

April 2 - 6, 2018: Public Health Week at the Portland State Office Building

In celebration of National Public Health Week, please join the Public Health Division as we celebrate our work and explore how we change our future together through health equity and cultural responsiveness.

MONDAY, April 2

Workforce Equity: Successes and Challenges at Multnomah County

10:00am – 11:00am; Room 1A OR Livestream @ bit.ly/BenDuncan

HEWG Part 1: Where Do We Start? Assessing Health Equity in Your Program or Section

11:00am – 12:00pm; Room 1B

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1D

People of Color Employee Resource Group Open House

12:00pm – 1:00pm; Room 1B

Environment, Economy, and Equity: The 3 E's of Sustainability and Public Health's Role

1:00pm – 2:00pm; Room 1A

Framework for the Social Determinants of Health: A Facilitated Conversation about What Affects our Health

2:00pm – 3:00pm; Room 1B

Film Festival

3:00pm – 4:00pm; Room 1E

TUESDAY, April 3

HEWG Part 2: Now What? Developing and Implementing a Plan for Equity

9:00am -10:00am; Room 1E

Search for Equity Scavenger Hunt

9:00 – 10:30am; PSOB Lobby

Equity Partner Café- Coffee, connections and chats, Oh my!

11:00am – 12:30pm; Room 1E

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1D

Gender Identity and Adolescent Health in Oregon

1:00pm – 2:00pm; Room 1E

Safer Space: A Front Line Harm Reduction Intervention

2:00pm – 3:30pm; Room 1D OR Livestream @ bit.ly/everywherebutsafe

WEDNESDAY, April 4

Oral Health and Equity: Progress and Challenges

10:00am – 11:00am; Room 1D

Exercise Group: Balance Session

11:00am – 11:30am; Room 1E

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1E

Diversifying the Public Health Workforce: A dynamic panel discussion

12:00pm – 1:30pm; Room 1D

OR Livestream @ bit.ly/DiversifyPH

HEWG Part 3: Environmental Health Equity Panel

2:00pm – 3:00pm; Room 1D

PHD Poster Round-Up and Cultural Snack-off

2:00pm – 4:00pm; Room 1B

THURSDAY, April 5

Creating Equity in the Workplace for Persons with Disabilities

10:00am – 11:00am; Room 1D

Public Health PHed Talks

11:00am – 12:00pm; Room 1B OR Livestream @ bit.ly/PHedtalks

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1E

Trauma Informed State Agencies: A Public Reading of House Concurrent Resolution 33

12:00pm – 1:00pm; Room 1D

From Policy to Practice: Increasing Health Care Access for Immigrant Communities in Oregon

1:00pm – 2:00pm; Room 1B OR Livestream @ bit.ly/Policytopractice

Film Festival

2:00pm – 4:00pm; Room 1E

FRIDAY, April 6

HEWG Part 4: Establishing and Sustaining a Health Equity Work Group – Collaborative Learning

9:00am – 10:00am; Room 1D

Someone You Love: The HPV Epidemic

12:00pm – 2:00pm; Room 1B

Film Festival

1:00pm – 3:00pm; Room 1A

Health Equity Story Sessions

1:00pm – 5:00pm



All events will be held at 800 NE Oregon Street, Portland, OR, 97232.

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MONDAY, April 2

Workforce Equity: Successes and Challenges at Multnomah County

10:00am – 11:00am; Room 1A OR Livestream @ bit.ly/BenDuncan (with closed captioning)

Ben Duncan, Chief Diversity and Equity Officer, Multnomah County

Ben Duncan leads efforts at Multnomah County to ensure equity and justice throughout county government. He carries out organization-wide strategies to increase diversity and inclusion. He will share information about Multnomah County's workforce equity efforts; their progress, challenges and lessons learned.

Health Equity Work Groups Part 1: Where Do We Start? Assessing Health Equity in Your Program or Section

11:00am – 12:00pm; Room 1B

Katherine McGuinness, Adolescent, Genetic and Reproductive Health and Liz Stuart, Maternal and Child Health

There are a number of tools that can help organizations assess health equity. The AGRH and MCH sections recently completed a health equity assessment to help inform strategic priorities to advance health equity, both within their sections and programs. They will discuss their efforts to collaborate and support one another, and how they selected a tool that was data driven, feasible and leads with race. Facilitated discussion will help attendees consider applicability for their program or section. This is part one of four sessions about health equity work groups in the PHD.

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1D

Jordana Leeb

This is an all-levels class where we will experience a number of yoga poses as we breathe, stretch and move together. Friendly to beginners while providing prompts for more challenging options for the more experienced. Please wear comfortable clothes. Mats will be provided. Yoga is offered free of charge.

People of Color Employee Resource Group (POC ERG) Open House

12:00pm – 1:00pm, Room 1B

Malika Edden Hill

The POC ERG helps support staff of color at OHA. Come learn about the People of Color Employee Resource Group, what they have accomplished in their first few months, ways they hope to support OHA staff and how people can get involved.

Environment, Economy, and Equity: The 3 E's of Sustainability and Public Health's Role

1:00pm – 2:00pm; Room 1A

Elizabeth Elbel, Department of Environmental Equality, Emily York, Environmental Public Health Section and Pete Farrelly, PHD Sustainability Committee

This presentation doubles as the official Energy Challenge kick-off! Come hear how the PHD Sustainability Committee is partnering with DEQ and the State's Sustainability Office to lead the State of Oregon's biggest employee energy-saving effort. Did you know that 'Equity' is one of the 3 pillars of sustainability? It's true, but often the least understood within broader sustainability efforts... that's where you come in. Together, we'll explore why public health participation matters in sustainability work and how our engagement can help to ensure that Oregon's future investments not only protect our local economy and natural environment, but also the health of our people.

Framework for the Social Determinants of Health: A Facilitated Conversation about what Affects our Health

2:00pm – 3:00pm; Room 1B

Kati Moseley, Health Promotion and Chronic Disease Prevention

Attendees will watch a video that was developed by the PHD Health Equity Work Group to describe the PHD's framework for the Social Determinants of Health. A facilitated discussion will follow to gather feedback on the video.

Film Festival

2:00 – 4:00pm, Room 1E

A series of short videos will be played on a rotating basis throughout the week. Some of the videos that will be shown include shorts produced by different program areas of the Public Health Division: PHD Health Equity Work Group's Social Determinants of Health framework video, the Confederated Tribes of Warm Springs digital climate and health stories, Climate and Health Explainer videos, and Place Matter videos. Thursday and Friday's session will also feature the longer documentary, OPB's Broken Treaties.

All events will be held at 800 NE Oregon Street, Portland, OR, 97232.

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TUESDAY, April 3

Health Equity Work Groups Part 2: Now What? Developing and Implementing a Plan for Equity

9:00am -10:00am; Room 1E

Wendy Morgan, Maternal and Child Health; Shelagh Johnson, Adolescent, Genetics and Reproductive Health

This session will continue the conversation from Health Equity Work Groups Part 1, highlighting how to prioritize findings from a health equity assessment, develop a work plan, identify concrete activities for success, and strengths and barriers of implementation.

Search for Equity Scavenger Hunt

9:00 – 10:30am, PSOB Lobby

Y.N. Nguyen, De La Salle North Catholic High School Student

Grab a few colleagues and compete for prizes in a building wide scavenger hunt where you'll learn about health equity in public health, visit different floors of the PSOB, and even get a bit of exercise. Scavenger hunt will run all week long so you can participate when it works best for you. Further instructions will be sent out during Public Health Week, or stop by the lobby during this time to learn more.

Equity Partner Café- Coffee, connections and chats, Oh my!

11:00am – 12:30pm; Room 1E

Nhu To-Haynes and the WIC Equity Workgroup

Attendees will learn about and network with community organizations serving communities of color and other underserved populations. Come learn how they ensure equitable services, train staff and apply a health equity frame to lead their organizations. Various community organizations, including Immigrant Refugee Community Organization (IRCO), Oregon Food Bank, Oregon Latino Health Coalition, will be in attendance.

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1D

Laura Chisholm

This is an all-levels class. Friendly to beginners while providing prompts for more challenging options for the more experienced. This session will focus on relaxation, mindfulness, and poses that counterbalance the effects of common workplace body habits, including sitting and computer use. Please wear comfortable clothes. Mats will be provided. Yoga is offered free of charge.

Gender Identity and Adolescent Health in Oregon

1:00pm – 2:00pm, Room 1E

LaShanda Friedrich and Wes Rivers, Adolescent, Genetic and Reproductive Health

The Oregon Healthy Teens Survey is an important data source on the health of youth in our state. In 2017, questions were added to the survey to better understand health behavior and experiences among transgender, gender non-binary, genderqueer, intersex/intergender, and gender fluid students. This presentation will share the process for developing the new questions, limitations and applicable uses for policy and program development, and initial observations about students who identify as transgender or gender non-conforming.

Safer Space: A Front Line Harm Reduction Intervention

2:00pm – 3:30pm, Room 1D OR Livestream @ bit.ly/everywherebutsafe (with closed captioning)

Haven Wheelock, Outside In; Martyna Witkowska, Central City Concern; and Jude Leahy, Acute and Communicable Disease Program

People who use drugs face barriers to accessing care due to stigma and discrimination. Health disparities among people who use drugs can be addressed through evidence-based overdose prevention, syringe exchange, and safe consumption sites. The presentation will begin with a viewing of the 35 minutes documentary, *Everywhere But Safe* (bit.ly/2tkQLSX). A panel Q&A will follow with community partners to increase awareness and understanding of health equity issues among people who use drugs.

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WEDNESDAY, April 4

Oral Health and Equity: Progress and Challenges

10:00am – 11:00am; Room 1D

Bruce Austin, Statewide Dental Director and Laurie Johnson, School Oral Health Programs Coordinator

Although the oral health of Americans has improved over the years, not everyone has the same opportunity to achieve optimal oral health. The situation worsens for those most vulnerable, especially children and older adults. This presentation will give a brief overview of oral health equity and highlight two strategies the Oral Health Program is working on to improve oral health equity: school dental sealant programs and community water fluoridation.

Exercise Group: Balance Session

11:00am – 11:30am, Room 1E

As we age, balance naturally decreases. Injuries and surgeries can create or worsen balance challenges as well. Learn basic balance restoration exercises. No home equipment needed. This class is offered free of charge.

Exercise Group: Yoga

12:00pm – 1:00pm, Room 1E

Rajesh Dwantham

This is an all-levels class. Friendly to beginners while providing prompts for more challenging options for the more experienced. Please wear comfortable clothes. Mats will be provided. Yoga is offered free of charge.

Diversifying the Public Health Workforce: A dynamic panel discussion

12:00pm – 1:30pm, Room 1D OR Livestream @ bit.ly/DiversifyPH (with closed captioning)

Cyndi Phipps-Roman, OHA Human Resources, Denise Kraxberger, OHA Human Resources, Tim Noe, PHD Health Equity Workgroup Executive Sponsor, Wendy Morgan, Maternal and Child Health, Janice Kim, Office of Equity and Inclusion, Tricia Mortell, Washington County Public Health Division Manager

Panelists will discuss how state and local public health authorities are working to diversify the public health workforce.

Health Equity Work Groups Part 3: Environmental Health Equity Panel

2:00pm – 3:00pm, Room 1D

Susanna Wegner, Kelly Cogswell, Kari Christensen and Ryan Barker, Environmental Public Health

Colleagues from the Environmental Public Health Section will share examples of how they apply a health equity lens to their work to effectively reach communities disproportionately exposed to pollution. Examples from Cleaner Air Oregon, brownfields redevelopment and blood lead screening will be shared.

PHD Poster Round-Up and Cultural Snack-off

2:00 – 4:00pm, Room 1B

Hosted by Stefanie Krupp and Heather Morrow-Almeida, Maternal and Child Health

Posters and materials from the Public Health Division sections will be on display (pre-registration required). For the Cultural Snack-off, bring a platter of crackers topped with flavors that represent an aspect of your cultural identity. Healthy toppings are strongly encouraged (Google “eat this, not that” for examples). Awards will be given for posters and snacks.

Search for Equity Scavenger Hunt

Y.N. Nguyen, De La Salle North Catholic High School Student

Grab a few colleagues and compete for prizes in a building wide scavenger hunt where you’ll learn about health equity in public health, visit different floors of the PSOB, and even get a bit of exercise. Scavenger hunt will run from April 3 – 10 so you can participate when it works best for you. Further instructions will be sent out during Public Health Week.

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THURSDAY, April 5

Creating Equity in the Workplace for Persons with Disabilities

10:00am – 11:00am; Room 1D

Ian Jacquiss, OHSU; Eli Ettinger, Community Member; Donna Harris, Differently Abled Workplace Network - Employee Resource Group

Attendees will learn about the importance of and tools for recruiting, hiring, promoting and retaining persons with disabilities.

Public Health PHed talks

11:00am – 12:00pm; Room 1B OR Livestream @ bit.ly/PHedtals (with closed captioning)

Using Plain Language for Public Health

Alyssa McClean, Acute and Communicable Disease Program

By using plain language, we make our materials more easily accessible to our diverse audience. This talk will highlight best practices for plain language and identify tools to assess the readability of your materials.

WIC Foods as Building Blocks: How Do We Build for Different Cultures?

Becky Seel, Nutrition and Health Screening for Women, Infants and Children (WIC)

Programs with federal guidelines can be limited in how they adapt for different cultures. WIC will share how different cultural populations are using foods that may be unfamiliar, and how WIC is exploring strategies to increase responsiveness.

Aiming for Equity in Sexual Violence Prevention: Mapping Risks, Outcomes, Policies and Resources

Laura Chisholm and Matt Laidler, Injury and Violence Prevention; Shelagh Johnson, Adolescent, Genetic and Reproductive Health

The presentation will showcase a multidisciplinary partnership that aims to identify gaps in comprehensive policy implementation that perpetuates inequalities in youth sexual health and violence prevention across the state. It will also discuss how mapping resources in addition to risk factors and outcomes can support cultural responsiveness by helping communities leverage local strengths.

Exercise Group: Yoga

12:00pm – 1:00pm; Room 1E

Kari Christensen

This is an all-levels class. Friendly to beginners while providing prompts for more challenging options for the more experienced. Please wear comfortable clothes. Mats will be provided. Yoga is offered free of charge

Trauma Informed State Agencies: A Public Reading of House Concurrent Resolution 33

12:00 – 1:00pm, Room 1D

Mandy Davis, Trauma Informed Oregon; and Claire Ranit, Columbia Gorge Health Council

Attendees will participate in a public reading of House Concurrent Resolution 33, which was passed by the Oregon legislature in 2017 and calls upon state agencies, including the Oregon Health Authority, to become trauma informed. Attendees will gain better understanding of the purpose of HCR 33 and opportunities for the PHD to demonstrate commitment to the resolution.

From Policy to Practice: Increasing Health Care Access for Immigrant Communities in Oregon

1:00pm – 2:00pm; Room 1B OR Livestream @ bit.ly/Policytopractice (with closed captioning)

Aldo Solano, Oregon Latino Health Coalition; Amy Casso, Western States Center; Josie Silverman-Mendez, DHS Community Partner Outreach Program; and Lesli Leone Uebel, OHA Reproductive Health Program

HB 3391, the Reproductive Health Equity Act, and SB 558, Cover All Kids, both passed the Oregon legislature in 2017 with important impacts for Oregon's immigrant communities. A panel of community partners, and DHS and OHA staff will talk about the history and impact of these bills, as well as challenges, lessons learned and best practices for engaging immigrant communities in 1) policy making to advance health equity and 2) program design and implementation.

Film Festival

2:00 – 4:00pm, Room 1E

A series of short videos will be played on a rotating basis throughout the week. Some of the videos that will be shown include shorts produced by different program areas of the Public Health Division: PHD Health Equity Work Group's Social Determinants of Health framework video, the Confederated Tribes of Warm Springs digital climate and health stories, Climate and Health Explainer videos, and Place Matter videos. Thursday and Friday's session will also feature the longer documentary, OPB's Broken Treaties.

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FRIDAY, April 6

Health Equity Work Groups Part 4: Establishing and Sustaining a Health Equity Work Group – Collaborative Learning

9:00am – 10:00am; Room 1D

Alyssa McClean, Acute and Communicable Disease Prevention; Heather Jamieson, Acute and Communicable Disease Prevention; Alison Dent, Immunization Program; Wendy Morgan, Maternal and Child Health

If you are currently involved in a section or program based health equity work group (HEWG) or if you are interested in starting one, please come! The purpose of this activity is to provide a space for people to discuss forming and activating a HEWG. Representatives from existing HEWGs and those interested in starting one can learn from each other in a round table, facilitated discussion. Bring your questions and experiences.

Someone You Love: The HPV Epidemic

12:00pm – 2:00pm; Room 1B

Sara Ehlers and Nasreen Abdullah, Acute and Communicable Disease Prevention; and Alison Dent, Immunization Program

Attendees will view the documentary, *Someone You Love*, which follows the lives of five women affected by HPV. Following the film, programs within the PHD will share what they're doing around the impact of HPV.

Film Festival

1:00pm – 3:00pm; Room 1A

A series of short videos will be played on a rotating basis throughout the week. Some of the videos that will be shown include shorts produced by different program areas of the Public Health Division: PHD Health Equity Work Group's Social Determinants of Health framework video, the Confederated Tribes of Warm Springs digital climate and health stories, Climate and Health Explainer videos, and Place Matter videos. Thursday and Friday's session will also feature the longer documentary, OPB's *Broken Treaties*.

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Health Equity Story Sessions

1:00pm – 5:00pm

Jasmin Griggs and Julie Sifuentes

We are collecting stories, perspectives and wisdom of PHD employees who are actively working on advancing health equity in their programs, sections and centers. Modeled after [StoryCorps](#), you can interview a colleague, a family member or a community partner who has stories or perspectives to share about health equity and inclusion or you can bring yourself and your story, and we'll interview you. We will **audio** record these interviews during this time and share the stories digitally with other PHD staff to inspire and grow the health equity movement here in PHD.

If you would like to schedule a session or are interested in learning more, contact jasmin.a.griggs@state.or.us or julie.sifuentes@state.or.us.

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