

Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	Department of Human Services Child Welfare Office
Baker	New Directions Northwest Inc.	541-523-7400	541-519-7126	541-523-6423
Benton	County Mental Health Program	541-766-6835	888-232-7192	541-757-4121
Clackamas	Behavioral Health Division	503-742-5335	503-655-8585	503-731-3404 N. Clackamas 971-673-7200 Oregon City
Clatsop	Behavioral Healthcare	503-325-5722	503-325-5724	503-325-9179
Columbia	Community Mental Health	503-397-5211	503-782-4499	503-397-3292
Coos	Coos Health & Wellness	541-266-6700	541-266-6800 or 888-543-5763	541-756-5500
Crook	County Mental Health	541-447-5165	911	541-447-6207
Curry	Curry Community Health	541-813-2535 Brookings 541-425-7545 Gold Beach	877-519-9322	541-247-5437
Deschutes	County Behavioral Health	541-322-7500	541-322-7500 Ext. 9	541-388-6161
Douglas	Compass Behavioral Health	541-440-3532	800-866-9780	541-271-4851 Reedsport 541-440-3373 Roseburg
Gilliam	Community Counseling Solutions	541-676-9161	911	541-384-2882
Grant	Community Counseling Solutions	541-575-1466	911	541-575-0728
Harney	Symmetry Care	541-573-8376	541-573-8376	541-573-2086
Hood River	Mid-Columbia Center for Living	541-386-2620	888-877-9147	541-386-2962
Jackson	County Health & Human Services	541-774-8201	541-774-8201	541-776-6120
Jefferson	BestCare Treatment Services	541-475-6575	541-475-6575	541-475-2292
Josephine	Options for Southern Oregon	541-476-2373	541-474-5360	541-474-3120
Klamath	Klamath Basin Behavioral Health	541-883-1030	541-883-1030	541-883-5570
Lake	Lake District Wellness Center	541-947-6021	541-947-6021	541-947-2273
Lane	County Behavioral Health	541-682-3608	541-342-8255 or 541-505-8426 541-686-7300 or 541-222-7300	541-686-7555 Eugene 541-726-6644 Springfield 541-686-7722 W. Eugene
Lincoln	County Mental Health	541-574-5960 Newport Adult 541-265-4179 Newport Family 541-265-4196 Lincoln City	888-266-0288	541-265-8557



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Linn	County Mental Health	541-967-3866	541-967-3866 or 800-304-7468	541-967-2060
Malheur	Lifeways	541-889-9167	541-889-9167 or 800-995-9169	541-889-9194
Marion	County Mental Health	503-588-5351 Salem Adult 503-588-5352 Salem Family 503-981-5851 Woodburn	503-585-4949	503-378-6800
Morrow	Community Counseling Solutions	541-481-2911	911	541-481-9482
Multnomah	County Mental Health	503-988-5887	503-988-4888 or 800-716-9769	503-731-3100 Hotline 971-673-6800 Alberta 971-673-2100 East County 503-674-3610 Gresham
Polk	County Mental Health	503-623-9289 Dallas 503-400-3550 Monmouth 503-585-3012 W. Salem	503-623-9289 (business hours) 503-581-5535 or 800-560-5833 (after hours)	503-623-8118
Sherman	Mid-Columbia Center for Living	541-565-3149	888-877-9147	541-384-2882
Tillamook	Family Counseling Center	503-842-8201	503-842-8201 or 800-962-2851	503-842-5571
Umatilla	Lifeways	541-567-2536 Hermiston 541-276-6207 Milton-Freewater & Pendleton	541-240-8030	541-567-2253 Hermiston 541-938-6627 Milton-Freewater 541-276-9220 Pendleton
Union	Center for Human Development	541-962-8800	541-962-8800 Ext. 6	541-963-8571
Wallowa	Wallowa Valley Center for Wellness	541-426-4524	541-398-1175	541-426-4558
Wasco	Mid-Columbia Center for Living	541-296-5452	888-877-9147	541-298-5136
Washington	County Health & Human Services	503-503-846-4528	503-291-9111	503-646-7234 Beaverton 503-648-8951 Hillsboro
Wheeler	Community Counseling Solutions	541-763-2746	911	541-384-2882
Yamhill	County Health & Human Services	503-434-7523 Adult 503-434-7462 Family	844-842-8200	503-472-4634



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Parenting Support, Early Childhood and Family Services	
<p>211info Parenting support, early childhood and family services CALL: 211 or 1-866-698-6155 and listen for the “parenting” option TEXT: “children” or “ninos” to 898211 EMAIL: children@211info.org WEBSITE: https://www.211info.org/family/</p>	<p>Oregon Family to Family Health Information Center Children and youth with special health needs CALL: 855-323-6744 (English) 503-931-8930 (Español) EMAIL: contact@oregonfamilytofamily.org WEBSITE: https://www.ohsu.edu/oregon-family-to-family-health-information-center</p>
Oregon and National Crisis Lines	
<p>National Suicide Prevention Lifeline Available 24/7: suicide prevention and crisis resources for you or your loved ones CALL: 1-800-273-8255 (English) 1-888-628-9454 (Español) TTY: Use your preferred relay service or dial 711 then 1-800-273-8255</p>	<p>YouthLine Available 24/7: teen-to-teen crisis and help line Teens respond 4-10pm Monday-Friday CALL: 877-968-8491 TEXT: “teen2teen” to 839863</p>
<p>The Trevor Project Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25 CALL: 1-866-488-7386 TEXT: “START” to 678678</p>	<p>Veterans Crisis Line Available 24/7: confidential help for Veterans and their families CALL: 1-800-273-8255 and Press 1 TEXT: 838255 TTY: Use your preferred relay service or dial 711 then 1-800-273-8255</p>

