

Program Element Name: **Tribal Healthy Fish Consumption**

Program Element Numer: **PE #282**

OHA Program Responsible for Program Element: **Public Health Division  
Center for Health Protection  
Environmental Public Health  
Healthy Fish Consumption**

## **1. Background**

Funds provided under this Agreement for this Program Element may only be used in accordance with, and subject to, the requirements and limitations set forth below, to deliver Healthy Fish Consumption activities. This funding could be used to support two areas of Healthy Fish Consumption work to support freshwater, recreational fish advisories: (1) Sampling of priority fish species in priority locations and/or (2) Education and outreach relating to current fish advisories and healthy fish consumption in general.

This work is needed to support the development, management, and public awareness of freshwater, recreational fish advisories throughout Oregon. Consumption of contaminated fish from polluted waterbodies can expose a person to chemical contaminants which pose a risk to human health such as mercury, polychlorinated biphenyls (PCBs), polyfluoroalkyl substances (PFAS), and pesticides among others. People who are pregnant, nursing, or may become pregnant, people with immune system problems, and children under six years old are at the highest risk of harm to their health as a result of consuming contaminated fish. Health effects can include learning and development delays in babies and young children, thyroid or immune system problems, and reproductive system issues. At the same time, there are many health benefits of eating fish. OHA issues fish advisories to provide recommendations about how much fish people can eat to get those health benefits, but not be exposed to too much risk if fish have contaminants. To develop advisories, OHA uses data about contaminants in the fish that people catch. OHA compares data about the levels of contaminants to research about the levels that may affect people's health.

This Program Element seeks to support the development of fish advisories and sharing information about fish advisories by providing resources to Tribe to 1) conduct fish tissue sampling in priority waterbodies to increase understanding of contaminants in Oregon freshwater fish; 2) increase public awareness and understanding of fish consumption advisories and the potential health risks of consuming contaminated fish through outreach and education. These focus areas will help the OHA's goal to encourage healthy fish consumption through education and improved access to healthy sources of fish.

This Program Element and all changes to this Program Element are effective the first day of the month noted in the Issue Date of Exhibit C Financial Assistance Award unless otherwise noted in Comments and Footnotes of the Exhibit C of the Financial Assistance Award.

## **2. Performance Requirements**

a. **Procedural and Operational Requirements.** By accepting and using the Financial Assistance awarded under this Agreement and for this Program Element, Tribe agrees to conduct activities in accordance with the following requirements:

- (1) Submit program plan, including budget, to OHA to be finalized through mutual negotiation between both entities as to content and due date. Submission shall be by electronic submission to OHA based on the guidance found online here:  
<https://www.oregon.gov/oha/PH/PROVIDERPARTNERRESOURCES/LOCALHEALTHDEPARTMENTRESOURCES/Pages/index.aspx>
- (2) Engage in activities as described in its program plan.
- (3) Use funds for this Program Element in accordance with the Tribe's approved budget. Modifications to the budget of 25% or more for any item will be finalized through mutual negotiation between both entities prior to implementation.
- (4) Implement at least two of the following strategies:
  - (a) Create and execute a fish tissue sampling plan for fish species and fishing locations as determined by the Tribe. OHA will take responsibility for laboratory analysis of samples, and will share data back with the Tribe upon completion of the analysis.
  - (b) Incorporate fish tissue sampling for contaminants into current Tribal work. If fish are already being sampled for other fishery management purposes, some of these fish could be passed on to state staff for analysis of their fish tissue for contaminants. The resulting data would be shared with the Tribe upon completion of the analysis.
  - (c) Develop an apprenticeship or internship for Tribal community members to learn from Tribal natural resources and fisheries staff about fish tissue sampling.
  - (d) Develop Tribal-specific outreach materials (flyers, signage, social media, educational videos, etc.) for locally relevant fish consumption advisories.
  - (e) Develop workshops for Tribal community members. Examples of potential workshop topics include:
    - i. Celebration of certain fish species as first foods.
    - ii. Passing of knowledge and traditional experience with fishing and fish preparation to Tribal community members.
    - iii. Sharing and demonstration of safer fish preparation and cooking methods to reduce contaminants when preparing fish for consumption.

- iv. Any additional ideas that celebrate healthy fish consumption and educate Tribal community members about ways to reduce contaminants in certain fish.
- (f) Train Tribal staff and/ or trusted community members to increase awareness among Tribal community members about local fish advisories.
- (g) Distribute local fish advisory information throughout Tribal communities. This may include distribution of physical materials or direct outreach to Tribal fishers, for example.
- (5) Any data product generated specifically from analysis of contaminants in fish tissue will be jointly owned by Tribe and OHA. The Tribe jointly owning the fish tissue contaminant data will be given right of first review prior to any dissemination to outside parties or upload to the state DEQ AWQMS database. Joint ownership does not imply any need for Tribe to review use of data with OHA, and Tribe should use data for any and all capacities deemed appropriate to Tribe.

### 3. Reporting Requirements.

- a. **Program Reporting Requirements.** Tribe must submit interim and final progress reports for the approved program plan, including accomplishments and challenges toward completion of program plan activities. Six-month reports will be due to OHA in accordance with the dates listed in the table below

Reporting Timeframe	Reporting Due by Date
January 1 – June 30, 2026	July 31, 2026
July 1 – December 31, 2026	January 30, 2027
January 1, 2027-June 30, 2027	July 31, 2027

- b. **General Revenue and Expense Reporting.** Tribe must complete an “Oregon Health Authority Public Health Division Expenditure and Revenue Report” located in Exhibit D of this Agreement. A separate report must be filed for each applicable Program Element and any sub-element. These reports must be submitted to OHA each quarter on the following schedule:

Quarter	Due Date
Q1: January 1 – March 31	April 30
Q2: April 1 – June 30	July 31
Q3: July 1 – September 30	October 30
Q4: October 1 – December 31	January 30

- c. **Special Reporting Requirements.** Not applicable.