

ATAB 9: Mental Health, Crisis Lines, and Child Welfare Office Contacts

Foster Parent Support and Early Childhood & Family Services			
211info: Dial 211 and listen for the “parenting” option - foster parent support/early childhood & family services	Text: “foster” or “children” to 898211	Email: foster@211info.org or children@211info.org	Website: http://211info.org
Oregon Family to Family Health Information Center: Dial 1-855-323-6744 – special healthcare needs	Spanish: 503-931-8930 541-732-5958 - Southern OR	Email: contact@oregonfamilytofamily.org	Website: http://oregonfamilytofamily.org/

County	*Mental Health Organization	*General Access Number	*Crisis Number	**DHS Child Welfare
Baker	New Directions Behavioral Health & Wellness	541-523-3646 (8am-5pm)	541-519-7126 (after hours)	541-523-6423
Malheur	Lifeways, Inc.	541-889-9167	541-889-9167	541-889-9194
Morrow	Community Counseling Solutions	541-481-2911 (Boardman) 541-676-9161 (Heppner)	911	541-481-9482
Umatilla	Lifeways, Inc.	541-922-6226 (Hermiston) 1-866-343-4473 (Milton-Freewater) 541-276-6207 (Pendleton)	1-866-343-4473 (Hermiston & Milton-Freewater) 541-276-6207 (Pendleton)	541-567-2253
Union	Center for Human Development	541-962-8800	541-962-8800	541-963-4113
Wallowa	Valley Center for Wellness	541-426-4524	541-426-3111	541-426-4558

*National Crisis Lines	
<u>National Suicide Prevention Lifeline</u> 1-800-273-TALK (8255) En español: 1-888-628-9454 TTY: 1-800-799-4TTY (4889) (24 hours a day/7 days a week)	<u>Veterans Crisis Line</u> Confidential help for veterans and their families 1-800-273-8255 and Press 1 Text to 838255
<u>The Trevor Project</u> For lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth 1-866-488-7386 (24 hours a day/7 days a week)	<u>YouthLine</u> 1-877-968-8491 Text: “teen2teen” to 839863 (24 hours a day/7 days a week; Teens respond 4-10 PM Monday-Friday)

*Source: <http://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SAFELIVING/SUICIDEPREVENTION/Pages/cntymap.aspx>

**Source: <http://www.oregon.gov/DHS/Offices/Pages/Child-Welfare.aspx>

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