

Amwonta ren Kasiwinin Aninisin Benefit

Oregon Health Authority (OHA, Ofesin Emwenin Pekin Manaw non Oregon) me Oregon Department of Human Services (ODHS, Oregon Putain Pekin Aninisin Aramas) Kapas Eis Mei Soun Tou Meren Ekkoch

Ponuwen ekoch kapas eis faniten ei kasiwin mi feito :

- Oregon Health Plan (OHP, An Oregon Otot ren Pekin Manaw);
- Medicare Savings Programs (MSP, Ekewe Prokramen Iseisen Monien Medicare);
- Ekewe pekin aninis faniten aramas mi ter ika chinap
- Supplemental Nutrition Assistance Program (SNAP, Prokramen Aninisin Anafun Mwongo); me
- Pwan ekoch aninis.

Oregon Department of Human Services (ODHS, Putain Pekin Aninisin Aramas non Oregon) me ewe Oregon Health Authority (OHA, Ofesin Chon Mesemes won Tumwunun Manaw non Oregon) mi angang ngeni ekei aramas, iwe ekei ruu achensi ra angangen amwonata ren ekei minafon kasiwinin faniten OHP, aninis me angangen aramas mi wor terir me chinap me ekoch ekewe pekkn aninis usun Medicare Saving Prokramen. Mi pwan pachenong kasiwinin me non ewe SNAP prokramen.

1. Ifa usun ekei kasiwinin benefit epwe tongeni affektini ekewe aramas me famini?

Emon me emon aramas ika famini epwe kasiwin ototen onongonong won menj ekewe prokramen ir mi pach non. Ekei prokramen mi pusin wor onukun katonong ren chon elichipon. Iwe emon me emon aramas ika famini mi sokono ika ese weweno ren porousen non nour taropwen amasow.

ODHS me OHA mi wor unungat ar mochen nupwen epwe poputa ekei kasiwin.

- Fori fichi pwe aramas me famini meinisin epwe sopwosopw ne angei ar ekewe benefit ika ir mi elichipon esapw pwan mwo kauno ika wor osukosuken. Manip ekei aramas repwe sopwosopwono ar elichipon ika tufichin angei ekei aninisin benefit
- Anisi ekewe mi kisitiw ika kauno nour benefit ren aninisin kuta pwan ekoch pekin aninisin me nukun
- Awora ngeni ekewe chon anisi aramas porous mi enet ren angangen ar repwe tongeni anisi ekewe aramas mi wor kasiwinin non ar kewe benefit.

Epwe wor esinesin ngeni ekewe aramas ika famini mi wor kasiwinin me non ar kewe benefit pwan aninisin ren met repwe fori pwe epwe sopwosopwono ar kei benefit.

Ika en mi pach non OHP:

Nupwen ewe COVID-19 Public Health Emergency (PHE, Emerchensi ren Manawen Aramas), chomong chon pach non OHP mi chok sopwosopwono nour OHP ika mwo mei wor kasiwin. Poputa non April 1, 2023, sipwe ne poputa ne rifuw sefani chon elichipon ren meinisin chon pach non OHP. Sia eitangeni pwe “Asofosefanin Noumw OHP.”

Ika ke mochen epwe sopwosopw noumw OHP, kose mochen ponuweni kich ika epwe wor am tingor ren sopwosopwen porous. Esapw aramas meinisin am upwe tingor sopwosopwen porous. Mi tongeni sech sonuk noumw OHP ika kese chuen no mwumuta kopwe angei, nge ika mei wor noumw Medicare, manip kopwe mwumuta kopwe nounou ekewe aninisin MSP ren momon noumw Medicare. Ika epwe mwuch noumw OHP, epwe akomw toruk taropwen esinesin non mail 60 ran me mwen epwe kesip noumw OHP. [Aneiani sopwosopwen porous ren asofosefanin noumw OHP.](#)

Kopwe sinei pwe ekewe taropwen esinesin ren amasowa sefani porousen nenier me namban fon ra fen no ngeni aramas seni non ewe Oktober me Novemper 2022.

- [Katton ei nikinikin taropwen OHP](#)

Ika ese toruk eche taropwen non omw mail, iwe wewen pwun an ouse sinei ifa usun am upwe koruk me ia. Ika ke mochen epwe sopwosopw noumw OHP, kopwe amasowa sefani minafon porousen neniomw. Ika mi kasiwin porousen neniomw ika en mi nukunuk pwe epwe siwin, kopwe fokkun esinesin ngeni ewe achensi. [Fisit ei webpaich](#) ika katton me fan ifa usun foforin omw kopwe amasowa sefani porousen neniomw.

Ika en mi tori ier 65 non ewe fansoun semwen, manip kopwe siwin seni OHP ka nounou Medicare:

Ika en mi nomw non ei kinikinin, iwe ina kopwe kuna kasiwinin me non momon aninis me momon seni non poketom.

Manip kopwe pwan monatiw ekis paking ika kose mutir amasow ngeni Medicare nupwen omw elichipon, nupwen omw tori ier 65, iwe manip kopwe pwan witiwitino me mwen kopwe cafer. Tumwunu fichi pwe esapw wor atun kesip pwe epwe fokkun anisi aramas ar resapw pwan monatiw ei paking pokiten mi wor fansoun kesip. Kose mochen amasow nupwen ka elichipon.

Ren sopwosopwen porous ren ifa usun kopwe amasow ngeni Medicare, tiki [ikan](#).

Fisit ewe [Senior Health Insurance Benefit Assistance \(SHIBA, Pekin Aninisin Nour Chinap Insur Benefit\)](#) prokram ika mi wor omw kapas eis faniten Medicare.

Ika en mi pach non ewe Medicare Savings Program (MSP, Prokramen Iseisen Monien Medicare):

Chon pach non ei Prokramen Iseisen Monien Medicare repwe pwan nomw non jekin elichipon non ei April 1. Kose mochen ponuweni kem ika am mi kapas eis ren sopwosopwen porousomw. Ika kose ponu, epwe kesip sonuk omw kei benefit, ika mwo en mi elichipon.

- [Katton nikinikin taropwen MSP](#)

Ika mi kan toruk angang me aninisin faniten aramas mi ter ika chinap:

Medicaid mi momoni momon ekei aninisin nakatam faniten aramas mi elichipon. Ekei aninisin me angangen aninis faniten aramas mi ter me chinap mi kawor onongonong won an emon me emon nipwakingaw me finata. Ekei aninis mi tongeni kawor non pusin imwen ewe aramas ika non ekan neenien tumwun.

- Ika emon ese chuen elichipon ngeni ekei aninis me angangen aramas mi ter me chinap epwe mwuch ika kesip senir ekei aninis me momon ekewe aninis mi torir. Ekei aninis me nukun mi pachenong aninisin Imw ika ir mi nomw non imwen tumwun mi laisen seni mwun. Epwe toruk esinesin me nukun ika ew ekei aninis epwe mwuch. Ei esinesin epwe pwan pachenong foforin me ekoch neenien kuta aninis.
- Eseor ew aninis mi usun, state Basic Health, ika pwan och neenien aninisin momon ekewe angang me aninis faniten aramas mi ter me chinap.

- Ekewe aramas mi sopwosopwono chok ar elichipon faniten ekei angangen aninis repwe sopwosopwono chok ar caferin sefei ika repwe sopwosopwono ne elichipon onongonong won met ir mi nafungaw ren ekei aninisin aramas mi ter me chinap.

Ika en mi toruk SNAP aninisin mwongo:

Chon nounou SNAP repwe sopwosopwono me angei nour aninisin SNAP mi kan torir nefinen 1st me 9th ranin non maram.

Non ewe atun federal COVID-19 Emerchensi ren Manawen Aramas, aramas mi kekita ar aninisin mwongo. Ekei tapin aninis me fan epwe kesip ika mwuchuno:

- **Keinetin SNAP Fanoun Emerchensi:** Mei tour ngeni aramas ewe Keinetin SNAP Fansoun Emerchensi iteiten maram seni fan ewe Eprein 2020. Aramas re aea ewe SNAP, epwe wes senir ewe Keinetin SNAP Fansoun Emerchensi mwirin Fapuwari 2023. Poputa non Mas 1, 2023, aramas repwe ne poputa niwiniti ukukun nunun nour aninisin mwongo nefinen 1st me 9th non ew maram. Aramas mi tongeni kutta [tichikin ei porous online](#).
- **Pandemic EBT me Summer PEBT:** Ekei aninisin mwongo ra katowu non atetenin faniten ekewe semirit rese tufich torir mwongo pokiten ewe osukosuken COVID-19. Oregon epwe wawu aninisin Summer PEBT minen non ewe ier 2022 epwe iei saingon non nukunapen Mas 2023. Aramas mi tongeni kuta sopwosopwen ei porous online ren [PEBT.Oregon.Gov](#).

Non ewe atun COVID-19 PHE, ekoch onukun SNAP mi kasiwin. Ekei onuk repwe pwan kasiwin sefan nupwen a mwuchuno ei COVID-19 PHE:

- **Aramas Ese Wor Terir me Ion Re Tumwunu (ABAWD) tichikin ar angang:** Kapas pesepes ren angangen SNAP epwe suk sefan faniten ekewe chon nounou aninis mi mwumuta non kinikinin ABAWD poputa non July 1, 2023. Ekoch neeni non Oregon mi chomong chon rese angang chomong seni oukukun nunun me non ewe national resapw pwan pesepes ngenir ei onukun angang. Nge ekoch repwe nounou ekewe ototen katiw mi chok kouk. Angangen non ekei neeni repwe pesepes epwe suk sefan. Clackamas, Deschutes, Jackson, Lane, Linn, Marion, Multnomah me Washington.
- **SNAP ketiwen mwumuta faniten chon sukoon me sukoonen college:** A fen kawor ruu ketiwen mwumuta mi wor faniten ekoch chon sukoon mi elichipon ren SNAP: ekan ukukun aniniser ngeni famini esor me ir mi pwan elichipon ren angangen pekin sukoon. Ekei ruu mwumuta repwe mwuchuno non ei skechon:

- Ekei ketiwen mwumuta epwe chok no ngeni minafon keis tori June 10, 2023.
- Repwe pwan tongeni asofo sefan ngeni ekewe keis tori nesoponon June.
- Ekewe keis mi chuen suk repwe nomw fan caferin ewe ketiwen mwumuta tori fansoun repwe asofo sefan.
- Ekewe chon sukoon mi och repwe kutta anen ar repwe elichipon ngeni SNAP pwe epwe sopwosopw ewe mwumuta minen nomw. [En mi tongeni kutta sopwosopwen porous ikei.](#)

2. Met upwe fori iei ai upwe mwoneta?

Ikei met ouchean met kopwe fori pwe kopwe mwoneta:

- Tumwunu me amasowa fichi porousen neeniomw
- Jeki omw mail me ponuwani taropwen tingor

Amasowa fichi porousen neeniomw

Kose mochen kopwe esinei ngeni kich ika mi wor kasiwin non omw atres, email, namban fon, moni tonong ika porousen non imomw pwe epwe toruk taropwen porousen omw benefit. En mi pwan tongeni amasow ngeni nouch minen esinesin won electronic seni kich.

Mi chomong anen omw kopwe tongeni amasowa sefani minafon porousen neeniomw:

Won line benefits.oregon.gov

- Fori ew account ika tonong non omw uwe ONE account
- Mei wor non fosun Merika ika Spanish

Ika ke chuuri emon nouch kewe Chon Angangen OHP mi certify seni neeniach:

- Ika en mi pach non OHP ika MSP, en mi pwan tongeni kapas eis ngeni chiechiach chon angangen OHP mi certify seni neeniach ren ifa usun omw kopwe amasow minafon porousen neeniomw. Kutta emon won OregonHealthCare.gov/GetHelp. Ei aninis ese kamo.
- [Aneia sopwosopwen porousen omw kopwe tongeni repotini met mi kasiwin ngeni OHP](#)

Ika ke kori omw uwe **Coordinated Care Organizations (Neenien Awora Aninisin Tumwun):**



- Ika en mi nomw fan ew Coordinated Care Organization (CCO, Neenien Awora Aninisin Tumwun) No ngeni bit.ly/ccoplansomw kopwe kuna noun chon CCO nampan tengwa.

Won fon

- Nenien Chon Anisi Aramas
 - 1-800-699-9075 (TTY 711)
 - Serfanfan ngeni Enimou, 7 a.m ngeni 6 p m, Kunokun Pacific.
 - Mei wor chon chiaku. En mei tongeni tingor ren chon chiaku me mwen omw kopwe kapas ngeni chon angang. Kuta ew ekewe namba ese kamo [ikei](#).
- Chiechiach Chon Angang non Community. No ngeni bit.ly/ohplocalhelp pwe kopwe kuna Chiechiach Non Community Chon Angangen OHP mei Certified.

Non foun inis

- Ekewe ofesin Prokramen Mei Mwuk me Mei Ter ika Prokramen Atufichin Pusin Anisuk me non Oregon, me ekoch Neenien Achensi ren pekin ofesin Mei Mwuk, ekewe ra pwn iteni ofesin Chinap me Aramas mi Ter:
 - Kutta ekei neeni me namban fon won www.oregon.gov/dhs/offices/pages/one-services.aspx
 - Kose mochen kokko me mwen omw kopwe chuuno non ofes.
 - Mei wor chon chiaku.

3. Met upwe fori pwe upwe sopwosopw nei benefit?

Epwe toruk och esinesin non mail ren met kopwe fori pwe kopwe sopwosopw ne angei noumw Benefit. Kopwe mutir ponuweni ekei esinesinen tingor. Esapw aramas meinisin mi nounou benefit epwe wor nour ekei esinesin.

Ekoch aramas manip epwe kekitiw nunun nour benefit ika fen kesipino senir nour benefit. Ika epwe fis ngonuk ei metoch, am upwe pwan esinei ngonuk ekewe pwan pekin aninis ra tongeni anisuk. Ikei ekoch awewe me fan.

OHP me MSP

Epwe mwumuta ngonuk 90 ran omw kopwe amasow noumw taropwen asofo sefan ren OHP me MSP, ika en mi nounou ekei. Ika kese chuen mwumuta kopwe nounou ekei benefit, epwe toruk taropwen esinesin 60 ran me mwen epwe mwuch noumw benefit.

Ika kese chuen mwumuta ngeni OHP me/ika MSP, am upwe esinei ngonuk porousen pwan ekoch aninisin caferin momon sefei. Ach mochen pwe am upwe wei ngonuk pwan

ekoch aninisin tumwunun manaw. Manip en mei tongeni angei aninisin caferin momon tumwun seni ewe Oregon Health Insurance Marketplace (Neenien Amomo Insur ren Tumwunun Manaw non Oregon) Ekewe aramas rese chuen mwumuta ngeni aninisin OHP benefit repwe mwumuta ngeni ewe kinikinin amasow me non ewe Marketplace. Porousen ekei finata epwe tin ngonuk non mail me ekewe aramas rese chun ketiw ika elichipon non OHP.

Ika ke nuku pwun mei toruk esinesinen kesip nge ese pwung, kose mochen kokori ODHS ren 1-800-699- 9075. Ika Mei wor omw kapas eis faniten ekoch ekei finata ren caferin aninis, kose mochen kori ewe Marketplace Transition Help Center (Neenien Aninisin Tonong non ewe Marketplace) Ren 1-833-699-6850 (ese kamo). En mi pwan tongeni angei aninisin kutten ekewe neenien aninisin caferin momon sefei non neeniomw won OregonHealthCare.gov/GetHelp.

En mei tongeni fos ngeni emon ekewe kanseler non MSP me non an Oregon ewe [Senior Health Insurance Benefits Assistance \(SHIBA, Pekin Aninisin Nour Chinap Insur\) program](#)

Ekewe angangen aninisin aramas mi ter me chinap

Ika en mi kan angei ekei angangen aninis nge kese chuen elichipon, mi wor ekoch aninisin non neeniomw mi tongeni anisuk.

- Kapas ngeni omw keis manaicher ren sopwosopwen aninis.
- Kori ewe [Aging and Disabilities Resource Connection \(Aninisin Mei Mwuk me Mei Ter\)](#)ren 1-855-ORE-ARDC (637-2372)
- Fis ngeni emon ekewe kanseler non Medicare me non an Oregon ewe [Senior Health Insurance Benefits Assistance \(SHIBA, Pekin Aninisin Nour Chinap Insur\) program](#)
- Email odds.fieldliaison@odhsoha.oregon.gov
- Eisini noumw uwe [Community Developmental Disabilities Prokram \(Prokram Pekin Tumwunun Neeni me mi Ter\)](#)ren porousen [ekei aninisin terin nomw EKIEK me mamarita.](#)

SNAP aninisin mwongo

Ika mi kekitiw noumw aninisin mwongo, mi wor ekoch aninisin non neeniomw mi tongeni anisuk. Fisit needfood.oregon.gov kopwe kuta ekana aninisin non neeniomw.

4. Met ei Emerchensi ren Manawen Aramas?



Me non nepoputan 2020, mwun United States a apioni ewe Emerchensi ren pekin Manawen Aramas pokiten ewe semwenin COVID-19.

Ewe federal COVID-19 Emerchensi ren Manawen Aramas mi awora ekewe nipwakoch ren onuk me ekoch monien aninis me benefit me ekoch angangen aninis ngeni aramasen non Oregon.

Ekei nipwakoch me prokram mi pachenong aninisin caferin momon chon nounou OHP, me chon nounou ewe Prokramen Iseisen Monien Medicare, pwan ngeni ekewe ir mi kan angei angangen aninis epwe sopwosopwono, ika mwo nour moni tonong me nonomwur mi kasiwin. Mi pwan wanong aninisin mwongo me ekisatiw tichikin onukun chon tongeni amasow ngeni SNAP.

5. Inet epwe mwuch ei kinikinin COVID-19 Emerchensi?

Oregon mi amwonata ngeni fansoun epwe mwuch ei federal COVID-19 Emerchensi, iei epwe mwuch non ei May 11, 2023.

Kopwe fatteoch ren minafon porousen COVID-19 Emerchensi me won <https://oregon.gov/covidphe>.

6. Ifa anen ai upwe tongeni kuta sopwosopwen porous?

Ren sopwosopwen porous, fisit [Oregon.gov/covidphe](https://oregon.gov/covidphe).