



PeaceHealth
Sacred Heart Medical Center
RiverBend

May 26, 2026

Matt Gilman
Certificate of Need Program Manager
Oregon Health Authority
Public Health Division
Certificate of Need Program
Via email: matt.s.gilman@oha.oregon.gov

Re: Oregon Network, LLC dba Timber Springs Springfield Behavioral Health Hospital (CN #714)
Responses to Completeness Letters dated March 27 and April 24, 2026.

Dear Matt:

Enclosed please find the responses to the questions contained in both completeness letters. Timber Springs continues to appreciate your responsiveness and support.

Please contact me if you have any questions regarding these responses above.

With gratitude,

Alicia Beymer, MBA, CPHRM, CPHQ
Chief Administrative Officer

Response to Completeness Letter dated March 27, 2026

- 1. The application proposes an adolescent subspecialty unit defined as ages 13 through 17 without an explanation for selection of this specific age range. Please describe how the applicant determined that 13–17 is the appropriate subspecialty definition and why individuals ages 10, 11, and 12 were excluded, particularly in light of the applicant’s own reference to nationwide data indicating that suicide is the second leading cause of death among individuals ages 10 to 24.**

Programmatically, children ages 10–12 should ordinarily not be integrated into a unit of adolescents due to issues of safety, security, and therapeutic needs (i.e., separate therapy tracks, physical separation, and requirement for enhanced supervision with additional line of-sight supervision). The reality is this cohort requires separate, structured programming, different than that of the 13-17 age range. The volume of those aged under 12 is also too low to support a dedicated unit.

The proposed adolescent service line is defined as ages 13–17 based on clinical, developmental, safety, and regulatory considerations consistent with industry standards for acute inpatient psychiatric care. Adolescents ages 13–17 represent a developmentally cohesive population, with greater alignment in:

- Cognitive maturity and treatment engagement capacity
- Social and behavioral dynamics within a therapeutic milieu
- Clinical presentation patterns, including mood disorders, trauma-related conditions, and high-acuity behavioral dysregulation

In contrast, children ages 10–12 are developmentally distinct and typically require:

- Specialized pediatric programming models
- Lower patient-to-staff ratios
- Modified therapeutic approaches (e.g., play-based, family-centric interventions)
- Enhanced environmental and safety considerations

The inclusion of younger children within an adolescent unit introduces clinical and safety risks, including:

- Increased vulnerability of younger patients within a mixed-age milieu
- Disruption of therapeutic cohesion and group dynamics
- Challenges in delivering developmentally appropriate programming across a broad age span

Accordingly, Timber Springs has intentionally defined its subspecialty population as ages 13-17 to ensure:

- Safe, developmentally appropriate care delivery
- Consistency in programming and therapeutic approach
- Alignment with staffing competencies and facility design

This approach is consistent with guidance from both the American Academy of Child and Adolescent Psychiatry, which emphasizes developmentally appropriate treatment environments and the importance of grouping youth by similar developmental stages, and The Joint Commission standards requiring safe, age-appropriate care environments.

This decision does not diminish the recognized need for services for children ages 10–12. Rather, it reflects a targeted scope of services within the hospital’s licensed capabilities, with the expectation that younger patients will be referred to specialized pediatric behavioral health programs equipped to meet their unique clinical needs.

2. The application does not assess the need for inpatient psychiatric services for children ages 10 through 12, despite statewide data reflecting high levels of unmet need in this group. Please explain whether the applicant evaluated the demand for patients ages 10–12 and why this age group was excluded from the proposed service area.

Yes, the demand for the 10-12 cohort was evaluated. We did so by reviewing admissions to the two existing inpatient providers (Unity Behavioral Health and Willamette Valley), both located in Portland metro area. This information is included in Table 1.

Table1 2024 Inpatient Admissions by Age			
Patient Age	Legacy Unity Behavioral Health	Willamette Falls Hospital	Total
6		1	1
7		3	3
8		6	6
9	1	9	10
10	9	10	19
11	18	17	35
12	26	31	57
Sub-total 10-12	53	58	111
13	52	37	89
14	91	61	152
15	117	79	196
16	125	75	200
17	120	52	172
Grand Total	559	381	940
<i>Source: Apprise 2024</i>			

As the Table 1 above shows, 111 of the 940 admissions are from the ages 10–12 cohort, or 11.8% of the total. Of the 111, 13 (or 11%) were from TSA 3. We also reviewed holds within PeaceHealth’s three TSA 3 hospitals. This data shows that in 2025, only 1% (ADC

=0.13) of average census of holds in PeaceHealth EDs (ADC=10.9) were for children age 12 and under.

At these levels and given the programming and physical plant separation issues described in response to Q1, above, we have determined that inclusion is not appropriate, but we do intend to continue our active advocating on the current Statewide effort to provide and reimburse necessary services for this cohort.

Further, and in the short term, by providing adolescent services, we will free up beds at the Portland area providers that should increase their ability to serve more patients age 10-12.

- 3. The application anticipates accepting adolescents from across the state, including regions far outside Trauma Service Area (TSA) 3. Please explain whether and how the applicant evaluated the developmental and clinical impact of locating minors at significant distance from their parents or guardians. This explanation should include how family proximity was considered under OAR 333-615-0030, what burdens on families were assessed (including transportation and time away from work), and what specific measures will be implemented to facilitate frequent family contact, participation in treatment, and the fulfillment of school-related, court-related, or other required obligations.**

Timber Springs recognizes that adolescents admitted from outside the immediate geographic area require intentional, structured support to maintain family involvement and meet external obligations. To address this, the hospital will implement the following measures:

A. Family Engagement & Participation

- Scheduled family therapy sessions, offered both in-person and via secure telehealth platforms
- Flexible scheduling, including evening and weekend availability, to accommodate family access
- Routine communication between the treatment team and family members to support engagement in treatment planning and progress updates

B. Communication Access

- Daily access to phone and/or virtual communication platforms to maintain consistent contact with family/support systems
- Staff-supported communication for younger or higher-acuity patients as clinically indicated

C. School Continuity

- Coordination with the patient's home school district to:
 - Maintain academic engagement where appropriate
 - Provide documentation of hospitalization

- Facilitate continuity of educational requirements
- Access to structured educational support activities during hospitalization, when clinically appropriate

D. Court and Legal Obligations

- Coordination with legal representatives, probation officers, and court systems, as applicable
- Facilitation of required documentation, virtual appearances, or communication to ensure compliance with court-related obligations

E. Care Coordination & Discharge Planning

- Discharge planning initiated at admission, including:
 - Identification of local outpatient providers near the patient’s home community
 - Scheduling follow-up appointments prior to discharge (target within 7 days)
 - Structured 72-hour post-discharge outreach to support transition
- Collaboration with community mental health programs, primary care providers, and other local resources near the patient’s home to ensure continuity of care

F. Step-Down and Engagement Tracking

- Monitoring of post-discharge engagement in recommended services (e.g. PHP, IOP, outpatient therapy)
- Use of data within the hospital’s QAPI framework to ensure effectiveness of transition planning

These practices align with expectations from the Centers for Medicare & Medicaid Services Conditions of Participation for Psychiatric Hospitals (42 CFR 482.61), which emphasize the continuity of care and discharge planning, as well as The Joint Commission standards related to family involvement and care transitions. These practices also ensure that even when patients are geographically distant from their home environment, Timber Springs will include strong family involvement continuity of educational and legal obligations, and safe and coordinated transitions back to the community.

4. The applicant does not address travel times or transportation barriers (OAR 333-615-0020) for residents of Coos, Curry, and Douglas Counties. Please explain whether the applicant assessed the accessibility of the proposed site for the outlying counties, whether alternative locations were evaluated, and how patients from these counties will be supported in accessing care at Timber Springs.

Alternate sites were considered outside of the Eugene Springfield area, but ultimately, because more than 68% of the population age 13+ resides in Lane County, and further because a “medical corridor” already exists in Springfield such that supplies, materials, staff resources, medical specialists, etc. will be contiguous to Timber Springs, the selected site

was determined to be best available alternative. In addition, many communities have zoning requirements that make locating a psychiatric hospital more challenging.

We fully acknowledge that travel from the outlying communities can be greater than three hours for some due to weather (heavy rain, potential for flooding, falling trees, particularly in winter) on rural roads and potential slow-moving traffic on winding, single-lane rural coastal and mountainous terrain.

Today, in response to these factors, PeaceHealth already arranges for Secure Basic Life Support (BLS) transport for psychiatric patients to its inpatient psych unit. The transport is coordinated through local emergency medical services (911) or specialized non-emergency transport providers. These services provide secure, monitored transport for individuals needing inpatient behavioral health care. This will continue with the new hospital.

In addition, a jointly operated 10 family Ronald McDonald-PeaceHealth Heartfelt House is located on the campus of PeaceHealth in Springfield. In 2025, more than 150 families were served, with the average family staying 17 nights, traveling 130 miles, and saving more than \$4,500. Again, the use of this resource will be made available to families of inpatients at Timber Springs.

5. The applicant states that the facility will utilize PeaceHealth’s existing charity care policies; however, those policies apply to hospitals that are not subject to the federal IMD exclusion. Please describe how the charity care policy will be applied or modified to ensure access for Medicaid-enrolled adults affected by IMD payment restrictions. The response should address how the applicant intends to cover patients for whom Medicaid payment is unavailable, how the policy will apply to stays or services rendered during IMD-ineligible periods, and whether the charity program will absorb costs associated with IMD-related transfer delays or bed holds.

Timber Springs will apply PeaceHealth's existing charity care policies to all patients, including those affected by IMD payment restrictions. We do not expect transferring or declining patients during IMD ineligibility periods.

Federal Medicaid managed care regulations (42 CFR 438.6(e)) already allow Coordinated Care Organizations (CCOs) contracted by the Oregon Health Authority to pay for inpatient psychiatric services in IMDs as a type of “in lieu of service” (ILOS) under very specific circumstances. The ability for a CCO to pay for inpatient psychiatric services in an IMD was added to the State’s CCO contract effective January 1, 2018.

CMS does permit payment for these services in an IMD assuming that the services are at a free-standing mental health hospital exceeding 16 beds. It requires approval/agreements with the CCO to receive payment. Trillium, Lane County’s CCO, has publicly expressed its support for Timber Springs.

- 6. Although the temporary rules (OAR 333-615-0030) require applicants to consider age and sex composition of the Health Service Area and explain the implications for use-rates, the application states only that these factors were reviewed and determined not to be relevant. Please provide the age-specific and sex-specific data that were reviewed, describe the methodology used to reach the conclusion that these variables had no bearing on need projections.**

Attachment 1 includes the data. In TSA 3, females generally represent slightly more than 50% of the population, and females experience higher rates of admission. What we intended to state in our Application was that there is typically no reason to segregate females into separate groups, despite these higher rates. Our experience, which matches national data, suggests that the reasons for higher admission include:

- **Higher Prevalence of Mood & Anxiety Disorders:** Females are diagnosed with depression and anxiety disorders at roughly double the rate of males. These conditions are among the most common reasons for acute psychiatric stabilization and hospitalization.
- **More Help-Seeking Behaviors:** Studies consistently show that females are more likely to acknowledge psychological distress and actively seek out mental health services. Males more frequently underreport symptoms or engage in "externalizing" behaviors which often funnel them into the criminal justice system rather than the medical system.
- **Trauma and Social Stressors:** Females disproportionately experience higher rates of severe life stressors and trauma-related conditions (e.g., PTSD) which frequently result in acute crises requiring short-term inpatient care.

Despite these differences, all sexes typically receive the same evidence-based foundational assessments and core therapies which are applicable to all patients, regardless of gender. While we can (and do) supplement general programming with gender-specific groups, where males and females, and different age cohorts discuss topics tailored to their distinct physiological, psychological, and social needs; it does not require separate or dedicated spaces or otherwise affect daily operations.

- 7. The applicant increases baseline use-rates by 50 percent to account for undercounting and unmet need but does not explain why this specific adjustment level was selected. Please describe in detail how the 50 percent figure was derived, what analysis or literature supports this adjustment, whether other adjustment levels were considered, and why the applicant believes the selected figure most accurately reflects expected utilization.**

On May 15, we had the opportunity to meet the CN Program staff and the team of consultants from Baker Tilly. In that meeting, we reiterated what we stated in our CN filing: to assume no increase in the baseline use rate is to perpetuate the current underservice of individuals in need of acute psychiatric hospitalization. We do not believe that the 50% rate

most accurately reflects expected utilization; we believe that it will be higher than that. We used 50% as a conservative estimate.

The 50% figure remains well below best practice and actual experience in other Northwest states.

- 8. The application does not address how the federal IMD exclusion was considered in the need methodology, market share assumptions, or projections for new versus replacement utilization. Please describe in detail how the applicant accounted for the IMD exclusion when modeling demand, utilization, patient days, and staffing. In addition, please explain the expected impact of the IMD exclusion on other inpatient psychiatric facilities in the region, including whether Timber Springs anticipates transferring or declining Medicaid patients during IMD-ineligible periods, and whether the applicant is planning any alternative payment arrangements or waivers.**

Please refer to our response to Q5 of this section, to understand how we accounted for IMD for utilization and patient days. As noted in response to Q5, we do not anticipate transferring or declining admission to patients during any ineligible periods. We also expect Medicaid reimbursement will be available.

- 9. The application states that the project will reduce pressure on the Oregon State Hospital. Please explain how the project will reduce OSH demand for Medicaid-enrolled individuals, given that many OSH patients are Medicaid beneficiaries who may be IMD-ineligible for the proposed facility. Please clarify which OSH-typical populations Timber Springs will be able to serve, including civilly committed adults, individuals awaiting “aid and assist” admission, and high-acuity Medicaid patients, and how their admissions at Timber Springs are expected to reduce OSH backlogs.**

Timber Springs will be staffed, equipped, and programmed to support civilly committed adults and high-acuity Medicaid patients. Because of existing State rules, we will not be able to accept Aid & Assist patients. The exception to Aid & Assist is the Community restoration program, where we do have the ability to admit.

As noted in our CN application, Lane County currently has the highest number of residents referred to OSH monthly. We anticipate the number of transfers from Lane County to the OSH will significantly decrease because patients will be deflected to the Lane Stabilization Center operated by Connections instead of jail and when appropriate directly transfer patients to Timber Springs.

As noted in Question 5 in this section, Federal Medicaid managed care regulations (42 CFR 438.6(e)) already allow Coordinated Care Organizations (CCOs) contracted by the Oregon Health Authority to pay for inpatient psychiatric services in IMDs as a type of “in lieu of

service” (ILOS) under very specific circumstances. The ability for a CCO to pay for inpatient psychiatric services in an IMD was added to the State’s CCO contract effective January 1, 2018.

CMS does permit payment for these services in an IMD assuming that the services are at a free-standing mental health hospital exceeding 16 beds. It requires approval/agreements with the CCO to receive payment. Trillium, Lane County’s CCO, has publicly expressed its support for Timber Springs.

10. The application references increasing patient acuity and complexity within PeaceHealth’s current psychiatric unit but does not provide supporting data. Please provide quantitative information regarding historical acuity at the existing unit, including any case-mix indices, violence-risk indicators, or diagnostic severity metrics used, and explain how anticipated acuity levels were incorporated into the proposed staffing model, facility design, and projected operating costs.

Timber Springs is committed to caring for patients with comparable acuity and complexity as are currently cared for in the PeaceHealth Behavioral Health Unit, wherein, operationally, high acuity is measured by severe and complex mental health conditions and symptoms posing a significant risk to overall safety and well-being and can include:

- Percentage of involuntary patients admitted
- Patients admitted that are unhoused
- Patients readmitted within 30 days of discharge

General information on these cohorts in the TSA was provided in the CN narrative, and actual data for the current PeaceHealth Unit is included in the Table below:

Hold Status at Admission			
<i>Patient with LOS-15 days and over</i>	2023	2024	2025
Involuntary	89	74	109
Voluntary	34	38	38
Diversion	8	3	0
Guardianship	0	0	4
<i>Percentage</i>	2023	2024	2025
Involuntary	67.9%	56.5%	83.2%
Voluntary	26.0%	29.0%	29.0%
Diversion	6.1%	2.3%	0.0%
Guardianship	0.0%	0.0%	3.1%
<i>Discharged as Unsheltered</i>	2023	2024	2025
Unsheltered Discharges	264	261	336
% of total discharges	21.1%	22.8%	25.1%
<i>30-day readmission rate</i>	2023	2024	2025
Rate	11.3%	10.1%	11.6%

There is no standardized industry tool for measuring high acuity in inpatient psychiatric care. In the absence of such a tool, PeaceHealth provided quantitative information from the existing unit on page 33 and 34 of our CN application using the following proxies/available metrics:

- Those discharged to an Adult Foster Home, Residential Care Facility, Skilled Care Facility, Oregon State Hospital, or Unsheltered
- PeaceHealth has a robust Workplace Violence Prevention program. Since 2020, this has included screening patients prior to admission and throughout their stay for propensity of violence or history of harming others to prevent injury to other patients, staff, or themselves. The hours of 1:1 security standby at the UD BHU have increased since January 2023, due to these screenings requiring this level of support for complex patients seeking treatment. In an effort to continue to care for the same level of acuity it is the intent of Timber Springs to maintain these procedures and steps to promote the safety of staff and patients.

11. The discussion of staffing relies on general descriptions of workforce development efforts but does not identify required staffing levels for the proposed 96-bed hospital. Please provide a staffing plan that includes specific FTE counts for psychiatrists, psychiatric nurse practitioners, registered nurses, behavioral health technicians, therapists, social workers, and security staff. Please also describe how these positions will be recruited and filled in light of existing workforce shortages in TSA 3.

Recognizing this facility opens in 2029, we developed our submitted staffing considering the acuity level at the current PeaceHealth behavioral health unit, which is managed by LifePoint. During start-up, and continuing after Timber Springs opens, we will maintain a nurse staffing committee (as outlined in the State's Nurse Staffing Law process). In honor of the process, we will continually work in partnership to refine staffing to reflect the actual patient population.

Lifepoint has a demonstrated ability to recruit, transition, and retain qualified behavioral health staff, including in challenging labor markets. Lifepoint's approach is supported by a dedicated recruiting team with experience sourcing clinical, operational, and support staff for behavioral health programs across the country. This team works closely with local facility leadership to identify staffing needs early, develop market-specific recruitment strategies, and maintain a strong pipeline of qualified candidates.

For the proposed behavioral health project, Lifepoint will place a strong emphasis on transitioning existing employees from the current unit into the new or expanded behavioral health program, where appropriate. These efforts will help preserve institutional knowledge, support continuity of care, and provide existing staff with opportunities to continue serving patients in the community. Lifepoint's recruitment team will work directly with facility leadership and human resources to communicate opportunities, assess employee interest, and support a smooth transition process.

In addition to local recruitment and employee transition efforts, Lifepoint will leverage its extensive nationwide network of behavioral health facilities. This network provides access to experienced behavioral health leaders, clinicians, nurses, therapists, and other professionals who understand the operational and clinical requirements of inpatient behavioral health services. Lifepoint's national platform allows the organization to share best practices, identify qualified internal candidates, and deploy proven recruitment strategies tailored to behavioral health care.

Lifepoint has successfully recruited and fully staffed behavioral health positions in hard-to-fill markets, including rural areas of Virginia and Ohio within the last six months. This recent experience demonstrates Lifepoint's ability to respond effectively to workforce challenges and fill critical positions in markets where recruitment can be particularly difficult. Through its dedicated recruiting resources, employee transition planning, and national behavioral health network, Lifepoint is well-positioned to recruit and retain the qualified staff necessary to support high-quality behavioral health services in Oregon.

12. The applicant states that the project will improve system continuity, but the application does not analyze the risk of fragmentation or adverse financial impact on existing providers, as required by the temporary rules found in OAR 333-615-0030). Please provide an evaluation of whether the project may result in reduction of patient volume at existing TSA 3 hospitals, whether any material reductions in occupancy or financial viability are anticipated for those facilities, and how the applicant will ensure continuity of care across the system.

See OAR 333-615-0040.

We were/are exceptionally cognizant of not fragmenting care or otherwise diminishing the capacity of existing hospital providers. As noted on page 12 of the CN application, in TSA 3 there are a total of 60 beds, located at three hospitals:

- PeaceHealth Sacred Heart, Springfield (Lane County): 35 adult beds
- Bay Area Hospital, Coos Bay (Coos County): 13 adult beds
- Mercy Medical Center, Roseburg (Douglas County): 12 adult beds

Our bed projection methodology assumed no reduction in the current census levels of these hospitals. PeaceHealth is a co-applicant in this application and will contribute its current 35 beds.

Letters of support from these hospitals, as well as a number of other hospitals will be provided during public comment. Based on this support, it is evident that the other providers do not expect any material reductions in occupancy or financial viability and do not have concerns regarding continuity of care across the system.

13. The projected volumes for intensive outpatient (IOP) and partial hospitalization (PHP) services increase rapidly in the early years of operation are not explained. Please describe how outpatient volumes were estimated, including the market analysis or historical utilization relied upon, and explain whether PHP and IOP capacity was incorporated into the inpatient bed-need calculations.

Volumes for IOP and PHP are based on actual 2025 levels at PeaceHealth, with the key statistic being that about 47% of all inpatient discharges graduate to or otherwise continue care in one of these Programs.

Note that Timber Springs will be open for seven months before the existing programs transfer from PeaceHealth to Timber Springs. The 47% to these programs was forecast for the initial partial year and each year thereafter.

Response to Completeness Letter dated April 24,2026

Need Methodology

- 1. The application proposes a flexible 96-bed hospital that will serve multiple populations. Please explain how the patient mix and flexible unit design will operate.**

The 96-bed hospital will operate as a flexed model across adult and adolescent populations, with our units configured to swing and convert based on demand. Dedicated pods will be assigned by population (adult vs. adolescent) with swing capacity built into select units to respond to volume shifts. Patient mix will primarily include acute psychotic disorder, mood disorders, SUD with co-occurring conditions, and crisis stabilization referrals from ED's and community providers. Flexing decisions will be census driven and managed daily through intake teams and providers.

- 2. Please explain if there is a causal relationship between psychiatric bed supply and population-based utilization rates, including any supporting studies or regulatory guidance.**

A causal relationship, or causation, is a cause-and-effect link where one variable or event (the cause) directly influences another (the effect), meaning a change in the first produces a change in the second. And yes, available research demonstrates a causal relationship exists between bed supply and timely access, which ultimately impacts days per 1,000 (or use rates). This matches our experience and what we outlined in the CN application. Several studies are cited below:

- **International Journal of Environmental Research and Public Health**; 2021 Nov 20;18(22):12205. doi: [10.3390/ijerph182212205](https://doi.org/10.3390/ijerph182212205)

In 2016 North Carolina researchers reported on the results of a study using an alternative modeling methodology to **examine the relationship between the utilization of inpatient psychiatric care and the waiting times in emergency rooms**, a problem identified earlier by the TAC study. The study, led by Elizabeth La and her associates, examined patterns of patient flow through psychiatric facilities in a region of North Carolina. They used a discrete events simulation model that was able to reproduce the actual emergency room waiting times for beds, which stood at a mean of 3.5 days. The model permitted the researchers to examine the likely effects of adding varying numbers of beds, with the goal of reducing emergency room waiting times to less than a day. It was only the most ambitious scenario examined, one involving increasing the bed capacity by 165%, that promised to reduce waiting times to under one day. Such an increase of 365 additional beds, designed to achieve the lowered wait times, would thus require an increase in the coverage rate in the region from 28 to 39 beds per 100,000 population.

However, basing the provision of services on the size of waiting lists, and simply attempting to optimize a single indicator of need, ignores the many variables that are unrelated to the need for psychiatric treatment and that are widely believed to determine the size of waiting lists. For example, there is no specification of the number of patients recommended for hospitalization who refuse, and, thus, who were not placed on the lists. As a result of such considerations, the rate of 39 must be regarded as a low-end estimate.

The North Carolina study represents an example of research which has sought to estimate hospital bed need based on the undesired effects of the underutilization of hospital care. O'Reilly, Allison, and Bastiampiallai proposed another such methodology: a "naturalistic approach that estimates the required number of psychiatric beds by comparing the bed levels at which negative outcomes develop in different jurisdictions." It is essentially an incremental approach that attempts to adjust hospital bed deployment until unmet need in the community is eliminated. The strategy is not dissimilar to several described in the literature, such as La et al., that attempt to identify optimal bed utilization rates, based on the notion that excessively low vacancy rates indicate unmet bed needs. Central to many of these calculations is the use of the Erlang equation, which links beds numbers with average occupancy and turn-away, i.e., the proportion of times a bed is not available for the next arriving patient. A research review by Rodney Jones in the UK has concluded from such analyses that, "psychiatric hospitals with fewer than 100 beds should be operating below 85% average occupancy, whereas larger hospitals should be limited to a maximum of 85% occupancy in order to protect both patients and staff from untoward incidents arising from busyness".

Each of these approaches are limited by their assumption that unmet need necessarily translates into an increased demand for beds, ignoring the possibility of severely disturbed individuals who require hospitalization but do not ask nor are referred for it. In addition, such approaches do not permit an assessment of the over-deployment of hospital care. They often require a wider array of data indicators for the consequences of unmet need than are ordinarily available, and thus are very difficult to use, especially on a multi-locality basis.

- **The Relationship Between Psychiatric Inpatient Beds and Jail Populations in the United States, 2021**, J Psychiatr Pract. 2021 Jan 21;27(1):33-42.

Decreases in local psychiatric bed capacity were associated with an average increase of 256.2 jail inmates 95% CI [3.3, 509.1]. Increases in psychiatric bed capacity were associated with a decrease of 199.3 [-457.4, 58.8] inmates. There was limited evidence for spillovers to general hospitals immediately following decreases in psychiatric beds.

Conclusions:

Decreases in local psychiatric bed capacity appear to be associated with subsequent increases in local jail populations. There was no clear evidence that treatment shifts from psychiatric units to local general hospitals. These findings support concerns that a

consequence of reducing psychiatric inpatient bed capacity is an increase in the jail population due to more psychiatrically ill inmates, aggravating the challenge of psychiatric treatment delivery within the U.S. criminal justice system.

3. Please recalculate projected bed need under the alternative scenarios of no use-rate adjustment and a reduced adjustment (e.g., 25%).

Given the above documentation of causal relationships between bed supply ED holds, use of jails, etc., we do not recommend assuming no change in the current use rate as it simply perpetuates the current situation. We are confident that OHA is aware that a 0% is simply a replication of the current bed supply in the State/TSA; in other words, we would be continuing the current and chronic undersupply. That said, **Attachment 2** includes the recalculated need, per OHA's request at 0 and 25%.

While not requested by OHA, we do believe that our current 50% is conservative and have included in **Attachment 2** a scenario of 75% as well.

4. Please quantify the extent to which the adjusted use rate reflects previously unmet demand, reclassification of existing cases, and new demand.

100% of the adjusted use rate reflects unmet resident need. All patients clinically eligible for admission to a psychiatric hospital or bed are in need of such hospital; it is not elective. As discussed in our May 15 call, there are a number of nuances to the use rate. First, the new/proposed crisis stabilization center will likely get patients to us faster than under the current system. We also expect to reduce ED boarding, and the jail population. While we also expect to be able to admit more patients from outside of TSA, this would not increase the TSA 3 use rate (as it is based on residents).

5. Please explain whether patients included in Emergency Department (ED) boarding, deflection, and out-migration data represent overlapping populations. If an overlap exists, please describe how duplication was removed to avoid overstating unmet need.

ED boarding and out-migration includes a relatively small to no overlap. The ED boarding represents the cohort of patients who spend extended time in the ED awaiting admission to a bed. 100% of all children and adolescents travel outside of TSA 3.

Deflection represents patients that outlying hospitals are calling PeaceHealth to admit, but because no beds are available at the time of request, they are deflected. There is no overlap between this cohort and the other two populations.

Any potential for overlap was addressed in the by being extremely conservative in the projected use rate.

6. Please provide supporting evidence for projected in-migration, including historical referral patterns and documentation from referring providers. Quantify the percentage of total projected volume attributable to in-migration and explain how reliance on in-migration aligns with current Certificate of Need requirements focused on service area need.

We understand from our May 15 call that all parties agree that the rules do allow for in-migration.

It is challenging to provide all of the evidence requested as PeaceHealth does not currently maintain complete records regarding referrals that were not accepted due to lack of beds (deflections). The CN application (page 10 of the application) details that about 7% of PeaceHealth's current 18+ admissions are from outside of TSA 3, and (as identified in Table 9 in the application) about 11% of admissions for all three hospitals in the TSA combined are outside of TSA 3. Per the data on deflections and boardings, this does not accurately reflect need or demand.

Additionally, as noted in our CN application, there is virtually no current in-migration for the 13-17 cohort.

In our need methodology (page 31 of the CN application), we assume 56% in-migration for the 13-17 population, and 18% for the 18+ cohort. We are confident that the level of in-migration will be realized based on our conversations with a number of non-TSA 3 hospitals and providers whose ED patients we are currently regularly deflecting. These providers will be submitting letters of support during the public comment period.

7. Please provide evidence to justify the assumption of 80% stabilized occupancy, including comparison to existing facilities in TSA 3 and comparable psychiatric hospitals.

The data on the existing TSA 3 hospital occupancy is included on page 24 of the application. None are dedicated, free-standing psychiatric hospitals.

The 80% occupancy is what Lifepoint experiences, on average, in its other freestanding psychiatric hospitals of approximately 100 beds.

Data on the occupancy level of the only freestanding psychiatric hospital in Oregon is not public, and we do not have access to it. For comparison, we reviewed the occupancy of Washington State's 888 beds located in 10 freestanding hospitals, ranging in size from 22 beds to 145 beds. The average occupancy was 78%, with 4 of the 10 hospitals operating at about 85%. The smallest hospital (22 beds) had the lowest occupancy at 41%.

8. Of the patients included in ED boarding and deflection data, please identify the proportion that both met criteria for inpatient admission and could have been treated in a lower level of care.

100% of boarding patients met criteria for inpatient admission. While we do not maintain data on deflections, our best guestimate is that nearly 100% required hospitalization as well and could not have been treated in a lower level of care.

Clinically, we do not believe that there are alternatives to inpatient psychiatric treatment for these individuals, with perhaps the exception of IOP/PHP. However, the efficacy of IOP/PHP is greatest following a post-acute stay.

Access (OAR 333-615-0025(1))

- 1. Please provide the projected payer mix (%) by category (Medicaid, Medicare, commercial, and uninsured) at stabilization.**

The projected payer mix is detailed in **Table 2**.

**Table 2
Payer Mix**

	Year 1	Year 2	Year 3	Year 4	Year 5
Mix by Patient Days					
Medicare	12.0%	12.0%	12.0%	12.0%	12.0%
Medicare Advantage	16.0%	16.0%	16.0%	16.0%	16.0%
Medicaid MC	50.0%	50.0%	50.0%	50.0%	50.0%
Managed Care	0.0%	0.0%	0.0%	0.0%	0.0%
Commercial / Other	20.0%	20.0%	20.0%	20.0%	20.0%
Self Pay / Charity Care	2.0%	2.0%	2.0%	2.0%	2.0%
Total	100.0%	100.0%	100.0%	100.0%	100.0%

- 2. Please quantify the expected reduction in ED boarding and patient deflections attributable to the proposed project.**

We estimate a 50% decrease in ED boarding and patient deflections.

- 3. Please provide the anticipated percentage of admissions that will be Medicaid beneficiaries and uninsured patients.**

Please refer to Table 2 above; 52% of admissions are estimated to be Medicaid or uninsured/charity care.

Financial Feasibility (OAR 333-580-0060)

1. Please provide sensitivity analyses for lower occupancy scenarios (65%, 70%, etc.), changes in payer mix, and reductions in reimbursement.

Based on the data included in response to Q7 in the Need Methodology Section, which is based on State that until recently had comparable bed to population ratios for inpatient psychiatric care, freestanding psychiatric hospitals regularly operate at nearly 80% overall occupancy.

For this reason and based on our conversations on May 15, we have not projected lower occupancy. That said, we do not assume payer mix would change from that outlined in Table 1, but of course, reimbursement (and expenses) would be lower.

2. Please explain how financial performance could be affected if the anticipated in-migration does not occur.

We are assuming that this question is asking about in-migration from outside of TSA 3. Our need methodology (page 31 of the CN application) assumes 56% in-migration for the 13-17 population, and 18% for the 18+ cohort. Actual in-migration to TSA 3 hospitals, is 10% (for the 18+ cohort), and per the data on deflections and boardings, does not accurately reflect need or demand.

We are confident that the level of in-migration projected will be realized based on our conversations with a number of non-TSA 3 hospitals and providers whose ED patients we are currently regularly deflecting. These providers will be submitting letters of support during the public comment period.

3. Provide details on financial commitments from each partner, including contingency funding for sustained operating losses.

Attachment 3 contains the financial commitment letters from each partner.

4. Please clarify the assumptions underlying revenue growth and expense inflation beyond the stated 2.5%.

In addition to the 2.5% inflator, revenue is growing in Years 1 – 3 proportionally with the increase in inpatient patient days and outpatient visits. After year 3, volume is flat and revenue is only growing by 2.5% inflation. Non-salary variable expenses are also growing proportionally to the increased volume, while salary-related expenses are increasing based on census and acuity. Fixed expenses such as facility rent and property tax are increased 2.5% annually for inflation.

Impact on Existing Providers (OAR 333-580-0050)

1. Please provide evidence to justify the assumption that existing providers' market shares will remain unchanged.

As outlined in our CN filing, increased utilization is expected for the service area based on the new beds and improved access. Table 7 of the application provided historical utilization and market share. Specifically, Table 7 notes that PeaceHealth's estimated 2025 market share for the 18+ cohort was approximately 63%, and its 2024 market share was approximately 70%. In 2025, Bay Area Hospital's market share was 11%, and Mercy Medical Center was 13%. This is for the 18+ age cohorts only. In 2025, these three providers combined had an 86% market share.

Table 13 of the application notes that PeaceHealth is proposing a 70% market share of a "larger pie" (resulting from improved access, reduced diversions to Portland and out of area) each year for the proposed new hospital. At this market share level, with the assumed "larger pie" there is sufficient market share available for both Bay Area and Mercy Medical to achieve their historical market share levels.

Assuming the larger pie, if both hospitals maintain historical market shares, their overall utilization will actually increase. The reality is that we expect the existence of Timber Springs could actually increase their census, if this is something each hospital would like to see.

2. Please explain how capturing a significant share of regional demand will not adversely affect smaller providers.

Please refer to the response to Q1 above. Letters of support provided during public comment will also confirm that our project will not adversely affect smaller providers.

3. Please describe any coordination efforts with existing providers and how the proposal will mitigate potential negative impacts on these providers

We have coordinated with the other two hospitals in TSA 3. No concerns about negative impacts have been expressed. Letters of support will be provided.

Quality (OAR 333-615-0050)

1. Explain how quality outcomes at the proposed facility will differ from or improve upon existing providers.

Timber Springs will focus on reducing ED boarding times, lowering readmissions, and improving throughput through strong intake processes and active discharge planning starting at admissions. Standardized evidence-based pathways and daily multidisciplinary rounds will drive consistency. Partnerships with community providers will support step down access to IOP/PHP, improving continuity and length of stay management. Outcomes will be tracked against state and national benchmarks with active performance improvement processes.

2. Please provide detailed operational protocols for flexing beds between adult and adolescent populations, including the physical separation requirements and any staffing adjustments.

Beds will only be flexed at the unit level, not within a shared unit. Each unit will be designated as adult or adolescent at any given time. The conversion would require:

- a. Full discharge/transfer of existing population
- b. Environmental reset and full safety checks
- c. Staffing model adjustment to include age-specific competencies
- d. Both operational and clinical leadership approval

Staffing ratios will align with the population treated, with adolescent units requiring additional support.

3. Describe the specific safeguards that ensure adolescents are never co-mingled with adults, particularly during periods of fluctuating census.

Adults and adolescents will not be co-mingled. The specific safeguards Timber Springs will execute are:

- a. Fully separated units with controlled access
- a. Dedicated staff assigned to specific populations
- b. Admission protocols that confirm appropriate unit placement prior to arrival
- c. Separate programming, dining, and common/activity areas.

4. Please specify the types of patients the facility will and will not serve, including involuntary/civil commitment patients, forensic (“aid and assist”) patients, and high-acuity or violent patients.

Timber Springs will treat both voluntary and involuntary (civil commitment) patients.

Because of existing State rules, we will not be able to accept Aid & Assist patients. The exception to Aid & Assist is the Community Restoration Program, where we do have the ability to admit.

We will also treat acute psychiatric conditions, co-occurring mental health and substance use disorders. High acuity patients requiring intensive stabilization, including those appropriate for our Psychiatric intensive treatment unit, will be treated with enhanced staffing, observation, and safety protocols. The facility is designed to safely manage elevated acuity within a clinical psychiatric model, including dedicated intensive treatment capacity, but it is not intended to function as a forensic or correctional setting.

5. Please provide the projected patient mix by acuity level and primary diagnosis categories.

The projected mix will primarily consist of adults experiencing moderate to high behavioral health acuity including mood disorders, anxiety disorders, trauma-related conditions thought disorders and co-occurring substance use disorders.

Timber Springs also anticipates serving patients requiring a higher level of support than what is currently available in the community outpatient setting, particularly individuals stepping down from inpatient hospitalization or presenting with increased psychiatric or substance use complexity.

Note that the above description largely parallels the same level of acuity provided by PeaceHealth today, but with the addition of more beds and an enhanced clinical environment. With the additional beds and enhanced clinical environment, we will be able to retain co-occurring SUD (which today we attempt to secure an admission at Cedar Hills).

The expanded programming and new facility capacity will allow us to serve adolescents and will enhance the hospital's ability to serve higher acuity and co-occurring SUD adult patients, improving access to clinically appropriate care and reducing gaps in treatment availability across the region.

Economic Evaluation (OAR 333-580-0060)

- 1. The application states that outpatient visits are anticipated to increase from 3,233 in Year 1 to 9,433 by Year 3, based on Lifepoint experience. Please explain the operational assumptions that lead to that increase, including startup timing, staffing, program capacity, referral build, and whether management expects a phased rollout of PHP/IOP services.**

Timber Springs does not anticipate opening the associated outpatient programs until month 7 of operation of the inpatient facility. There is an expected ramp up period for the initial 6 months after the opening of the outpatient programs and as we develop referral relationships and as we increase census on the inpatient side. Many of the referrals and admissions to the outpatient program are expected to be graduates of the inpatient program as they continue their care on the outpatient side. We expect a gradual ramp of the OP programs to achieve mature patient volumes in year 3.

- 2. Please reconcile why Year 1 inpatient revenue represents a higher share of total revenue than in later years, including the effect of the 45-day billing-number delay, startup timing of outpatient programs, and any Year 1 payer-mix differences.**

As noted above, this is because we do not anticipate opening the outpatient programs until operational month 7 in order to have a smooth and successful opening of the inpatient programs and to build a referral pipeline.

- 3. Please provide details regarding what specific outpatient services will be provided, including the scope of PHP and IOP services and any other outpatient behavioral health programs.**

Timber Springs will provide a comprehensive continuum of outpatient behavioral health services designed to support patient access across varying levels of psychiatric and substance use acuity. Services will include PHP, IOP and individual therapy with primary mental health and co-occurring substance use disorders. Programming will focus on stabilization, symptom management, relapse prevention, medication management, group and individual therapy, family engagement and transition support from inpatient or emergency department setting. The outpatient model is intended to improve access to timely behavioral health intervention while reducing unnecessary inpatients utilization and supporting continuity of care within community

- 4. The table on PDF page 97 states that Year 1 figures include all pre-open operating expenses, but overall expenses are lower than years 2 through 4. Operating expenses in 2030 are expected to increase by almost 27% from 2029 to 2030. We also note that total operating expenses are**

approximately 79% of total gross revenue in 2029, compared to around 54%–57% in 2030–2033. What are the pre-open expenses estimated at, what do they include, and why are 2029 revenue and expenses lower than 2030–2033 if Year 1 includes pre-open expenses and the facility should be open for most of 2029?

The operating expenses are lower because we are projected to treat significantly less patients in year 1 as we go through accreditation, licensure and a census ramp; therefore, our variable costs would be lower than the other years when the projected volume in the facility is much higher.

The pre-opening expenses are projected to total \$1.28M and include pre-opening salaries and benefits, recruiting and relocation expenses, legal and consulting expenses, supplies, and other minor expenses.

5. The projected income statement on PDF page 97 labels the line item as “Taxes, Except Income.” Should this instead be “Taxes, Except Insurance,” based on the assumption description on PDF page 67?

No. The label in Table 18: Revenue and Expense Assumptions is incorrect. The line item should state “taxes except income”, consistent with the line item in the income statement.

6. Please identify exactly what coverages are included in the insurance line, including malpractice/professional liability, general liability, property, cyber, D&O, and excess coverage, and explain why total insurance expense is projected at approximately 0.3%–0.4% of gross revenue.

The insurance line includes all required insurance coverage and is consistent with Lifepoint’s portfolio average as well as its Rainier Springs Hospital in Vancouver, WA, the closest comparable facility they operate to the proposed facility.

7. Taxes as a percentage of gross revenue appear low given that the line is said to include property taxes, provider taxes, and sales taxes. What provider tax assumption is embedded in the model, including the basis, rate, and revenue base? What sales taxes are included?

The taxes line item is property tax only. Provider taxes were assumed to be \$0, as free-standing psychiatric hospitals are not subject to this tax.

There are no general sales or use taxes in Oregon.

8. Who will be the lessor for the facility and the land, and have the lease arrangements been finalized or memorialized in a signed agreement? Please also explain how the 8.5% facility cap rate and 6.0% land cap rate were determined, including any market support or third-party benchmarking used.

The lessor will be a 3rd party developer/landlord who will own the building and lease it to the joint venture. Upon receipt of Certificate of Need approval, the JV will issue a comprehensive RFP to multiple developers and select the best proposal based on cost, quality and experience of the developer. The cap rates and annual escalators were based on other Lifepoint Behavioral Health projects currently under development. These are market rates for the type of project and service we are proposing. Ultimately, the final cap rates could be slightly lower or higher than what has been projected based on fluctuations in the capital markets.

Please note that this model is identical to the model the two parties put forth in the 2024 review of the Lane County new IRF; which the OHA approved and is currently under construction.

9. Please provide the form, amount, and terms of member support referenced in the application, including whether the commitment is binding and whether support would be provided as equity, subordinated debt, guarantees, or other funding.

Please refer to **Attachment 3** for the financial commitment of each member.

10. Please clarify the accounting and reporting treatment of the lease-based arrangement. Who will hold legal title to the land and building, and which entity will recognize the related assets and liabilities in its financial statements? Have management and tax advisors evaluated the GAAP, tax, lease-classification, and consolidation implications of the arrangement?

Yes, the project's tax advisors have evaluated the various new GAAP requirements and have advised management.

The specific arrangement calls for the 3rd party developer to hold legal title to the building and to lease it to the LLC. The building related assets and liabilities are the developers.

- 11. The “sources-and-uses” schedule reflects the lease as a funding source. Please clarify the legal structure of the arrangement, including which entity will own the land and building, which entity will serve as lessor to Oregon Network, LLC, whether the developer/lessor is a separate legal entity from Timber Springs, and whether the lease agreements have been finalized or executed.**

As with the OHA CN approved IRF referenced above, ultimately, the 3rd party developer/landlord will own the facility. It is expected that they will lease the facility to the JV. The lease agreements have not been executed and will be following award of the Certificate of Need and a comprehensive developer RFP process.

- 12. The application assumes a \$9.3 million working-capital line of credit at 7.5% to fund startup losses. Please provide the basis for this assumption, including lender discussions, expected borrower, guarantor, collateral, and likelihood of obtaining the facility on the assumed terms.**

Lifepoint is expected to provide a line of credit to the joint venture should additional cash be needed for the start-up and census ramp phase of the project. Both JV members would be expected to guarantee their pro rata share of the line of credit.

- 13. Why does the balance sheet show no accrued compensation or payroll liabilities at year-end?**

Accrued compensation and/or payroll liabilities are being held in current liabilities.

- 14. What is included in Other Assets of \$6,225,000? Why does that amount remain unchanged year after year?**

Included in other assets is the fair market value of PeaceHealth’s Behavioral Health Unit which, at closing, will contribute to the joint venture.

- 15. OAR 333-615-0040 requires a complete description of all alternatives to inpatient psychiatric treatment in the HSA, including provider name, service type, address, and, where relevant, bed capacity, occupancy, and utilization averages for the past five years. The application provides summary-level discussion and OHA report tables, but it also states that it does not currently have the level of provider-specific detail requested by the review criteria. Please provide a complete provider-by-provider inventory of alternatives in TSA 3, including at minimum: provider name, location, service type, licensed and operating capacity, average**

occupancy, utilization trends for the past five years if available, populations served, payer and access limitations, referral constraints, and whether the service functions as a true substitute for acute inpatient psychiatric hospitalization. Please also explain how this inventory supports the conclusion that a 96-bed freestanding psychiatric hospital is the smallest feasible and most cost-effective solution rather than further reliance on, or expansion of, existing alternatives.

We discussed this question during the May 15 call. As indicated in our application, to date, we have been unable to secure a list of the alternatives identified in the OHA 2024 report that includes name, location, license type, capacity, occupancy, etc. The Program has offered to attempt to secure this information, and we remain willing and able to do drill down on this, if it becomes available.

In the interim, we have provided two listings of Lane County (not TSA 3) behavioral health resources. These listings, included as **Attachment 4**, were provided by Lane County and Trillium.

16. The application identifies the other TSA 3 inpatient psychiatric providers as Bay Area Hospital (13 adult beds) and Mercy Medical Center (12 adult beds), but states that the applicant is not familiar with their unit configurations and cannot determine whether their current utilization is constrained by space, staffing, room configuration, or programming. The application then assumes those providers' market share and in-migration remain constant. Please provide a more complete analysis of the proposed project's expected impact on Mercy Medical Center and Bay Area Hospital, including projected changes in referrals, admissions, market share, occupancy, payer mix, staffing competition, and financial performance under best-case and worst-case scenarios. Please also explain why it is reasonable to assume no material adverse impact on these existing providers' ability to maintain current psychiatric services and quality of care.

In 2025, per Apprise, the PSA for Mercy includes 3 zip codes. These 3 zip codes had a total of 80 MDC 19 (Psych) discharges, of which 25 stayed at Mercy, for a market share of 31%. For Bay Area, the PSA includes 8 zip codes. These zip codes had a total of 228 MDC 19 discharges, of which 159 stayed at Bay Area, for a market share of 70%. Our bed need projection methodology did not alter their current market share.

We understand that both hospitals will be sending letters of support for Timber Springs, confirming that their own analysis does not project harm to financial performance or quality. The existence of their support demonstrates no material adverse impact.

ATTACHMENTS

Attachment 1
TSA 3 MDC 19 Residents by Age and Gender
2024 Apprise

	13-17 Age Cohort			
Patient Gender	Discharges	% of Total Discharges	Patient Days	% of Total Days
F	84	65.6%	1,076	66.1%
M	43	33.6%	541	33.2%
U	1	0.8%	11	0.7%
Total	128	100.0%	1,628	100.0%
	18-44 Age Cohort			
F	523	55.6%	3,846	50.1%
M	407	43.3%	3,773	49.2%
U	11	1.2%	51	0.7%
Total	941	100.0%	7,670	100.0%
	45-64 Age Cohort			
F	229	60.3%	2,339	62.6%
M	150	39.5%	1,396	37.3%
U	1	0.3%	3	0.1%
Total	380	100.0%	3,738	100.0%
	65+ Age Cohort			
F	141	63.5%	1,683	66.7%
M	81	36.5%	841	33.3%
Total	222	100.0%	2,524	100.0%

Attachment 2
Recalculated Bed Need at 0%, 25% and 75%

Unadjusted Use Rate

	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
13-17 Population										
TSA 3 ADC	5.3	5.3	5.3	5.3	5.3	5.3	5.3	5.2	5.2	5.1
Estimated Market Share	60.0%	72.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%
Market Share Adjusted ADC	3.15	3.82	4.24	4.23	4.23	4.22	4.22	4.18	4.15	4.12
Discharges from In-Migration	0	111	173	197	197	197	197	197	197	197
Days from In-Migration	0	1,643	2,555	2,920	2,920	2,920	2,920	2,920	2,920	2,920
ADC from In-Migration	0	4.5	7.0	8.0	8.0	8.0	8.0	8.0	8.0	8.0
Total ADC (TSA 3+ In-Migration)	3.2	8.3	11.2	12.2	12.2	12.2	12.2	12.2	12.2	12.1
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
18+ Population										
TSA 3 ADC	46.9	47.2	47.5	47.7	48.0	48.2	48.5	48.7	48.9	49.1
Estimated Market Share	70%	70%	70%	70%	70%	70%	70%	70%	70%	70%
Market Share Adjusted ADC	32.8	33.0	33.2	33.4	33.6	33.8	33.9	34.1	34.2	34.4
Discharges from In-Migration	0.0	223.8	344.3	344.3	344.3	344.3	396.0	396.0	396.0	396.0
Days from In-Migration	0	2,373	3,650	3,650	3,650	3,650	4,198	4,198	4,198	4,198
ADC from In-Migration	0	6.5	10	10	10	10	11.5	11.5	11.5	11.5
Total ADC (TSA 3+ In-Migration)	32.8	39.5	43.2	43.4	43.6	43.8	45.4	45.6	45.7	45.9
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
13+ Population										
ADC	36.0	47.9	54.5	55.6	55.8	56.0	57.7	57.8	57.9	58.0
Patient Days	13,135	17,467	19,876	20,305	20,369	20,434	21,047	21,088	21,129	21,170
Beds Needed @ 80% Occupancy	45	60	68	70	70	70	72	72	72	72

25% Increase Use Rate										
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
	13-17 Population									
TSA 3 ADC	6.6	6.6	6.6	6.6	6.6	6.6	6.6	6.5	6.5	6.4
Estimated Market Share	60.0%	72.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%
Market Share Adjusted ADC	3.94	4.78	5.30	5.29	5.28	5.28	5.27	5.23	5.19	5.15
Discharges from In-Migration	0	111	173	197	197	197	197	197	197	197
Days from In-Migration	0	1,643	2,555	2,920	2,920	2,920	2,920	2,920	2,920	2,920
ADC from In-Migration	0	4.5	7.0	8.0	8.0	8.0	8.0	8.0	8.0	8.0
Total ADC (TSA 3+ In-Migration)	3.9	9.3	12.3	13.3	13.3	13.3	13.3	13.2	13.2	13.1
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
	18+ Population									
TSA 3 ADC	58.6	59.0	59.3	59.6	60.0	60.3	60.6	60.9	61.1	61.4
Estimated Market Share	70%	70%	70%	70%	70%	70%	70%	70%	70%	70%
Market Share Adjusted ADC	41.0	41.3	41.5	41.7	42.0	42.2	42.4	42.6	42.8	43.0
Discharges from In-Migration	0.0	223.8	344.3	344.3	344.3	344.3	396.0	396.0	396.0	396.0
Days from In-Migration	0	2,373	3,650	3,650	3,650	3,650	4,198	4,198	4,198	4,198
ADC from In-Migration	0	6.5	10	10	10	10	11.5	11.5	11.5	11.5
Total ADC (TSA 3+ In-Migration)	41.0	47.8	51.5	51.7	52.0	52.2	53.9	54.1	54.3	54.5
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
	13+ Population									
ADC	45.0	57.1	63.8	65.0	65.3	65.5	67.2	67.3	67.5	67.6
Patient Days	16,419	20,831	23,294	23,739	23,819	23,900	24,529	24,580	24,631	24,683
Beds Needed @ 80% Occupancy	56	71	80	81	82	82	84	84	84	85

75% Increase Use Rate										
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
	13-17 Population									
TSA 3 ADC	9.2	9.3	9.3	9.3	9.2	9.2	9.2	9.2	9.1	9.0
Estimated Market Share	60.0%	72.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%
Market Share Adjusted ADC	5.52	6.69	7.42	7.41	7.40	7.39	7.38	7.32	7.26	7.21
Discharges from In-Migration	0	111	173	197	197	197	197	197	197	197
Days from In-Migration	0	1,643	2,555	2,920	2,920	2,920	2,920	2,920	2,920	2,920
ADC from In-Migration	0	4.5	7.0	8.0	8.0	8.0	8.0	8.0	8.0	8.0
Total ADC (TSA 3+ In-Migration)	5.5	11.2	14.4	15.4	15.4	15.4	15.4	15.3	15.3	15.2
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
	18+ Population									
TSA 3 ADC	82.1	82.6	83.0	83.5	83.9	84.4	84.9	85.2	85.6	86.0
Estimated Market Share	70%	70%	70%	70%	70%	70%	70%	70%	70%	70%
Market Share Adjusted ADC	57.5	57.8	58.1	58.4	58.8	59.1	59.4	59.7	59.9	60.2
Discharges from In-Migration	0.0	223.8	344.3	344.3	344.3	344.3	396.0	396.0	396.0	396.0
Days from In-Migration	0	2,373	3,650	3,650	3,650	3,650	4,198	4,198	4,198	4,198
ADC from In-Migration	0	6.5	10	10	10	10	11.5	11.5	11.5	11.5
Total ADC (TSA 3+ In-Migration)	57.5	64.3	68.1	68.4	68.8	69.1	70.9	71.2	71.4	71.7
	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038
	13+ Population									
ADC	63.0	75.5	82.5	83.9	84.2	84.5	86.3	86.5	86.7	86.9
Patient Days	22,986	27,557	30,129	30,606	30,719	30,832	31,494	31,565	31,637	31,709
Beds Needed @ 80% Occupancy	79	94	103	105	105	106	108	108	108	109

Attachment 3
Financial Letters of Commitment



April 6, 2026

Matt Gilman
Oregon Health Authority
Certificate of Need Program
Health Care Regulation and Quality Improvement Program
800 NE Oregon Street, Suite 465
Portland, OR 97232

RE: OREGON NETWORK, LLC – CERTIFICATE OF NEED APPLICATION

Dear Mr. Gilman,

This letter serves as confirmation that Lifepoint Health, Inc. ("Lifepoint") through its subsidiary LPNT BH Development 10, LLC, the co-member of Oregon Network, LLC, has available and will commit sufficient funds, along with our partner, PeaceHealth, to finance this project.

Lifepoint generated approximately \$10.7 billion of revenues during the year ended December 31, 2025, and as December 31, 2025, Lifepoint had \$209 million of consolidated cash balances. Lifepoint also maintains access to a \$1 billion revolving credit facility which had available funds of \$447 million at December 31, 2025. Lifepoint has sufficient resources to fully fund the expenditures associated with this project in addition to its other ongoing liabilities.

Thank you for your consideration of the proposed project.

Sincerely,

A handwritten signature in blue ink, appearing to read "Elliott Brown", is written over a horizontal line.

Elliott Brown
SVP, Finance & Chief Accounting Officer



Matt Gilman

May 8, 2026

Oregon Health Authority Certificate
of Need Program Health Care
Regulation and Quality Improvement
Program 800 NE Oregon Street

RE: PEACEHEALTH RIVERBEND, LLC – CERTIFICATE OF NEED
APPLICATION

Suite 465

Portland, OR 97232

Dear Matt Gilman,

This letter serves as confirmation that PeaceHealth, the co-owner of PeaceHealth RiverBend, LLC ("Applicant"), has available and will commit sufficient funds, along with our partner LifePoint Health, Inc., to finance this project.

For fiscal year ending June 30, 2025, PeaceHealth generated \$16 million of excess of revenues over expenses, PeaceHealth had \$2.612 Million of cash, cash equivalents, and investments, as well as \$5,073 Million of total assets. PeaceHealth also maintains access to \$300 Million in Revolving Credit Facilities which had available funds of \$300 Million as of the end of March 31, 2026. PeaceHealth has sufficient resources to fully fund its share of the expenditures associated with this project in addition to its other ongoing liabilities.

Thank you for your consideration of the proposed project.

Sincerely,

Richard Magnuson

Executive Vice President, Chief Financial Officer-Interim
PeaceHealth

360-729-1000
peacehealth.org

1115 SE 164th Ave
Vancouver, WA
98683-9324

Attachment 4
Behavioral Health Resources

DESCRIPTION				CAPACITY				CENSUS				VACANCIES						Waitlist Status	Referral Coordination Contact Email(s)	Referral Coordination Phone Number(s)	LAST DATE REPORTED	Capacity Report Contact Email(s) For OHA/LFL Use Only				
ID	Company Name	Facility Name	County	Program Type	Total	General	Respite	Acute	Total	General	Respite	Acute	General	Respite	Acute	Cisgender Male	Cisgender Female						Binary	Transgender Male	Transgender Female	
783	Cascadia Health	23rd Avenue	Multnomah	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us sebastian.borden@cascadiahealth.org	(503) 227-3450	12/31/2025	Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org jennifer.robinson@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Jennifer.Molau@cascadiahealth.org Jennifer.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1133	Cascadia Health	75th Home	Multnomah	RTH	5	5	-	-	4	-	-	-	1	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us Nicole.Bagley@cascadiahealth.org kimberly.sanchez@cascadiahealth.org	(503) 788-1680	12/31/2025	Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
822	CODA	8041 Recovery House	Multnomah	RTF	7	7	-	-	3	3	-	-	4	-	-	-	-	-	-	-	-	Closed	alexandersyum@codainc.org residential.specialists@multco.us gloria.willis@multco.us EvelynCannon@codainc.org	971-202-7897	1/2/2026	KevinMahon@codainc.org HopeWilson@codainc.org BrieGeorge@codainc.org alexandersyum@codainc.org EvelynCannon@codainc.org
880	Shangri-La #	Adams Lane	Marion	RTH	5	5	-	-	3	3	-	-	2	-	-	-	-	-	-	-	-	Closed	jacob.mckenzie@shangrila-or.org felicia.kelly@shangrila-or.org sydney.werner@shangrila-or.org	971-283-6120 971-446-0682 971-372-4080	1/2/2026	bradley.leland@shangrilacorp.org kyla.porter@shangrilacorp.org sydney.werner@shangrila-or.org
6231	Aeternum Care	Aeternum Care on 32nd Ave	Washington	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	-	-	Closed	myaeternumcare@gmail.com	774-253-3494 781-309-8976	12/30/2025	myaeternumcare@gmail.com
860	ColumbiaCare Services Inc. #	Alder Creek	Clackamas	RTF	6	6	-	-	6	-	-	-	-	-	-	-	-	-	-	-	-	Closed	jboyd@columbiacare.org	503-786-3830	12/12/2025	tdane@columbiacare.org clund@columbiacare.org jboyd@columbiacare.org
1435	Halfway House Services Inc. #	Alder Street Residence	Lane	RTF	8	-	-	-	7	-	-	-	-	-	-	-	-	-	-	-	-	Closed	LCHSAMHCHOICE@lanecounty.gov	No Referral Contact Phone Number	1/2/2026	liz.ericson@hh-services.org
4475	New Narrative #	Alta House	Multnomah	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	-	-	Closed	Jturner@newnarrativepdx.org residential.specialists@multco.us hillary.l.demary@multco.us residentialreferrals@newnarrativepdx.org	503-839-4769 (503) 260-6709	12/30/2025	kwilliams@newnarrativepdx.org ewinkler@newnarrativepdx.org mesmith@newnarrativepdx.org Xhoos@newnarrativepdx.org williamson@newnarrativepdx.org jturner@newnarrativepdx.org
1929	Columbia Community Mental Health Inc. CMHP #	Alternative	Columbia	RTF	9	9	-	-	9	9	-	-	1	-	-	-	-	-	-	-	-	Closed	Residential_Admission@ccmh1.com	503-397-6900	12/29/2025	carig@ccmh1.com nicholashe@ccmh1.com michelewi@ccmh1.com
813	Cascadia Health	Andrea Place	Multnomah	RTF	15	15	-	-	15	-	-	-	1	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us Nolan.Manning@cascadiahealth.org jaclyn.najera@cascadiahealth.org	(503) 240-7599	1/2/2026	Jennifer.robinson@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org Jennifer.robinson@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
975	Cascadia Health	Arbor Place	Multnomah	SRTF - Class 2	16	16	-	-	16	-	-	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us chris.clark@multco.us Cassandra.Cook@cascadiahealth.org Haley.Williams@cascadiahealth.org Randy.Lingo@cascadiahealth.org	(503) 528-0757	1/7/2026	alicia.johnson@cascadiahealth.org Jennifer.robinson@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
6106	Shangri-La #	Arcadia	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	-	-	Closed	kyla.porter@shangrilacorp.org LCHSAMHCHOICE@lanecounty.gov sydney.werner@shangrila-or.org	971-600-7848 971-372-4080	1/2/2026	bradley.leland@shangrilacorp.org kyla.porter@shangrilacorp.org sydney.werner@shangrila-or.org
1567	ARK77 Recovery Center 1	Ark77 Recovery Center 1	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	-	-	Closed	LCHSAMHCHOICE@lanecounty.gov kall@ark77.com	541-915-8007	1/5/2026	kall@ark77.com sandy@ark77.com
6144	Ark77 Recovery Center 2	Ark77 Recovery Center 2	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	-	-	Closed	kall@ark77.com LCHSAMHCHOICE@lanecounty.gov	541-915-8007	1/5/2026	kall@ark77.com sandy@ark77.com
6179	ColumbiaCare Services, Inc	Aspen Hill	Multnomah	RTH	8	8	-	-	7	7	-	-	1	-	-	-	-	-	-	-	-	Closed	tdane@columbiacare.org gloria.willis@multco.us jhaines@columbiacare.org mbrooks@columbiacare.org clund@columbiacare.org	503-305-6296	12/30/2025	tdane@columbiacare.org
6073	Pelton Project L.L.C.	Aspen Place	Marion	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	-	-	Closed	RTHReferrals@peltonprojectsecure.org	503-385-6686 503-510-3791 971-208-1219	1/6/2026	mackenzie@peltonproject.org heather@peltonproject.org Isai.Luarez@peltonprojectsecure.org Tina.delarosa@peltonprojectsecure.org Kim.boyd@peltonprojectsecure.org
6141	NIBBUS Combined Care	Aster Place	Jackson	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	-	-	Closed	afoxx@nbscombinedcare.com BrendaWatson@nbscombinedcare.com Jenniferm@nbscombinedcare.com	458-658-9386	1/2/2026	afoxx@nbscombinedcare.com Jenniferm@nbscombinedcare.com
1183	ColumbiaCare Services Inc. #	Autumn Ridge	Clackamas	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	-	-	Closed	jackley@columbiacare.org ClackamasBHAdultTeam@clackamas.us	5039749250	12/22/2025	sodge@columbiacare.org jackley@columbiacare.org
6212	Avalon Wellness Living	Avalon Wellness Living - Watkins Residence	Washington	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	-	-	Closed	Admissions@avalonwellnessliving.com Rahel@avalonwellnessliving.com	503-740-4522 971-990-9778	1/2/2026	rahel@avalonwellnessliving.com
850	Cascadia Health	Barbara Roberts House-East-Male	Multnomah	SRTF - Class 2	4	4	-	-	4	-	-	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us chris.clark@multco.us jamie.matthews@cascadiahealth.org	503-284-4249	1/2/2026	Jennifer.robinson@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org Jennifer.robinson@cascadiahealth.org
849	Cascadia Health	Barbara Roberts House-West-Female	Multnomah	SRTF - Class 2	4	4	-	-	4	-	-	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us chris.clark@multco.us jamie.matthews@cascadiahealth.org	503-284-1794	12/26/2025	Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molau@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1322	ColumbiaCare Services Inc. #	Bell Cove	Curry	PSRB	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	-	-	Open	ekeltel@columbiacare.org jferreira@columbiacare.org kzack@columbiacare.org	541-469-0222	12/28/2025	ekeltel@columbiacare.org kzack@columbiacare.org

Mental Health Resources

5834	New Foundations LLC	Birch	Polk	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	Jenni@newfoundationonline.com kai@newfoundationonline.com	503-837-0887	11/21/2025	kai@newfoundationonline.com
1123	Cameron Care Inc.	Boise	Multnomah	RTF	10	10	-	-	10	-	-	-	-	-	-	-	-	-	-	Closed	alisha@cameroncare.com residential.specialists@multco.us vicki.p.silvey@multco.us	503-761-6065	1/2/2026	alisha@cameroncare.com kaylynn@cameroncare.com dtucker@jacksonhouseoregon.com
938	ColumbiaCare Services Inc. #	Bridgestone	Clackamas	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	lavera@columbiacare.org dcabe@columbiacare.org lmason@columbiacare.org sdodge@columbiacare.org	503-427-0172	12/11/2025	hschoenborn@columbiacare.org dcabe@columbiacare.org lavera@columbiacare.org
6011	NIBBus Combined Care	Brycen's House	Jackson	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	bdeskins@Nbbscombinedcare.com Brendawatson@nbbscombinedcare.com	458-291-1603 541-951-9539	1/1/2026	bdeskins@nbbscombinedcare.com
828	Cascadia Health	Buena Vista Home	Multnomah	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us james.justice@cascadiahealth.org	(503) 255-3198	12/31/2025	Jennifer.robinson@cascadiahc.org Natasha.Rohrszetter@cascadiahealth.org Courtney.Molag@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1293	Kairos Northwest #	Cadenza	Marion	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	lambrose@kairosnw.org	541-956-4943 ext. 1926	1/7/2026	lambrose@kairosnw.org MarionResidentialReferrals@co.marion.or.us
1324	Options for Southern Oregon Inc. #	Carnahan Court	Josephine	RTF	10	10	-	-	10	-	-	-	-	-	-	-	-	-	-	Closed	jmargulis@optionsonline.org	541-472-9991	12/16/2025	jmargulis@optionsonline.org
6228	Cascadia Health	Carrolls Group Care Home Inc.	Marion	RTF	10	10	-	-	8	8	-	-	-	-	-	-	-	-	-	Closed	marionresidentialreferrals@co.marion.or.us	(503) 588-5351	12/17/2025	kylee@cghrtfs.org kmeach@cgchinc.org
1570	Shangri-La #	Casa Rio	Linn	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	jacob.mckenzie@shangrila-or.org stevi.perez@shangrila-or.org	971-283-6120 971-372-4792	1/2/2026	bradley.leland@shangrilacorp.org kyla.porter@shangrilacorp.org sydney.werner@shangrila-or.org
1475	ColumbiaCare Services Inc.	Cedar Bay	Coos	PSRB	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Open	angela.mayfield@chw.coos.or.us awalter@columbiacare.org kcoolidge@columbiacare.org	541-808-7696 (570) 691-7553 541-999-9783	1/2/2026	awalters@columbiacare.org
951	Pelton Project L.L.C.	Chinook House	Marion	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	RTHReferrals@peltonprojectsecure.org	503-385-6686 503-510-3791 971-208-1219	1/6/2026	heather@peltonproject.org mackenzie@peltonproject.org Tina.delarosa@peltonprojectsecure.org Isai.Juarez@peltonprojectsecure.org Kim.boyd@peltonprojectsecure.org
1095	New Narrative #	Christopher House	Washington	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Open	jr Ramirez@newnarrativepdx.org residentialreferrals@newnarrativepdx.org	503-726-3770	1/8/2026	kwilliams@newnarrativepdx.org ewinkler@newnarrativepdx.org gvigil@newnarrativepdx.org mesmith@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org jr Ramirez@newnarrativepdx.org
6419		Clarvida Lewisburg	Benton	RTH	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Open			12/30/2025	
1357	ColumbiaCare Services Inc.	Clear Vue	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Open	jjaffney@columbiacare.org rlawson@columbiacare.org	541-505-8558	1/5/2026	jjaffney@columbiacare.org rlawson@columbiacare.org
1340	Community Counseling Solutions CMHP #	Columbia River Ranch	Morrow	RTF	12	12	-	-	8	8	-	-	-	-	-	-	-	-	-	Closed	jayme.pettibone@ccsemail.org tiffany.gerard@ccsemail.org	541-481-3233	12/31/2025	Jayme.Pettibone@ccsemail.org tiffany.gerard@ccsemail.org
1121	ColumbiaCare Services Inc. #	Columbia Rose	Multnomah	RTF	9	-	-	-	7	7	-	-	2	-	-	-	-	-	-	Closed	residential.specialist@multco.us	503-761-2580	11/21/2025	jcoolman@columbiacare.org sdodge@columbiacare.org gvigil@columbiacare.org ttinker@columbiacare.org
1016	New Narrative, Inc.	Connell House	Washington	RTF	8	8	-	-	8	8	-	-	-	-	-	-	-	-	-	Closed	dasmith@newnarrativepdx.org residentialreferrals@newnarrativepdx.org	503-501-5390	1/8/2026	kwilliams@newnarrativepdx.org ewinkler@newnarrativepdx.org tguajardo@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org dasmith@newnarrativepdx.org
6254	Core Care Residential Solutions	Core Care Residential Solutions RTH	Multnomah	RTH	5	5	-	-	3	5	-	-	-	-	-	-	-	-	-	Closed	corecareresidential@gmail.com residential.specialists@multco.us gloria.willis@multco.us	7813098976	12/30/2025	corecareresidential@gmail.com
925	Columbia Community Mental Health Inc. CMHP #	Cornerstone	Columbia	RTF	16	15	1	-	15	15	-	-	-	1	-	-	-	-	-	Closed	Residential_Admission@ccmh1.com	503-397-0391	1/5/2026	carig@ccmh1.com nicholashe@ccmh1.com michelewi@ccmh1.com
1076	Sistere Inc.	Court House	Multnomah	RTH	5	5	-	-	4	4	-	-	-	-	-	-	-	-	-	Closed	jazma@sistereinc.com residential.specialists@multco.us ammie@sistereinc.com vicki.p.silvey@multco.us	503-674-5283	1/5/2026	jazma@sistereinc.com
6010	Sequoia Mental Health	Cypress	Washington	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	residentialreferrals@sequoiamhs.org dhepler@sequoiamhs.org	971-245-9097	1/5/2026	dhepler@sequoiamhs.org kmeja@sequoiamhs.org
1447	Shangri-La #	Danebo	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	kyla.porter@shangrilacorp.org LCHSAMHCHOICE@lanecounty.gov	971-600-7848	1/2/2026	bradley.leland@shangrilacorp.org kyla.porter@shangrilacorp.org sydney.werner@shangrila-or.org
6425	Deah's Place	Deah's Place LLC	Washington	RTH	5	-	-	-	-1	-	-	-	5	-	-	-	-	-	-	Open	deahplace@gmail.com	612-987-6027	1/7/2026	deahplace@gmail.com
6247	Dependable Care Residential Service	Dependable Care Residential Service	Washington	RTH	5	-	-	-	-	-	-	-	5	-	-	-	-	-	-	Open	dependablecarehomes@gmail.com	978-881-8055	12/18/2025	joekiere@gmail.com
1253	Telecare Mental Health Services of Oregon Inc. #	Deschutes Recovery Center	Deschutes	SRTF - Class 1	16	16	-	-	16	-	-	-	-	-	-	-	-	-	-	Closed	carrie.nash@deschutes.org	458-600-7058	1/8/2026	Carrie.nash@deschutes.org
1047	Sequoia Mental Health Services Inc. #	Edwards House	Washington	RTF	7	7	-	-	7	7	-	-	1	-	-	-	-	-	-	Closed	residentialreferrals@sequoiamhs.org dhepler@sequoiamhs.org	971-245-9097	1/5/2026	dhepler@sequoiamhs.org kmeja@sequoiamhs.org

1127	Cascadia Health	El Dorado	Multnomah	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us Charity.Eckard@cascadiahealth.org	(503) 771-1645	12/31/2025	Jennifer.robinson@cascadiabhc.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1100	New Narrative	Estueta House	Multnomah	RTH	4	5	-	-	5	-	-	-	-	-	-	-	-	-	Closed	nshea@newnarrativepdx.org residential.specialists@multco.us residentialreferrals@newnarrativepdx.org laura.finley@multco.us	(503) 501-5278	1/6/2026	kwilliams@newnarrativepdx.org ewinkler@newnarrativepdx.org nshea@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
1068	ColumbiaCare Services Inc. #	Fairview Firs	Multnomah	RTH	5	5	-	-	2	2	-	-	3	-	-	-	-	-	Closed	arieaimiller@columbiacare.org mbrooks@columbiacare.org maquino@columbiacare.org residential.specialists@multco.us gloria.willis@multco.us	503-661-8050	1/4/2026	lackey@columbiacare.org mbrooks@columbiacare.org arieaimiller@columbiacare.org
1119	Cascadia Health	Faulkner Place	Multnomah	SRTF - Class 2	15	15	-	-	17	-	-	-	2	-	-	-	-	-	Closed	residential.specialists@multco.us chris.clark@multco.us Kona.Becker@cascadiahealth.org Jack.Gagnon@cascadiahealth.org	503-760-9606	1/2/2026	Jennifer.robinson@cascadiabhc.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1078	ColumbiaCare Services Inc. #	Fieldstone	Clackamas	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	Closed	sbourdon@columbiacare.org Hschoenborn@columbiacare.org Lmason@columbiacare.org lavera@columbiacare.org dcabe@columbiacare.org	503-682-1840	11/21/2025	hschoenborn@columbiacare.org
1026	Fir Hill Group Home L.L.C. #	Fir Hill Group Home L.L.C.	Polk	RTF	13	13	-	-	13	-	-	-	-	-	4	9	-	-	Closed	firhilldianemiller@gmail.com firhillpam2@gmail.com	503 623-4230	12/30/2025	firhillpam@yahoo.com firhilldianemiller@gmail.com Jennifer.robinson@cascadiabhc.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org darcy.roseland@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1626	Cascadia Health	Firefly	Multnomah	YAT RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us hillary.l.demary@multco.us Darcy.Roseland@cascadiahealth.org jaclyn.najera@cascadiahealth.org	971-302-7990	1/2/2026	residential.specialists@multco.us hillary.l.demary@multco.us Darcy.Roseland@cascadiahealth.org jaclyn.najera@cascadiahealth.org
935	Renew Consulting, LLC	Freestone	Polk	RTH	3	3	-	-	3	2	-	-	-	-	-	-	-	-	Closed	bh.referral@co.polk.or.us ORreferrals@clarvida.com tyler.godkin@clarvida.com Tara.Clay@clarvida.com Emily.Lefew@clarvida.com	541-905-4197 503-910-5890 615-655-4324	11/14/2025	Tyler.Godkin@clarvida.com
6068	Cameron Care Inc.	Garfield	Multnomah	RTF	14	14	-	-	14	14	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us vicki.p.silvey@multco.us Melissa@cameroncare.com sevvn@cameroncare.com	503-249-6998	1/6/2026	dtucker@jacksonhouseoregon.com Melissa@cameroncare.com
6223	Cascadia Health	Gisan Street House	Multnomah	RTH	10	-	-	-	9	-	-	-	1	-	-	-	-	-	Closed	res.auth.team@cascadiahealth.org jeffry.lords@cascadiahealth.org matthew.ocasio@cascadiahealth.org residential.specialists@multco.us chris.clark@multco.us jaclyn.najera@cascadiahealth.org	503-963-7641	1/2/2026	res.auth.team@cascadiabhc.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Jennifer.robinson@cascadiabhc.org alicia.johnson@cascadiahealth.org
1103	New Narrative #	Glynn Terrace House	Multnomah	RTF	12	12	-	-	12	12	-	-	-	-	-	-	-	-	Closed	awest@newnarrativepdx.org residential.specialists@multco.us resreferrals@newnarrativepdx.org	503-726-3826	1/7/2026	awest@newnarrativepdx.org ewinkler@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
6130	Grace Care Homes, Inc.	Grace Care Homes, Inc.	Marion	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	MarionResidentialReferrals@co.marion.or.us	503-999-0404	1/2/2026	ejemison@gracecarehomes.org
4693	Shangri-La #	Harlow	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	kyla.porter@shangrilacorp.org savannah.zeigler@shangrila-or.org	971-600-7848	1/2/2026	kyla.porter@shangrilacorp.org bradley.leland@shangrilacorp.org sydney.werner@shangrila-or.org
2281	Options for Southern Oregon Inc.	Hazel Center	Jackson	SRTF - Class 2	16	16	-	-	16	-	-	-	-	-	-	-	-	-	Closed	jmargulis@optionsonline.org	541-472-9991	12/19/2025	jmargulis@optionsonline.org kepfanio@optionsonline.org
831	LifeWorks NW #	Hazelwood House	Multnomah	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	greg.spadafora@lifeworksnw.org residential.specialists@multco.us jade.connelly@lifeworksnw.org	(Greg S) 503-277-9901 Jade Connelly 971-294-0652	12/26/2025	greg.spadafora@lifeworksnw.org all.fares@lifeworksnw.org alexander.woodard@lifeworksnw.org jade.connelly@lifeworksnw.org
769	ColumbiaCare Services Inc. #	Heeran Center dba River Bridge	Lane	SRTF - Class 2	16	16	-	-	15	15	-	-	-	-	-	-	-	-	Closed	ametcaif@columbiacare.org LCHSAMHCHOICE@lanecountyor.gov	458-210-2984	1/2/2026	ametcaif@columbiacare.org
1069	Sistere Inc.	Hoodview	Multnomah	RTF	10	10	-	-	10	10	-	-	-	-	-	-	-	-	Closed	ammie@sistereinc.com residential.specialists@multco.us vicki.p.silvey@multco.us	503-665-5193	1/5/2026	ammie@sistereinc.com
827	LifeWorks NW #	Horizon House	Multnomah	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	greg.spadafora@lifeworksnw.org residential.specialists@multco.us all.fares@lifeworksnw.org	503-319-0271	12/26/2025	all.fares@lifeworksnw.org alexander.woodard@lifeworksnw.org jade.connelly@lifeworksnw.org
905	Marion County Health Department CMHP #	Horizon House	Marion	RTF	9	9	-	-	9	-	-	-	-	-	-	-	-	-	Closed	MarionResidentialReferrals@co.marion.or.us	971-718-2422 (503) 588-5351	1/5/2026	amaceira@co.marion.or.us MarionResidentialReferrals@co.marion.or.us
1380	Symmetry Care Inc. #	Independence Place	Harney	RTF	10	10	-	10	9	9	-	-	-	-	-	-	-	-	Closed	skelly@symmetrycareinc.com	541 413-2936	1/6/2026	skelly@symmetrycareinc.com
5885	BH-OR Opco OC LLC	Jackson House Oregon City Respite	Clackamas	Other	16	-	16	-	10	-	10	-	1	5	-	-	-	-	Open	respiterreferrals@jacksonhouseoregon.com	971-320-1828	1/8/2026	kbkruc@jacksonhouseoregon.com oajay@jacksonhouseoregon.com dtucker@jacksonhouseoregon.com jmealer@jacksonhouseoregoncity.com SJackson@jacksonhouseoregon.com
6140	Jackson House	Jackson House-109 Street	Multnomah	SRTF - Class 1	16	16	-	-	16	16	-	-	-	-	-	-	-	-	Closed	SRTFreferrals@jacksonhouseoregon.com residential.specialists@multco.us chris.clark@multco.us	458-270-6757	1/5/2026	Rmosley@jacksonhouseoregon.com Mschubert@jacksonhouseoregon.com dtucker@jacksonhouseoregon.com SWalsh@jacksonhouseoregon.com

Mental Health Resources

5798	New Narrative #	Jade House	Multnomah	RTF	11	11	-	-	11	11	-	-	-	-	-	-	-	-	-	Closed	chbrown@newnarrativepdx.org residential.specialists@multco.us residentialreferrals@newnarrativepdx.org gloria.willis@multco.us	503-726-3726 N/A N/A (971) 313-4517	1/8/2026	ewinkler@newnarrativepdx.org kwilliams@newnarrativepdx.org chbrown@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org Ajohnson@newnarrativepdx.org asupry@newnarrativepdx.org
1473	Mental Health Association of Benton County #	Janus House	Benton	RTF	13	12	1	-	13	12	-	-	-	-	-	-	-	-	-	Closed	mhabc@peak.org	541-753-9219	1/2/2026	mhabc@peak.org
1065	ColumbiaCare Services Inc. #	Johnson Creek	Clackamas	SRTF - Class 2	8	8	-	-	7	7	-	-	-	-	-	-	-	-	-	Closed	Hbarrett@columbiacare.org Abolvin@columbiacare.org Azeplier@columbiacare.org	(503) 659-2575	1/8/2026	hbarrett@columbiacare.org
6236	Jackson House	Jory Behavioral Health	Marion	SRTF - Class 1	16	-	-	-	16	-	-	-	-	-	-	-	-	-	-	Closed	srtfjoryreferrals@jacksonhouseoregon.com	971-307-7366	1/7/2026	mbaughn@jacksonhouseoregon.com edaniels@jacksonhouseoregon.com dtucker@jacksonhouseoregon.com mturnidge@jacksonhouseoregon.com
1309	Wallowa Valley Center for Wellness	Joseph House	Wallowa	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	amy.kiesecker@wvcenterforwellness.org jodie.weaver@wvcenterforwellness.org	971-429-6194	1/5/2026	amy.kiesecker@wvcenterforwellness.org kala.linville@wvcenterforwellness.org
4855	Sequoia Mental Health Services Inc. #	Juniper House	Washington	RTH	5	5	-	-	4	4	-	-	1	-	-	-	-	-	-	Closed	residentialreferrals@sequoiamhs.org dhepler@sequoiamhs.org	971-245-9097	1/5/2026	dhepler@sequoiamhs.org kmeja@sequoiamhs.org
1388	Community Counseling Solutions CMHP #	Juniper Ridge	Grant	SRTF - Class 2	12	12	-	-	12	12	-	-	-	-	-	-	-	-	-	Closed	chris.northway@ccsemail.org	541-575-0237	1/5/2026	chris.northway@ccsemail.org keelie.goin@ccsemail.org
4690	Northwest Premier LLC	Kinder Place	Linn	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	nicki.nwrft@outlook.com Msimons.nwrft@outlook.com	503-856-5399 503-689-4374	1/5/2026	Nicki.nwrft@outlook.com lacey.nwrft@outlook.com
1428	Community Counseling Solutions CMHP #	Lakeview Heights	Morrow	SRTF - Class 2	8	-	2	-	7	-	-	-	-	-	-	-	-	-	-	Closed	lhintake@ccsemail.org	541-676-5125	1/8/2026	linsey.hanna@ccsemail.org jennifer.campbell@ccsemail.org
1050	Cascadia Health	Leland House	Clackamas	RTF	10	10	-	-	10	-	-	-	-	-	-	-	-	-	-	Closed	ClackamasBHADultTeam@clackamas.us brooke.miller@cascadiahealth.org Josh.Hester@cascadiahealth.org	(503) 650-8605	1/6/2026	Jennifer.robinson@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1203	Renew Consulting, LLC	Lewisburg	Benton	RTH	3	3	-	-	3	3	-	-	-	-	-	-	-	-	-	Closed	ORreferrals@clarvida.com tyler.godkin@clarvida.com Tara.Clay@clarvida.com Emily.LeFew@clarvida.com	541-905-4197 503-910-5890 615-655-4324	11/14/2025	Tyler.Godkin@clarvida.com
4689	Northwest Premier LLC	Lighthouse on Hill	Linn	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	nicki.nwrft@outlook.com Msimons.nwrft@outlook.com	503-856-5399 503-689-4374	1/5/2026	Nicki.nwrft@outlook.com lacey.nwrft@outlook.com
1025	New Foundations L.L.C.	Linden Lane	Polk	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	Jenni@newfoundationsonline.com kai@newfoundationsonline.com	503-623-2238	11/21/2025	kai@newfoundationsonline.com
4540	ColumbiaCare Services Inc. #	Madrone Ridge	Lane	SRTF - Class 2	8	8	-	-	7	7	-	-	-	-	-	-	-	-	-	Closed	shannonadams@columbiacare.org rlawson@columbiacare.org asamu@columbiacare.org	541-998-4574	1/1/2026	shannonadams@columbiacare.org asamu@columbiacare.org
5862	New Narrative	Magnolia House	Multnomah	RTF	11	-	-	-	11	-	-	-	1	-	-	-	-	-	-	Closed	rbarnett@newnarrativepdx.org residentialreferrals@newnarrativepdx.org residential.specialists@multco.us swilliamson@newnarrativepdx.org	503-929-7582	1/6/2026	klackey@newnarrativepdx.org rbarnett@newnarrativepdx.org kwilliams@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
4701	ColumbiaCare Services Inc.	Manzanita Ridge	Lane	SRTF - Class 2	8	8	-	-	6	6	-	-	-	-	-	-	-	-	-	Closed	RidgesSRTFReferrals@columbiacare.org	541-995-2210	1/2/2026	sdunson@columbiacare.org
6232	Nibbus Combined Care LLC	Maple Court	Jackson	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	marciellao@nbscombinedcare.com	458-488-1251	1/1/2026	BrendaWatson@nbscombinedcare.com nicki@nbscombinedcare.com maricellao@nbscombinedcare.com bdeskins@nbscombinedcare.com
1096	New Narrative	Matthews House	Washington	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	mesmith@newnarrativepdx.org residentialreferrals@newnarrativepdx.org	(503) 984-1618	1/8/2026	ewinkler@newnarrativepdx.org dasmith@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org mesmith@newnarrativepdx.org
936	Cascadia Health	McCarthy Place	Multnomah	RTF	10	10	-	-	9	9	-	-	1	-	-	-	-	-	-	Closed	residential.specialists@multco.us chris.clark@multco.us Noelle.Ramirez@cascadiahealth.org Ahlea.Vasquez@cascadiahealth.org jaclyn.naiera@cascadiahealth.org	503-238-0769	1/2/2026	Jennifer.robinson@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1530	ColumbiaCare Services Inc.	McKenzie Ridge	Lane	SRTF - Class 2	8	-	-	-	7	-	-	-	1	-	-	-	-	-	-	Closed	Garmijo@columbiacare.org Shannonadams@columbiacare.org Elowery@columbiacare.org RidgesSRTFReferrals@columbiacare.org	541-995-2221	1/5/2026	garmijo@columbiacare.org fpeoples@columbiacare.org
1568	Lifeways Inc.	McNary Place	Umatilla	SRTF - Class 2	16	16	-	-	16	16	-	-	-	-	-	-	-	-	-	Closed	Kroddgers@lifeways.org RSchilling@lifeways.org	541-922-0880 ext 6811	12/29/2025	kroddgers@lifeways.org RSchilling@lifeways.org
6244		Mercy Bridge RTH	Multnomah	RTH	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Closed	vicki.p.silvey@multco.us residential.specialists@multco.us Mercybridgeitc@gmail.com	(971) 336-7910	11/18/2025	vicki.p.silvey@multco.us emmanuelzewde@gmail.com
1097	New Narrative #	Meusch House	Washington	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	dasmith@newnarrativepdx.org residentialreferrals@newnarrativepdx.org	503-501-5390	1/8/2026	swilliamson@newnarrativepdx.org dasmith@newnarrativepdx.org ewinkler@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
6155	B2 Community Care	Mistletoe House	Marion	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	Judith.Riley@b2communitycare.com mistletoe.house@b2communitycare.com	503-583-9892	9/11/2025	Judith.Riley@b2communitycare.com
1587	Kairos Northwest #	Momentum	Josephine	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Open	lambrose@kairosnw.org	541-956-4943 ext. 1926	1/7/2026	lambrose@kairosnw.org
6256	Multi Options LLC	Multi Options RTH	Washington	RTH	5	-	-	-	2	-	-	-	3	-	-	-	-	-	-	Open	multioptionslc24@gmail.com	503-521-7624	12/19/2025	multioptionslc24@gmail.com

Mental Health Resources

1346	Shangri-La #	Myers Road	Lane	RTH	5	5	-	-	4	4	-	-	1	-	-	-	-	-	-	Closed	kyla.porter@shangrilacorp.org LCHSAMHCHOICE@lanecountyor.gov	971-600-7848	1/2/2026	bradley.leland@shangrilacorp.org kyla.porter@shangrilacorp.org sydney.werner@shangri-la-or.org
1012	Sequoia Mental Health Services Inc. #	Myrtlewood House	Washington	RTH	5	5	-	-	4	4	-	-	1	-	-	-	-	-	-	Closed	residentialreferrals@sequoiamhs.org dhepler@sequoiamhs.org	971-245-9097	1/5/2026	dhepler@sequoiamhs.org kmejia@sequoiamhs.org
1801	Cascadia Health	Nadine's Place	Multnomah	RTF	6	6	-	-	6	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us laura.finley@multco.us Quinn.Ponds@cascadiahealth.org jaclyn.najera@cascadiahealth.org	503-230-9654 503-862-6875	1/2/2026	Jennifer.Robinson@cascadiabhc.org Nataasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1232	Community Counseling Solutions CMHP #	New Roads	Umatilla	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	robert.mcconnell@ccsemail.org melissa.britton@ccsemail.org stephanie.cronen@ccsemail.org	541-276-6330 x4351	1/2/2026	Robert.McConnell@ccsemail.org Stephanie.cronen@ccsemail.org
4677	NIBBUS Combined Care	New Wave	Jackson	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Open	brendawatson@nbbscombinedcare.com stormyb@nbbscombinedcare.com	458-226-5347 458-226-5347	1/6/2026	samanthab@Nbbscombinedcare.com afoxx@Nbbscombinedcare.com stormyb@Nbbscombinedcare.com
878	Clatsop Behavioral Healthcare CMHP #	North Coast Crisis Respite Center	Clatsop	RTF	15	14	2	-	15	13	2	-	-	-	1	-	-	-	2	Open	NCCRCReferral@clatsoph.org josephs@clatsoph.org ilenam@clatsoph.org	971-704-4018 503-338-8428	1/2/2026	ilenam@clatsoph.org alexw@clatsoph.org marinag@clatsoph.org josephs@clatsoph.org
1393	Renew Consulting, LLC	Oceanside	Lincoln	RTH	4	4	-	-	4	-	-	-	-	-	-	-	-	-	-	Closed	ORreferrals@clarvida.com tyler.godkin@clarvida.com Tara.Clay@clarvida.com Emily.Lefew@clarvida.com	541-905-4197 503-910-5890 615-655-4324	11/14/2025	Tyler.Godkin@clarvida.com
956	Cascadia Health	Orchid 2	Multnomah	RTF	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us brian.c.thomas@cascadiahealth.org	(503) 477-4622	12/31/2025	Jennifer.Robinson@cascadiabhc.org Nataasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
814	Cascadia Health	Overton House	Multnomah	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us erin.delong@cascadiahealth.org	(503) 241-6051	12/31/2025	Jennifer.Robinson@cascadiabhc.org Nataasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
6120	Pacific Community Care	Pacific Community Care	Multnomah	RTF	9	9	-	-	6	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us PacficCare@pccoregon.com	971-481-1607	1/6/2026	manzieric18@gmail.com tkhazali@gmail.com
955	Parkside Living, Inc. #	Parkside Living Residential Treatment Facility	Yamhill	RTF	16	16	-	-	15	15	-	-	1	-	-	-	-	-	-	Open	cazaresc@co.yamhill.or.us parksideadm1@gmail.com	503-474-4160 503-472-9603	1/2/2026	becparksideliving@gmail.com yonkerk@co.yamhill.or.us
5955	Path Light Agency LLC	Path Light Agency LLC	Multnomah	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us pathlightagency@gmail.com enyaga2003@yahoo.com edika18@yahoo.com	503-810-7879 971-339-3944 205-960-8084	1/5/2026	enyaga2003@yahoo.com edika18@yahoo.com
1064	Cascadia Health	Pearl House	Clackamas	RTF	12	12	-	-	11	-	-	-	1	-	-	-	-	-	-	Closed	ClackamasBHAdultTeam@clackamas.us shara.hergert@cascadiahealth.org	(503) 657-9889	1/6/2026	Jennifer.Robinson@cascadiabhc.org Nataasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1228	State of Oregon #	Pendleton Cottage	Umatilla	SRTF - Class 2	16	16	-	-	16	16	-	-	-	-	13	2	-	-	1	Closed	jenny.peters@oha.oregon.gov	541-304-7112	12/24/2025	kacie.a.moss@oha.oregon.gov claudia.p.bethel@oha.oregon.gov amanda.emery@oha.oregon.gov Jacob.r.boling@oha.oregon.gov
1935	Klamath Basin Behavioral Health #	Phoenix Place-1	Klamath	SRTF - Class 2	8	8	8	1	8	10	1	-	-	-	-	-	-	-	-	Closed	aedwards@kbbh.org mvanorder@kbbh.org	541-883-1030 ext 2540	12/15/2025	kthomas@KBBH.org aedwards@kbbh.org bwickery@kbbh.org
6143	ColumbiaCare Services	Pine Ridge	Lane	RTF	7	7	-	-	7	7	-	-	-	-	-	-	-	-	-	Closed	Bvaldez@columbiacare.org	541-650-6910	12/23/2025	Bvaldez@columbiacare.org
1298	Wallowa Valley Center for Wellness	Pioneer Guest Home III	Wallowa	RTF	16	16	-	-	16	16	-	-	-	-	-	-	-	-	-	Closed	jodie.weaver@wvcenterforwellness.org pake.schnetzky@wvcenterforwellness.org	541-398-2256	1/5/2026	jodie.weaver@wvcenterforwellness.org ed.hoppel@wvcenterforwellness.org samuel.huntington@wvcenterforwellness.org
1128	Cascadia Health	Pisgah	Multnomah	RTF	16	16	-	-	16	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us jeannie.hansen@cascadiahealth.org	503-771-6061	12/31/2025	Nataasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Jennifer.Robinson@cascadiabhc.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1089	Cascadia Health	Portland Ave	Clackamas	RTH	4	4	-	-	4	-	-	-	-	-	-	-	-	-	-	Closed	ClackamasBHAdultTeam@clackamas.us carly.arriago@cascadiahealth.org	(503) 722-3877	1/6/2026	Jennifer.Robinson@cascadiabhc.org Nataasha.Rohrsetzer@cascadiahealth.org Courtney.Molaug@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.johnson@cascadiahealth.org
1120	Cameron Care Inc.	Powell	Multnomah	RTF	15	15	-	-	15	15	-	-	-	-	-	-	-	-	-	Closed	kaylynn@cameronscare.com residential.specialists@multco.us vicki.p.silvey@multco.us	503-761-0381	12/4/2025	kaylynn@cameronscare.com alisha@cameronscare.com dtucker@jacksonhouseoregon.com
6255	Precious Care Homes LLC	Precious Care Homes LLC	Polk	RTH	5	5	-	-	-	-	-	-	-	-	-	-	-	-	-	Closed	preciouscarehomes24@gmail.com	503-363 3080 781-215-4317	12/29/2025	preciouscarehomes24@gmail.com
1326	Options for Southern Oregon Inc. #	Ramsey Place	Josephine	SRTF - Class 2	11	11	-	-	11	-	-	-	-	-	-	-	-	-	-	Closed	jmargulis@optionsonline.org	541-472-9991	12/16/2025	jmargulis@optionsonline.org
4537	Elderly and Disabled Services	Restoration Center	Jackson	SRTF - Class 2	16	15	-	-	16	15	-	-	-	-	-	-	-	-	-	Closed	gabriele.m@elderlyanddisabledservices.com aimee.s@elderlyanddisabledservices.com	541-727-7669	1/7/2026	gabriele.m@elderlyanddisabledservices.com aimee.s@elderlyanddisabledservices.com
6138	Elderly and Disabled Services	Restoration Home Ridgeway	Jackson	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	bonita.s@elderlyanddisabledservices.com aimee.s@elderlyanddisabledservices.com	541-252-1382	12/15/2025	bonita.s@elderlyanddisabledservices.com aimee.s@elderlyanddisabledservices.com
4538	Elderly and Disabled Services	Restoration Home RTH	Jackson	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	joni.s@elderlyanddisabledservices.com aimee.s@elderlyanddisabledservices.com	541-500-1202	1/2/2026	aimee.s@elderlyanddisabledservices.com joni.s@elderlyanddisabledservices.com

5754	Elderly and Disabled Services	Restoration Home Stacey	Washington	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	Closed	tywalker@elderlyanddisableservices.com almees@elderlyanddisableservices.com	503-747-6003	1/6/2026	tywalker@elderlyanddisableservices.com
6153	Elderly and Disabled Services	Restoration Home Willow Creek	Washington	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	Closed	tywalker@elderlyanddisableservices.com	(971) 317-2973 9712635560	1/6/2026	tywalker@elderlyanddisableservices.com
5735	Telecare Mental Health Services of Oregon Inc. #	Rhone Street House	Multnomah	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	Closed	mlawless@telecarecorp.com	(971) 314-0144	1/5/2026	mlawless@telecarecorp.com
6007	Community Counseling Solutions	River's Edge Acute Center for Healing – REACH	Umatilla	SRTF - Class 1	15	10	-	-	5	9	9	-	-	-	-	6	-	-	Closed	reachreferrals@ccsemail.org	541-656-1009	1/5/2026	stephanie.klucas@ccsemail.org kemberli.mills@ccsemail.org
962	ColumbiaCare Services Inc. #	Rockwood	Multnomah	RTH	5	5	-	-	4	4	-	-	-	-	1	-	-	-	Closed	residential.specialists@multco.us sanderson@columbiacare.org	503-489-5045	12/26/2025	sanderson@columbiacare.org asulivan@columbiacare.org aaacss@gmail.com
2306	CODA	Rolfson House	Multnomah	RTF	8	8	-	-	8	8	-	-	-	-	-	-	-	-	Closed	alexandersyum@codainc.org gloria.willis@multco.us residential.specialists@multco.us EvelynCannon@codainc.org	971-202-7897	1/2/2026	KevinMahon@codainc.org HopeWilson@codainc.org alexandersyum@codainc.org EvelynCannon@codainc.org
1171	Sequoia Mental Health Services Inc. #	Rosewood	Washington	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	residential.referrals@sequoiams.org dhepler@sequoiams.org	971-245-9097	1/5/2026	dhepler@sequoiams.org kmeja@sequoiams.org
904	Carroll's Group Care Home Inc. # Royvonne House	Royvonne House	Marion	RTF	10	10	-	-	10	10	-	-	-	-	-	6	4	-	Closed	MarionResidentialReferrals@co.marion.or.us	971-718-2422 (503) 588-5351	1/2/2026	Eouderkirk@cghinc.org MarionResidentialReferrals@co.marion.or.us
1308	Community Counseling Solutions CMHP #	Salmon Run	Umatilla	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	justin.mitchell@ccsemail.org jennifer.acevedo@ccsemail.org	Savannah Marker 541-413-1226	1/2/2026	jennifer.acevedo@ccsemail.org Justin.Mitchell@ccsemail.org
1098	New Narrative, Inc.	Sandvig House	Washington	RTF	7	7	-	-	7	-	-	-	-	-	-	-	-	-	Open	mesmith@newnarrativepdx.org residentialreferrals@newnarrativepdx.org	503-984-1618	1/5/2026	kwilliams@newnarrativepdx.org ewinkler@newnarrativepdx.org gvgil@newnarrativepdx.org mesmith@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
6242	Saron RTH	Saron RTH	Washington	RTH	5	3	-	-	5	-3	-	-	-	-	5	-	-	-	Open	soloafh@gmail.com	614-804-1274	1/6/2026	soloafh@gmail.com
1571	Trillium Family Services #	Sender House	Linn	RTH	4	4	-	-	4	4	-	-	-	-	-	-	-	-	Closed	rlarios@trilliumfamily.org	888-333-6177	1/6/2026	cbhatt@trilliumfamily.org rlarios@trilliumfamily.org
1485	Shangri-La #	Sequoia Creek	Benton	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	jacob.mckenzie@shangrila-or.org	971-283-6120	1/2/2026	bradley.leland@shangrilacorp.org kyla.porter@shangrilacorp.org sydney.werner@shangrila-or.org kwilliams@newnarrativepdx.org
968	New Narrative #	Sisters House Female	Multnomah	RTH	5	-	-	-	4	-	-	-	-	-	-	-	-	-	Open	nsha@newnarrativepdx.org mandy.hill@multco.us residentialreferrals@newnarrativepdx.org residential.specialists@multco.us	(503) 501-5278	1/7/2026	ewinkler@newnarrativepdx.org nsha@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
6221	Kairos Northwest #	Sonata RTH	Jackson	YAT RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	Closed	lambrose@kairosnw.org	541-956-4943 ext. 1926	1/7/2026	lambrose@kairosnw.org awhaley@kairosnw.org
4225	Northwest Premier LLC	Sophia's Home	Linn	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	nicki.nwrft@outlook.com Msimons.nwrft@outlook.com	503-856-5399 503-689-4374	1/5/2026	nicki@shangrilacorp.org lacey.nwrft@outlook.com
1070	Telecare Mental Health Services of Oregon Inc. #	Steve Wilson Recovery Center	Multnomah	SRTF - Class 1	16	16	-	-	16	16	-	-	-	-	-	-	-	-	Open	Dean.H.Carlsle@oha.oregon.gov	503-666-6575	12/31/2025	mchaloupka@telecarecorp.com dochoa@telecarecorp.com
6330	Northwest Premier LLC	Summer Lane	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	nicki.nwrft@outlook.com LCHSAMHCHOICE@lanecountygov.org	548-273-2077	1/5/2026	lacey.nwrft@outlook.com Nicki.nwrft@outlook.com
6065	NIBBUS Combined Care	Sunrise Garden	Jackson	RTH	5	-	-	-	4	-	-	-	-	1	-	-	-	-	Closed	brendawatson@nbbscombinedcare.com tinal@nbbscombinedcare.com	458-658-9643 541-879-8188	1/1/2026	stephen@Nbbscombinedcare.com nicki@Nbbscombinedcare.com tinal@Nbbscombinedcare.com
1431	Telecare Mental Health Services of Oregon Inc. #	Telecare 12th Street House	Deschutes	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	Closed	carrie.nash@deschutes.org	458-600-7058	1/8/2026	Carrie.nash@deschutes.org
1134	Telecare Mental Health Services of Oregon Inc. #	Telecare 72nd Avenue Recovery Center-Men's Program	Multnomah	SRTF - Class 2	16	16	-	-	15	15	-	-	-	-	-	-	-	-	Closed	stucker@telecarecorp.com gloria.willis@multco.us residential.specialists@multco.us	503-788-4500 503-313-4517	1/5/2026	stucker@telecarecorp.com gloria.willis@multco.us
1455	Telecare Mental Health Services of Oregon Inc. #	Telecare Edgecliff House	Deschutes	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	Closed	carrie.nash@deschutes.org	458-600-7058	1/8/2026	Carrie.nash@deschutes.org
1187	Telecare Mental Health Services of Oregon Inc. #	Telecare Recovery Center @ Woodburn	Marion	SRTF - Class 2	16	16	-	-	16	16	-	-	-	-	-	-	-	-	Closed	lhinson@telecarecorp.com	971-338-7340	1/1/2026	cgrieve@telecarecorp.com lhinson@telecarecorp.com
1620	Telecare Mental Health Services of Oregon Inc. #	Telecare Stults House	Multnomah	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	Closed	mlawless@telecarecorp.com residential.specialists@multco.us	(971) 271-7270	1/5/2026	mlawless@telecarecorp.com
1318	Kairos Northwest #	Tempo	Lane	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	Closed	lambrose@kairosnw.org	541-956-4943 ext. 1926 (Referrals for Ages 17-24 only)	1/7/2026	lambrose@kairosnw.org
6220	Cascadia Health	Treeline	Multnomah	RTH	10	10	-	-	10	10	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us LaToya.Halliman@cascadiahealth.org hillary.l.demary@multco.us Greg.Murphy@cascadiahealth.org iaclyn.naiera@cascadiahealth.org	503-963-7777	1/2/2026	Jennifer.Robinson@cascadiahbc.org Courtney.Molaug@cascadiahealth.org Natasha.Rohrsetzer@cascadiahealth.org Nat.Wuebkes@cascadiahealth.org alicia.Johnson@cascadiahealth.org
5345	ColumbiaCare Services Inc. #	Twin Pines 1	Jackson	RTF	8	8	-	-	8	8	-	-	-	-	-	-	-	-	Closed	kcroy@columbiacare.org rscoggins@columbiacare.org sdaugherty@columbiacare.org	541-423-5236	12/29/2025	kcroy@columbiacare.org ljejeune@columbiacare.org rscoggins@columbiacare.org

Mental Health Resources

5736	ColumbiaCare Services Inc. #	Twin Pines 2	Jackson	RTF	8	8	-	-	8	8	-	-	-	-	-	-	-	-	-	Closed	kcoy@columbiacare.org rscoggins@columbiacare.org sdaugherty@columbiacare.org	541-423-5236	12/29/2025	kcoy@columbiacare.org
1099	New Narrative	Valeo House	Multnomah	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	aeldridge-erickson@newnarrativepdx.org residential.specialists@multco.us residentialreferrals@newnarrativepdx.org xhoos@newnarrativepdx.org	503-726-3726	1/2/2026	kwilliams@newnarrativepdx.org ewinkler@newnarrativepdx.org Aeldridge-erickson@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
959	Shangri-La #	Via Verde	Marion	RTH	5	5	-	-	5	5	-	-	-	-	-	-	-	-	-	Closed	jacob.mckenzie@shangrila-or.org shawna.hopkins@shangrila-or.org	971-283-6120 971-372-9365	1/2/2026	bradley.leland@shangrilacorp.org kyla.porter@shangrilacorp.org sydney.werner@shangrila-or.org
1542	Wallowa Valley Center for Wellness	Wallowa River House	Wallowa	RTF	10	10	-	-	10	-	-	-	-	-	-	-	-	-	-	Closed	jodie.weaver@wvcenterforwellness.org rebecca.dickenson@wvcenterforwellness.org	971-429-6194	1/4/2026	becca.dickenson@wvcenterforwellness.org kala.linville@wvcenterforwellness.org
6218	New Narrative	Wallula House	Multnomah	RTH	12	-	-	-	12	-	-	-	-	-	-	-	-	-	-	Closed	asupry@newnarrativePDX.org	503-726-3800	1/8/2026	asupry@newnarrativepdx.org Xhoos@newnarrativepdx.org swilliamson@newnarrativepdx.org
2308	Community Counseling Solutions CMHP #	Westgate	Umatilla	RTH	5	4	-	-	5	4	-	-	-	-	-	-	-	-	-	Closed	westgate_referrals@ccsemail.org	541-276-1126	1/2/2026	lexi.satterwhite@ccsemail.org
1118	ColumbiaCare Services Inc.	Willamette Rose (Female Only)	Multnomah	RTF	9	9	-	-	9	-	-	-	-	-	-	-	-	-	-	Closed	residential.specialists@multco.us ebarriga@columbiacare.org mbrooks@columbiacare.org hillary.i.demary@multco.us abettermann@columbiacare.org	503-760-8300	12/12/2025	ebarriga@columbiacare.org mbrooks@columbiacare.org
1441	Halfway House Services Inc. #	William Ware Residence	Lane	RTF	9	-	-	-	9	-	-	-	-	-	-	-	-	-	-	Closed	LCHSAMHCHOICE@lanecountyor.gov	No Referral Contact Phone Number	1/2/2026	liz.ericsson@hh-services.org
4221	Klamath Basin Behavioral Health #	Wood River House	Klamath	RTH	5	-	-	-	5	5	-	-	-	-	-	5	-	-	-	Closed	aedwards@kbbh.org mvanorder@kbbh.org	541-883-1030 ext 2540	12/15/2025	Kthomas@KBBH.org aedwards@kbbh.org
6222	Wudassie Residential Treatment Home	Wudassie Residential Treatment Home	Multnomah	RTH	5	-	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	wudassierth@gmail.com residential.specialists@multco.us gloria.willis@multco.us	(651) 403-0259	12/19/2025	gloria.willis@multco.us wudassierth@gmail.com
2310	LifeWorks NW #	Zenith House	Washington	RTH	5	5	-	-	5	-	-	-	-	-	-	-	-	-	-	Closed	whitney.kosters@lifeworksnw.org	971-294-3946	12/26/2025	whitney.kosters@lifeworksnw.org

Crisis

Provider Name	Focus Area	Phone Number	Address	County	Website
15th Night	Support Referrals Crisis intervention	(541) 246-4046	Virtual only	Lane	https://www.15thnight.org/
Alcoholics Anonymous	Helpline	(541) 342-4113	N/A	Lane	https://www.aa.org/
Alzheimer's Association	Helpline	(800) 272-3900	N/A	Lane	https://www.alz.org/help-support/resources/helpline
Senior & Disabled Services	Reporting Line	(541) 682-4140	N/A	Lane	https://sdslane.org/1052/Elder-Abuse-PSA
Food for Lane County	If someone has no supports and need help with an emergency food box delivery	(541) 343-2822		Lane	
Hourglass Community Crisis Center	Walk-in availability for services	(541) 505-8426	71 Centennial Loop, Suite A, Eugene	Lane	http://www.columbiacare.org/hourglass-program-changes-march-19-2020.html
Lines for Life	Military Crisis Line	(888) 457-4838	N/A	Lane	https://www.linesforlife.org/
Lines for Life	Mental health crisis line	(800) 273-8255	N/A	Lane	https://www.linesforlife.org/
Roseburg Therapy-Stronger Oregon	Racial Equity Support	(503) 575-3764	N/A	Lane	
Lines for Life	Youth crisis line (21 and younger)	(877) 968-8491 or Text "teen2teen" to 839863	N/A	Lane	https://www.linesforlife.org/blog/youthline-helps-teens-sort-out-issues/
Lines for Life	Senior loneliness and isolation line with counselors	(503) 200-1633	N/A	Lane	https://www.linesforlife.org/blog/announcing-the-senior-loneliness-line/

Crisis

Linn County Mental Health	Crisis line	(541) 967-3866	N/A	Lane	https://www.linncountyhealth.org/mh/page/crisis-services
Looking Glass	24 hour crisis prevention helpline for families with children or homeless youth ages 17 and under Hours: 24/7	(888) 989-9990	N/A	Lane	https://www.lookingglass.us/crisis-response-team
Sacred Heart University District	Emergency Department Services	(458)-209-5555	N/A	Lane	
SAMHSA Disaster Distress Hotline	Crisis counseling & support for people experiencing emotional distress related to natural or human-caused	(800) 985-5990 or text TalkWithUS to 66746	N/A	Lane	https://www.samhsa.gov/find-help/disaster-distress-helpline
Sexual Assault Support Services (SASS)	Helpline	(541) 343-7277 (SASS)	N/A	Lane	http://sass-lane.org/crisis-line/
Siuslaw Outreach Services	Domestic Violence/Stalking/Trafficking/Sexual Assault	(541) 997-4444		Lane	https://florencesos.org/contact.html
South Lane Mental Health	Crisis counseling	(541) 942-3939	N/A	Lane	https://www.slmh.org/crisis-counseling-careers/
Suicide Prevention Hotline	Helpline	988	N/A	Lane	https://suicidepreventionlifeline.org/
The Child Center (Riverview Center For Growth), Jasper Mountain, and Looking Glass	Crisis services	(888) 989-9990	N/A	Lane	https://www.thechildcenter.org/crisis-response-program/
Thoughts of Suicide: National Suicide Prevention Lifeline	National Suicide Prevention Lifeline Hours: 24/7	800-273-8255			
Trans Lifeline	Provides peer counseling for transgender individuals in crisis. Hours: 7 days 7am-1am	877-565-8860			
Trevor Project Lifeline	Crisis intervention Suicide prevention	(866) 488-7386 or Text "START" to 678678	N/A	Lane	https://www.thetrevorproject.org/get-help-now/

Crisis

Veterans Crisis Line	Crisis line	(800) 273-8255 (press 1)	N/A	Lane	https://www.veteranscrisisline.net/
Western Lane Fire & EMS Authority	Mobile Crisis Response Unit Monthly survivors of suicide support group	(541) 997-3515 for information	Mobile	Lane	
White Bird - CAHOOTS	Mobile Crisis Services	(541) 682-5111	N/A	Lane	https://whitebirdclinic.org/cahoots/
White Bird Clinic	Crisis Phone Services	(541) 687-4000	N/A	Lane	https://whitebirdclinic.org/crisis
White Bird Clinic - HOOTS (Helping Out Our Teens in Schools)	Phone mental health support Short term counseling Resource referrals	(541) 246-2342	N/A	Lane	https://whitebirdclinic.org/hoots
Willamette Family - Rapid Access Center	Intake packets Assessments in person Referrals	(541) 762-4300	195 W 12th Ave, Eugene	Lane	https://wfts.org/facility-rac.htm
Willamette Family - Sobering	Monitoring and sobering services Referrals and motivational counseling	(541) 762-4575	605 W. 4TH AVENUE. EUGENE, OR 97402	Lane	https://wfts.org/sobering.htm
Womanspace	Crisis line	(541) 485-6513	N/A	Lane	https://www.womenspaceinc.org/get-help
Youth ERA	Suicide Prevention and Crisis Response	(971) 334-9295	N/A	Lane	-
Child Abuse: Natl Child Abuse Hotline	National Child Abuse Hotline 24/7	(800) 422-4453	N/A	All	

Lane County Behavioral Health Resources

Provider Name	Focus Area	Phone Number	Address	County	Therapy Type	Ages Servicing	Populations Served/Culturally Specific	Service Delivery Mode	Website
TeleDoc	Counseling, Psychiatry, Tobacco Cessation: TeleDoc is available to you when your PCP's office is not available. TeleDoc is your convenient, 24-hour access to in-network healthcare providers for non-emergency medical issues.		https://www.tillamook.com/members/orsecon-health-plan/benefits-and-services/telehealth.html	ALL				Telehealth	TeleDoc
Abdoulle Jallow DBA: Eufhealth Psychiatry	Anxiety/anxiety attacks, Attention Deficit Disorder, Bipolar Disorder, Chronic Pain Depression, Medication Management, Mood Disorders, Sleep Disorders	503-217-4484	222 Commercial Street, Suite: 231 Salem, OR 97301	Marion	Medication Management, Psychiatric Services	Adult 18-on	African American	Telehealth & In Person	Eufhealth Psychiatry
Al Tribes Mental Health Services	We offer professional, culturally-informed mental health services, delivered in-person, through telehealth, or in a group setting. Psychotherapy, case management, peer support, education, addiction prevention and recovery.	541-366-7640	320 Central Ave # 304, Coos Bay, OR	Lane	ACT, Dual	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+	Telehealth & In Person	https://www.altribesmentalhealth.com/
Amanda Schommer, LCSW	BH OP	541-241-9956	171 Lawrence Street Eugene, OR 97401	Lane	BH OP	Adult 18-on		Telehealth & In Person	
Angel Reeves, LMFT	BH OP/Houseless population, SPMI/SMI, Dual Diagnosis MH and SUD concurrent, Psychiatric services, Psychoeducation	541-337-1483	210 South 5th Street Cottage Grove, OR 97424	Lane	ACT, CBT, DBT, Dual, MET, Medication Management	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+	Telehealth & In Person	https://commongroundconsultation.com.wordpress.com/
Applegate Counseling	ADHD, Anxiety/Depression, Autism, Grief, Obsessive-Compulsive, Racial Identity, SUDs, Substance Abuse Disorder, Transgender, LGBTQ+, Trauma and PTSD	541-344-5978	1897 Garden Ave Eugene, OR 97403	Lane	Case Management, CBT, Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization, Motivational: MI/MET	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person, Community based, in home	https://applegatecounseling.com/
Aqueen Amansy, LCSW	counseling to children, adults and families. I specialize in young children with trauma history and include their parents or caregivers. I have done a good amount of work with families in the adoption kinship network. I plan to see children and adults of all ages for anxiety, depression, PTSD, LGBTQ issues, life transitions, women and postpartum and grief.	541-520-1542	1210 Pearl St. Eugene OR 97401	Lane	CBT: Cognitive Behavioral	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly	Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens specific, Dual	Telehealth & In Person	
Arise Counseling Services *Spanish Speaking	Anxiety, OCD, PTSD, Trauma, Grief, Autism, ADHD	541-321-2278	2440 Willamette St., Ste 201/202 Eugene, OR 97405	Lane	ART Therapy, CBT, Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, EMDR, Play, Somatic	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	LGBTQIA, Veterans, Spanish	Telehealth only	Arise Counseling Services
Aspire Counseling and Behavioral Health *English, Tamil, Other	Trauma history, PTSD, depression, anxiety, shame, eating disorder, racial trauma	541-418-4616	735 SE Main St. Suite 202 Roseburg, OR 97470	Douglas	EMDR: Eye Movement Desensitization, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, ACT, IFS	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person	Aspire Counseling
Avery Psychiatric Care	Psychiatric evals, Traditional Psychiatric care, medication management, holistic approach,	541-351-9494	313 SW 2nd St., Newport OR 97365	Lincoln	Medication Management, Psychiatric Services	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	BIPOC	Telehealth & In Person	https://ahkamystikjourneys.com/
Awaken Freedom, LLC Becky Perdue, LCSW & CADCI	BH OP, PTSD, Self-Harm, Sexual Abuse or Assault, Suicidal Thoughts, Alcohol Abuse and Alcohol Dependence	541-204-2462	581 West 17th Ave Eugene, OR	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral			Telehealth & In Person	
Jodie Bagley dba Bagley Counseling	Specializes in sexual education and sexual therapy. Sexual dysfunction, sexual pain, erectile dysfunction, pornography usage and sexual education after prostate or breast cancers, survivors of sexual violence and trauma. depression, ADHD, Anxiety and Autism.	503-913-5733	712 SE Hawthorne Blvd Suite 100, Portland, Oregon, 97214	Multnomah	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, MI/MET, IFS, Psychoeducation	Adult 18-on	LGBTQ+, Pregnant/Postpartum, Dual Diagnosis, Houseless, SPMI	Telehealth in Person	jbagleycounseling@gmail.com
Baseline Counseling Stephen Anthony Grillo	alcohol and drug counseling	541-335-1921	1901 Garden Ave, Suite 103 Eugene, OR 97403	Lane	CBT, Dual MH and SUDs, MI/MET, SUD specific services, case management	Youth 17-24, Adult 24-64, Seniors +	Mens Specific, Dual, Homeless, SPMI	Telehealth, In Home & In Person	https://www.baselinecounseling.com/
Beautiful Minds PC Becca Henry PMHNP	Psychiatric Mental Health Nurse Practitioner Psychiatry, Prescribing, Genetic Testing	541-777-8805	1413 Charleston St Eugene, OR 97401	Lane	Medication Management, Psychiatric Services	Adult 18-on	Racial Identity, Transgender, LGBTQ+	Telehealth & In Person	https://beautifmindsmhaw.org/
Bennett Creek Therapy, LLC	Anxiety/Depression, Borderline Personality, Domestic Abuse, Grief, Obsessive-Compulsive, SUDs, Substance Abuse Disorder, Trauma and PTSD	541-556-4606	650 Bennett Creek Road Cottage Grove, OR	Lane	ACT, Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization	Adult 18-on	SPMI/SMI (serious mental illness)	Telehealth & In Person	
Betts Psychiatric Group	Therapy, Psychiatry, Medication Management	(541) 505-8623	725 Country Club Rd. Eugene	Lane	Psychiatry, Medication Management	Adult 18-on		In Person	http://www.bettspsychiatric.com/
Blackbird Psychotherapy Jaqueta Stringer, LCSW *solo practice	Neurodevelopmental Disorders, Depressive Disorders, Anxiety Disorder, Obsessive-Compulsive and Related Disorders, Trauma and Stressor-Related Disorders, Dissociative Disorders, and Somatic Symptom and Related Disorders.	541-301-4004	115 SW 8th Ave, Ste 300 Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization, Humanistic Therapy, Psychoeducation	Youth 17-24, Adult 24-64, Seniors +	LGBTQ+, Dual, SPMI	Telehealth & In Person	n/a
Black Sheep Counseling	Anxiety, depression, trauma, neurodiversity, ADHD, autism, self-esteem, OCD, phobias, BPD, grief	541-329-9470	200 East 11th Ave OR 97401 Eugene	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Psychoeducation, Trauma-Focused, Eating Disorder Services	Youth 12-17, Adult 18-64, Seniors +	Children in Foster Care, LGBTQ+, Dual, SPMI/SMI (serious mental illness)	In Person	https://www.drime.com/
Blue Skies Psychological Services	OCD, Anxiety, Gender Identity, Trauma, Recovery, Psychological assessments	541-382-8600	TELEHEALTH ONLY	Deschutes	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, MI/MET, IFS, Psychoeducation	Youth 12-17, Adult 18-64, Seniors +	BIPOC, LGBTQ+	Telehealth	https://www.blueskiespsychology.com/
Bloom Therapy Oregon, LLC	motional processing, developing coping skills, behavior activation, MI, SF-BT, psychoeducation, biopsychosocial assessments, treatment planning, suicide risk assessment, safety planning, client advocacy, and case management.	541-203-3867	2355 State St., Ste 101 Salem, OR, 97301	Marion	ACT, CBT, TF-CBT, DBT,	Youth 12-17, Adult 18-64, Seniors +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Immigrant population, LGBTQ+, Houseless population	Telehealth	
Brad Carmichael, MSED LPC LLC	Primary areas of focus include anxiety, depression, trauma, and adjustment-related concerns.	757-793-8325	492 E 13th Ave, Eugene OR 97405	Lane	CBT: Cognitive Behavioral, Motivational: MI/MET, Psychodynamic, Psychoeducation	Adult 18-on	Mens Specific, Dual Diagnosis	Telehealth & In Person	https://eugene-counseling.com/
Bridges Community Health	Anxiety, Depression, Play Therapy, Medication Management, Trauma/PTSD	541-255-1411	1551 Oak St B, Eugene, OR 97401	Lane	Medication Management, Play Therapy, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, ACT, EMDR	Youth 12-17, Adult 18-64, Seniors +	LGBTQ+	Telehealth & In Person	Bridges Community
Brightways Counseling Group, LLC	Medication Management, Psychiatric Services, Eating disorder services, Care Coordination, address, relationships, compulsions, healthy choices, distress and self-care	541-904-5216	Multiple	ALL	EMDR, CBT, DBT, ACT, PCIT, ABT, Art Therapy, Play Therapy, EMDR, Medication Management, Eating Disorder	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly	Hispanic/Latino, Children/Youth in Foster Care, LGBTQ+, Pregnant/Postpartum, Womens specific, Dual,	Telehealth & In Person	https://www.brightwayscounseling.com/
Brink of Brilliance	BH OP	541-393-6452	555 Main St Springfield, OR 97477	Lane		Youth 6-17, Adult 18-on, Senior/Elderly (65+)		In Person	
Candice Mottweiler, PhD	Individual psychotherapy in depression, anxiety, trauma, OCD, anger, ADHD, autism	541-246-7823	255 River Ave 40152, Eugene OR 97405	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Psychoeducation, mindfulness-based interventions	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly	LGBTQ+, Houseless, SPMI/SMI	Telehealth & In Person	https://candicemottweiler.com/
Carol Juul, LCSW	ety/Depression, Grief, Racial Identity, Trauma and	775-232-5154	227 West 13th Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization, Motivational: MI/MET, Psychodynamic Therapy	Adult 18-on		Telehealth & In Person	http://www.caroljuul.com/
Carolee Horning Counseling LLC	Anxiety, Depression, PTSD	458-201-0125	1076 Washington St. #112 Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization	Adult 18-on		In Person	https://caroleehorningcounseling.com/
Cascade Health Solutions	Counseling (Individual & Family, Dual diagnosis) Substance abuse assessments Diabetes education Nutrition education Home health care End-of-life care	(541) 345-2800	2650 Suzanne Way, Suite 200, Eugene	Lane		Adult 18-on		In Person	https://cascadehealth.org/my-health/

Lane County Behavioral Health Resources

Cathy Jonas, LCSW Eugene Counseling & Coaching	Anxiety/Trauma & PTSD	541-255-4708	3003 Willamette Street, Ste. A Eugene, OR 97405	Lane	Neurofeedback, EPIC Healing	Adult 18-on		In Person	https://www.awakeningtheheart.com/
Center for Community Counseling	Mental health counseling for low income people in Lane County Short-term counseling for general community (see website for telehealth consent form)	(541) 344-0620	1465 Coburg Rd, Eugene	Lane	CBT, Cognitive Behavioral, DBT, Dialectical Behavioral	Adult 18-on		Telehealth & In Person	https://www.ccc Eugene.org/
Center for Family Development, Inc. *English, Spanish	Psychiatry, Peer Support services, Medication Assisted Treatment, Anxiety, Depression, Trauma, Grief and Loss	(541) 342-8437	261 East 12th Ave., Eugene 1234 High Street, Eugene Mailing address: 1258 High Street, Eugene	Lane	CBT, Cognitive Behavioral, DBT, Dialectical Behavioral, medication management	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth	http://www.cfd.org/
Changing Tides Psychiatry	Medication management and Suboxone provider	541-921-3584	2600 NE HWY 101, Lincoln, OR 97367	Lincoln	Medication Management, Suboxone	Adult 18-on		In Person	Changing Tides Psychiatry located in Lincoln City, OR
Charlie Health	Anxiety, Depression, Trauma, Self-harm, SUD, Eating Disorders, Gender issues, Mood disorders, ADHD, OCD	1-866-540-1828	*See Website	ALL	Medication Management, CBT, DBT, IOP, Case Management, Care Coordination, SUD	Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth	Charlie Health
Christian Colton, LPC	Somatic Based Mental Health Therapy, Talk Therapy, and mental health resource development, PTSD, Panic Disorders and religious trauma	(541) 579-8834	132 E Broadway Suite 418 Eugene, OR 97401	Lane	ACT: Acceptance/Commitment, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization, DBT: Dialectical Behavioral, Psychoeducation, Eating disorder services	Youth 12-17, Adult 18-64, Seniors +			https://www.psychologytoday.com/us/therapists/christian-colton-eugene-or/897974
Christians as Family Advocates	Therapy Parenting Classes (15-weeks) Groups via online OPAC/ Domestic Violence/Anger Management (via telehealth 4/8)	(541) 686-6000	921 Country Club Rd, Suite 222, Eugene	Lane	Talk Therapy, Neurofeedback, Mental Health Assessments, Family, Couples Counseling, Play Therapy	Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth, In Home & In Person	http://cafaweb.com/
Christina Gamache Martin, LLC	Anxiety/Depression, Racial Identity, Trauma and PTSD	(541) 313-8404	Telehealth	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET	Youth 6-17, Adult 18-on	Racial Identity, Transgender, LGBTQ+	Telehealth only	https://www.gamachemartin.com/
Christopher Scott, LCSW	Trauma and PTSD Mood Disorders Relationship Issues	458-205-1580		Lane	ACT: Acceptance/Commitment, EMDR: Eye Movement Desensitization	Adult 18-on		Telehealth & In Person	cyscott70@gmail.com
Cytl Psychology Oregon, PC *group practice	Anxiety, Trauma, Depression, Grief, parenting challenges, life changes,	*telehealth provider 866-478-3978	19960 SW 112th Ave. Tualatin, OR 97062	Washington	ACT, DBT, CBT, MH & SUD, EMDR, MI/MET, Psychoeducation, Animal assisted therapy, Eating disorder services, Care Coordination, Case Management, Crisis Services	Youth 6-17 Young Adult 17-24 Adult 18-32	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Immigrant population, LGBTQ+, Eastern European, SPMI, Deaf	Telehealth	Cytl Psychological
Colleen Krinard, LCSW	trauma, PTSD depression, anxiety, BIPOLAR clients, social justice and systemic oppression, women's issues, geriatrics and life cycle challenges	541-203-0446	Telehealth only	ALL	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization, Motivational: MI/MET	Adult 18-on	Transgender, LGBTQ+	Telehealth	Colleen Krinard
Columbia Care (Guest House)	Outpatient services (virtual, see notes) Community based services (virtual) Residential treatment programs, Crisis Stabilization Center	(541) 858-8170 - Main Office (541) 200-2900 - Clinic/ Outpatient	Depends on service.	Lane		Adult 18-on		In Person	http://www.columbiacare.org/services.html
Cornerstone Counseling	Counseling (Children, individual, & family) Anger Management	(541) 686-8899	3003 Willamette St, Suite 5, Eugene	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization, Hypnotherapy, Play Therapy	Child 4-5, Youth 6-17, Adult 18-on, Senior/Elderly	Hispanic/Latino, Adoptive/Foster Families	In Person	http://eugenecornerstone.com/services/
Coastal Counseling, LLC	Specializing in the treatment of depression, anxiety, grief/loss, trauma, and adjustment	541 782 8870	1845 Hwy 126, Unit A-4, Florence, OR 97439	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Psychoeducation, Animal Assisted therapy	Youth 12-17, Adult 18-64, Seniors +	Children/Youth in foster care, Pregnant /Postpartum, Womens specific	In Person	https://coastalcounselingllc.net/
Cynthia Healey, PhD	Anxiety/Depression, Eating Disorder Services, Racial Identity, Trauma and PTSD	541-505-4997	1274 W 7th Ave, Ste. 202 Eugene, OR 97402	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Psychoeducation	Youth 6-17, Young Adult (17-24), Adult (18-60)		Telehealth & In Person	https://www.cynthiahailey.com/
Cynthia McQuade, LCSW	Depression, Anxiety/Phobias, Trauma/History of Trauma, Co-occurring Disorders, Addictions/Compulsions, Adjustment, Relationship Issues, Work related vicarious trauma/losses.	541-528-5279	584 E. Buck Creek Rd Tidewater, OR 97390	Lane	CBT: Cognitive Behavioral	Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth	https://www.cynthiamcquadelcsw.com/
David Warmbler, LCSW	A clinical social worker provides direct services, including interventions focused on interpersonal interactions, intrapsychic dynamics, and life management issues, racial identity	(313) 719-4644	590 W 29th Pl Eugene, OR 97405-2506	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET	Adult 18-on	Racial Identity, Transgender, LGBTQ+	Telehealth & In Person, Community based, in home	davidwarmbler@gmail.com
DeNovo Center	Anxiety/Depression, Bipolar Disorder, Borderline Personality, Obsessive-Compulsive, Self-Harm, Self-Harm, Trauma and PTSD	(541) 556-5652	895 Country Club Road Suite A140, Eugene, OR 97401	Lane	Art Therapy, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET			Telehealth & In Person	https://www.thedenovocenter.com/
Diana Geronimo LMFT	Working with adults, teens and families. Attachment, relationship issues and women's issues. Spirituality and religion, trauma, depression, anxiety and self-harming	541-357-7502	400 E. 2nd Ave, Ste. 104E, Eugene, OR, 97401	Lane	DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization,	Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	Diana Geronimo LMFT
Direction Service	Youth Advocacy Program Wraparound facilitation Supportive Skill Building	(541) 686-6050	1144 Gateway Loop, Suite 200, Springfield	Lane		Youth 6-17, Adult 18-25		In Person	https://directionservice.org/
Don Sellers LCSW LLC	Transgender, LGBTQ+	541-232-0854	1884 Garden Ave Eugene, OR 97403	Lane	Case Management, Dual Diagnosis: MH and SUD concurrent	Adult 18-on		Telehealth & In Person	Don Sellers LCSW
Elements of Hope and Healing	Mental Health counseling: Behavioral Health Specialist	541-270-0434	22 N 8th St, Cottage Grove, OR 97424	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Person Centered, Psychoeducation, Crisis Services	Young Adult 17-24, Adult 18-60	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, Womens, Mems, Dual, Houseless, Pregnant/Postpartum	Telehealth, In Home & In Person	
Embodied Life	affirming care for trauma, loss, depression, anxiety, or distorted eating, body image, relationship issues, seeking empowerment & a sense of control in life, or coping with minority stress, ADHD, Autism Assessments,	503-660-8109	2850 SW Cedar Hills Blvd # 2152, Beaverton OR 97005	Washington	Brainspotting, EMDR, IFS, KAP, Somatic	Youth 12-17 Young Adult 17-24 Adult 18-32	BIPOLAR, LGBTQ+	Telehealth	Embodied Life
Emergence	treatment and recovery for substance use, gambling, and mental health disorders	(541) 393-0777 - Eugene (541) 746-4041 - Springfield	Depends on program. View website. http://www.4emergence.com/about/locations	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, neurofeedback	Adult 18-on	LGBTQ+	Telehealth & In Person	http://www.4emergence.com/
Emerald Behavioral Health *group practice	Services in trauma, grief and loss, stress, domestic violence, anxiety, depression and more	541-224-7585	1029 River Rd Eugene, OR 97404	Lane	EMDR: Eye Movement Desensitization, DBT: Dialectical Behavioral, Psychoeducation, CBT: Cognitive Behavioral, Motivational: MI/MET, Brainspotting, Animal Assisted Therapy	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Womens, Mems, Dual, Houseless, SPMI/SMI, Children/Youth in foster care	Telehealth, In Home & In Person	http://www.ebhorogon.com/
Empowering Choices Counseling and Consultation	Children/Youth in foster care, Pregnant/Postpartum, Women's specific, Men's specific, Dual Diagnosis, Integrative Psychotherapy	503-589-3112	805 Liberty Street Salem, OR 97301	Marion	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET	Youth 6-17 Young Adult 17-24 Adult 18-on	Transgender, LGBTQ+, African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European	Telehealth & In Person	Empowering Choices
Enrich Therapy LLC *group practice	Family, Couples, SouthON Focus, Emotional Focused, Experiential	971-308-4587	920 SW Frazer Ave., Ste. 102 Pendleton, OR 97801	Oregon	ACT, CBT, DBT, MI/MET, Psychotherapy, Psychoeducation	Youth 12-17 Young Adult 17-24 Adult 18-on	African American, Bicultural, LGBTQ+, Houseless, SPMI	Telehealth & In Person	Enrich Therapy
Eugene Center for Anxiety and Stress	Psych Testing and Evaluation	541-357-9764	101 E Broadway Suite 103, 400 Eugene, OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Psychoeducation	Youth 6-17, Young Adult (17-24), Adult (18-60), Senior/Elderly (65+)	Hispanic/Latino Bilingual/Bicultural, Transgender, LGBTQ+	Telehealth & In Person	https://www.eugeneanxiety.com/Tutm_source=psa&utm_medium=yst&utm_campaign=yst
Exodus Recovery Services	Assessments, OP treatment, DUII education, Rehab, Referrals to higher levels of care	541-998-5660	230 N 3rd St, Harrisburg, OR 97446	Linn	ACT, DBT, Motivational: MI/MET, Psychoeducation, SUD specific, Case Management	Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60 +	Hispanic/Latino bilingual, Womens specific, Houseless	Telehealth & In Person	https://exodusrecovery.com/

Lane County Behavioral Health Resources

Fjord Counseling LLC	We also specialize in the treatment of trauma and we frequently provide mental health services to individuals enrolled in residential SUD treatment.	541-234-3090	1355 W 13th Ave., #3955 Eugene, OR 97402	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Crisis Services	Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60+	LGBTQ+, Womens, Mens, Dual, Houseless, SPMI/SMI, Pregnant/Postpartum,	Telehealth & In Person	Fjord Counseling
Flourish Wellness LLC	Gender/Racial Identity, SPMI/SUDS: Substance Abuse Disorder, Transgender, LGBTQ+, Trauma and PTSD	(503) 901-0286		Lane	ACT: Acceptance/Commitment, Case Coordination, Case Management, CBT: Cognitive Behavioral, Crisis Services, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization, Motivational: MI/MET	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	, Transgender, LGBTQ+	Telehealth & In Person, Community based, in home	vetmore@comcast.net
Gentle Breeze Counseling *group practice	Compassionate counseling for individuals, couples, families, and groups	541-824-0990	E 2nd St., Ste. 4 Coquille, OR 97423	Coos	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Crisis Services, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care	Telehealth & In Person	Gentle Breeze Counseling
Griffin & Associated Practitioners	Mental Health, Eating Disorder Recovery, Addiction Recovery, Couples & Families.	541-343-1728	66 Club Road Suite 300 Eugene Oregon 97401 & 450 Country Club Rd. Suite 310 Eugene Oregon 97401	Lane		Adult 18-on		Telehealth & In Person	Access More Joy
Healing Sol	forms of trauma including sexual exploitation/trafficking, and youth involved in the juvenile justice system in Oregon	503-867-8681	388 State St Salem, OR 97302	Marion	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, Psychoeducation	Youth 6-17, Adult 18-25	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum	Telehealth & In Person	
Heather Fudge MSW	extensive background working with people living with HIV/AIDS and substance abuse issues. I specialize in anxiety, depression, end of life, grief and loss, life transitions, and life skills.	860-870-3944	541 Willamette St Ste 204, Eugene, OR 97401-269	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation, Dual diagnosis: MH and SUD, Eating Disorders, Crisis Services	Youth 12-17, Adult 18-64, Seniors +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, SPMI/SMI, Houseless, Deaf members		N/A
Heldi Dirke-Graw	children/youth foster care, pregnant/postpartum, women's specific, dual diagnosis, psychoeducation, eating disorder services, racial identity	503-516-8073	4618 Cloudcrest Dr Medford, OR 97504	Jackson	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET	Adult 18-on	Transgender, LGBTQ+	Telehealth & In Person	
Hide Away Project, LLC	Pregnant/Postpartum, Women's specific, SPMI/SMI, Psychoeducation	(541) 293-0808	1877 Winchester Ave Suite 132 Reedsport, OR 97467	Douglas	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Transgender, LGBTQ+	Telehealth & In Person	N/A
HIV Alliance	PrEP Clinic (telehealth) Emergency assistant (food, housing, transport) HIV testing (by appointment or home tests) Syringe exchange & naloxone distribution (see website)	(541) 342-5088 x176	1196 City View St. Eugene		Case Management	Young Adult 16-18, Adult 18-on	LGBTQ+, BIPOC	Telehealth & In Person	https://hivalliance.org/about-19
Holding Space Trauma Therapy	Domestic Abuse, Transgender, LGBTQ+, Trauma and PTSD	(541) 554-0408	1075 Washington Street Suite 110 Eugene, OR 97401	Lane	Cognitive Behavioral, EMDR: Eye Movement Desensitization	Adult 18-on	Transgender, LGBTQ+	Telehealth & In Person	https://www.holdingspacetraumatotherapy.com/
Hope Mental Wellness	Evaluation and management of all mental health disorders with psychiatric medication management and brief supportive psychotherapy across the lifespan	541-214-2897	137 Hall Avenue Coos Bay, OR	Coos	Motivational: MI/MET, Medication Management, Psychiatric, Psychoeducation, SUD, Eating disorder	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, SPMI/SMI, Houseless, Deaf members	Telehealth & In Person	Hope Mental Wellness
Humanistic Therapy NW	We discover where you are in your personal journey. We give the space for your story and experience to guide the appropriate treatment plan for you.	(253) 370-8880		ALL	Dual Diagnosis: MH and SUD, SPMI, CBT, DBT, MI/MET, Psychoeducation, Case Management, Crisis Services	Early Child 0-5 17 on Youth 6-18 Adult 18	LGBTQ+	Telehealth	https://www.humanistictherapynw.com/
Inspired Counseling and Wellness/Cyncha P. Dato	Support letters for Transgender ESA letters, BH OP	503-560-0802	161 High Street SE, Ste 209 Salem, OR 97381	Marion		Youth 12-17 Young Adult 17-24 18-on Adult	LGBTQ+, Bilingual	Telehealth	Inspired wellness
Integrated Health Clinic	Medication Assisted Recovery/ Opiate replacement therapy, Relapse prevention, Methadone Program, Intensive Outpatient, Assessments/Evaluations, OUD (Bupren, individuals, families, and couples of all ages, cultures, and backgrounds. We have extensive training and experience working with individual's with eating disorders, anxiety, depression, PTSD, parenting skills, school problems, and defiant behaviors. We have training and experience working with individuals with ADHD, grief and loss, DID, psychosis, on the autism spectrum, in foster care, in the justice system, or parenting, and family reintegration.	(541) 344-3574	715 Lincoln St. Eugene, 17882 SE McLoughlin Blvd, Milwaukie	Lane and Clackamas	Coordination of Care, HIV screening, TB tests, Mentoring, Recovery	Adult 18-on		Adult 18-on	http://www.integratedclinics.com/contact.htm
Invictus Therapy and Consultation LLC		541-913-6199	911 Country Club Rd., Eugene OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation, Eating Disorders,	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum	Telehealth & In Person	https://invictustherapy.com/
Iridescent Wellness	BH OP Clinic w/Family Nurse Practitioner and Licensed Counselor	541-505-9917	1907 Garden Avenue Suite 203 Eugene Oregon 97403 48310 E. 1st, Oakridge, OR 97463	Lane	CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent	Youth 6-17, Adult 18-on	Racial Identity, Transgender, LGBTQ+	Telehealth & In Person	https://www.iridescentwellness.org/
Jamie Lloyd, LPC	BH OP Individual Practitioner for depression, anxiety, trauma, PTSD, grief, and more	541-520-5121	927 Country Club Rd. Ste. 200 Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Crisis Services, Psychoeducation, Motivational: MI/MET, Dual: MH and SUD	Youth 12-17, Adult 18-64, Seniors +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care,	Telehealth & In Person	https://jamielloydpc.com/
Jeanne Francis LCSW-Hide Away Project	The Hide Away Project is a safe place for people to get help moving past feeling stuck, in pain and experiencing loneliness.	406-407-8032	1877 Winchester Ave, Reedsport, OR 97467	Douglas	ACT, CBT, DBT, Motivational/MI/MET, EFT, Psychoeducation	Youth 12-17, Young Adults 17-24, Adults 18-64,	LGBTQ+, Womens specific, Pregnant/Postpartum, SPMI	Telehealth & In Person	https://www.psychologytoday.com/us/therapists/jeanne-francis-reedsport-or/376568
Jeff Huston Counseling, LLC	working with those struggling with anxiety, depression, grief and loss, marital and family conflict, PTSD, academic or work based challenges and intra and inter-relational difficulties. I have experience working with children and families in the foster care system as well as those struggling with trauma and anger.	(541) 510-1485	jeffhustoncounseling@comcast.net	Lane	CBT: Cognitive Behavioral, Psychoeducation,	Youth 6-17, Adult 18-on	Eastern European, Children/Youth in foster care, LGBTQ+, Mens specific	Telehealth & In Person	
Jen Wassermiller, LCSW	trauma informed, collaborative, and holistic approach	541-283-0505	541 Willamette Street, Eugene, OR, 97401	Lane	CBT: Cognitive Behavioral,	Adult 18-on		Telehealth & In Person	Jen Wassermiller, LCSW
Jena Moore LLC	Individual and relational therapy	541-203-2201	3799 Kincaid St, Eugene OR 97405	Lane	CBT, DBT, Motivational: MI/MET, Parenting support, Psychoeducation, Case Coordination	Adults 18-64, Seniors 60 +	African American bilingual, American Indian/Alaska Native bilingual, Asian/Pacific Islander bilingual, Hispanic/Latino bilingual, Eastern European bilingual, LGBTQ+, Pregnant/Postpartum, Womens/Mens specific, Dual diagnosis, SPMI	Telehealth & In Person	https://www.psychologytoday.com/us/therapists/jena-moore-eugene-or/873865
Jennifer Beltz, LMFT, LPC dba Catharsis Counseling LLC *group practice	Depression, anxiety, sexual trauma, relationship issues. I have provided letters for gender affirming treatment and am familiar with the WPATH standards of care	541-921-8631	1413 Charnelton St, Eugene, OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Crisis Services, DBT: Dialectical Behavioral, Motivational: MI/MET	Adult 18-on	LGBTQ+	Telehealth	Catharsis Counseling
Jennifer Cook, LCSW, LLC *solo practice	Depression, anxiety, PTSD/Trauma, Medical Issues, End of Life, ADD/ADHD, social anxiety, stress, gender identity.	541-649-2538	2355 State St., Ste 101 Salem, OR 97301	Marion	CBT, ACT, MBCT, SFBT	Adult 17-on	LGBTQ+ Women's/Men's/Houseless	Telehealth & In Person	Jennifer Cook, LCSW, LLC
Jessica Crowder Therapy	Humanistic, Trauma & PTSD,	541-222-9941	1274 W 7th Ave, Ste. 204 Eugene, OR 97402	Lane	EMDR: Eye Movement Desensitization	Adult 18-on	LGBTQ+	Telehealth & In Person	Jessica Crowder Therapy
Jessica Hansen, LPC, LLC	I offer individual therapy for adults, focusing on women's issues.	541-375-0314	1490 NW Valley View Dr., Roseburg, OR	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization, Motivational: MI/MET, Reintegration	Adult 18-on		Telehealth	http://www.jessicahansenlpc.com/
Jonathan Fox, LMFT	stress, relationships, depression, anxiety, or trauma	459-236-3173	492 Egan 12th Ave Suite 3, Eugene OR 97401	Lane	CBT, MBCT, SFBT	Adult 18-on		Telehealth & In Person	Jonathan Fox, Marriage & Family Therapist, Eugene, OR, 97401 Psychology Today
Journey to Discovery Counseling, LLC (Lori Wilson) *solo practitioner	Behavioral Addictions, Anxiety, Depression, Trauma, Life Transitions, SUD, Chronic Pain	541-393-2088	1234 Pearl Street, Ste. 4b Eugene, OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral,	Adult 18-on		In Person	Journey To Discovery

Lane County Behavioral Health Resources

Joyful Living Behavioral Health LLC	Whether you are struggling with anxiety, depression or any other issue, we will help you recognize underlying problems, fully realize your strengths and adjust certain behaviors and thoughts to see things a different, healthier way.	541-505-8168	115 W 8th Ave Eugene, OR	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Early Child 4-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Asian/Pacific Islander, Chinese/Mandarin, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens specific, Dual Diagnosis, SPMI	Telehealth & In Person	Joyful Living BH
Kaizen Collective	Psychiatric Mental Health Nurse Practitioner Psychiatry Providers, Eating Disorder Services, Racial Identity,	(860) 836-0171	TELEHEALTH ONLY	ALL	Care Coordination, CBT: Cognitive Behavioral, Crisis Services, Dual Diagnosis: MH and SUD concurrent, Medication Management, Psychiatric Services	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Racial Identity, Transgender, LGBTQ+	Telehealth only	https://www.kaizenpsychiatric.com/
Ken E Zimmerman, PMHNP	Licensed Nurse Practitioner, Psychiatric Medication Management, Mental Health Support	541-912-1295	66 Clud Rd, Eugene OR 97401	Lane	Medication Management	Adult 17-on		Telehealth & In Person	
KLC Behavioral Health and Wellness	BH OP- Somatic Healing for Trauma, Eating Disorder Recovery Support	541-797-5300	1430 Willamette St. #705 Eugene, Oregon 97401	Lane	EMDR: Eye Movement Desensitization,	Adult 18-on	LGBTQ+	In Person	https://www.kathrynclementsllaw.com/
Knight Psychotherapy LLC, Zach Knight, LCSW Solo practice	help folks navigate issues of identity, academic and career struggles, relational tensions, suicidal ideation, religious/spiritual crises, and other existential concerns.	541-579-8760	132 E Broadway, Ste. 415 Eugene, OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation, Crisis Services	Adult 17-on	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum, Mens specific, Dual, Houseless, SPMI	Telehealth & In Person	Knight Therapy
Kristen Doecke MA, LPC, ATR	BH OP- Adults/Teens, Eating Disorders, Trauma and PTSD, ADHD, Autism, Dual Diagnosis	541-735-9062	Springfield, OR	Lane		Youth 12-17, Adult 18-64, Seniors +	BBPOC	In Person	
Lane County Behavioral Health	Assessments Case coordination Intakes/discharges Services via phone Some in person appointments Therapy (limited in person) Psychiatry services	(541) 682-3608	2411 Martin Luther King Jr. Blvd., Eugene	Lane	medication management	Youth 12-17, Adult 18-64, Seniors +		In Person	https://lanecounty.org/government/county_departments/health_and_human_services/behavioral_health
Laura J VanCura MS LPC NCC Integrated Counseling LLC	Mental health counselor providing CBT, DBT, EMDR and integrated services on consult for mental health services.	541-808-4312	372 Central Ave Coos Bay, OR 97420	Coos	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum, Womens specific	Telehealth & In Person	Integrated Counseling Laura J VanCura
Laurel Anderson LCSW	BH OP for anxiety, coping skills, trauma, PTSD and more	541-206-4546	1860 Willamette Eugene, OR	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	
Laurel Hill Center	Community support services (limited case management) Counseling via phone Medical management, Prescriber services Support in crisis Supportive housing Pharmacy open normal hours	(541) 780-4361	210 E 6th Ave Junction City	Lane	ACT: Acceptance/Commitment	Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	https://www.laurel.org/
Laurie Kerridge Counseling, LLC	Domestic Abuse, Trauma and PTSD, sex trafficking, sexual assault	858-449-1589			Care Coordination, CBT: Cognitive Behavioral, Crisis Services, Dual Diagnosis: MH and SUD concurrent, EMDR: Eye Movement Desensitization, Motivational: MI/MET, Psychoeducation	Young Adult 17-24 18-on Adult	African American, LGBTQ+, Women's Specific, Men's Specific, Dual Diagnosis, Houseless Population	Telehealth	
LGBTQ Telespsychiatry, LLC	We also offer Gender Reassignment Support Letters, Emotional Support Animal Letters, Life Coaching, Meditation, and One-on-One virtual yoga sessions. Evaluation, Med Management, ADHD testing, Genetic testing to see what will likely work with you based on your DNA.	888-98-LGBTQ (888-985-4287)	Telehealth	ALL	Medication Management, ADHD testing	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	LGBTQ+	Telehealth	https://lgbtqtelespsychiatry.com/
Liberty House-Hope & Wellness Services *group practice	Trauma focused therapy	503-689-1006	375 Taylor St NE Salem, OR 97301	Marion	CBT, DBT, EMDR	Early Child 0-5 17 on Youth 6-Adult 18		Telehealth Person In	Liberty House
LifeStance Health *group practice	Medication Management, Neuropsychological and Psychological evaluation, SUD	Request Online	Multiple Locations	All	MH & SUD, Medication Management, Testing and Evaluations, Psychotherapy, Art Therapy, EMDR, Ketamine, TMS Therapy	Early Child 0-5 17 on Youth 6-Adult 18		Telehealth Person In	LifeStance Health
LIVE, GROW, SHARE LLC *group practice	RTT/BH OP/ Peer Support Ages 18+ Mental Health Residential Treatment Facility serving civil commitments, PSRB, and voluntary placements	541-525-3139	87980 7th St Veneta, OR 97487	Lane	Mental Health Residential Treatment Facility, ACT, CBT, DBT, MH & SUD, Psychoeducation, Animal assisted, Eating disorder, Care Coordination, Case Management, Crisis Service	Adult 18-on	African American, American Indian/Alaska Native, Asian/Pacific Islander, Eastern European, LGBTQ+, Pregnant/Postpartum, Dual, SPMI	In Person	LIVE GROW SHARE
Looking Glass	Counseling (telehealth, telephone, limited in-person) Recovery outpatient services (telehealth) Psychiatry (telehealth) Skill building (telehealth only) Medical Management (telehealth)	(541) 484-4428	260 East 11th Ave., Eugene	Lane	Medication Management	Youth 11-17, Adult 18-on		Telehealth	https://www.lookingglass.us/counseling-program
Lonerock Clinic-Integrated Care	primary care services including labs, paps, office procedures, MNV, physicals, and sick appointments. Mental health prescribing, DNA neurotransmitter testing. In-person or computer-based cognitive testing	833 646 3663	1307 Lincoln St Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, Medication Management	Youth 12-17, Adult 18-64, Seniors +	Hispanic/Latino, Children/Youth in Foster Care, LGBTQ+, Pregnant/Postpartum, Womens specific, Mens specific, DUAL	Telehealth & In Person	https://www.lonerockclinic.com/
Madrone Mental Health	serve individuals, families, parents, and couples with behavioral and mental health needs, eating disorders, medication management	(541) 210-8090	150 Shelton McCormurphy Blvd #101, Eugene	Lane	Eating Disorder Treatment, Medication Management, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral	Youth 12-17, Adult 18-64, Seniors +		Telehealth only	https://www.madromentalhealth.com/
Marla Orr at Deeper Well Psychotherapy and Counseling, LLC	Anxiety, Trauma, New Mothers, Depression, Mindfulness therapy.	541-262-0080	311 SW 2nd Street Corvallis, OR 97333	Benton	CBT: Cognitive Behavioral	Adult 18-on		Telehealth only	Deeper Well
Marka Turner	behavioral health. I provide therapy for depression, anxiety, PTSD, bipolar, borderline personality disorder, grief/loss, trauma, etc.	775-434-9446	1991 Union Ave North Bend, OR	Coos	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization,	Youth 12-17, Adult 18-64, Seniors +	American Indian/Alaska Native, Houseless population	Telehealth & In Person	
Mary Beth Llorens, PhD Eugene Center For Mindful Living	he Eugene Center for Mindful Living offers individual, couple, and family therapy, addressing concerns that include depression, anxiety, trauma, addiction, couple and family communication, school and work problems, stress management, and adjustment to life cycle transitions.	541-342-3875	227 W 13th Ave Eugene, OR	Lane		Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	https://www.eugenemindful.com/
Mayfield & Associates dba Center for Cultivating Parents	Depression & Anxiety	469-343-4081	1050 SW 6th Ave, Portland OR 97204	Multnomah	CBT, DBT, Dual diagnosis: MH and SUDS, Psychiatric services, Psychoeducation, Care Coordination, Case Management, IOP	Early Childhood 0-6, Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60+	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, bilingual, Eastern European, Children/ Youth in foster care, LGBTQ+, Prenant/Postpartum, Houseless, Immigrant, Women & Men specific, Dual diagnosis, Houseless, Services for deaf members, SPMI	Telehealth	https://centerforcultivatingparents.org/
Mindful Oregon Clinic, LLC / Shirin Yekkar, PhD	work with individuals moving through trauma, anxiety, grief, and major life transitions, as well as with couples and families who want to build stronger, more connected relationships.	971-202-0030	Telehealth		CBT, DBT, EMDR	Youth 6-17, Young Adult 17-24, Adult 18-on		Telehealth	https://www.mindful-oregon.com/
Mindful Therapy Group East Portland	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing.	971-352-6971 ext 1	1500 NE Irving St, Ste 210 Portland, OR 97232		Send Referrals Here-Highly Responsive	Early Child 0-5 17 on Youth 6-Adult 18	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth Person In	Mindful Therapy Group

Lane County Behavioral Health Resources

Mindful Therapy Group Highroads	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	5440 SW Westgate Dr., Ste 350 Portland, OR 97221	Send Referrals Here/Highly Responsive	CBT, DBT, Medication Management	Early Child 0-5 17 on	Youth 6- Adult 18- 18	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth	Person	In	Mindful Therapy Group
Mindful Therapy Group Telehealth Support	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	Telehealth	Send Referrals Here/Highly Responsive	CBT, DBT, Medication Management	Early Child 0-5 17 on	Youth 6- Adult 18- 18	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth	Person	In	Mindful Therapy Group
Mindful Therapy Group Tigard	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	11740 SW 68th Parkway, Ste. 200 Portland, OR 97233	Send Referrals Here/Highly Responsive	CBT, DBT, Medication Management	Early Child 0-5 17 on	Youth 6- Adult 18- 18	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth	Person	In	Mindful Therapy Group
Mindwise Counseling	IFTS, Mental Health Assessments	541-991-9585	4025 Hwy 101 Suite 1, Florence OR 97439		IFTS, Mental Health Assessments	Adult 18-on			Telehealth			Mindwise Counseling Behavioral Health Counseling Oregon
Morgan Barber Counseling	Behavioral health counseling, relationships, intimacy and interpersonal growth, life transitions, identity, self esteem, anxiety and stress, grief and purpose and meaning	207-747-8076	Eugene, OR	Lane	ACT, Acceptance/Commitment, Motivational/MI/MET, couple counseling, Psychoeducation	Youth 6-17,Adult 18-on,Senior/Elderly (65+)		African American, Asian/Pacific Islander, LGBTQ+,	Telehealth & in Person & in Person			https://www.counselingandlifeline.com/
NTX Neuropsychiatric Treatment Center		541-315-4609	Submit a Referral	ALL	Psychiatric Services, Medication Management, ADHD Testing	Youth 6-17 Young Adult 17-24 Adult 18-on		LGBTQ+	Telehealth			
Northwest Medical Homes	Integrated behavioral health care involves behavioral health providers working closely with your primary care provider to address aspects of overall health and wellness	541-747-4300	Springfield, Eugene	Lane		Adult 18-on			Telehealth & in Person			Northwest Medical Homes
Nurture Abundance LLC	503-662-2808		ALL	CBT, DBT, EMDR, Social Justice practices	Adult 18-on				Telehealth			https://www.nurtureabundance.com/
Oasis Mental Health Kelly Henry, PMHNP-BC	Psychiatric Evaluation and Medication Management Conditions treated include Depression, Anxiety, Bipolar Disorder, Schizophrenia, and Post-Traumatic Stress Disorder.	541-636-9846	331 Goodpasture Island Road Suite 331, 2nd floor Eugene, OR 97401	Lane	Psychiatric Evaluation, Medication Management	Youth 6-17,Adult 18-on,Senior/Elderly (65+)			Telehealth			Oasis Mental Health
Odyssey Community Counseling	Assessments, Counseling (individual & family) DBT, Groups, Problem Gambling Tx Trans/Sender/Overseer counseling	(541) 743-7101	2149 Centennial Plaza #4, Eugene OR 97401	Lane	IOP, DUI Education, Criminal Justice system	Adult 18-on			in Person			http://emergency.com
One Step at a Time Shaunta Hemingway Dr.	Implementing Women's Outpatient Treatment, Trauma-informed treatment, Seeking Safety, Better Boundary, Co-occurring treatment, Smoking cessation treatment, providing mental health assessments, and ASAM Assessments	(541) 972-2802	1170 Garfield, Eugene OR 97402	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, Psychoeducation, Mental Health assessments	Adult 17-on		Pregnant/Postpartum, Womens and Mens specific, Dual diagnosis,	Telehealth & in Person			
Open Heart Therapy LLC	Mental Health/Substance Use Disorder	541-968-1244	338 W 20th Ave, Eugene, OR 97405	Lane		Adult (18-60)		Intimate Partner Violence, LGBTQ+, Obesity/Overweight				
Options Counseling & Family Services	provides family preservation, behavioral health services, and other family supports to families and individuals	541-687-6983	360 E 10th Ave Ste 450 Eugene OR 97401	Lane	ACT, Motivational, PCT, Play Therapy, CBT, DBT, EMDR	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Spanish, ASI, Somalian, LGBTQ+	in Person			Options Counseling and Family Services
Orchid Health, McKenzie Clinic	Integrated Health Clinic with Behavioral Health	54771 McKenzie Hwy, Blue River, OR 97413	541-822-3341	Lane	EMDR,	Youth 12-17, Adult 18-on, Senior/Elderly (65+)			in Person			https://www.orchidhealth.org/mckenzie.html
Oregon Directions	Anxiety, depression, eating difficulties, loss and grief, stress, trauma, anger, and symptoms of PTSD.	541-818-0009	1705 Centennial Bld., Suite #2, Springfield, OR 97477		CBT, Cognitive Behavioral, DBT, Dialectical Behavioral, EMDR: Eye Movement Desensitization, Motivational: MI/MET, Psychotherapy solution-focused	Youth 12-17, Adult 18-on, Senior/Elderly (65+)		African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Womens and mens specific	Telehealth & in Person			Oregon Directions
Oregon Outreach Clinic	Provide SUD treatment, including contingency management and positive reinforcement; frequent urinalysis; relationship building, day planning, healthy environments and peer choices, and relapse skills. Provide mental health treatment, including cognitive behavioral therapy, coping skills, emotion regulation strategies, exposure therapy, and other trauma-informed treatments	541-799-5386	261 E 12th Ave, Eugene OR 97401	Lane	CBT, Dual Diagnosis: MH and SUD, Care Coordination, Case Management, Crisis Services	Young Adults 17-24, Adults 18-64,		Pregnant/Postpartum, Womens & Mens specific, Dual diagnosis, Houseless	Telehealth & in Person			https://www.oregonoutreachclinic.org/
Oregon Psychiatric Partners	Long term psychiatric medication management service provide compassionate care and support to those struggling with mental health issues	(541) 726-9912	3203 Willamette St., Eugene Kings Blvd-Corvallis	Lane	Medication Management	Adult (18-60)			Telehealth			https://www.opppc.com/
Peacehealth Medical Group	Young Adult Team, PCT Behavioral health services Developmental issues Emotional, physical or sexual abuse Learning and school-related problems Autism spectrum of disorders	(458) 205-7000	1255 Hilyard Street, Eugene	Lane		Youth 12-17, Adult 18-on, Senior/Elderly (65+)			in Person			https://www.peacehealth.org/learn/heart-university-clinics/services/behavioral-health-services/Pages/for-child-en-and-adolescents
Peace of Mind Wellness Center, Karen Van Asker LPC	Individual, Dual diagnosis,	503-428-3938	1144 Wallace Rd NW Salem, OR 97304	Marion	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, Psychodynamic Therapy	Adult (18-60)		Transgender, LGBTQ+	Telehealth only, Community based, in home			Karen Van Asker
Penny Johansson, LCSW	stress, depression, pain, anxiety, grief, mood disorders, problems with self esteem, co-dependency, abuse, life transitions, etc	541-305-5804	Florence, Oregon	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Motivational: MI/MET,	Adult (18-60)			Telehealth			
Pivot Behavioral Health	Mental health management, medication management, supportive psychotherapy specializing in ADHD, Anxiety, Depression, PTSD/complex trauma, OCD, etc.	541-293-1325	1001 SW Disk Dr #250, Bend OR 97702	Deschutes	CBT, DBT, Medication Management, Psychiatric Services, Eating disorder services	Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60+		LGBTQ+, Pregnant/Postpartum, Womens & Mens Specific, Dual Diagnosis	Telehealth			pvh.health
Preferred Stories Counseling	specialize in helping clients with ASD/ADHD to function more effectively in society as neurodivergent individuals, also specialize in helping clients with sexual orientation & gender identity conflicts	(541) 252-3588	1995 Newmark Ave #1028, Coos Bay, OR 97420	Coos	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, Psychotherapy narrative and art therapy, Eating disorder services, crisis services	Adult 17-on		African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, LGBTQ+, Womens specific, Pregnant/Postpartum, SPM/SMI	Telehealth & in Person			https://www.preferredstoriescounseling.com
Radel Counseling Services, LLC	specialize in treating a range of issues, including trauma, mood and anxiety disorders, and life transitions and more.	541-229-0875	4736 Royal Ave. #212 Eugene, OR 97402	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Motivational: MI/MET, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Children/Youth in foster care, LGBTQ+, Mens Specific, SPM/SMI	Telehealth & in Person			
Renée Bisnaire LCSW	Grief, Racial Identity	541-972-3038	115 W 8th Ave Eugene, OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, Psychodynamic Therapy	Adult (18-60)		African American Bilingual/Bicultural, American Indian/Alaska Native Bilingual/Bicultural, Asian/Pacific Islander Bilingual/Bicultural, Hispanic/Latino Bilingual/Bicultural, Transgender, LGBTQ+ - Pregnant Post Partum, Womens Specific	Telehealth & in Person			Renée Bisnaire LCSW
Resiliency Counseling Services, LLC	solution focused, physical disabilities, medical trauma, spiritual and higher power, mindfulness	(541) 799-4621	1075 Washington St. Ste 115, Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization, Medication Management, Psychoeducation, Animal assisted therapy, Crisis Services	Adult 17-on		Pregnant Post Partum, Womens Specific	Telehealth & in Person			Resiliency Counseling Services
Riverview Center for Growth	Crisis support, Collaborative Problem Solving, Parenting Groups, Intensive Day Treatment Program, Intensive Outpatient Services and Supports (IOSS), Intensive In-Home BH Treatment (IBHT)	(541) 726-1465	3995 Marcola Rd, Springfield	Lane	EMDR: Eye Movement Desensitization, Neurofeedback, medication management, IOP, assessments	Early Child 3-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)			Telehealth, In Home & in Person			Riverview Center for Growth
Robert Olson, MD LLC, dba Bestmind Behavioral Health	Medical management, TMS, ADHD testing and spravoato	971-300-0654	2400 Executive Parkway, Suite 250, Eugene OR 97401	Lane	Medical Management, TMS, ADHD testing, spravoato	Adult 17-on		African American	Telehealth	Person	In	https://bestmindbh.com/

Robin Hertz, PhD First Nen Integrated Psychology LLC	Trauma, PTSD, Personality Disorders, co-occurring/substance use disorders, dissociative disorders Humanistic, Mindfulness, Gestalt, somatically oriented.	541-321-6778	Eugene, Oregon	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral, Motivational: MI/MET	Adult (18-60)		Telehealth & In Person	
Rogue Psych Consultants	Rogue Psych Consultants is a mobile facility that is contracted with assisted living / nursing care facilities throughout Oregon. Providers provided needed MH services in the facility where the patient is.	503-453-0269	Medford, OR 97501	Jackson	CBT: Cognitive Behavioral,Counseling, Care Coordination, Case Management, Crisis Services	Adult (18-60)	SPMI	Telehealth & In Person	Rogue Psych Consultants
Roseburg Therapy-Stronger Oregon	Each therapist has their own clinical focus, age groups served, therapeutic interventions and specialty. We all share in the common goal of providing the best therapeutic services to help you meet your goals. With the diversity of our team, we believe we can find the right therapist to help you become the strongest you!	541-900-4285	Salem, Eugene/Springfield, Medford, Portland, Bend, Roseburg & Coos Bay	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral,DBT: Dialectical Behavioral/Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)	English, Spanish, American Sign Language	Telehealth & In Person	https://www.strongeroregon.com/
SagradaMente llc- Adriana Villegas Garbay	behavioral health services for mental health, specialty in trauma	503-884-3659	40641 N Ruby Loop, Scio, OR 97374	Linn	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral/Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Crisis Services	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Hispanic/Latino/Bilingual, Immigrant, Children/Youth in foster care, Pregnant/Postpartum, Womens and Mens Specific, Dual, Houseless	Telehealth, In Home & In Person	
Shauna Washington *solo practice	services offered to teens-seniors, with a special emphasis on the LGBTQ+ and BIPOC populations	626-660-4848	1699 Jefferson St Eugene, OR 97402	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral,DBT: Dialectical Behavioral/Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, Psychoeducation,	Youth 12-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, LGBTQ+, Womens specific, Children/Youth in foster care, Pregnant/Postpartum, Dual Diagnosis	Telehealth & In Person	n/a
Seeds of Change Counseling Services	assisting clients in healing from trauma, anxiety, relationship distress, substance abuse/addiction/recovery related issues, life transition difficulties, and other life challenges	541-344-7088	215 W 10th Ave Eugene, OR 97401	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral,DBT: Dialectical Behavioral/Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Adult (18-60)		In Person	
Selah Counseling and Wellness, LLC	BH OP, working with all issues of BH including coping skills, personal growth, stress management, shame resilience and more	541-423-2633	175 W B St. Bldg. H Springfield, OR 97477	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Play Therapy	Early Child 4-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://selahcounselingandwellness.com/
Seth Cohen, LCSW, LLC	Specialize in working with mood disorders, PSMI, anxiety disorders, trauma related disorders, Dual Dx	971-600-1375	1390 M St. Springfield, OR 97477	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, IFS, Psychoeducation, SUD, Crisis	Youth 12-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, LGBTQ+, Men's specific, Dual Diagnosis, Houseless, SPMI	Telehealth & In Person	Seth Cohen
Sexual Assault Support Services (SASS)	Sexual Assault Support Services (SASS) is dedicated to supporting Lane County survivors of sexual violence, and to preventing sexual violence in our communities.	(541) 484-9791 x315	591 West 19th Avenue, Eugene	Lane		Youth 15-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	http://sass-lane.org/counseling/
Shangri-La	Disability services, Outpatient mental health (counseling, skill building, peer support, med management, Mental Health Assessments, Medication Management	(541) 344-1121 (503) 581-1732 x360 (schedule appt.)	398 High Street, Eugene	Lane	CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, IFS, Psychoeducation, SUD, Crisis, EMDR: Eye Movement Desensitization, Medication Management	Youth 14-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	http://www.shangrilalane.org/MentalHealthServices/
ShelterCare	Behavioral health services (in-person limited)/Residential services, Housing	(541) 686-1262	499 West 4th Avenue, Eugene	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral,EMDR: Eye Movement Desensitization, IFS, DBT	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://www.sheltercare.org/
Shine Counseling	Shine Counseling's Child & Family center provides compassionate, trauma-informed care for children ages 0-6 and their families.	541-600-2300	1807 Garden Ave, Ste 106 Eugene OR	Lane	CBT: Cognitive Behavioral,EMDR: Eye Movement Desensitization, IFS, DBT	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ	Telehealth & In Person	
Siletz Community Health Clinic Confederated Tribes of Siletz Indians	Community Health Clinic w/BH Services	541-484-4234	2468 W. 11th Avenue Eugene, OR	Lane		Adult (18-60)		In Person	
Stephen Anthony Grillo	Licensed Professional Counselor Certified Alcohol & Drug Counselor	541-335-1921	1801 Garden Ave, Eugene OR 97403	Lane	CBT, Dual diagnosis: MH & SUD, Motivational: MI/MET, SUD, Case Management	Young Adults 17-24, Adults 18-64,	Mens specific, Dual diagnosis, houseless, SPMI		https://www.psychologytoday.com/us/therapists/stephen-anthony-grillo-eugene-or/1266976
South Lane Mental Health *English, Spanish	Our therapists help clients of all ages discover productive and meaningful lives through outpatient counseling, case management, medication management, crisis services, recovery services, and intensive outpatient services.	(541) 942-3939	1145 Birch Ave, Cottage Grove	Lane	IOP, Neurofeedback Therapy, EMDR: Eye Movement Desensitization, Medication Management, Crisis Services	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ/+	In Person	https://www.slmh.org/programs/
South River Community Health - Roseburg (Adapt-Compass Behavioral Health)	Integrated Health Clinic with Behavioral Health	541-440-3500 (Roseburg)	621 W Madrone, Roseburg, OR 97470	Douglas	Adult & Youth Outpatient , Opioid Treatment, Wraparound, Residential, Medication Management	Youth 12-17,Adult 18-on,Senior/Elderly (65+)		In Person	https://workforceadaptoregon.org/
South River Community Health - Winston (Adapt)	Integrated Health Clinic with Behavioral Health/Psychiatric Services	541-492-4550 (Winston)	671 SW Main, Winston, OR 97496	Douglas	Medication Management	Adult (18-60)		In Person	https://workforceadaptoregon.org/
Steps to Change	Outpatient MH care	541-799-0107	971 54th St, Eugene, OR 97478	Lane	Psychotherapy eclectic, ACT, Motivational:MI/MET	Young Adults 17-24, Adults 18-64,	LGBTQ+, Womens specific,	Telehealth	https://www.stepschange.net/
Stimson Counseling	Specializes in Trauma, Depression, Anxiety.	971-332-0504	525 Glen Creek Rd. Salem, OR 97304	Polk	CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, Psychoeducation, Sensorimotor, Trauma Focused, Trauma Informed.	Youth 12-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ+, Pregnant/Postpartum, Womens specific, Dual	Telehealth & In Person	Stimson Counseling
Suzanne Gascoyne, Ph.D., LLC	Adult and Aging Issues, PTSD/Traumatic Responder/ Mood Disorders & Relationship Issues	541-844-1834	Eugene, OR	Lane		Adult 17-on,Senior/Elderly (65+)	LGBTQ+, Pregnant/Postpartum, Womens& Mens specific, Dual	Telehealth only	
Therapy to Shine	helping people with relationship issues, overcome addictions to alcohol and drugs, illness, age related issues, trauma, depression, anxiety, and other stresses	541-556-3850	210 E 6th Ave Junction City, OR	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, Play Therapy	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ	In Person	https://therapytoshine.com/
The Pursuit of Wellness LLC	Trauma and PTSD	503-567-8605	320 SW Century Dr. PMB 203 Suite 405 Bend, OR 97702	ALL				Telehealth only	The Pursuit of Wellness
Thomas Pugel DBA Amotion Psychotherapy	Anxiety/Depression,Grief/Trauma and PTSD	541-897-8377	119 NW Second Ave Myrtle Creek, OR 97457	Douglas	CBT: Cognitive Behavioral,EMDR: Eye Movement Desensitization	Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	Amotion Psychotherapy Counseling Services
Tim Landry Therapy, LLC	work with people facing some form of crisis in their lives and provide a judgement-free therapy environment.	541-623-1030	1450 Birch Avenue Room EE Cottage Grove, OR 97424	Lane	CBT: Cognitive Behavioral	Youth 12-17,Adult 18-on,Senior/Elderly (65+)	Mens specific	Telehealth & In Person	https://www.psychologytoday.com/us/therapists/tim-landry-cottage-grove-or/724601
Tougas Therapy, LLC	SUDS: Substance Abuse Disorder MH & SUD, Dual Diagnosis.	541-357-8346	753 SE Main St Roseburg, OR 97470	Douglas	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral,Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET	Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	Tougas Therapy
Umbrella Wellness, LLC	Depression, Anxiety, Suicidal Ideation, Teen Issues, Issues Affecting The Elderly	(541) 662-0614	851 Winchester Ave., Reedsport, OR 97467	Douglas		Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	Umbrella Wellness
Umpqua Community Health Center is now Aviva Health	working with children and supporting families through life's challenges	541-672-9596	150 NE Kenneth Ford Drive, Roseburg, OR	Lane		Early Child 3-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://aviva.health/outpatient-behavioral-health/
Valley View Counseling	wide range of emotional and behavioral challenges providing services that span from therapy for depression and grief counseling, to parenting support, couples counseling and beyond.	541-673-3985	1652 NW Hughwood Ct Roseburg, OR	Douglas	Brainspotting, EMDR: Eye Movement Desensitization, ACT: Acceptance/Commitment,CBT: Cognitive Behavioral,DBT: Dialectical Behavioral,	Early Child 4-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://www.valleyviewcounseling.com/
Valez Psychiatric Service, LLC	Psychiatric medication management Custody/Parenting Time Evaluations Collaborative Family Therapy, General Clinical Therapy	541-246-4641	1140 Willaglespie Road #44 Eugene, OR 97401	Lane	medication management	Adult 18-on	Hispanic/Latino	Telehealth & In Person	Valez Psychiatric Services
Vicky Curry, PhD		541-343-2235	1292 High St, #225 Eugene, OR	Lane		Early Child 3-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth	curryvicky@gmail.com
Wanderlust Therapeutic Services	treat mental health patients in an outpatient, office setting	603-889-3553	312 SE Stonemill Dr, Vancouver WA 98684	Clark	SUD	Youth 12-17, Young Adults 17-24, Adults 18-64,	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino bilingual, Eastern European, Immigrant,	Telehealth	Wanderlust Therapeutic Services – Mental Health Counseling in New Hampshire and Washington

Wellness Bound Mental Health LLC Melissa Kizby, PMHNP-BC, MSN	Medication Management, Psychosis, Thinking Disorders, Mood Disorders, ADHD, Anxiety	541-295-5172	Telehealth	Lane	ACT, Acceptance/Commitment, CBT, Cognitive Behavioral, DBT, Dialectical Behavioral, Motivational: MI/MET, Medication Management, Psychiatric Services	Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth	https://www.wellnessboundmentalhealth.com/
Westwind Counseling, LLC	Teens+, Anxiety, depression, relationship difficulties, life transitions, pain management, brain functioning, trauma, other negative life experiences	541-224-1684	TELEHEALTH ONLY	Lin	CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens, Mens, Dual Diagnosis,	Telehealth	https://www.westwindcounselingandwellness.com/
White Bird	Mental health services Counseling via telehealth Health clinic (still taking appointments - no walk-ins) Dental clinic open for emergency cases only	(541) 342-8255 - Counseling (541) 344-8302 - Dental Clinic (541) 484-4800 - Health Clinic (541) 683-1641 - BH Outpatient	View website for locations.	Lane	medical, mental health, and behavioral health	Adult 18-on, Senior/Elderly (65+)		In Person	https://whitebirdclinic.org/services/
Whalesong Counseling	Whether you're a child learning to understand big emotions, a teen navigating life's challenges, a parent seeking support, or an adult working through stress or past experiences — you are welcome here.	541-614-0294	1330 SE 9th St, Suites 1 & 2 Lincoln City, OR 97367	Lincoln	CBT, Cognitive Behavioral, DBT, Dialectical Behavioral, Motivational: MI/MET, Medication Management, Psychiatric Services, EMDR,	Early Child 2-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		In Person	https://whalesongcounseling.com/
Wholistic Counseling & Wellness/ Chelsie Hugo, MA LPC NCC	specialize in maternal mental health, infant and toddler mental health. I provide trauma informed care, with an eclectic approach to meet each client's individual needs.	541-321-0066	82887 Minnick Rd, Dexter, OR 97431	Lane	CBT, DBT, Motivational: MI/MET, Parenting support, Psychoeducation, Care Coordination	Early Childhood 0-6, Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64,	Children/Youth in foster care, Pregnant/Postpartum, Womens & Mens specific, Dual diagnosis	In Home & Telehealth	https://www.psychologytoday.com/us/therapists/wholistic-counseling-wellness-pleasant-hill-or/1274108
Willamette Valley Behavioral Health	evidence-based, trauma-informed, and person-centered practices to provide holistic care.	541-390-4559	132 E Broadway, Eugene, OR 97401, Beaverton and Portland	Lane, Washington, Multnomah	EMDR, Brain spotting, ruero and bio feedback, sex therapy, CBT, DBT,	Adults 18-64, Seniors 60 +	Cultural and linguistically Specific Services	Telehealth & In Person	www.willamettevalleybh.com

Lane County Child/Youth BH Resources

Provider Name	Focus Area	Phone Number	Address	County	Therapy Type	Ages Servicing	Populations Served-Culturally Specific	Service Delivery Mode	Website
All Tribes Mental Health Services	We offer professional, culturally-informed mental health services, delivered in-person, through telehealth, or in a group setting. Psychotherapy, case management, peer support, education, addiction prevention and recovery	541-366-7640	320 Central Ave # 304, Coos Bay, OR	Lane	ACT, Dual	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+	Telehealth & In Person	
Angel Reeves, LMFT	BH OPHouseless population, SPMI/SMI, Dual Diagnosis MH and SUD concurrent, Psychiatric services,	541-337-1483	210 South 5th Street Cottage Grove, OR 97424	Lane	ACT, CBT, DBT, Dual, MET, Medication Management	Early Child 0-6,Youth 12-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+	Telehealth & In Person	https://commongroundconsultation.com/wordepres.com/
Arise Counseling Services *Spanish Speaking	Anxiety, OCD, PTSD, Trauma, Grief, Autism, ADHD	541-321-2278	2440 Wilamette St., Ste 201/202 Eugene, OR 97405	Lane	ART Therapy,CBT: Cognitive Behavioral,DBT: Dialectical Behavioral,Motivational: MI/MET, EMDR, Play, Somatic,	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQIA, Veterans, Spanish	Telehealth only	Arise Counseling Services
Aspire Counseling and Behavioral Health *English, Tamil, Other	Trauma healing, PTSD, depression, anxiety, shame, eating disorder, racial trauma	541-418-4616	735 SE Main St. Suite 202 Roseburg, OR 97470	Douglas	EMDR, CPT, DBT, ACT, CBT, EMDR, IFS	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	Aspire Counseling
Azene Amarys, LCSW	counseling to children, adults and families. I specialize in young children with trauma history and include their parents or caregivers. I have done a good amount of work with families in the adoption kinship network. I plan to see children and adults of all ages for anxiety, depression, PTSD, LGBTQ issues, life transitions, women and postpartum and grief.	541-520-1542	1210 Pearl St, Eugene OR 97401	Lane	CBT: Cognitive Behavioral	Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly	Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens specific, Dual	Telehealth & In Person	
Avery Psychiatric Care	Psychiatric evals, Traditional Psychiatric care, medication management, holistic approach,	541-351-9494	313 SW 2nd St, Newport OR 97365	Lincoln	Medication Management,Psychiatric Services	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	BIPOC	Telehealth & In Person	https://alkanystikjourneys.com/
Autism Learning Partners LLC	ABA provider, kids with autism spectrum disorder	888-805-0759	7800 SW Barbur Blvd, Building 2, Portland, Oregon 97219	All Counties	ABA therapy, Early Intervention	Early Child 0-5,Youth 6-17		In Person	Autism Learning Partners
Black Sheep Counseling	Anxiety, depression, trauma, neurodiversity, ADHD, autism, self-esteem, OCD, phobias, BPD, grief	541-329-9470	200 East 11th Ave OR 97401 Eugene	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral,Dual Diagnosis: MH and SUD concurrent, Psychoeducation, Trauma-Focused, Eating Disorder Services	Youth 12-17, Adult 18-64, Seniors +	Children in Foster Care, LGBTQ+,Dual SPMI/SMI (serious mental illness)	In Person	https://www.drjms.com/
Blue Skies Psychological Services	OCD, Anxiety, Gender Identity, Trauma, Recovery, Psychological assessments	541-382-8600	TELEHEALTH ONLY	Deschutes	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, MI/MET, IFS, Psychoeducation	Youth 12-17, Adult 18-64, Seniors +	BIPOC, LGBTQ+	Telehealth	https://www.blueskiespsychology.com/
Bloom Therapy Oregon, LLC	motional processing, developing coping skills, behavior activation, MI, SF-BT, psychoeducation, biopsychosocial assessments, treatment planning, suicide risk assessment, safety planning, client advocacy, and case management.	541-203-3867	2355 State St., Ste 101 Salem, OR,97301	Marion	ACT, CBT, TF-CBT, DBT,	Youth 12-17 Adult 18-on	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Immigrant population, LGBTQ+, Houseless population	Telehealth	
Bridges Community Health	Anxiety, Depression, Play Therapy, Medication Management, Trauma/PTSD	541-255-1411	1551 Oak St B, Eugene, OR 97401	Lane	Medication Management, Play Therapy, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, ACT, EMDR	Youth 12-17, Adult 18-64, Seniors +	LGBTQ+	Telehealth & In Person	Bridges Community
Brightways Counseling Group, LLC	Medication Management, Psychiatric Services, Eating disorder services, Care Coordination, Address, relationships, compulsions, healthy choices, distress and self-care	541-904-5216	Multiple	ALL	EMDR, CBT, DBT, ACT, PCIT, ABFT, Art Therapy, Play Therapy, EMDR, Medication Management, Eating Disorder	Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly	Hispanic/Latino, Children/Youth in Foster Care, LGBTQ+, Pregnant/Postpartum, Womens specific, DUAL	Telehealth & In Person	https://www.brightwayscounseling.com/
Brink of Brilliance	BH OP	541-393-6452	555 Main St Springfield, OR 97477	Lane		Youth 6-17,Adult 18-on,Senior/Elderly (65+)		In Person	
Candice Mottweiler, PhD	Individual psychotherapy in depression, anxiety, trauma, OCD, anger, ADHD, autism	541-246-7823	255 River Ave 40152, Eugene OR 97405	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, Psychoeducation, mindfulness-based interventions	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ+, Houseless, SPMI/SMI	Telehealth & In Person	https://candicemottweiler.com/
Center for Family Development, Inc. *English, Spanish	Psychiatry, Peer Support services, Medication Assisted Treatment, Anxiety, Depression, Trauma, Grief and Loss	(541) 342-8437	261 East 12th Ave., Eugene 1234 High Street, Eugene Mailing address: 1258 High Street, Eugene	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, medication management	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth	http://www.c-f-d.org/
Charlie Health	Anxiety, Depression, Trauma, Self harm, SUD, Eating Disorders, Gender Issues, Mood disorders, ADHD, OCD	1-866-540-1828	*See Website	ALL	Medication Management, CBT, DBT, IOP, Case Management, Care Coordination, SUD	Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth	Charlie Health
Child and Family Center - U of O	Therapy Program (Family Check-Up)	(541) 346-4910	Online	Lane					https://psi.uoregon.edu/cfc-services
Christian Colton, LPC	Somatic Based Mental Health Therapy, Talk Therapy, and mental health resource development. PTSD, Panic Disorders and religious trauma	(541) 579-8834	132 E Broadway Suite 418 Eugene, OR 97401	Lane	ACT: Acceptance/Commitment,Dual Diagnosis: MH and SUD concurrent,EMDR: Eye Movement Desensitization,DBT: Dialectical Behavioral, Psychoeducation, Eating disorder services	Youth 12-17, Adult 18-64, Seniors +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Womens, Mens, Dual, Houseless, SPMI/SMI		https://www.psychologytoday.com/us/therapists/christian-j-colton-eugene-or/897924
Christians as Family Advocates	Therapy Parenting Classes (15-weeks) Groups via online OPAC/Domestic Violence/Anger Management (via telehealth 4/8)	(541) 686-6000	921 Country Club Rd. Suite 222, Eugene	Lane	Talk Therapy, Neurofeedback, Mental Health Assessments, Family, Couples Counseling, Play Therapy	Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth, In Home & In Person	http://cafaweb.com/
Coastal Counseling, LLC	Specializing in the treatment of depression, anxiety, grief/loss, trauma, and adjustment	541-782-8870	1845 Hwy 126, Unit A-4, Florence, OR 97439	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, Psychoeducation, Animal Assisted therapy	Youth 12-17, Adult 18-64, Seniors +	Children/Youth in foster care, Pregnant /Postpartum, Womens specific	In Person	https://coastalcounselingllc.net/
Cornerstone Counseling	Counseling (Children, individual, & family) Anger Management	(541) 686-8899	3003 Wilamette St. Suite 5, Eugene	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization, Hypnotherapy, Play Therapy	Child 4-5,Youth 6-17,Adult 18-on,Senior/Elderly	Hispanic/Latino, Adoptive/Foster Families	In Person	http://eugene counselor.com/services/
Cyfi Psychology Oregon, PC *group practice	Anxiety, Trauma, Depression, Grief, parenting challenges, life changes,	*telehealth provider 866-478-3978	19960 SW 132th Ave. Tualatin, OR 97062	Washington	ACT, DBT, CBT, MH & SUD, EMDR, MI/MET, Psychoeducation, Animal assisted therapy, Eating disorder services, Care Coordination, Case Management, Crisis Services	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Immigrant population, LGBTQ+, Eastern European, SPMI, Deaf	Telehealth	Cyfi Psychological
Diana Geronimo LMFT	Working with adults, teens and families. Attachment, relationship issues and women's issues: Spirituality and religion, trauma, depression, anxiety and self-harming	541-357-7502	400 E. 2nd Ave, Ste. 104E, Eugene, OR, 97401	Lane	DBT: Dialectical Behavioral,EMDR: Eye Movement Desensitization,	Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	Diana Geronimo LMFT
Empowering Choices Counseling and Consultation	Children/Youth in foster care, Pregnant/Postpartum, Womens specific, Men's specific, Dual Diagnosis, Integrative Psychotherapy	503-589-3112	805 Liberty Street Salem, OR 97301	Marion	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral,DBT: Dialectical Behavioral,Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Transgender, LGBTQ+, African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino/Eastern European	Telehealth & In Person	Empowering Choices

Lane County Child/Youth BH Resources

Enrich Therapy LLC <i>*arousa practice</i>	Family, Couples, SOUTHO Focus, Emotional Focused, Experiential	971-308-4587	920 SW Frazer Ave., Ste. 102 Pendleton, OR 97801	Oregon	ACT, CBT, DBT, MI/MET, Psychotherapy, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, Bicultural, LGBTQ+, Houseless, SPMI	Telehealth & In Person	Enrich Therapy
Emerald Behavioral Health <i>*group practice</i>	Services in trauma, grief and loss, stress, domestic violence, anxiety, depression and more	541-224-7585	1029 River Rd Eugene, OR 97404	Lane	EMDR: Eye Movement Desensitization, DBT: Dialectical Behavioral, Psychoeducation, CBT: Cognitive Behavioral, Motivational: MI/MET, Brainspotting, Animal Assisted Therapy	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Womens, Mens, Dual, Houseless, SPMI/SMI, Children/Youth in foster care	Telehealth, In Home & In Person	http://www.ebhorizon.com/
Embodied Life	affirming care for trauma, loss, depression, anxiety, or distorted eating, body image, relationship issues, seeking empowerment & a sense of control in life, or coping with minority stress, ADHD, Autism Assessments,	503-660-8109	2850 SW Cedar Hills Blvd # 2152, Beaverton OR 97005	Washington	Brainspotting, EMDR, IFS, KAP, Somatic	Youth 12-17 , Adult 18-64, Seniors +	BIPOC, LGBTQ+,	Telehealth	Embodied Life
Empowering Choices Counseling and Consultation	Children/Youth in foster care, Pregnant/Postpartum, Women's specific, Men's specific, Dual Diagnosis, Integrative Psychotherapy	503-589-3112	805 Liberty Street Salem, OR 97301	Marion	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Transgender, LGBTQ+, African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European	Telehealth & In Person	Empowering Choices
Enrich Therapy LLC <i>*arousa practice</i>	Family, Couples, SOUTHO Focus, Emotional Focused, Experiential	971-308-4587	920 SW Frazer Ave., Ste. 102 Pendleton, OR 97801	Oregon	ACT, CBT, DBT, MI/MET, Psychotherapy, Psychoeducation	Youth 12-17 , Adult 18-64, Seniors +	African American, Bicultural, LGBTQ+, Houseless, SPMI	Telehealth & In Person	Enrich Therapy
Erik Sorensen	Clinical Psychologist-Specializing ADHD, Anger Management, Autism, Risk Assessment, Psychological Testing and Evaluation	541-345-8749	511 East 12th Ave. Eugene, OR 97401	Lane	Psychological Testing and Evaluation	Early Child 0-5, Youth 6-17		In Person	https://eriksorensenphd.vobsite.com/
Exodus Recovery Services	Assessments, OP treatment, DUII education, Rehab, Referrals to higher levels of care	541-998-5660	230 N 3rd St, Harrisburg, OR 97446	Linn	ACT, DBT, Motivational: MI/MET, Psychoeducation, SUD specific, Case Management	Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60 +	Hispanic/Latino bilingual, Womens specific, Houseless	Telehealth & In Person	https://exodusrecovery.com/
Fjord Counseling LLC	We also specialize in the treatment of trauma and we frequently provide mental health services to individuals enrolled in residential SUD treatment.	541-234-3090	1355 W 13th Ave., #3955 Eugene, OR 97402	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Crisis Services	Youth 12-17 , Adult 18-64, Seniors +	LGBTQ+, Womens, Mens, Dual, Houseless, SPMI/SMI, Pregnant/Postpartum,	Telehealth & In Person	Fjord Counseling
Gentle Breeze Counseling <i>*group practice</i>	Compassionate counseling for individuals, couples, families, and groups	541-824-0990	E 2nd St, Ste. 4 Coquille, OR 97423	Coos	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Crisis Services, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care	Telehealth & In Person	Gentle Breeze Counseling
Healing Sol	forms of trauma including sexual exploitation/trafficking, and youth involved in the juvenile justice system in Oregon	503-867-8681	388 State St Salem, OR 97302	Marion	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, Psychoeducation	Youth 6-17, Adult 18-25	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum	Telehealth & In Person	
Heather Fudge MSW	extensive background working with people living with HIV/AIDS and substance abuse issues. I specialize in anxiety, depression, end of life, grief and loss, life transitions, and life skills.	860-870-3944	541 Willamette St Ste 204, Eugene, OR 97401-269	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation, Dual diagnosis: MH and SUD, Eating Disorders, Crisis Services	Youth 12-17 , Adult 18-64, Seniors +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, SPMI/SMI, Houseless, Deaf members		N/A
Hide Away Project, LLC	Pregnant/Postpartum, Women's specific, SPMI/SMI, Psychoeducation	(541) 293-0808	1877 Winchester Ave Suite 132 Reedsport, OR 97467	Douglas	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Transgender, LGBTQ+,	Telehealth & In Person	N/A
Hope Mental Wellness	Evaluation and management of all mental health disorders with psychiatric medication management and brief supportive psychotherapy across the lifespan	541-214-2897	137 Hill Avenue Coos Bay, OR	Coos	Motivational: MI/MET, Medication Management, Psychiatric, Psychoeducation, SUD, Eating disorder	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, SPMI/SMI, Houseless, Deaf members	Telehealth & In Person	Hope Mental Wellness
Humanistic Therapy NW	We discover where you are in your personal journey. We give the space for your story and experience to guide the appropriate treatment plan for you.	(253) 370-8980		ALL	Dual Diagnosis: MH and SUD, SPMI, CBT, DBT, MI/MET, Psychoeducation, Case Management, Crisis Services	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	LGBTQ+	Telehealth	https://www.humanistictherapynw.com/
Inspired Counseling and Wellness/Cyncha P. Date	Support letters for Transgender ESA letters, BHQP	503-560-0802	161 High Street SE, Ste 209 Salem, OR 97381	Marion		Youth 12-17 , Adult 18-64, Seniors +	LGBTQ+, Bilingual	Telehealth	Inspired wellness
Invictus Therapy and Consultation LLC	individuals, families, and couples of all ages, cultures, and backgrounds. We have extensive training and experience working with individual's with eating disorders, anxiety, depression, PTSD, parenting skills, school problems, and defiant behaviors. We have training and experience working with individuals with ADHD, grief and loss, DID, psychosis, on the autism spectrum, in foster care, in the justice system, co-parenting, and family reintegration.	541-313-6199	911 Country Club Rd, Eugene OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation, Eating Disorders,	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum	Telehealth & In Person	https://invictustherapy.com/
Jamie Lloyd, LPC	BHQP Individual Practitioner for depression, anxiety, trauma, PTSD, grief, and more	541-520-5121	48310 E. 1st, Oakridge, OR 97463 927 Country Club Rd, Ste. 200 Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Crisis Services, Psychoeducation, Motivational: MI/MET, Dual: MH and SUD	Youth 12-17 , Adult 18-64, Seniors +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care,	Telehealth & In Person	https://jamielloydipc.com/
Janean Francis LCSW-Hide Away Project	The Hide Away Project is a safe place for people to get help moving past feeling stuck, in pain and experiencing loneliness.	406-407-8032	1877 Winchester Ave, Reedsport, OR 97467	Douglas	ACT, CBT, DBT, Motivational/MI/MET, EFT, Psychoeducation	Youth 12-17, Young Adults 17-24, Adults 18-64,	LGBTQ+, Womens specific, Pregnant/Postpartum, SPMI	Telehealth & In Person	https://www.psychologytoday.com/us/therapists/janean-francis-reedsport-or/376568
Jasper Mountain <i>*English, Spanish</i>	Psychiatric residential program (ages 3-13) Day Treatment for school-aged kids - suspended	(541) 747-1235	37875 Jasper-Lowell Road	Lane	Residential, short term residential, day treatment,	Early Child 0-5, Youth 6-17		In Person	https://www.jaspermountain.org/
Jasper Mountain-Safe Center <i>*English, Spanish</i>	Short-term crisis respite for children - SAFE Center Residential (average 90 day stays) Day Treatment	(541) 741-7402	89124 Marcola Road, Springfield	Lane	Residential, short term residential, day treatment,	Youth 12-17 , Adult 18-64, Seniors +			https://www.jaspermountain.org/
Jeff Huston Counseling, LLC	working with those struggling with anxiety, depression, grief and loss, marital and family conflict, PTSD, academic or work based challenges and intra-and inter-relational difficulties. I have experience working with children and families in the foster care system as well as those struggling with trauma and anger.	(541) 510-1485	jeffhustoncounseling@comcast.net	Lane	CBT: Cognitive Behavioral, Psychoeducation,	Youth 6-17, Adult 18-on	Eastern European, Children/Youth in foster care, LGBTQ+, Mens specific	Telehealth & In Person	
Joyful Living Behavioral Health LLC	Whether you are struggling with anxiety, depression or any other issue, we will help you recognize underlying problems, fully realize your strengths and adjust certain behaviors and thoughts to see things a different, healthier way.	541-505-8168	115 W 8th Ave. Eugene, OR	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Early Child 4-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Asian/Pacific Islander, Chinese/Mandarin, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens specific, Dual Diagnosis, SPMI	Telehealth & In Person	Joyful Living BH

Lane County Child/Youth BH Resources

Kaizen Collective	Psychiatric Mental Health Nurse Practitioner Psychiatry Providers	(360) 836-0171		ALL	CBT, MH & SUD, Psychological testing, Medication Management, Psychiatric Services, Eating disorders, Care Coordination, Crisis Services	Early Child 0-5, Youth 6-17, Adult 18- on, Senior/Elderly (65+)	Hispanic/Latino, LGBTQ+, Pregnant/Postpartum, Dual, Homeless, SPMI	Telehealth	https://www.kaizenpsychiatric.com/
KIDS' FIRST CENTER A Children's Advocacy Center	Child Abuse Medical Assessment and Related Services	541-682-3938	299 E. 18th Ave Eugene, OR 97401	Lane		Early Child 0-5, Youth 6-17		In Person	Kids First
Kristen Doecke MA, LPC, ATR	BH OP-Adults/Teen, Eating Disorders, Trauma and PTSD, ADHD, Autism, Dual Diagnosis	541-735-9062	Springfield, OR	Lane		Youth 12-17, Adult 18-64, Seniors +	BBPOC	In Person	
Lane County Behavioral Health	Behavioral health services Primary care Psychiatry Appointments for children and youth available now!	(541) 682-3608	2411 Martin Luther King Jr Blvd, Eugene	Lane	Medication Management	Youth 12-17, Adult 18-64, Seniors +		In Person	https://laneounty.org/government/county_departments/health_and_human_services/behavioral_health
Laura J VanCura MS LPC NCC Integrated Counseling LLC	Mental health counselor providing CBT, DBT EMDR and integrated nutrition consult for mental health services.	541-808-4312	372 Central Ave Coos Bay, OR 97420	Coos	CBT: Cognitive Behavioral; DBT: Dialectical Behavioral; Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum, Womens specific	Telehealth & In Person	Integrated Counseling-Laura J Vancura
Laurel Anderson LCSW	BH OP for anxiety, coping skills, trauma, PTSD and more	541-206-4546	1860 Wilamette Eugene, OR	Lane	CBT: Cognitive Behavioral; DBT: Dialectical Behavioral; Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	
Laurel Hill Center	Community support services (limited case management) Counseling via phone Medical management, Prescriber services Support in crisis Supportive housing Pharmacy open normal hours	(541) 780-6361	210 E 6th Ave Junction City	Lane	ACT: Acceptance/Commitment	Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	https://www.laurel.org/
LGBTQ Telepsychiatry, LLC	We also offer Gender Reassignment Support Letters, Emotional Support Animal Letters, Life Coaching, Meditation, and One-on-One virtual yoga sessions. Evaluation, Med Management, ADHD testing, Genetic testing to see what will likely work with you based on your DNA.	888-98-LGBTQ (888-985-4287)	Telehealth	ALL	Medication Management, ADHD testing	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	LGBTQ+	Telehealth	https://lgbttelepsychiatry.com/
Liberty House-Hope & Wellness Services *group practice	Trauma focused therapy	503-689-1006	375 Taylor St NE Salem, OR 97301	Marion	CBT: Cognitive Behavioral; DBT: Dialectical Behavioral; EMDR: Eye Movement Desensitization,	Early Child 0-5, Youth 6-17, Adult 18- on, Senior/Elderly (65+)		Telehealth & In Person	Liberty House
LifeStance Health *group practice	Medication Management, Neuropsychological and Psychological evaluation, SUD	Request Online	Multiple Locations	All	MH & SUD, Medication Management, Testing and Evaluations, Psychotherapy, Art Therapy, EMDR, Ketamine, TMS Therapy	Early Child 0-5, Youth 6-17, Adult 18- on, Senior/Elderly (65+)		Telehealth & In Person	LifeStance Health
Looking Glass	Counseling (telehealth, telephone, limited in- person) Recovery outpatient services (telehealth) Psychiatry (telehealth) Skill building (telehealth only) Medical Management (telehealth)	(541) 484-4428	260 East 11th Ave., Eugene	Lane	Medication Management	Youth 11-17, Adult 18-on		Telehealth	https://www.lookingglassus.com/counseling-program
Lonerock Clinic-Integrated Care	primary care services including labs, paps, office procedures, AWW, physicals, and sick appointments. Mental health prescribing, DNA neurotransmitter testing, in- person or computer-based cognitive testing	833 646 3663	1307 Lincoln St Eugene, OR 97401	Lane	CBT: Cognitive Behavioral, Medication Management	Youth 12-17, Adult 18-64, Seniors +	Hispanic/Latino, Children/Youth in Foster Care, LGBTQ+, Pregnant/Postpartum, Womens specific, Mens specific, DUAL	Telehealth & In Person	https://www.lonerockclinic.com/
Madrone Mental Health	serve individuals, families, parents, and couples with behavioral and mental health needs, eating disorders, medication management	(541) 210-8090	150 Shelton McMurphy Blvd #101, Eugene	Lane	Eating Disorder Treatment, Medication Management, CBT: Cognitive Behavioral; DBT: Dialectical Behavioral	Youth 12-17, Adult 18-64, Seniors +			https://www.madronementalhealth.com/
Marka Turner	behavioral health. I provide therapy for depression, anxiety, PTSD, bipolar, borderline personality disorder, grief/loss, trauma, etc.	775-434-9446	1991 Union Ave North Bend, OR	Coos	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization,	Youth 12-17, Adult 18-64, Seniors +	American Indian/Alaska Native, Homeless population	Telehealth & In Person	
Mary Beth Llorens, PhD Eugene Center For Mindful Living	he Eugene Center for Mindful Living offers individual, couple, and family therapy, addressing concerns that include depression, anxiety, trauma, addiction, couple and family communication, school and work problems, stress management, and adjustment to life cycle transitions.	541-342-3875	227 W 13th Ave Eugene, OR	Lane		Youth 12-17, Adult 18-64, Seniors +		Telehealth & In Person	https://www.eugenemindful.com/
Mayfield & Associates dba Center for Cultivating Parents	Depression & Anxiety	469-343-4081	1050 SW 6th Ave, Portland OR 97204	Multnomah	CBT, DBT, Dual diagnosis: MH and SUDs, Psychiatric services, Psychoeducation, Care Coordination, Case Management, IOP	Early Childhood 0-6, Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60 +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino bilingual, Eastern European, Children/ Youth in foster care, LGBTQ+, Prenant/Postpartum, Homeless, Immigrant, Women & Men specific, Dual diagnosis, Homeless, Services for deaf members, SPMI	Telehealth	https://centerofcultivatingparents.org/
Mindful Oregon Clinic, LLC / Shirin Yekekar, PhD	work with individuals moving through trauma, anxiety, grief, and major life transitions, as well as with couples and families who want to build stronger, more connected relationships	971-202-0030	Telehealth		CBT, DBT, EMDR	Youth 6-17, Young Adult 17-24, Adult 18-on		Telehealth	https://www.mindful-oregon.com/
Mindful Therapy Group East Portland	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	1500 NE Irving St, Ste 210 Portland, OR 97232	Send Referrals Here-Highly Responsive	CBT: Cognitive Behavioral; DBT: Dialectical Behavioral, Medication Management	Early Child 0-5, Youth 6-17, Adult 18- on, Senior/Elderly (65+)	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth & In Person	Mindful Therapy Group
Mindful Therapy Group Highlands	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	5440 SW Westgate Dr., Ste 350 Portland, OR 97221	Send Referrals Here-Highly Responsive	CBT: Cognitive Behavioral; DBT: Dialectical Behavioral; Medication Management	Early Child 0-5, Youth 6-17, Adult 18- on, Senior/Elderly (65+)	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth & In Person	Mindful Therapy Group
Mindful Therapy Group Telehealth Support	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	Telehealth	Send Referrals Here-Highly Responsive	CBT: Cognitive Behavioral; DBT: Dialectical Behavioral, Medication Management	Early Child 0-5, Youth 6-17, Adult 18- on, Senior/Elderly (65+)	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth & In Person	Mindful Therapy Group
Mindful Therapy Group Tigard	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	11740 SW 68th Parkway, Ste. 200 Portland, OR 97233	Send Referrals Here-Highly Responsive	CBT: Cognitive Behavioral; DBT: Dialectical Behavioral, Medication Management	Early Child 0-5, Youth 6-17, Adult 18- on, Senior/Elderly (65+)	African American, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth & In Person	Mindful Therapy Group
Morgan Barber Counseling	Behavioral health counseling, relationships, intimacy and interpersonal growth, life transitions, identity, self esteem, anxiety and stress, grief and purpose and meaning	207-747-8076	Eugene, OR	Lane	ACT: Acceptance/Commitment, Motivational: MI/MET, couple counseling, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, Asian/Pacific Islander, LGBTQ+	Telehealth & In Person & In Person	https://www.counselingportlandme.com/

Lane County Child/Youth BH Resources

NTX Neuropsychiatric Treatment Center	Integrative Neuropsychiatric Treatment Center providing diagnostic evaluations, medication management, therapy services, ADHD Testing	541-315-4609	Submit a Referral	ALL	Psychiatric Services, Medication Management, ADHD Testing	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ+	Telehealth	https://neuropsychiatrytx.com/
Oasis Mental Health Kelly Henry, PMHNP-BC	Psychiatric Evaluation and Medication Management Conditions treated include Depression, Anxiety, Bipolar Disorder, Schizophrenia, and Post-Traumatic Stress Disorder.	541-636-9846	331 Goodpasture Island Road Suite 311, 2nd Floor Eugene, OR 97401	Lane	Psychiatric Evaluation, Medication Management	Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth	Oasis Mental Health
Options Counseling & Family Services	provides family preservation, behavioral health services, and other family supports to families and individuals	541-687-6983	360 E 10th Ave Ste 450 Eugene OR 97401	Lane	ACT, Motivational, PCT, Play Therapy, CBT, DBT, EMDR	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Spanish, ASL, Somali, LGBTQ+	In Person	Options Counseling and Family Services
Oregon Directions	Anxiety, depression, eating difficulties, loss and grief, stress, trauma, anger, and symptoms of PTSD.	541-818-0009	1705 Centennial Blvd., Suite #2, Springfield, OR 97477	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Motivational: MI/MET, Psychotherapy solution-Focused	Youth 12-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Womens and mens specific	Telehealth & In Person	Oregon Directions
Oregon Social Learning Center	Crisis and Transition Services for BH challenges with kids	(541) 485-2711	10 Shelton McMurphy Blvd. Eugene	Lane	Medication Management, OP BH	Early Child 0-5, Youth 6-17,		In Person	https://www.osldevelopment.org/
Orchid Health, McKenzie Clinic	Integrated Health Clinic with Behavioral Health	54771 McKenzie Hwy, Blue River, OR 97413	541-822-3341	Lane	EMDR,	Youth 12-17,Adult 18-on,Senior/Elderly (65+)		In Person	https://www.orchidhealth.org/mckenzie.html
Peacehealth Medical Group	Young Adult Team, PCT Behavioral health services Developmental issues Emotional, physical or sexual abuse Learning and school-related problems Autism spectrum of disorders	(458) 205-7000	1255 Hilyard Street, Eugene	Lane		Youth 12-17,Adult 18-on,Senior/Elderly (65+)		In Person	https://www.peacehealth.org/sacred-heart-university-district-services/behavioral-health-services/Pages/for-children-and-adolescents
Pivot Behavioral Health	Mental health management, medication management, supportive psychotherapy specializing in ADHD, Anxiety, Depression, PTSD/complex trauma, OCD, etc.	541-293-1325	1001 SW Disk Dr #250, Bend OR 97702	Deschutes	CBT, DBT, Medication Management, Psychiatric Services, Eating disorder services	Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60 +	LGBTQ+, Pregnant/Postpartum, Womens & Mens Specific, Dual Diagnosis	Telehealth	pbh.health
Radel Counseling Services, LLC	specialize in treating a range of issues, including trauma, mood and anxiety disorders, and life transitions and more	541-229-0875	4736 Royal Ave. #212 Eugene, OR 97402	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Motivational: MI/MET, Psychoeducation	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Children/Youth in foster care, LGBTQ+, Mens Specific, SPM/SMI	Telehealth & In Person	
Relief Nursery	Mental Health Assessments, parent/child attachment therapy, skills development	(541) 343-9706 - Eugene (541) 485-0007 - Springfield	1720 West 25th Avenue, Eugene 850 S 42nd St, Springfield	Lane	Mental Health Assessments, Play therapy,	Early Child 0-5, Youth 6-17,		Telehealth & In Home	https://reliefnursery.org/
Riverview Center for Growth	Crisis support, Collaborative Problem Solving, Parenting Groups, Intensive Day Treatment Programs, Intensive Outpatient Services and Supports (IOSS), Intensive In-Home BH Treatment (IIBHT)	(541) 726-1465	3995 Marcola Rd, Springfield	Lane	EMDR: Eye Movement Desensitization, Neurofeedback, medication management, IOP, assessments	Early Child 3-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth, In Home & In Person	Riverview Center for Growth
Robert Olsen, MD LLC, dba Bestmind Behavioral Health	Medical management, TMS, ADHD testing and spravato	971-300-0654	1400 Executive Parkway, Suite 250, Eugene OR 97401	Lane	Medical Management, TMS, ADHD testing, Spravato	Young Adult 17-24 Adult 18-on	African American	Telehealth & In Person	https://bestmindbh.com/
Roseburg Therapy Stronger Oregon	Each therapist has their own clinical focus, age groups served, therapeutic interventions and specialty. We all share in the common goal of providing the best therapeutic services to help you meet your goals. With the diversity of our team, we believe we can find the right therapist to help you become the strongest you!	541-900-4285	Salem, Eugene/Springfield, Medford, Portland, Bend, Roseburg & Coos Bay	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)	English, Spanish, American Sign Language	Telehealth & In Person	https://www.strongeroregon.com/
Sagramadente Iic- Adriana Villegas Garibay	behavioral health services for mental health, specialty in trauma	503-884-3659	40641 N Ruby Loop, Scio, OR 97374	Linn	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Crisis Services	Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Hispanic/Latino/Bilingual, Immigrant, Children/Youth in foster care, Pregnant/Postpartum, Womens and Mens Specific, Dual, Homeless	Telehealth, In Home & In Person	
Selah Counseling and Wellness, LLC	BH OP, working with all issues of BH including coping skills, personal growth, stress management, shame resilience and more	541-423-2633	175 W 8 St. Bldg. H Springfield, OR 97477	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Play Therapy	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://selahcounselingandwellness.com/
Sexual Assault Support Services (SASS)	Sexual Assault Support Services (SASS) is dedicated to supporting Lane County survivors of sexual violence, and to preventing sexual violence in our communities.	(541) 484-9791 x315	591 West 19th Avenue, Eugene	Lane		Youth 15-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	http://sass-lane.org/counseling/
Seth Cohen, LCSW, LLC	Specialize in working with mood disorders, PSMI, anxiety disorders, trauma related disorders, Dual Dx	971-600-1375	1390 N St. Springfield, OR 97477	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, IFS, Psychoeducation, SUD, Crisis	Youth 12-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, LGBTQ+, Men's specific, Dual Diagnosis, Homeless, SPMI	Telehealth & In Person	Seth Cohen
Shangri-La	Disability services, Outpatient mental health (counseling, skill building, peer support, medication management), Mental Health Assessments, Medication Management	(541) 344-1121 (503) 581-1732 x.360 (schedule appt.)	398 High Street, Eugene	Lane	CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, IFS, Psychoeducation, SUD, Crisis, EMDR: Eye Movement Desensitization, Medication Management	Youth 14-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	http://www.shangri-laoregon.org/MentalHealthServices/
Shauna Washington *Solo practice	services offered to teens-seniors, with a special emphasis on the LGBTQ+ and BIPOC populations	626-660-4848	1695 Jefferson ST Eugene, OR 97402	Senior	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, Psychoeducation,	Youth 12-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, LGBTQ+, Womens specific, Children/Youth in foster care, Pregnate/Postpartum, Dual Diagnosis	Telehealth & In Person	n/a
ShelterCare	Behavioral health services (in-person limited)/Residential services, Housing	(541) 686-1262	499 West 4th Avenue, Eugene	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, IFS, DBT	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://www.sheltercare.org/
Shine Counseling	Shine Counseling's Child & Family center provides compassionate, trauma-informed care for children ages 0-6 and their families.	541-600-2300	1907 Garden Ave, Ste 106 Eugene OR	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization, IFS, DBT	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ	In-person & Telehealth	
South Lane Mental Health *English, Spanish	Our therapists help clients of all ages discover productive and meaningful lives through outpatient counseling, case management, medication management, crisis services, recovery services, and intensive outpatient services.	(541) 942-3939	1345 Birch Ave, Cottage Grove	Lane	IOP, Neurofeedback Therapy, EMDR: Eye Movement Desensitization, Medication Management, Crisis Services	Early Child 0-5, Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQIA+	In Person	https://www.slmh.org/programs/
South River Community Health - Roseburg (Adapt - Compass Behavioral Health)	Integrated Health Clinic with Behavioral Health	541-840-3500 (Roseburg)	621 W Madrone, Roseburg, OR 97470	Douglas	Adult & Youth Outpatient, Opioid Treatment, Wraparound, Residential, Medication Management	Youth 12-17,Adult 18-on,Senior/Elderly (65+)		In Person	https://workforceadaptororegon.org/

Lane County Child/Youth BH Resources

Stimson Counseling	Specializes in Trauma, Depression, Anxiety.	971-332-0504	525 Green Creek Rd. Salem, OR 97304	Polk	CBT: Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, Psychoeducation, Sensorimotor, Trauma Focused, Trauma Informed,	Youth 12-17, Adult 18-on, Senior/Elderly (65+)	LGBTQ+, Pregnant/Postpartum, Womens specific, Dual	Telehealth & In Person	Stimson Counseling
Therapy to Shine	helping people with relationship issues, overcome addictions to alcohol and drugs, illness, age related issues, trauma, depression, anxiety, and other stresses	541-556-3850	210 E 6th Ave Junction City, OR	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Play Therapy	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	LGBTQ	In Person	https://therapytoshine.com/
Thomas Pagel DBA Amotion Psychotherapy	Anxiety/Depression, Grief, Trauma and PTSD	541-897-8377	119 NW Second Ave Myrtle Creek, OR 97457	Douglas	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization	Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person	
Tim Landry Therapy, LLC	work with people facing some form of crisis in their lives and I provide a judgement-free therapy environment.	541-623-1030	1450 Birch Avenue Room EE Cottage Grove, OR 97424	Lane	CBT: Cognitive Behavioral	Youth 12-17, Adult 18-on, Senior/Elderly (65+)	Mens specific	Telehealth & In Person	https://www.psychologytoday.com/us/therapists/tim-landry-cottage-grove-or/724501
Umbrella Wellness, LLC	Depression, Anxiety, Suicidal Ideation, Teen Issues, Issues Affecting The Elderly	(541) 662-0634	851 Winchester Ave., Reedport, OR 97467	Douglas		Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person	Umbrella Wellness
Umpqua Community Health Center is now Aviva Health	working with children and supporting families through life's challenges	541-672-9596	150 NE Kenneth Ford Drive, Roseburg, OR	Lane		Early Child 3-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person	https://aviva.health/outpatient-behavioral-health/
Valley View Counseling	wide range of emotional and behavioral challenges providing services that span from therapy for depression and grief counseling, to parenting support, couples counseling and beyond.	541-673-3985	1652 NW Hughwood Ct Roseburg, OR	Douglas	Brainspotting, EMDR: Eye Movement Desensitization, ACT, Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral,	Early Child 4-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person	https://www.valleyviewcounseling.com/
Vicky Curry, PhD	Custody/Parenting Time Evaluations, Collaborative Family Therapy, General Clinical Therapy	541-343-2235	1292 High St, #225 Eugene, OR	Lane		Early Child 3-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth	currvicky@gmail.com
Wanderlust Therapeutic Services	treat mental health patients in an outpatient, office setting	603-889-3553	312 SE Stonemill Dr, Vancouver Was 98684	Clark	SUD	Youth 12-17, Young Adults 17-24, Adults 18-64,	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino bilingua, Eastern European, Immigrant,	Telehealth	Wanderlust Therapeutic Services – Mental Health Counseling in New Hampshire and Washington
Wellness Bound Mental Health LLC Melissa Kibby, PMHNP-BC, MSN	Medication Management, Psychosis, Thinking Disorders, Mood Disorders, ADHD, Anxiety	541-295-5172	Telehealth	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, Medication Management, Psychiatric Services	Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth	https://www.wellnessboundmentalhealth.com/
Westwind Counseling, LLC	Teens + Anxiety, depression, relationship difficulties, life transitions, pain management, brain functioning, trauma, other negative life experiences	541-224-1684	TELEHEALTH ONLY	Linn	CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation	Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens, Mens, Dual Diagnosis,	Telehealth	https://www.westwindcounselingandwellness.com/
Whalesong Counseling	Whether you're a child learning to understand big emotions, a teen navigating life's challenges, a parent seeking support, or an adult working through stress or past experiences — you are welcome here.	541-614-0294	1330 SE 9th St, Suites 1 & 2 Lincoln City, OR 97367	Lincoln	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, Medication Management, Psychiatric Services, EMDR,	Early Child 2-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		In Person	https://whalesongcounseling.com/
Wholistic Counseling & Wellness/ Chelsie Hugo, MA LPC NCC	specialize in maternal mental health, infant and toddler mental health. I provide trauma informed care, with an eclectic approach to meet each client's individual needs.	541-321-0066	82887 Minnick Rd, Dexter, OR 97431	Lane	CBT, DBT, Motivational: MI/MET, Parenting support, Psychoeducation, Care Coordination	Early Childhood 0-6, Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64,	Children/Youth in foster care, Pregnant/Postpartum, Womens & Mens specific, Dual diagnosis	In Home & Telehealth	https://www.psychologytoday.com/us/therapists/wholistic-counseling-wellness-pleasant-hill-or/1274108
Youth ERA	Peer Support on Twitch Virtual drop-in center Virtual One-on-ones and team meetings	(971) 334-9295	965 Oak Alley, Eugene	Lane	Wraparound, Peer training, Crisis Response,			Telehealth & In Person	Youth ERA

Lane County 0-5 Age BH Providers

Provider Name	Focus Area	Phone Number	Address	County	Therapy Type	Ages Servicing	Populations Served-Culturally Specific	Service Delivery Mode	Website
Angel Reeves, LMFT	BH OPHouseless population, SPMI/SMI, Dual Diagnosis MH and SUD concurrent, , Psychiatric services, Psychoeducation	541-337-1483	210 South 5th Street Cottage Grove, OR 97424	Lane	ACT, CBT, DBT, Dual, MET, Medication Management	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+	Telehealth & In Person	https://commongroundconsultation.com.wordpress.com/
Applegate Counseling	ADHD,Anxiety/Depression,Autism,Grief,Obsessive-Compulsive,Racial Identity,SUDS: Substance Abuse Disorder,Transgender, LGBTQ+,Trauma and PTSD	541-344-5978	1997 Garden Ave Eugene, OR 97403	Lane	Case Management,CBT: Cognitive Behavioral,Dual Diagnosis: MH and SUD concurrent,EMDR: Eye Movement Desensitization,Motivational : MI/MET	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person,Community based, in home	https://applegatecounseling.com/
Aquene Amarys, LCSW	counseling to children, adults and families. I specialize in young children with trauma history and include their parents or caregivers. I have done a good amount of work with families in the adoption kinship network. I plan to see children and adults of all ages for anxiety, depression, PTSD, LGBTQ issues, life transitions, women and postpartum and grief.	541-520-1542	1210 Pearl St, Eugene OR 97401	Lane	CBT: Cognitive Behavioral	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens specific, Dual	Telehealth & In Person	
Avery Psychiatric Care	Psychiatric evals, Traditional Psychiatric care, medication management, holistic approach,	541- 351-9494	313 SW 2nd St, Newport OR 97365	Lincoln	Medication Management,Psychiatric Services	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	BIPOC	Telehealth & In Person	https://alkamystikjourneys.com/
Brightways Counseling Group, LLC	Medication Management, Psychiatric Services, Eating disorder services, Care Coordination,sadness, relationships, compulsions, healthy choices, distress and selfcare	541-904-5216	Multiple	ALL	EMDR, CBT, DBT, ACT, PCIT, ABFT, Art Therapy, Play Therapy, EMDR, Medication Management, Eating Disorder	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Hispanic/Latino, Children/Youth in Foster Care, LGBTQ+, Pregnant/Postpartum, Womens specific, DUAL	Telehealth & In Person	https://www.brightwayscounseling.com/
Candice Mottweiler, PhD	Individual psychotherapy in depression, anxiety, trauma, OCD, anger, ADHD, autism	541 246 7823	255 River Ave 40152, Eugene OR 97405	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, Psychoeducation, mindfulness-based interventions	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ+, Houseless, SPMI/SMI	Telehealth & In Person	https://candicemottweiler.com/
Center for Family Development, Inc. *English, Spanish	Psychiatry , Peer Support services, Medication Assisted Treatment, Anxiety, Depression, Trauma, Grief and Loss	(541) 342-8437	261 East 12th Ave., Eugene 1234 High Street, Eugene Mailing address: 1258 High Street, Eugene	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral, medication management	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth	http://www.c-f-d.org/
Child Center is Now Riverview Center for Growth	Crisis support, Collaborative Problem Solving, Parenting Groups, Intensive Day Treatment Program, Intensive Outpatient Services and Supports (IOSS), Intensive In-Home BH Treatment (IIBHT)	(541) 726-1465	3995 Marcola Rd, Springfield	Lane	EMDR: Eye Movement Desensitization, Neurofeedback, medication management , IOP, assessments	Early Child 3-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth, In Home & In Person	Riverview Center for Growth
Christians as Family Advocates	Therapy Parenting Classes (15-weeks) Groups via online OPAC/ Domestic Violence/Anger Management (via telehealth 4/8)	(541) 686-6000	921 Country Club Rd. Suite 222, Eugene	Lane	Talk Therapy, Neurofeedback, Mental Health Assessments, Family, Couples Counseling, Play Therapy	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth, In Home & In Person	http://cafaweb.com/
Cornerstone Counseling	Counseling (Children, individual, & family) Anger Management	(541) 686-8899	3003 Willamette St. Suite 5, Eugene	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization,Hypnotherapy, Play Therapy	Early Child 4-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Hispanic/Latino, Adoptive/Foster Families	In Person	http://eugencounselor.com/services/
Emerald Behavioral Health *group practice	Services in trauma, grief and loss, stress, domestic violence, anxiety, depression and more	541-224-7585	1029 River Rd Eugene, OR 97404	Lane	EMDR: Eye Movement Desensitization,DBT: Dialectical Behavioral, Psychoeducation, CBT: Cognitive Behavioral, Motivational:MI/MET, Brainspotting, Animal Assisted Therapy	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Womens, Mens, Dual, Houseless, SPMI/SMI, Children/Youth in foster care	Telehealth, In Home & In Person	http://www.ebhoregon.com/

Lane County 0-5 Age BH Providers

Humanistic Therapy NW	We discover where you are in your personal journey. We give the space for your story and experience to guide the appropriate treatment plan for you.	(253) 370-8980		ALL	Dual Diagnosis: MH and SUD, SPMI, CBT, DBT, MI/MET, Psychoeducation, Case Management, Crisis Services	Early Child 0-5 Youth 6-17 Adult 18-on	LGBTQ+	Telehealth	https://www.humanistictherapynw.com/
Invictus Therapy and Consultation LLC	individuals, families, and couples of all ages, cultures, and backgrounds. We have extensive training and experience working with individual's with eating disorders, anxiety, depression, PTSD, parenting skills, school problems, and defiant behaviors. We have training and experience working with individuals with ADHD, grief and loss, DID, psychosis, on the autism spectrum, in foster care, in the justice system, co-parenting, and family reintegration.	541-313-6199	911 Country Club Rd, Eugene OR 97401	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation, Eating Disorders,	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino, Eastern European, LGBTQ+, Children/Youth in foster care, Pregnant/Postpartum	Telehealth & In Person	https://invictustherapy.com/
Joyful Living Behavioral Health LLC	Whether you are struggling with anxiety, depression or any other issue, we will help you recognize underlying problems, fully realize your strengths and adjust certain behaviors and thoughts to see things a different, healthier way.	541-505-8168	115 W 8th Ave. Eugene, OR	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Early Child 4-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Asian/Pacific Islander, Chinese/Mandarin, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum, Womens specific, Dual Diagnosis, SPMI	Telehealth & In Person	Joyful Living BH
Kaizen Collective	Psychiatric Mental Health Nurse Practitioner Psychiatry Providers	(360) 836-0171		ALL	CBT, MH & SUD, Psychological testing, Medication Management, Psychiatric Services, Eating disorders, Care Coordination, Crisis Services	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	Hispanic/Latino, LGBTQ+, Pregnant/Postpartum, Dual, Houseless, SPMI	Telehealth	https://www.kaizenpsychiatric.com/
KIDS' FIRST CENTER A Children's Advocacy Center	Child Abuse Medical Assessment and Related Services	541-682-3938	299 E. 18th Ave Eugene, OR 97401	Lane		Early Child 0-5, Youth 6-17		In Person	Kids First
Liberty House-Hope & Wellness Services *group practice	Trauma focused therapy	503-689-1006	375 Taylor St NE Salem, OR 97301	Marion	CBT, DBT, EMDR	Early Child 0-5 Youth 6-17 Adult 18-on		Telehealth In Person	Liberty House
LifeStance Health *group practice	Medication Management, Neuropsychological and Psychological evaluation, SUD	Request Online	Multiple Locations	All	MH & SUD, Medication Management, Testing and Evaluations, Psychotherapy, Art Therapy, EMDR, Ketamine, TMS Therapy	Early Child 0-5 Youth 6-17 Adult 18-on		Telehealth In Person	LifeStance Health
Mayfield & Associates dba Center for Cultivating Parents	Depression & Anxiety	469-343-4081	1050 SW 6th Ave, Porland OR 97204	Multnomah	CBT, DBT, Dual diagnosis: MH and SUDS, Psychiatric services, Psychoeducation, Care Coordination, Case Management, IOP	Early Childhood 0-6, Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60 +	African American, American Indian/Alaska Native, Asian/Pacific Islander, Hispanic/Latino bilingual, Eastern European, Children/Youth in foster care, LGBTQ+, Prenant/Postpartum, Houseless, Immigrant, Women & Men specific, Dual diagnosis, Houseless, Services for deaf members, SPMI	Telehealth	https://centerofcultivatingparents.org/
Mindful Therapy Group East Portland	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	1500 NE Irving St, Ste 210 Portland, OR 97232	Send Referrals Here-Highly Responsive	CBT, DBT, Medication Management	Early Child 0-5 Youth 6-17 Adult 18-on	African American, Asain/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth In Person	Mindful Therapy Group

Lane County 0-5 Age BH Providers

Mindful Therapy Group Highlands	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	5440 SW Westgate Dr., Ste 350 Portland, OR 97221	Send Referrals Here-Highly Responsive	CBT, DBT, Medication Management	Early Child 0-5 Youth 6-17 Adult 18-on	African American, Asain/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth In Person	Mindful Therapy Group
Mindful Therapy Group Telehealth Support	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	Telehealth	Send Referrals Here-Highly Responsive	CBT, DBT, Medication Management	Early Child 0-5 Youth 6-17 Adult 18-on	African American, Asain/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth In Person	Mindful Therapy Group
Mindful Therapy Group Tigard	Individuals, Family/Couples Therapy, Medication Management, & Psychological Testing	971-352-6971 ext 1	11740 SW 68th Parkway, Ste. 200 Portland, OR 97233	Send Referrals Here-Highly Responsive	CBT, DBT, Medication Management	Early Child 0-5 Youth 6-17 Adult 18-on	African American, Asain/Pacific Islander, Hispanic/Latino, Children/Youth in foster care, LGBTQ+, Pregnant/Postpartum,	Telehealth In Person	Mindful Therapy Group
Options Counseling & Family Services	provides family preservation, behavioral health services, and other family supports to families and individuals	541-687-6983	360 E 10th Ave Ste 450 Eugene OR 97401	Lane	ACT, Motivational, PCIT, Play Therapy, CBT, DBT, EMDR	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	Spanish, ASL, Somalian, LGBTQ+.	In Person	Options Counseling and Family Services
Relief Nursery	Mental Health Assessments, parent/child attachment therapy, skills development	(541) 343-9706 - Eugene (541) 485-0007 - Springfield	1720 West 25th Avenue, Eugene 850 S 42nd St, Springfield	Lane	Mental Health Assessments, Play therapy,	Early Child 0-5,Youth 6-17,		Telehealth & In Home	https://reliefnursery.org/
Roseburg Therapy-Stronger Oregon	Each therapist has their own clinical focus, age groups served, therapeutic interventions and specialty. We all share in the common goal of providing the best therapeutic services to help you meet your goals. With the diversity of our team, we believe we can find the right therapist to help you become the strongest you!	541-900-4285	Salem, Eugene/Springfield, Medford, Portland, Bend, Roseburg & Coos Bay	Lane	ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Dual Diagnosis: MH and SUD concurrent, Motivational: MI/MET, EMDR: Eye Movement Desensitization, Psychoeducation, Play Therapy	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	ish, Spanish, American Sign Lang	Telehealth & In Person	https://www.strongeroregon.com/
Selah Counseling and Wellness, LLC	BH OP, working with all issues of BH including coping skills, personal growth, stress management, shame resilience and more	541-423-2633	175 W B St. Bldg. H Springfield, OR 97477	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, Play Therapy	Early Child 4-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://selahcounselingandwellness.com/
ShelterCare	Behavioral health services (in-person limited) Residential services, Housing	(541) 686-1262	499 West 4th Avenue, Eugene	Lane	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, EMDR: Eye Movement Desensitization, IFS, DBT	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://www.sheltercare.org/
Shine Counseling	Shine Counseling's Child & Family center provides compassionate, trauma-informed care for children ages 0-6 and their families.	541-600-2300	1907 Garden Ave, Ste 106 Eugene OR	Lane	CBT: Cognitive Behavioral, EMDR: Eye Movement Desensitization, IFS, DBT	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQ	Telehealth & In Person	
South Lane Mental Health *English, Spanish	Our therapists help clients of all ages discover productive and meaningful lives through outpatient counseling, case management, medication management, crisis services, recovery services, and intensive outpatient services.	(541) 942-3939	1345 Birch Ave, Cottage Grove	Lane	IOP, Neurofeedback Therapy, EMDR: Eye Movement Desensitization, Medication Management, Crisis Services	Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)	LGBTQIA+	In Person	https://www.slmh.org/programs/
Umbrella Wellness, LLC	Depression, Anxiety, Suicidal Ideation, Teen Issues, Issues Affecting The Elderly	(541) 662-0614	851 Winchester Ave., Reedsport, OR 97467	Douglas		Early Child 0-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	Umbrella Wellness
Umpqua Community Health Center is now Aviva Health	working with children and supporting families through life's challenges	541-672-9596	150 NE Kenneth Ford Drive, Roseburg, OR	Lane		Early Child 3-5,Youth 6-17,Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://aviva.health/outpatient-behavioral-health/

Lane County 0-5 Age BH Providers

Valley View Counseling	wide range of emotional and behavioral challenges providing services that span from therapy for depression and grief counseling, to parenting support, couples counseling and beyond.	541-673-3985	1652 NW Hughwood Ct Roseburg, OR	Douglas	Brainspotting, EMDR: Eye Movement Desensitization, ACT: Acceptance/Commitment, CBT: Cognitive Behavioral, DBT: Dialectical Behavioral,	Early Child 4-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person	https://www.valleyviewcounseling.com/
Vicky Curry, PhD	Custody/Parenting Time Evaluations, Collaborative Family Therapy, General Clinical Therapy	541-343-2235	1292 High St, #225 Eugene, OR	Lane		Early Child 3-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth	currvicky@gmail.com
Whalesong Counseling	Whether you're a child learning to understand big emotions, a teen navigating life's challenges, a parent seeking support, or an adult working through stress or past experiences — you are welcome here.	541-614-0294	1330 SE 9th St, Suites 1 & 2 Lincoln City, OR 97367	Lincoln	CBT: Cognitive Behavioral, DBT: Dialectical Behavioral, Motivational: MI/MET, Medication Management, Psychiatric Services, EMDR,	Early Child 2-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		In Person	https://whalesongcounseling.com/
Wholistic Counseling & Wellness/ Chelsie Hugo, MA LPC NCC	specialize in maternal mental health, infant and toddler mental health. I provide trauma informed care, with an eclectic approach to meet each client's individual needs.	541-321-0066	82887 Minnick Rd, Dexter, OR 97431	Lane	CBT, DBT, Motivational: MI/MET, Parenting support, Psychoeducation, Care Coordination	Early Childhood 0-6, Children 6-12, Youth 12-17, Young Adults 17-24, Adults 18-64,	Children/Youth in foster care, Pregnant/Postpartum, Womens & Mens specific, Dual diagnosis	In Home & Telehealth	https://www.psychologytoday.com/us/therapists/wholistic-counseling-wellness-pleasant-hill-or/1274108
Youth ERA	Peer Support on Twitch Virtual drop-in center Virtual One-on-ones and team meetings	(971) 334-9295	965 Oak Alley, Eugene	Lane	Wraparound, Peer training, Crisis Response,			Telehealth & In Person	Youth ERA

Douglas County 0-5 Age BH Providers

Provider Name	Service Available	Phone Number	Address	County	Website
ADAPT	Child Parent Psychotherapy	541-440-3532	548 SE Jackson St., Roseburg, OR	Douglas	Adapt Integrated Health Care
Aspire Counseling and Behavioral Health <i>*English, Tamil, Other</i>	BH OP: Ages 0-64 Internal Family Systems (IFS), Gestalt, Acceptance and Commitment therapy (ACT), Cognitive Behavior Therapy (CBT), Mindfulness, EMDR Flash, and Dialectic Behavior Therapy (DBT)	541-418-4616	735 SE Main St. Suite 202 Roseburg, OR 97470	Douglas	Aspire Counseling
Roseburg Therapy-Stronger Oregon <i>*English, Spanish, American Sign Language</i>	Each therapist has their own clinical focus, age groups served, therapeutic interventions and specialty. We all share in the common goal of providing the best therapeutic services to help you meet your goals. With the diversity of our team, we believe we can find the right therapist to help you become the strongest you!	541-900-4285	272 NW Medical Loop, Suite E, Roseburg, OR	Douglas	Roseburg Therapy LLC DBA Stronger Oregon
Valley View Counseling	Play Therapy, Trauma Focused CBT, Art Therapy	541-673-3985	1652 NW Hughwood Court, Roseburg, OR	Douglas	Valley View Counseling
Options Counseling & Family Services <i>*English, Spanish, Mandarin Chinese</i>	Play Therapy, Early Childhood EMDR, Collaborative Problem Solving, Skill Building, CANS assessments and Parenting groups. All services can be in person or virtual.	(541) 997-6261	1445 8th Street-Florence	Douglas	Options

Provider Name	Service Available	Phone Number	Address	County	Therapy Type	Ages Servicing	Populations Served-Culturally Specific	Service Delivery Mode	Website
Affect Therapeutics	Treatment and management of substance use disorder services for adults with Alcohol or Stimulant Use Disorder	323-522-2218	15405 SW 116th Ave King City, Oregon 97224	All	SUD	Adult 18-on			https://www.affect.com/
All Tribes Mental Health	Black, Indigenous, and People of other Colors and Cultures in Oregon, helping them heal from the past and feel better. We are creating a peer run program that will be able to assist us in helping people in crisis that can also go to people's homes. We have an education program that is supported by our Youth Advocacy Committee, and we have our clinical program that offers outpatient mental health therapy. We help all who ask but primarily help the oppressed, refugees, those who experienced forced assimilation and extermination of their culture, and others who need help	(541) 366 - 7640	Virtual	Lane		Youth 6-17,Adult 18-on,Senior/Elderly (65+)	BIPOC, Black, Indigenous, and People of other Colors and Cultures	Telehealth & In Person	www.alltribementalhealth.org
Barbara Hoefener Barb@digitalclinicians.com	Internal medicine chronic care with adults cryotherapy, allergy testing, addiction treatment (suboxone, vivitrol), PTSD/Dep/Anx/ADD	(541) 262-6470	1607 Oak Street, Eugene	Lane		Adult 18-on,Senior/Elderly (65+)		Telehealth	DigitalClinicians.com
Boulder Care Provider Group	SUD-Opioid use disorder (OUD) and alcohol use disorder (AUD)	866-901-4860	Download the app Boulder-TELEHEALTH ADDICTION TREATMENT	All	Online SUD-OUD support	Adult 18-on,Senior/Elderly (65+)	Transgender, LGBTQ+	Telehealth	Boulder_Care
Center for Family Development	Telehealth and telephone services Outpatient substance use disorder services for youth and adults DUII diversion program, including groups by telehealth Peer Support services Psychiatry Limited groups via Zoom	(541) 342-8437	261 E. 12th Avenue, Eugene 240 E. 12th Avenue, Eugene	Lane	DUII programs, Peer Support, SUDs	Early Child 0-5,Youth 6-17 Adult 18-on,Senior/Elderly (65+)		Telehealth	http://www.c-f-d.org/outpatient-substance-use-recovery
CentroLatinoAmericano	Outpatient services Recovery Groups via phone and video Groups (M & F 5pm-8pm) Individual and Family sessions (based on client need)	(541) 687-2667	944 W. 5th Ave. Eugene	Lane	SUDs, Mental Health, CBT, Relapse	Adult 18-on,Senior/Elderly (65+)		Telehealth & In Person	https://centrolatinoamericano.org/
Columbia Care (Guest House)	Outpatient services (virtual, see notes) Community based services (virtual) Residential treatment programs, Crisis Stabilization Center	(541) 858-8170 - Main Office (541) 200-2900 - Clinic/ Outpatient	Depends on service.	Lane		Adult 18-on		In Person	http://www.columbiacare.org/services.html
Emergence	treatment and recovery for substance use, gambling, and mental health disorders	(541) 393-0777 - Eugene (541) 746-4041 - Springfield	Depends on program. View website. http://www.4emergence.com/about/locations	Lane	CBT: Cognitive Behavioral,DBT: Dialectical Behavioral,neurofeedback	Adult 18-on	LGBTQIA+	Telehealth & In Person	http://www.4emergence.com/
Equinox Clinics	Equinox Clinic is a medical practice that uses medications, such as Suboxone, Subutex, Sublocade, Naltrexone and Vivitrol,	541-790-2455	160 E. 18th Ave. Eugene, OR 97401	Lane	SUDs	Adult 18-on		Telehealth & In Person	https://equinoxclinics.com/index.html
Eugene Mission Life Change Program (Men)	12-month residential, faith-based for men (18+) Counseling, psychoeducation Work/employment prep, community service Care management	(541) 344-3251 x. 129 Denver Harris, denverh@eugeneemission.org	1542 W. 1st Ave. Eugene	Lane	Residential	Adult 18-on		In Person	https://www.eugeneemission.org/lifexchange/
Exodus Recovery Services LLC	Behavioral Health SUDs outpatient treatment, assessments, DUII education and rehabilitation, referral to higher levels of care	541-995-5013	230 N 3rd St. Harrisburg OR 97446	Linn	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral, Motivational: MI/MET, Psychoeducation, SUD specific services, Case Management	Youth 12-17, Young Adults 17-24, Adults 18-64, Seniors 60+	Hispanic/Latino, Womens specific, Houseless	Telehealth & In Person	https://exodusrecovery.com/
Fjord Counseling LLC	We also specialize in the treatment of trauma and we frequently provide mental health services to individuals enrolled in residential SUD treatment.	541-234-3090	1355 W 13th Ave., #3955 Eugene, OR 97402	Lane	ACT: Acceptance/Commitment,CBT: Cognitive Behavioral,DBT: Dialectical Behavioral,Dual Diagnosis: MH and SUD concurrent,Motivational: MI/MET, EMDR: Eye Movement Desensitization, Crisis Services	Youth 12-17 , Adult 18-64, Seniors +	LGBTQ+ , Womens, Mens, Dual, Houseless, SPMI/SMI, Pregnant/Postpartum,	Telehealth & In Person	Fjord Counseling
Integrated Health Clinic	Medication Assisted Recovery/ Opiate replacement therapy, Relapse prevention, Methadone Program, Intensive Outpatient, Assessments/Evaluations, DUII Rehab.	(541) 344-3574	715 Lincoln St. Eugene, 17882 SE McLoughlin Blvd, Milwaukie	Lane and Clackamas	Coordination of Care, HIV screening, TB tests, Mentoring, Recovery	Adult 18-on		In Person	http://www.integratedclinics.com/contact.htm
Lane County Methadone Treatment Program	Medication Assisted Recovery/ Opiate replacement therapy Relapse prevention Methadone Program	(541) 682-4464	151 W. 7th Ave Rm 163, Eugene	Lane		Adult 18-on			https://lanecounty.org/government/county_departments/health_and_human_services/behavioral_health/methadone_treatment_program
Laurel Hill Center	Community support services (limited case management) Counseling via phone Assertive Community Treatment (ACT) Medical management, Prescriber services Support in crisis Supportive housing Pharmacy open normal hours RTT/BIOP Peer Support	(541) 485-6340 - Eugene	2145 Centennial Plaza, Eugene	Lane	Assertive Community Treatment (ACT), Medication Management	Adult 18-on		In Person	https://www.laurel.org/
LIVE, GROW, SHARE LLC *group practice	RTT/BIOP Peer Support Ages 18+ Mental Health Residential Treatment Facility serving civil commitments, PSRB, and voluntary placements.	541-525-3139	87980 7th St Venets, OR 97487	Lane	Mental Health Residential Treatment Facility , ACT, CBT, DBT, MH & SUD, Psychoeducation, Animal assisted, Eating disorder, Case Coordination, Case Management, Crisis Service	Adult 18-on	African American, American Indian/Alaska Native, Asain/Pacific Islander, Eastern European, LGBTQ+, Pregnant/Postpartum, Dual, SPMI	In Person	LIVE.GROW.SHARE
Looking Glass	Counseling (telehealth, telephone, limited in-person) Recovery outpatient services (telehealth) Psychiatry (telehealth) Skill building (telehealth only) Medical Management (telehealth)	(541) 484-4428	260 East 11th Ave., Eugene	Lane	Medication Management	Youth 11-17, Adult 18-on		Telehealth	https://www.lookingglass.us/counseling-program
Madrone Mental Health	serve individuals, families, parents, and couples with behavioral and mental health needs, eating disorders, medication management	(541) 210-8090	150 Shelton Mcmurphy Blvd #101, Eugene	Lane	Eating Disorder Treatment, Medication Management, CBT, Cognitive Behavioral,DBT: Dialectical Behavioral	Youth 12-17, Adult 18-64, Seniors +			https://www.madronementalhealth.com/
Milestones Family Recovery-Recovery Wellness Center	SUD, Residential Treatment Center	541-753-7801	404 NW 23rd St., Corvallis, OR, 97330	Benton	Residential, DUII, SUDs	Adult 18-on		In Person	Milestones-YES-RTC

Lane County SUD Providers

New Life Wellness LLC and Randall Kelly	Dual Dx, SPMI/SMI, Medication Management, Addiction, MH and Prevention Medicine, Alcohol/SA treatment, behavioral therapy, psychopharmacology	206-418-8222	4909 S. Coast Hwy South Beach, OR 97366	Lincoln	CBT, Cognitive Behavioral, Dual Diagnosis: MH and SUD concurrent, Medication Management	Adult 18-on		In Person only	
Reconnections Alcohol & Drug	Substance Abuse Rehabilitation facility	541-994-4198	1345 NW 15th St, Lincoln City, Oregon 97367	Lincoln	SUDs	Youth 12-17 Adult 18-on			Reconnections Counseling
Serenity Lane	Intensive outpatient treatment (using RecoveryNow - click link) Detox Residential Services (openings/30-day stay required)	(541) 485-1577 (541) 687-1110 - Admissions	4211 West 11th Avenue, Eugene	Lane	Residential, SUDs	Adult 18-on		Serenity Lane	https://serenitylane.org/recoverynow/
Serenity Lane - Inpatient Hospital & Residential Treatment Center	Intensive outpatient services (IOP) (telehealth), Substance Abuse rehabilitation facility, offering Sublocade injections (Coburg ONLY)	800-543-9905	91150 Coburg Industrial Way, Coburg, Oregon 97408	Lane	IOP, SUDs	Youth 12-17 Adult 18-on			Serenity Lane
South Lane Mental Health *English, Spanish	Our therapists help clients of all ages discover productive and meaningful lives through outpatient counseling, case management, medication management, crisis services, recovery services, and intensive outpatient services.	(541) 942-3939	1345 Birch Ave, Cottage Grove	Lane	IOP, Neurofeedback Therapy, EMDR: Eye Movement Desensitization, Medication Management, Crisis Services	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	LGBTQIA+	In Person	https://www.slmh.org/programs/
South Lane Mental Health *English, Spanish	Our therapists help clients of all ages discover productive and meaningful lives through outpatient counseling, case management, medication management, crisis services, recovery services, and intensive outpatient services.	(541) 942-3939	1345 Birch Ave, Cottage Grove	Lane	IOP, Neurofeedback Therapy, EMDR: Eye Movement Desensitization, Medication Management, Crisis Services	Early Child 0-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)	LGBTQIA+	In Person	https://www.slmh.org/programs/
Springfield Treatment Center	Medication Assisted Recovery/ Opiate replacement therapy Relapse prevention Telehealth counseling	(541) 653-8284	1485 Market St. Springfield	Lane	SUDs	Adult 18-on		Telehealth & In Person	www.springfieldrecovery.com
Springfield Treatment Center	Medication Assisted Recovery/ Opiate replacement therapy Relapse prevention Telehealth counseling	(541) 653-8284	1485 Market St. Springfield	Lane		Adult 18-on		In Person	www.springfieldrecovery.com
Umpqua Community Health Center is now Aviva Health	working with children and supporting families through life's challenges Mental health services Counseling via telehealth Health clinic (still taking appointments - no walk-ins). Dental clinic open for emergency cases only	541-672-9596	150 NE Kenneth Ford Drive, Roseburg, OR	Lane		Early Child 3-5, Youth 6-17, Adult 18-on, Senior/Elderly (65+)		Telehealth & In Person	https://aviva.health/outpatient-behavioral-health/
White Bird	Mentally managed detox services	(541) 342-8255 - Counseling (541) 344-8302 - Dental Clinic (541) 484-4800 - Health Clinic (541) 683-1641 - BH Outpatient	View website for locations.	Lane	medical, mental health, and behavioral health	Adult 18-on		In Person	https://whitebirdclinic.org/services/
Willamette Family - Buckle Up Detox	Medically managed detox services	(541) 762-4575	605 W 4th Ave, Eugene	Lane	Detox	Adult 18-on		In Person	https://www.wfhs.org/sobering.htm
Willamette Family - Outpatient Treatment	WALK-INS Treatment via phone Individual counseling Groups via phone Counseling via phone, Bilingual (Spanish)	(541) 762-4300	Depends on program.	Lane		Adult 18-on		In Person	https://wfhs.org/
Willamette Family - Outpatient Treatment	WALK-INS Treatment via phone Groups via phone Counseling via phone	(541) 762-4300	Depends on program.	Lane				In Person	https://wfhs.org/
Willamette Family - Residential Treatment	Inpatient recovery services	(541) 762-4300	195 W 12th Ave #3008, Eugene	Lane	Residential	Adult 18-on		In Person	https://wfhs.org/
Willamette Family - Sobering	Monitoring and sobering services Referrals and motivational counselling	(541) 762-4575	605 W. 4TH AVENUE, EUGENE, OR 97402	Lane					https://wfhs.org/sobering.htm
Willamette Family - Women's Res	Residential treatment program (53 bed facility)	(541) 684-4202	Not disclosed	Lane	Residential	Adult 18-on		In Person	

Harm Reduction

Provider Name	Service Available	Phone Number	Address	Website
Lane County				
White Bird Medical Clinic	Needle Exchange & Nalxone	541-484-4800	<u>Wednesdays: 6-7:30</u> 1400 Mill St. Eugene, OR 97401	White Bird Medical Clinic
ShelterCare	Needle Exchange & Nalxone	541-686-1262	<u>Mondays from 6-7:30 pm</u> 499 W. 4th Ave. Eugene, OR 97401	ShelterCare
Highway 99 St. Vincent de paul Society	Needle Exchange & Nalxone	541-461-8688	<u>Thursdays from 9:45 am-12pm</u> 456 Hwy. 99 (Lindholm Center Parking Lot) Eugene, OR	n/a
Springfield Needle Exchange	Needle Exchange & Nalxone	n/a	<u>Thursdays from 6-7:30 pm</u> South 18th and A Springfield, OR 97477	n/a
HIV ALLIANCE Eugene	Supportive housing, Sexual health clinic, Behavioral health counseling, Peer Support, PCP, MAT, at-risk HIV, and living with HIV/AIDS	541-342-5088	<u>Mondays: 3-7 pm</u> <u>Tuesdays: 5-7 pm</u> <u>Wednesdays NO TESTING</u> <u>Thursdays: 5-8 pm</u> <u>Fridays: 1-5 pm</u> Testing for Chlamydia, Gonorrhea, Syphilis: Call for times 1195 City View St. Eugene, OR 97402	HIV Alliance
HIV ALLIANCE Multiple Locations	Supportive housing, Sexual health clinic, Behavioral health counseling, Peer Support, PCP, MAT, at-risk HIV, and living with HIV/AIDS	866-470-3419	Roseburg, Salem, Medford, Grants Pass, Coos Bay	HIV Alliance LOCATIONS
Planned Parenthood Eugene-Springfield Health CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange	STD Treatment, Prevention and Vaccines, Birth Control, Emergency Contraception, Abortion, HIV Services	541-344-9411	3579 Franklin Blvd Eugene, OR 97403	Planned Parenthood
Planned Parenthood West Eugene Health Center CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange	STD Treatment, Prevention and Vaccines, Birth Control, Emergency Contraception, Abortion, HIV Services	541-344-9411	793 N Danebo Ave Eugene, OR 97402	Planned Parenthood
Planned Parenthood PPSO Telehealth Services CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange	STD Treatment, Prevention and Vaccines, Birth Control, Emergency Contraception, Abortion, HIV Services	541-344-9411	3579 Franklin Blvd Eugene, OR 97403	Planned Parenthood
Multnomah County				

Harm Reduction

<p>Harm Reduction Clinic</p>	<p>Medical appointments and screening for STD, HIV, hepatitis C and syphilis. Limited in-person and telemedicine appointment. Risk reduction counseling, Safer sex supplies, wound and abscess care, Referrals to medical and mental health care, shelter services, and alcohol and drug treatment.</p>	<p>Recorded Info: 503-280-1611 Clinic appointments: 503-988-0577 503-988-3700</p>	<p><u>Mon-Thurs-11am - 7pm</u> 12425 NE Glisan Street (In Menlo Park Plaza, behind Walgreens)</p>	<p>The Harm Reduction Clinic</p>
<p>Syringe Exchange Program</p>	<p>Safe disposal of used Syringes, Access to sterile syringes safer injection supplies and new sharps containers, Overdose rescue kits including "Naloxone". Mobile Exchange (look for the white van)</p>	<p>Syringe exchange schedule: 503-280-1611</p>	<p><u>Tuesday and Friday, 7-9pm</u> SE 82nd Ave and Ash St, one block off Burnside</p>	<p>MOBILE VAN SCHEDULE</p>
<p>OUTSIDE IN <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>Outside In's Injection Drug Users Health Services (IDUHS) promotes health and healing for people who are using injection drugs. Syringe exchange, HIV & Hepatitis C testing, Safer sex supplies, Overdoses prevention & naloxone training, Fentanyl testing, Referrals to health care and drug treatment, Motivational interviewing, Safe needle disposal, Vein care education</p>	<p>503-535-3826</p>	<p><u>Monday-Friday, 12-5 pm</u> 1219 SW Main St, Portland</p>	<p>Outside In (IDUHS)</p>
<p>Planned Parenthood NE Portland Health Center <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>STD Treatment, Prevention and Vaccines, Birth Control, Emergency Contraception, Abortion, HIV Services</p>	<p>888-875-7820</p>	<p>3727 NE Martin Luther King Jr. Blvd. Portland, OR 97212</p>	<p>Planned Parenthood</p>
<p>Planned Parenthood Hillman East Portland Center <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>STD Treatment, Prevention and Vaccines, Birth Control, Emergency Contraception, Abortion, HIV Services</p>	<p>888-875-7820</p>	<p>14601 SE Division St Portland, OR 97236</p>	<p>Planned Parenthood</p>
<p>Washington County</p>				
<p>Waco-Harm Reduction Services</p>	<p>Services offered (Must be at least 18 for needle exchange) Sterile syringes, Disposal of used syringes, Wound care kits, Safe sex materials, Rapid HIV testing, Naloxone, Fentanyl test strips.</p>	<p>503-846-2972 WaCo Health Care Resource Line for non-high risk: 503-846-8851</p>	<p><u>Mondays, 2-4 pm</u> Central Beaverton Library-West Parking Lot SW Washington & SW 3rd Street <u>Wednesdays, 1-4 pm</u> Dairy Creek Park, Hillsboro SW Walnut, Behind WinCo (Bus Line #57)</p>	<p>WaCo Harm Reduction</p>
<p>Cascade AIDS Project (CAP) <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>Washington County Public Health provide testing for persons at risk for sexually transmitted infections (STIs), including chlamydia, gonorrhea, syphilis and HIV. Spanish-speaking staff are available. No-cost testing is available for those who qualify based on the following risks: You are a man who sometimes has sex with men. Your man has sex with other men. You have had sex with someone who may be HIV positive. You or your partner have shared needles. You have exchanged sex for something you needed or wanted.</p>	<p>503-223-5907</p>	<p><u>Thurs-9:30 a.m. -5 p.m.</u> (By appointment only) Hillsboro Clinic, 266 Main St. Call for appointment 503-846-2972 (Hatfield Government Center MAX Station)</p>	<p>CAP NW</p>

Harm Reduction

<p>Planned Parenthood Beaverton Health Center <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>STD Treatment, Prevention and Vaccines, Birth Control, Emergency Contraception, Abortion, HIV Services</p>	<p>888-875-7820</p>	<p>12220 SW First St., Ste. #200 Beaverton, OR 97005</p>	<p>Planned Parenthood</p>
<p>Virginia Garcia Memorial Health <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>These clinics offer primary care, women's and men's health, family planning, testing for sexually transmitted infections, and vaccines.</p>	<p>*See website for location info</p>	<p>Hillsboro, Beaverton, Cornelius, School-Based Health Centers</p>	<p>Virginia Garcia</p>
<p>Neighborhood Health Center (NHC) Hillsboro Reproductive Health Clinic <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>Birth control, Emergency contraception, Free condoms, Pregnancy testing, PAP test, Hepatitis C screening, STI screening/treatment, HIV/AIDS testing and counseling, Sterilization options/referrals</p>	<p>503-941-3016</p>	<p>266 W Main St. Hillsboro <u>Tues: 8 a.m.-7 p.m. or walk-in 3-7 p.m.</u> <u>(for 25 years and under)</u> <u>Wednesdays: 7 a.m.-6 p.m.</u> <u>Fridays: 7 a.m. - 1 p.m.</u></p>	<p>NHC-Reproductive Health</p>
<p>Clackamas County</p>				
<p>Clackamas County</p>	<p>Naloxone and Harm Reduction</p>	<p>503-742-5300</p>	<p>2051 Kaen Rd. Ste.#367 Oregon City, OR 97045</p>	<p>Clackamas County</p>
<p>Planned Parenthood Milwaukie-Oak Grove <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>STD Treatment, Prevention and Vaccines, Birth Control, Emergency Contraception, Abortion, HIV Services</p>	<p>888-875-7820</p>	<p>14411 SE McLoughlin Blvd Milwaukie, OR 97267</p>	<p>Planned Parenthood</p>
<p>OUTSIDE IN AT CLACKAMAS SERVICE CENTER <i>CONTRACTED PARTNERS- Harm Reduction/Syringe Exchange</i></p>	<p>Outside In's Injection Drug Users Health Services (IDUHS) promotes health and healing for people who are using injection drugs. Syringe exchange, HIV & Hepatitis C testing, Safer sex supplies, Overdoes prevention & naloxone training, Fentanyl testing, Referrals to health care and drug treatment, Motivational interviewing, Safe needle disposal, Vein care education</p>	<p>503-535-3826</p>	<p><u>Tues.-Thurs: 1-4 pm</u> 8800 SE 80th Ave, Portland</p>	<p>Outside In (IDUHS)</p>

Community Services and Resources

Provider Name	Service Available	Phone Number	Address	County	Website
18percent	Mental health peer support	N/A	N/A	Lane	https://18percent.org/
Adolescent and Family Services at Oregon Social Learning Center Developments, Inc.	Outpatient substance use treatment for ages 12-18	(541) 284-7560	10 Shelton McMurphy Blvd.	Lane	Brown Dog Foundation
Brown Dog Foundation	Pet surgery resources	See website	See website	All	https://www.carryitforward.net/contact-cif
Carry it Forward	Clothing for members	541-654-0139	Eugene & Springfield	Lane	https://www.ccslc.org/
Catholic Community Services	Clothing closet is open from Tuesday – Saturday from 9:30 a.m. to 12 p.m. Also available is a food pantry 9-12:45 WFS. Utility help, housing resources, personal hygiene, prescription assistance, rental assistance and SNAP enrollment assistance also available. Hours: T-F 9am-4:30pm	(541) 345 - 3628 - Eugene & Springfield	1464 West 6th Avenue - Eugene 1025 G Street - Springfield	Lane	https://www.eugene-or.gov/4903/Shelter
City of Eugene Shelter Search Site	Links for City Supported Shelters; Dawn to Dawn, Microsites, Opportunity Village, Overnight Parking Program, Rest Stops, Safe Sleep Sites.	See Website	Eugene & Springfield	Lane	http://www.columbiacare.org/veterans.html
Columbia Care	Veteran Resource Center Case management Housing services Mail service continuing	(541) 779-8564	601 N. Grape Street Medford	Jackson	https://communitysharing.org/
Community Sharing	Food boxes only Energy assistance (541) 942-2176	(541) 942-2176	1440 Birch Avenue Cottage Grove	Lane	
D.R.E.A.M. Center (city of Destiny Church)	examples (they have helped people get new clothes and get them on a plane or train to get them out of the county/state for safety) or people who have just had to restart their lives.	541-746-6432	2065 Centennial Blvd - Springfield	Lane	
Department of Human Services	Food benefits (SNAP), employment services, cash assistance (TANF), domestic violence services, child welfare services, health benefits (OHP), senior citizens services. Also, apply for free phones, search for jobs, bathrooms. Apply for services by paper or by computers provided. Hours: M-F 7AM - 6PM -	541-686-7722	2101 W. 11th Ave- Eugene	Lane	https://apps.state.or.us/onlineApplication/
DHS - Self Sufficiency Program	Food stamps (online applications available) Intakes via phone	(541) 686-7878	2885 Chad Dr, Eugene	Lane	ebbertumc.org/
Ebbert United Methodist Church	Meals served. Breakfast on Mondays from 8:00 am to 11:00 am. Sack lunches on Tuesdays and Thursdays from 8:00 am to 11:15 pm. Community meal on Wednesdays at 4:30-7pm. Saturday dinner 4pm provided by Hope House. Clothing closet open Monday and Wednesday at meal times. Hours: MTTHF 8-11am, W 4:30-7pm	541-746-3513	532 C Street, Springfield	Lane	https://eugenemission.org/
Eugene Mission	Shelter	(541) 344-3251	1542 West First Ave., Eugene	Lane	www.heartofeugene.org
First Christian Church – Helping Hand Room	Provides clothing for all ages, including baby clothes, kitchen items, and bedding to those in need. Items are used and in good condition. Hours: TTh 12-2pm	541-344-1425	1166 Oak St. Eugene	Lane	www.1st-way.org/
First Way of Eugene	Provides pregnancy tests, ultrasound, baby and toddler clothes, baby wipes, diapers, all without charge. Pregnant women can be signed up for insurance and receive referrals for health services. Hours: TWTh 10-4	541-687-8651	1162 B St #213, Springfield	Lane	http://www.florencefoodshare.org/
Florence Food Share	Food pantry	(541) 997-9110	2190 Spruce Street Florence	Lane	
Food for Lane County	The Dining Room: To-go meals only Proxy meal pick-up (see notes) Food Pantry locator in notes		270 W 8th, Eugene 770 Bailey Hill Rd.	Lane	https://www.forlikeminds.com/
For Like Minds	Online mental health support network	(800) 273-8255 - if in crisis	N/A	Lane	https://friendslanecounty.org/
Friends of the Children	For caregiver and family engagement services providing wrap-around support for youth participants in school, home and community settings, including mentoring services, case management and more.	971.205.2463	425 Lincoln Street, Eugene, OR 97401	Lane	www.ccsic.org/g-street-oasis

Community Services and Resources

G-Street Oasis	Provides day shelter and other services for homeless families with children. Laundry, hygiene supplies, bathrooms, kitchen facilities and showers available. Also provides limited transitional housing and referrals for families. To obtain services one must be registered in the program, please call Gail at the phone above to register, or email gstreet@ccslc.org Hours: M-F 9AM - 3PM	541-214-0260	1175 G St. Springfield	Lane	www.hsclc.org
Head Start of Lane County	Early Head Start (0-36 months) Prenatal Program (Home Base Available) Head Start Program (age 3-5) Services include: Special education services Education services Family services Health/Nutrition services Mental Health services (behavior support, counseling, skill building, help in identifying emotions) Parenting services	(541) 747-2425	221 B St, Springfield, OR 97477	Lane	https://hivalliance.org/
HIV Alliance	Clean needles Naloxone distribution	(541) 342-5088	1195 City View Street Eugene, OR 97402	Lane	https://homesforgood.org/
Homes for Good	Housing services	(541) 682-3755	177 Day Island Road - Eugene 300 West Fairview Drive - Springfield	Lane	http://junctioncitylocalaid.org/about-local-aid/
Junction City Local Aid	Basic needs assistance Economic relief	(541) 998-3992 (541) 952-2323 (COVID-19 Hotline)	210 E. 6th Ave. Junction City	Lane	-
Lane Adult Protective Services	Reporting Abuse and Neglect/Seniors and disabilities	541-682-4140	015 Willamette Street, Eugene, Oregon, 9740	Lane	https://lanecounty.org/cms/One.aspx?portalId=35858&pageId=16503774
Lane County	Safe place to sleep Meals & showers Medical screenings	(541) 682-1380	Lane County Fairgrounds Convention Center 796 W 13th Ave, Eugene	Lane	https://lanecounty.org/cms/One.aspx?portalId=35858&pageId=16503774
Lane County	Safe place to sleep Meals & showers Medical screenings	(541) 682-1380	Willamalane Memorial Building 765 A St., Springfield	Lane	https://lanemutualaid.org/request
Lane County Mutual Aid Network	Connect people to existing services and each other Region-wide network of Neighborhoods Point People	(541) 321-8749	Eugene & Springfield	Lane	
Lane County Veteran Services	Services via phone only. No walk-ins.	(541) 682-4191		Lane	
Lane Independent Living Alliance (LILA)		(541) 607-7020		Lane	https://www.lanekids.org/coronavirus-resources/#Mental-Health-Services
LaneKids	Activities to do with your kids Free entertainment and educational resources At-home self-care, and more.		N/A	Lane	https://www.lookingglass.us/new-roads
Looking Glass - New Roads Program	To-go meals To-go hygiene items Shower Laundry	(541) 686-4310	941 West 7th Ave., Eugene	Lane	https://www.lookingglass.us/station-7
Looking Glass - Station 7 (age 11-21*)	Emergency shelter Family reconciliation	(541) 689-3111	931 W. 7th Ave., Eugene	Lane	http://mapletonfoodshare.org/services.html
Mapleton Food Share	Food pantry Resource Center	(541) 286-2929	10718 Highway #126 Mapleton	Lane	https://www.facebook.com/mckenziefoodpantry/
McKenzie River Food Pantry	Food boxes only	(541) 822-1038	51187 Blue River Drive Finn Rock	Lane	https://midlanecares.com/
Mid Lane Cares	Food Pantry Free Medical Clinic Senior Meals & Programs (COVID-19 precautions) Emergency Assistance Scholarships	(541) 935-4555	25035 Broadway Ave Veneta	Lane	https://hamilane.org/
NAMI	Mental health support Remote groups and presentations	(541) 343-7688	2411 Martin Luther King Jr. Blvd, Eugene	Lane	https://www.supportgroups.com/online
NAMI (source)	Support groups	(800) 459-2296	N/A	Lane	https://nurturely.org/
Nurturely	Perinatal health education and fund a community liaison	541-579-8941	56 East 15th Ave, Eugene, OR 97401	All	Ophelia's Place

Community Services and Resources

Ophelia's Place Girls age's 10-18	Support for girls and families offering after school programs, therapy, training and outreach By appt only 10 a.m. -3 p.m. Monday-Wednesday	541-234-5027	1497 Kalmia Street, Junction City, Or 97448	Lane	Ophelia's Place
Ophelia's Place Girls age's 10-18 Online or In-Person Support	Support for girls and families offering after school programs, therapy, training and outreach. Drop-in Hours 10 a.m. -6 p.m. Monday-Thursday 10 a.m.-2 p.m. Friday	541-284-4333	1577 Pearl St #100, Eugene, OR 97401	Lane	https://ofsn.org/
Oregon Family Support Network	Online support groups Peer support services (parents and caregivers that work with families with behavioral/emotional challenges) Post-Crisis Debrief Transition Services (education and help with resources)	541-342-2876	telehealth	Entire State	https://parentingnow.org/parents/parenting-the-first-three-years-online/
Parenting Now	Free Access to the First 3-Years (Online)	541.484.5316	Online	Lane	Patient Pet Advocates
Patient Pet Advocates	Patient Pet Advocates is a pet-focused community service that strives to help people struggling with profound, life-altering or terminal medical issues. Our services are tailored to the goal of supporting pets in their home environment, helping patients to plan for pet care in emergencies, and providing support in crisis situations	541-632-3217	P.O. Box 23 Springfield, OR 97477	Lane	PEER Shelter-Lookingglass
PEER Shelter (Preserver, Enlighten, Empower, Renew)	Low-Barrier Youth/Young Adult Shelter Ages 16-24 Accommodate Pets Trauma Informed Care Model	541-342-4293	2517 Martin Luther King Blvd Eugene, OR 97401	Lane	More Info Here
Prescription Assistance Services (non pain reliever)	See page 49	n/a	More Info Here	Lane	Through White Bird
Prescription Assistance Services (non pain reliever)	Read for More Info	N/A	Through White Bird	Lane	https://rchoq.org/project-blessing
Project Blessings Food Pantry	To support Project Brave Student Pantry food distribution and delivery, as well as Whole Child basic needs program delivery services including food, hygiene, community event programming and online pantry system.	541-271-3928	150 S. 20th Street in Reedsport	Douglas	Swindells Resources Center
idence Child Center (Swindells Resource C	developmental delays or disabilities. We provide res	503-215-2429	830 NE 47th Ave, Portland, OR 97213	All	https://www.reconnectionsounseling.com/
Reconnections A&D Treatment	Outpatient counseling, 1-on-1 counseling limited Groups via telehealth	(541) 574-9570 (for all locations)	547 SW 7th St. Newport 1720 34th St. Florence	Lane	https://eugene.salvationarmy.org/eugene/COVID-19-Response
Salvation Army	Food pantry	(541) 343-3328	640 W. 7th Avenue	Lane	https://coosbay.salvationarmy.org/coos_bay/food-pantry
Salvation Army - Coos Bay	Food pantry	(541) 888-5202	1155 Flanagan Ave Coos Bay	Coos	Email: sharefair@neighborhoodanarchists.org
Share Fair	Every month Share Fair gives away free items they have collected from the community. They offer a meal, clothes, household supplies, services and face-to-face contacts with local services. Look at the website for the location and date this month. Hours: Last Tuesday of every month, 3-6:30pm.	email			ShelterCare.org
ShelterCare	Housing services - crisis intervention Case management via phone	(541) 686-1262	499 West 4th Avenue	Lane	https://florescos.org/services.html

Community Services and Resources

Siuslaw Outreach Services	Emergency Shelter Homeless Prevention Assistance Rapid Re-housing Assistance Prescription, Energy, & Utility Assistance Shower/Laundry, Transportation, & Veteran Vouchers Domestic Violence Advocacy & Information	(541) 997-2816 (541) 997-4444 (CRISIS Hotline)	1576 West 12th Street Florence	Lane	https://sponsorsinc.org/
Sponsors, Inc	For housing specialist support services for individuals released from incarceration, including vital records support and acquisition, clothing, transportation assistance and mobile phone access.	541-485-8341	338 Highway 99 North Eugene, OR 97402	Lane	https://www.svdp.us/get-help/im-hungry/
SVdP - Atkinson Food Room	Food boxes only	(541) 689-6747	456 Highway 99 North	Lane	https://www.svdp.us/news/article/coronavirus-covid-19-update-and-important-information/
SVdP - Dusk 2 Dawn	Shelter Hygiene stations	(541) 689-6747		Lane	https://www.svdp.us/news/article/coronavirus-covid-19-update-and-important-information/
SVdP - Eugene Service Station	CLOSED	(541) 689-6747		Lane	https://www.svdp.us/what-we-do/homeless-services/first-place-family-center/
SVdP - First Place Family Center	Basic supply pick-up (food, diapers, toiletries, and other hygiene) Showers and laundry (limited to 1 family at one time)	(541) 342-7728	1995 Amazon Parkway, Eugene	Lane	https://www.svdp.us/what-we-do/affordable-housing/property-management/
SVdP - Housing Services	Non-Subsidized Affordable housing - must have a source of income or rental assistance such as a Section 8 voucher or other program. Unhoused? SVdP can help with HUD/OHCS/VA supportive housing program applications. Contact foster.martinez@svdp.us or (541) 743-7185	(541) 743-7164 FAX: (541) 687-0351 Email: waitlist@svdp.us or foster.martinez@svdp.us	2890 Chad Dr. Eugene Mail: PO Box 24608 Eugen, OR 97402	Lane	https://www.svdp.us/what-we-do/homeless-services/first-place-family-center/interfaith-night-shelter/
SVdP - Night Shelter Program	Basic needs services Overnight shelter	(541) 687-5820	1995 Amazon Parkway, Eugene	Lane	https://www.svdp.us/what-we-do/affordable-housing/supportive-services-veteran-families/
SVdP - Supportive Services for Veteran Families	Case management Eviction prevention assistance Utility assistance Referrals Peer support	(541) 228-5260 or (541) 743-7182	2890 Chad Dr. Eugene	Lane	The Pet Fund
The Pet Fund	Pet surgery resources	See website	See website	All	https://transponder.community/#:~:text=TransPonder%20is%20a%20transgender%20founded,diverse%20community%20and%20our%20allies.
TransPonder	To support a job skills program with case management, educational workshops, resume building and practical work experience through paid volunteer and internship positions.	541-321-0872	1185 Arthur St., Eugene, OR 97402	Lane	
Western Lane Fire & EMS Authority	Mobile Crisis Response Unit Monthly survivors of suicide support group	(541) 997-3515 for information	Mobile	Lane	https://www.willamettefarmandfood.org/
Willamette Farm and Food & Food	To support local food banks, farm-direct food purchases, educational activities and initiatives to decrease barriers to access for program participants.	541-658-0715	Eugene & Springfield	Lane	https://www.womenspaceinc.org/
Womanspace	24/7 crisis line for all victims and survivors of domestic violence, intimate partner violence, sexual assault and stalking in Lane County. Hours: 24/7	(541) 485-8232 Office (541) 485-6513 Crisis Line	1577 Pearl Street, Eugene	Lane	