - Confidential help for Veterans and their families
  - 800-273-8255 and Press 1  | Text to 838255

- **The Trevor Project**
  - For lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ) young people under 25
  - 866-488-7386  | (24 hours a day/7 days a week)

- **YouthLine**
  - Teen-to-teen crisis and help line
  - 877-968-8491  | Text: “teen2teen” to 839863
  - (24 hours a day/7 days a week; Teens respond 4-10 PM Monday-Friday)

*Source: [http://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SAFELIVING/SUICIDEPREVENTION/Pages/cntymap.aspx](http://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SAFELIVING/SUICIDEPREVENTION/Pages/cntymap.aspx)*


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