TOBACCO-FREE AIR IS JUST AROUND THE CORNER

Gov. John Kitzhaber wants Oregon to be the healthiest state in the country...one of many reasons all state government properties are going tobacco-free.

Beginning Jan. 1, 2013, tobacco use will not be allowed on the grounds or campuses of this state property including: Doorways — Parking lots — Porches — Outdoor foyers

If you're a tobacco user, it's a great time to quit. Call or go online to the Oregon Tobacco Quit Line for free: Quitting information — One-on-one coaching — Nicotine patches or gum





Oregon Tobacco Quit Line 1-800-QUIT NOW (784-8669) Spanish: 1-877-2NO-FUME www.quitnow.net/oregon

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