

## Mental Health, Crisis Lines, and Child Welfare Office Contacts by County in Oregon

Foster Parent Support and Early Childhood & Family Services			
<u>211info</u> : Dial <b>211</b> and listen for the “ <b>parenting</b> ” option - foster parent support/early childhood & family services	Text: “ <b>foster</b> ” or “ <b>children</b> ” to <b>898211</b>	Email: <a href="mailto:foster@211info.org">foster@211info.org</a> or <a href="mailto:children@211info.org">children@211info.org</a>	Website: <a href="http://211info.org/family/">http://211info.org/family/</a>
<u>Oregon Family to Family Health Information Center</u> : Dial <b>1-855-323-6744</b> – special healthcare needs	Spanish: <b>503-931-8930</b> <b>541-732-5958</b> - Southern OR	Email: <a href="mailto:contact@oregonfamilytofamily.org">contact@oregonfamilytofamily.org</a>	Website: <a href="http://oregonfamilytofamily.org/">http://oregonfamilytofamily.org/</a>

County	*Mental Health Organization	*General Access Number	*Crisis Number	**Department of Human Services Child Welfare Office
<b>Baker</b>	New Directions Behavioral Health & Wellness	541-523-3646 (8am-5pm)	541-519-7126 (after hours)	541-523-6423
<b>Benton</b>	County Mental Health Program	541-766-6835	1-888-232-7192	541-757-4121
<b>Clackamas</b>	County Mental Health Center	503-742-5335	503-655-8585	503-731-3400 - North Clackamas 971-673-7200 - Oregon City
<b>Clatsop</b>	Behavioral Healthcare	503-325-5722	503-325-5724	503-325-9179
<b>Columbia</b>	Community Mental Health, Inc.	503-397-5211	503-397-5211 1-866-866-1426 (after hours) 503-397-5211 - Vernonia	503-397-3292
<b>Coos</b>	County Mental Health Program	541-751-2500	541-751-2550	541-756-5500
<b>Crook</b>	Lutheran Community Services	541-323-5330	541-323-5330	541-447-6207
<b>Curry</b>	Community Health	541-813-2535 - Brookings 541-373-8001 - Gold Beach 541-373-8085 - Port Orford	1-877-519-9322	541-247-5437
<b>Deschutes</b>	County Mental Health Services	541-322-7500	541-322-7500 (24 hours) 1-800-875-7364	541-388-6161
<b>Douglas</b>	Community Health Alliance	541-440-3532	1-800-866-9780	541-271-4851 - Reedsport 541-440-3373 - Roseburg

\*Source: <http://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SAFELIVING/SUICIDEPREVENTION/Pages/cntymap.aspx>

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<b>Gilliam</b>	Community Counseling Solutions	541-454-2223 - Arlington 541-384-2666 - Condon	911	541-384-2882
<b>Grant</b>	Community Counseling Solutions	541-575-1466	911	541-575-0728
<b>Harney</b>	Symmetry Care	541-573-8376	541-573-8376	541-573-2086
<b>Hood River</b>	Mid-Columbia Center for Living	541-386-2620	541-386-7534 or 1-888-877-9147	541-386-2962
<b>Jackson</b>	County Health and Human Services	541-774-8201	541-774-8201	541-776-6120
<b>Jefferson</b>	County Community Mental Health Program	541-475-6575	541-475-6575 (24 hours)	541-475-2292
<b>Josephine</b>	Options for Southern Oregon	541-476-2373	541-474-5360 (24 hours)	541-474-3120
<b>Klamath</b>	Basin Behavioral Health	541-883-1030	541-883-1030	541-883-5570
<b>Lake</b>	County Mental Health Center	541-947-6021	541-947-6021 or 1-877-456-2293	541-947-2273
<b>Lane</b>	County Health and Human Services	541-682-3608	541-687-4000 (after hours)	541-686-7555
<b>Lincoln</b>	County Mental Health Program	541-574-5960 - Adults 541-265-4179 - Children 541-265-4196 - Lincoln City	1-888-232-7192 (24 hours)	541-265-8557
<b>Linn</b>	County Mental Health	541-967-3866	541-967-3866 1-800-304-7468 (24 hours)	541-967-2060
<b>Malheur</b>	Lifeways, Inc.	541-889-9167	541-889-9167	541-889-9194
<b>Marion</b>	County Mental Health Services	503-588-5351 503-981-5851 - Woodburn	503-585-4949	503-378-6800
<b>Morrow</b>	Community Counseling Solutions	541-481-2911 - Boardman 541-676-9161 - Heppner	911	541-481-9482
<b>Multnomah</b>	County Mental Health Services	503-988-5887	503-988-4888 or 1-800-716-9769	971-673-6800 - Alberta 503-731-3100 - Child Welfare Hotline 971-673-2100 - East Child Welfare Hotline

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Polk	County Mental Health	503-623-9289 - Dallas 503-585-3012 - West Salem	503-623-9289 (daytime hours) 503-581-5535 or 1-800-560-5833 (after hours)	503-623-8118
Sherman	Mid-Columbia Center for Living	541-296-5452	541-296-5452 or 1-888-877-9147	541-384-2882
Tillamook	Family Counseling Inc.	503-842-8201	503-842-8201 or 1-800-962-2851	503-842-5571
Umatilla	Lifeways, Inc.	541-922-6226 - Hermiston 1-866-343-4473 - Milton-Freewater 541-276-6207 - Pendleton	1-866-343-4473 - Hermiston & Milton-Freewater 541-276-6207 - Pendleton	541-567-2253
Union	Center for Human Development	541-962-8800	541-962-8800	541-963-4113
Wallowa	Valley Center for Wellness	541-426-4524	541-426-3111	541-426-4558
Wasco	Mid-Columbia Center for Living	541-296-5452	541-296-6307 or 1-888-877-9147	541-298-5136
Washington	County Mental Health	503-291-1155	503-291-9111	503-646-7234 - Beaverton 503-648-8951 - Hillsboro
Wheeler	Community Counseling Solutions	541-763-2746	911	541-384-2882
Yamhill	County Adult Mental Health and Family & Youth Mental Health Programs	503-434-7462	503-434-7523 (daytime hours) 1-800-560-5535 (after hours)	503-472-4634

*National Crisis Lines	
<u>National Suicide Prevention Lifeline</u> 1-800-273-TALK (8255) En español: 1-888-628-9454 TTY: 1-800-799-4TTY (4889) (24 hours a day/7 days a week)	<u>Veterans Crisis Line</u> Confidential help for veterans and their families 1-800-273-8255 and Press 1 Text to 838255
<u>The Trevor Project</u> For lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth 1-866-488-7386 (24 hours a day/7 days a week)	<u>YouthLine</u> 1-877-968-8491 Text: "teen2teen" to 839863 (24 hours a day/7 days a week; Teens respond 4-10 PM Monday-Friday)

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