April 3 – 7, 2017: Public Health Week

Portland State Office Building Events

800 NE Oregon Street, Portland, OR 97232

In celebration of National Public Health Week, please join the Public Health Division as we celebrate our work and explore how we are moving towards a modernized public health system.

MONDAY, April 3

Public Health Modernization 101: How We Got from There to Here

10:00am – 11:00am; Room 1B

Reflections on Public Health Modernization: A Panel Discussion

11:00am – 12:00pm; Room 1A

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1D

Legislative Update

1:30pm – 2:30pm; Room 1A

Modernizing the Public Health Workforce: A Panel Discussion

3:30pm – 5:00pm; Room 1A OR Livestream

TUESDAY, April 4

Employee Resource Group - Differently Abled Workplace Network (DAWN): Empowering Persons with Disabilities

9:30am -10:00am; Room 1C

Employee Resource Group: Persons of Color

10:30am – 11:00am; Room 1C

Chime In Bus Open House

11:00am – 1:00pm; PSOB Parking Lot

Exercise Group: Pilates

12:00pm – 1:00pm; Room 1D

What Public Health Means to Us: Student Poster Display

11:00am – 1:00pm; PSOB Lobby

Public Health Modernization Talks

1:30pm- 2:30pm; Room 1D OR Livestream

Resistance: Film Screening

2:30pm – 4:00pm; Room 1E

WEDNESDAY, April 5

Environmental Justice 101 & Just Transitions

9:00am – 10:30am; Room 1B

SHIP Trivia

12:30pm – 1:15pm; Room 1B

Exercise Group: Kettle Bell

12:00pm – 12:30pm AND 12:30pm – 1:00pm; Room 1D

Paper Tigers: Film Screening & Discussion

2:00pm – 4:00pm; Room 1B

THURSDAY, April 6

Let's Talk Health Equity: A Historical Perspective

10:00am – 11:30am; Room 1D

Exercise Group: Strength Training

12:00pm – 12:30pm; PSOB Wellness Center, 8th floor

Exercise Group: Stretching

12:35pm – 1:05pm; PSOB Wellness Center, 8th floor

Networking with Public Health Division colleagues

1:15pm – 1:45pm; Room 1D

Public Health Modernization 201: Taking the Modernization Model to the Next Level

2:00pm – 3:00pm; Room 1D

FRIDAY, April 7

Snapshot of Adolescent Health

9:30am – 10:30am; Room 1B

Employee Resource Group - Healthy Families: Navigating Difficult Family Conversations

11:00 – 12:00pm; Room 1A

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1D

PHD Workforce Development Plan: A Guided Tour

2:00pm – 3:00pm; Room 1B

Oregon Health Authority

For more details about these and other Public Health Week events in Oregon, visit: OregonPublicHealth.org/events
Questions? Contact publichealth.policy@state.or.us.

MONDAY, April 3

Public Health Modernization 101: How We Got from There to Here

10:00am – 11:00am; Room 1B

Sara Beaudrault, Office of the State Public Health Director

This is an opportunity for staff and managers who are new to the Public Health Division to learn the history of public health modernization in Oregon. This presentation is not intended for staff who are familiar with the history and concepts of public health modernization; rather it aims to provide background information for staff who desire to understand why public health modernization is a priority for Oregon's public health system.

Reflections on Public Health Modernization: A Panel Discussion

11:00am – 12:00pm; Room 1A

Lillian Shirley, Isabelle Barbour, Allyson Ford, Eric Gebbie & Katrina Hedberg. Moderated by Cara Biddlecom, Office of the State Public Health Director

Staff from across the Public Health Division will share examples of how they're working to improve the foundational capabilities of public health.

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1D

Jordana Leeb, Sponsored by PSOB Wellness Center

This is an all-levels class. Friendly to beginners while providing some prompts for more challenging options for the more experienced.

Legislative Update

1:30pm – 2:30pm; Room 1A

Cara Biddlecom & Karen Slothower, Office of the State Public Health Director; Kirsten Aird, Health Promotion and Chronic Disease Prevention Section; and Dana Selover, Health Care Regulation & Quality Improvement Program. Moderated by Brittany Hall, Office of the State Public Health Director

Bill managers from across the Public Health Division will provide overview and update of bills in the Oregon legislature that are of public health importance.

Modernizing the Public Health Workforce: A Panel Discussion

3:30pm – 5:00pm; Room 1A OR Livestream @ https://www.youtube.com/watch?v=GTP9BzZv6LM

Tricia Mortell, Washington County Health Department; Dana Hargunani, Oregon Public Health Institute; Dr. Katherine Bradley, OHSU-PSU School of Public Health; Tim Noe, Public Health Division. Moderated by Dr. David Bangsberg, Dean of the OHSU-PSU School of Public Health.

A panel of public health experts will identify needs, challenges and opportunities for public health workforce as Oregon's public health system modernizes.

TUESDAY, April 4

Empowering Persons with Disabilities

9:30am -10:00am; Room 1C

Donna Harris, Differently Abled Workplace Network (DAWN) Employee Resource Group

Reintroduce employees to the DAWN Employee Resource Group, provide a resource for employees in regards to disability for themselves or others. We will watch a TED Talk showing an amazing achievement of a person with disabilities, and create understanding of persons with disabilities from a culturally inclusive perspective.

Interested in starting an Employee Resource Group for Public Health Division Staff of Color? YES! Let's talk!

10:30am – 11:00am; Room 1C

Malika Edden, MSW; People of Color Employee Resource Group

Introduce the idea of a People of Color Employee Resource Group (ERG), assess interest and recruit PHD staff.

Chime In Bus Open House

11:00am – 1:00pm; PSOB Parking Lot

Amisha Bhattarai, Sean Schafer, Lindsey Fisher, Breanna McArdle, & Joseph Ramirez, HIV/STD/TB Section

The National HIV Behavioral Surveillance Project, locally known as Chime In, conducts a community health survey and offers HIV testing. Come tour the Chime In data collection van, learn about data collection methods and project activities.

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Questions? Contact publichealth.policy@state.or.us.

Exercise Group: Pilates

12:00pm – 1:00pm; Room 1D

Nila Tiwari Holcombe, Sponsored by PSOB Wellness Center

This class uses low-impact exercises, designed to strengthen your core, elongate and improve muscle elasticity, joint mobility, balance and stamina. All levels class. No previous Pilates experience required.

What Public Health Means to Us: De La Salle Student Poster Display

11:00am – 1:00pm; PSOB Lobby

Jael Lopez-Salvador, Anthony Trinh, Ivan Moore, Maria Martin-Sebastian & Y Nguyen

Students from De La Salle High School will display a poster describing what public health means to them, from their perspective as youth in our community. The poster will includes images and descriptions of healthy people and healthy places.

Public Health Modernization Talks

1:30pm- 2:30pm; Room 1D or Livestream @ https://www.youtube.com/watch?v=zBok968v86E

Preventing Healthcare-Associated Infections through Safe Injection Practices

Roza Tammer; Acute and Communicable Disease Prevention Section

Frontiers of Lifespan Immunization Assessment in Oregon Using the ALERT IIS

Steve Robison; Immunizations Section

Stay True to You: An Effective Mass Media Health Education Campaign

Megan Gerdes & Katarina Moseley, Health Promotion and Chronic Disease Prevention Section

In just 60 minutes, attendees will hear about three examples of public health programs that are improving the foundational programs and capabilities of public health.

Resistance: Film Screening

2:30pm – 4:00pm; Room 1E

Alyssa McClean & Ann Thomas; Acute and Communicable Disease Prevention Section

Film raises awareness of the problem of antibiotic resistance and promotes the appropriate use of antibiotics in humans, animals and the environment.

WEDNESDAY, April 5

Environmental Justice 101 & Just Transitions

9:00am – 10:30am; Room 1B

Shawn Fleek; Community Engagement Coordinator, OPAL Environmental Justice Oregon

Training will introduce environmental justice as a concept, including the root causes of environmental injustice, climate injustice, and the unequal distribution of health benefits and burdens. Attendees will gain understanding of how environmental justice groups respond to threats in the community, and present key opportunities for anyone to support the environmental justice movement.

SHIP Trivia

12:30pm – 1:15pm; Room 1B

Alison Dent; Immunization Section

Participants will have opportunity to learn about the interventions and strategies of the State Health Improvement Plan, and play with other colleagues from across the division. Popcorn and (diet) root beer provided!

Exercise Group: Kettle Bell

12:00pm – 12:30pm AND 12:30pm – 1:00pm; Room 1D

Hubert Maloy, Sponsored by PSOB Wellness Center

Kettlebells provide a full body workout using slow to explosive movements that are easily adaptable to high intensity interval training and provide fantastic dynamic core stabilization training with every exercise. Suitable for all levels.

Paper Tigers: Film Screening & Discussion

2:00pm – 4:00pm; Room 1B

Stefanie Murray, Adolescent, Genetic & Reproductive Health Section

Film (running time 102 minutes) will provide increased understanding of how stress and trauma impact youth, demonstrate the connection between childhood trauma, adverse childhood experiences (ACEs), and education, and inform participants of public health efforts to increase trauma-informed approaches. A facilitated discussion with students from the Youth Advisory Councils (YAC) will follow the film.

THURSDAY, April 6

Let's Talk Health Equity: A Historical Perspective

10:00am – 11:30am; Room 1D

Dr. Winston Grady-Willis; Director, School of Gender, Race, and Nations - Liberal Arts & Sciences at PSU

Olivia Percoco, & Peter Ngo; PHD VISTA Volunteers

Take a walk through history and see how explicit laws and discrimination have impacted opportunities and health outcomes for oppressed groups in America. Explore what this means as public health professionals today, and how we can reduce health disparities in Oregon and integrate equity into our work. We hope you will join this interactive and informative event!

Exercise Group: Strength Training

12:00pm – 12:30pm; PSOB Wellness Center, 8th floor

Lianne Aglietti, Sponsored by PSOB Wellness Center

This class will strengthen muscles and build endurance. Each exercise can be modified to accommodate all fitness levels and injuries.

Exercise Group: Stretching

12:35pm – 1:05pm; PSOB Wellness Center, 8th floor

Alan Wilson, Sponsored by PSOB Wellness Center

As we age, balance naturally decreases. Injuries and surgeries can create or worsen balance challenges as well. Learn basic balance restoration exercises. No home equipment needed.

Networking with PSOB colleagues

1:15pm – 1:45pm; Room 1D

Christy Hudson; Office of the State Public Health Director

Participants will have opportunity to network with other colleagues from the Public Health Division and share examples of how they are modernizing their work.

Public Health Modernization 201: Taking the Modernization Model to the Next Level

2:00pm – 3:00pm; Room 1D

Sara Beaudrault; Office of the State Public Health Director

Since completing the public health modernization assessment and statewide modernization plan in 2016, the public health system has moved into an implementation phase for public health modernization. We are now challenged to identify opportunities to apply the modernization model to our health priorities, even as we build our long-term strategy for modernizing the system over the next 6-10 years. During this session, participants will learn about the seven foundational capabilities in the public health modernization model through small group discussions, focusing on how the foundational capabilities can be applied to achieve improved health outcomes. Participants will be better prepared to apply the modernization model to their daily work after attending this session.

FRIDAY, April 7

Snapshot of Adolescent Health

9:30am – 10:30am; Room 1B

Wes Rivers; Adolescent, Genetic & Reproductive Health Section

Presentation will provide accurate depiction of key measures of adolescent health among various demographic groups in Oregon, and describe the policy and socio-economic context for why those measures may or may not have changed over time for certain populations.

Navigating Difficult Family Conversations

11:00am – 12:00pm; Room 1A

Anna Stiefvater; Healthy Families ERG

Panel of experts in end of life care, wills, custody determinations and divorce will be present to provide support and resources to employees navigating challenging family conversations.

Exercise Group: Yoga

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12:00pm – 1:00pm; Room 1D

Rajesh Dwantham, Sponsored by PSOB Wellness Center

Yoga class with meditation, Pranayama and physical Asana practice. The class will be beginners friendly with milder poses or for advanced practitioners with inversions like head stand, arm balances etc., depending on audience, such that everyone feels included.

PHD Workforce Development Plan: A Guided Tour

2:00 – 3:00pm; Room 1B

Julie Black; Office of the State Public Health Director

Participants will understand the key components of the PHD Workforce Development Plan, the initiatives that are being rolled out for staff in 2017, what to expect in the future, and how to provide input on the plan.