

Kapas eis me ponuwan ren porousen ewe for sefanin OHP me pwan ekewe ekkoch aninisin Medicaid



Angangan for sefanin ewe insurens ren Oregon Health Plan (OHP) me pwan ekewe ekkoch aninisin Medicaid a poputa iei. Kopwe angang ika fori, ika fen tumunu neuneun noumwe aninisin insurens ren medical ika safei.

1. Apungueochu omwe address, ika a sokoseni omwe akomw, pwe sipwe tongeni toureoch ngonuk ren porousen noumwe insurens. En mi tongeni fori won om, ika online ika won fon, ika fen pwan om pusin chunong non ekewe neni.
2. Iwe, kopwe pwan cheki om ewe mail ika pwor ren noum taropwe seni ewe State of Oregon. Ika a war, iwe ka fori met a apasa me non na taropwe, ren eureuren met kopwe fori.

Ika mi wor om kapas eis, ese ponu me ikei, **ka pwan tongeni kuta om aninis ese pwan kamo, om kopwe weweieochuti non sokopaten kapasen fonu:**

- Kuta ew ekewe office ika ew ekewe community partner (ekewe rakan wisen aninis me non ewe community) mi arap ngonuk. [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov).
- Ka tongeni kokkori kich non weekdays seni kunok 7 nesosor ngni kunok 6 nekunion 800-699-9075. Mi mumuta ach sipwe ponuwani koko seni ekewe aramas mi wor tufichingawen inisir ren ar kapas, me rongorong, ika mesechuun.



Kapaseis ren met ke need kopwe fori iei

1. Pwata uu need upwe for sefani neiwe OHP ika pwan ekewe ekkoch aninisin Medicaid, ika pwe use pwan ina usun non ekewe unungat ier a no?

- Ewe ennukkun non ewe fansoun semaw ter ren COVID-19 an ewe “Public Health Emergency” a mwuchuno. Iei, ewe state of Oregon epwe fokkun cheki fichi pwe meinisin repwe chok chiwen tufichin neuneu ewe insurens OHP me pwan ekewe ekkoch aninisin Medicaid.

2. Met a kon auchea ai upwe fori ai upwe chiwen anomwu ika neuneu ekewe aninis ngeni ei?

- Ewe a kon auchea met kopwe fori, kopwe apungueochu ika asofo sefani om kewe contact information (ren om address, nampan noum fon) Inet chok fansoun fich.
 - Katon ena pwor me won ei page 1 ren om kopwe kuta aninis ren chomong kapasen fonu.
 - Ka tongeni apungueochu ika siwini om kewe information (ren om address, nampan noum fon) won online. No ngeni ena benefits.oregon.gov. Ka fori ew om account ika tota won om na account ika mi fen wor, ka tota won om na ONE account.
- Iwe, kopwe pwan cheki om mail iteitan ren noum taropwe seni ewe state of Oregon. Ika pwe ra war noum kana taropwe, ka mwithir fori met a apasa kopwe atawei, ren eureuren met kopwe fori. Ika ke need aninis, ka katon ena pwor me won page 1.

3. Inet upwe tongeni angei nei kana taropwe?

- Ekewe taropwe ra fen poputa ne katou iei seni tori nukanapen nan ier 2024. Esapw meinisin repwe for sefan nour kewe non ew chok fansoun, ina popun kopwe cheki om ewe mail ren noum taropwe iteitan faniten ekena taropwe seni state.
- Mi wor om account online won ONE? Ikena ka tongeni kuna me ia inet fansoun ranin om kopwene pwan for sefan noumwe insurens. Ina sipwe pachenong kapin non nenien messae center mwirin ach sia fen wes me tiin ngonuk. Ka pwan tongeni kopwe sain itom om kopwe tongeni kan kuna text ika email (porous esinesin) ika pwe a tour ngonuk noum taropwe. No ngeni ena benefits.oregon.gov om kopwe fori ew om account ika fen tonong pusin won om na account ika mi wor won na ONE account online.
- En mi pwan tongeni no ngeni ew kewe offes, ika community partner, ika fen pwan kokkori ewe ONE customer service center me erenir pwe kopwe tongeni katon inet noumwe taropwe epwe katou. Katon non ena pwor won page 1.

4. Fitu taropwe ngang upwe angei?

- Ekoch aramas epwe chok torir echo taropwe, epwe chok afata ika pwe ewe aninis epwe chok sopwosopwono. Ina epwe pwan afata ika ke mi need kopwe ponuweni ewe taropwe ika kosapw.
- Ekoch aramas epwe torir ruwacho taropwe non ew chok atun. Ew taropwe epwe chok afata ngonuk pwe a for sefan noumwe insurens, iwe re mi pwan need kopwe awora ekoch information ika porous. Ewe echo taropwe epwe afata meni sokkun taropwe re need kopwe tiin ngeni ekewe nenien for insurens me ifa sokkun om kopwe tongeni tini.
- Ika ke need kopwe ponuweni ika tini ekana information ika taropwe, kich mi mwut ngonuk 90 raan. Non ena fansoun, sipwe chok soun tiin ngonuk taropwe ach sipwe chok achema ngonuk iteitan maram.

5. Met ewe taropwe epwe kapas fanitan?

Ina kopwe angei ew ika fen napeseni, noum taropwe menapen tichikin ren porousan, epwe aporoussa ekewe aninisin noum ewe insurens. Aneani eochu, me kokori kich ika pwe en mi need aninis om kopwe weweieochuti – katon non ewe pwor won page 1 ren anen om kopwe kuta aninis. Noum ewe taropwe epwe tufich pwe epwe apasa usun:

- An epwene pusin for sefan noum we OHP ika ekewe ekkoch aninisin Medicaid. Nengeneochu ekewe taropwe/porous non, om kopwe sinei fichi metoch meinisin pwe mi pwung. Kopwe fokkun chemeni kopwe ponuwani ika pwe epwe wor ekesiwin.
- En mi need kopwe aronga kich ren porousom, ren ach sipwe sinei ika en mi chiwen tongeni neuneu ewe insurens. Ina epwe eureurok kopwe awora porousom ika taropwen porousom. Epwe chok ukukun 90 raan om kopwe tongeni epenuwa ewe taropwe. Ena taropwe epwe aituk met kopwe fori.
- Noumwe aninisin insurens epwe ekesiwin. En ka tongeni kopwene neuneu ewe insurens ren pwan ekoch sokun medical program ika kopwe kose fen chiwen tongeni neuneu ewe OHP ika pwan ekewe ekkoch Medicaid. Ina epwe toruk taropwen esinesin mwemwen 60 ran ren ewe aninis epwene mwuchuno. Noum na taropwe epwe oronuk met kopwe fori mwirin. Ika pwe epwe wor ekesiwin nge en mi nuku nge kopwe chok chiwen tongeni tufichin neuneu ewe aninisin insurens, ka kokori ewe worker ika ewe e wisen anisuk mwemwen epwe mwuchuno ewe aninis ngonuk.

6. Iteiten chochon non aiwe famini repwe pwan tongeni wor nour taropwe me porousen nourwe insurens?

- Nap ngeni meinisin chon non ewe imw epwe chok echo taropwe me porousen ewe ew famini non chok echo. Nge ekkoch epwe torir taropwe ren ew me ew famini.
- Mi auchea ren emon aramas non ewe imw epwe wisen apungu fichi meinisin ar kewe contact information (iter ,ar address me nampan nour fon) ren iir meinisin chon non masowen imwerewe.

7. Met epwe fis ika pwe use ponuwani ekewe taropwe?

- Ika mwo pwe en mi chok tongeni chiwen neuneu ewe insurens ren OHP ika fen ekewe ekkoch aninisin Medicaid, mi fen tongeni epwe mwuchuno ewe aninis ika pwe kopwe ponuwani ekewe taropwe.
- Ika pwe kose ponuwani ekewe taropwe nge ka sinei pwe kose chiwen neuneu ewe insurens, en mi tongeni kopwe pwan aplai sefan ika for sefani. Ika pwe en mi chok tongeni neuneu, kich mi tongei suk sefani ekewe aninis ngonuk non ewe 90 raan.

8. Nge ika pwe uwa kotun upwene mokut ika siwini aiwe address non ekan raan?

- Kopwe apungueochi om kewe contact information (iit, address, me fon nampa) ren inet ka tou seni imwom we akomw, ika om ka siwini omwe ewe address ren omwe pworun posto. Ka pwan tufichin fori ikei won ewe benefits.oregon.gov. Fori ew ika tota won om na ONE account ka fori online.
- Non ena pwor won page 1, mi wor ekana anen aninis kopwe fori ese kamo, non fosun sokopaten fonu, me om kopwe apungu omwe address.

9. Ese wor omwe pukutan wesetan address. Upwe ifan ai upwe tongeni angei nei kewe taropwe?

- Ka tongeni aea ew address, ian epwe toruk me ian noum kewe taropwe. En mi tongeni aea an chiechiom kewe, ika an aramasom kewe ika meni organization ka nuku repwe tongeni anisi ngonuk.
- Mi pwan tufich ngonuk an epwe free (ese kamo) om na P.O Box. No ngeni ewe ekewe U.S post offes ka esine ngeni pwe eseor imwom ka nonnom ie. Ka tongeni pwan kuna me ikei: faq.usps.com/s/article/Is-there-mail-service-for-the-homeless.

Kapas eis ren met upwe fori ika a wor ekesiwin won ekewe aninis ngeni ei

10. Nge ika pwe ngang ika emon chon non aiwe famini ese chiwen tongeni neuneu ewe insurens ren OHP me pwan ekewe ekkoch aninisin Medicaid?

- Mi tufich pwe kopwe tongeni neuneu ewe Medicare. Kokkori ewe Social Security Administration 800-772-1213 om kopwe neuneu ena insurens ika fori ew om appointment non ew ekewe local offes. En mi pwan tongeni fori online ren na Medicare, no ngeni ena ssa.gov/medicare/sign-up. Ika no ngeni ena OregonHealthcare.gov/GetHelp om kopwe kuta ew insurens kompeni ika ika emon ewe ra kan wisen aninis me non ewe Senior Health Insurance Benefits Assistance Program, ka tongeni kopwe kokorir won nour nampan fon 800-722-4134.
- Ika pwe kose tufichin neuneu ewe Medicare, cheki meren ikewe ka kan angang ie ren noumi insurens ren met mi meokis ngonuk ika meni kopwe naf ngeni. Chemeni kopwe kapas ngeni noumwe meinap ika non ewe Human Resources Department mwemwen epwe mwuch noumwe insurens OHP. Epwe wor ena fansoun mi imwuno om kopwe tongeni for sefan noumwe OHP ika pwe e mwuchuno.
- Ika pwe ese wor noumwe Medicare ika fen pwan noum insurens seni omwe angang, ka tongeni kopwe meoni ew kewe insurens (health plan) seni ewe Oregon Health Insurance Marketplace. A tongeni epwe tori \$1 meon non ew maram. Ewe aninis a tongeni epwe coverini unumom safei, om no churi noum tokter, om no ngeni kewe nenien safei (urgent care) ren chok non ewe atun, ika om nuwin non pioing me pwan ekewe ekkoch.
 - Ekewe aramas ra mwuch senir ewe aninisin OHP, ra tongeni kuta ew kewe insurens seni Marketplace coverage, ina chok fansoun a mwuchuno nour ewe aninisin OHP. Ra tongeni for chok nour mwemwen an epwe fen mwuchuno ewe OHP pwe esapw pwan wor osukosuken taamen an a mwuchuno ewe OHP nge ra keran kuta ew seni ewe Marketplace coverage, nge ra tongeni for tori July 31, 2024.
 - Ekewe aramas ra mwuchuno senir nour ewe insurensin OHP, repwe for nour won Marketplace mwemwen nour we OHP epwe mwuch. Ewe saingon ran ne for epwe non July 31, 2024.
 - Om kopwe sinei porous tichikin ewe Marketplace, no ngeni ewe
 - OregonHealthCare.gov ika kokori ewe 833-699-6850 (ese kamo, iwe kich mi pwan etiwa ekewe chon kokonong remi pung seninger ika tufichingawen kapas)

- Ka tongeni pwan churi ew kewe community partner ika insurens ren ar repwe anisuk ren ewe Marketplace, chunong non ewe offes, ika kokonong chok won fon. Kuta ew ekewe ra arap ngonuk, tota won na OregonHealthCare.gov/GetHelp.

11. Met ekewe popun an upwe tongeni epwe mwuchuno neiwe insurensin OHP ika pwan ekewe ekkoch aninisin Medicaid?

- Ika pwe om moni tonong a kekita. Ika pwe om moni tonong a nuseni ewe keukun ren an aramas moni tonong repwe tongeni neuneu ren ei program, iwe ina atun kose chiwen tongeni neuneu ewe OHP ika pwan ekewe ekkoch aninisin Medicaid.
- Ika pwe ka siwini usun omw filing status ren om takises.
- Ika pwe ka nom won Medicare. En mi tufichin chiwen nom won OHP insurens ika ekewe ekkoch aninisin Medicaid.

12. Nge ika pwe uwa no ngeni pioing ika neiwe tokter a kuna pwe use chiwen neuneu ewe OHP ika pwan ekewe ekkoch aninisin Medicaid?

- Enip epwe mwuchuno ewe aninisin insurens ika pwe kose ponuwani noum kewe taropwe. Nengeni fichi non noumwe taropwe om kopwe katon ranin inet ewe OHP insurens epwe mwuchuno. Ika pwe ewe ranin e kukun seni ewe 90 raan, en mi tongeni ponuwani sefani noum kewe taropwe me popu-sefani ekewe aninis ngonuk. Ika pwe eseor noum ewe taropwe, katon non ewe pwor won page 1. En mi tongeni for sefani inet chok fansoun me tungor aninis ren om kopwe tongeni meonanoi om kewe niwinimangen medical bills (ika ren safei).
- Ika pwe kose chiwen neuneu ewe OHP insurens, iwe ka tongeni kuta ew ekewe insurens me non ewe Oregon Health Insurance Marketplace. Katon ena kapaseis nampa 11 ren om kopwe sinei tichikin porousan.
- Ika pwe mi wor noum Medicare me kose chiwen nom won na OHP, ika ewe Medicare Savings Program, en mi tongeni fos ngeni chon angangen ewe insurens ika ewe Senior Health Insurance Benefits Assistance counselor om kopwe weweitieochu ewe Medicare. Tota kuta won ena OregonHealthcare.gov/GetHelp.

13. Nge ika pwe uwa ekieki nge ew fon a kokori ei ika ew text message, nge e eis ai kewe information, epwe ew scam? Upwe ifan ai upwe tongeni sineieochu pwe chon ewe OHP ika emon ekewe chon angang e koko?

- Ewe Oregon Health Authority, Oregon Department of Human Services me ewe Coordinated Care Organization epwe tufich pwe repwe tongeni text ika kokori chon neuneu ewe insurens ren ar repwe achema ar repwe apungufichi ar kewe information ika repwe for sefani nour non chok ewe atun.
- Kich sisapw tongeni sipwe kokori kemi ach sipwe eis ren moni om kopwe fori noumwe insurens. Kosapw tongeni ereni emon om kewe information ren om we bank ren noum credit card, ika emon e era pwe ii seni ewe Oregon Health Authority, Oregon Department of Human Services, Oregon Health Plan ika Medicaid.
- Ika pwe e toruk ew text message ika koko nge ke ekieki ngeni pwe ew scam, hangupini ika kosapw fen ponuwani.

Kapaseis ren OHP me Medicare

14. Nge ika pwe ukeran poputa ne neuneu ewe Medicare insurens?

- Aramas remi pin nom won ewe OHP nge ra keran poputa ne neuneu ei Medicare non ewe fansoun samaw ter iwe repwe chok nom won OHP. Ei sia kan keor ngeni “Full Dual” pokiten ka nom won Medicare me OHP.
- Meinsin aramas remi need epwe for sefan nour kewe insurens. Chomong aramas repwe need repwe interview (kapas ngeni ekewe chon angang me sinei fichi ifan sokkun neuneu nour kewe insurens. En mi pwan tongeni angei ekewe aninis, epwe anisi ne meoni om kewe niwinimang ngeni Medicare Part B premiums, secondary coverage me pwan ekewe ekkoch ren chekin ngii me ekewe nii win ren meomeon ekewe wa ra kan wisen echuwa ngonuk ian kopwe no ngeni ian ren om kewe appointment.
- Ika ke need aninis ren angang non imwom, me aninis ren inisum, kopwe kapas ngeni ekewe chon angang, ar repwe awora ngonuk ewe long term care services.
- Ika pwe ese chiwen wor noumwe insurens OHP, ka tongeni fos ngeni ew ekewe insurens ika ewe Senior Health Insurance Benefits Assistance (SHIBA) counselor ren tichikin porousen na Medicare. Kuta ew won ena OregonHealthcare.gov/GetHelp ika kokkori SHIBA won nour nampan fon 800-722-4134.

15. Nge ika uwa tori ier 65 nge use nom won ika neuneu ei Medicare?

- Ika ka tori ier 65 non ewe atun samaw ter, nge kose mwo nom won Medicare non ena fansoun, iwe kopwe mwitir ne fori om kopwe neuneu na insurens. Katon ena ponuwan kapaseis won nampa 12 ren om kopwe fateoch ren porousan.
- Mi auchea om kopwe tota neuneu ena Medicare non ena fansoun rakan katonong chon repwe neuneu. Ei, ekan mwuchuno mwirin 7 maram, poputa seni mwemwen 3 maram mwen om kopwe ier 65. En mi pwan tongeni fori om kopwe neuneu 6 maram mwemwen epwe mwuch noumwe OHP. Ika pwe kose tota neuneu na insurens, iwe ina kopwe meoni ena meomeon paking ren om mang ne fori noum na insurens, ika ke ekiekin kopwapw for noum mwirinon.
- Ika pwe mi wor noum insurens (seni om we nenien angang) ika fen en mi tongeni neuneu ena Medicare Saving Program, iwe kose pwan meoni ena meon paking. Kose mochen cheki na Medicare ren om kopwe sinei fateochun. Katon won ena medicare.gov/basics/costs/medicare-costs/avoid-penalties.

Kapaseis ren OHP me ewe long-term care services

16. Met mi pwan awenewen ngeni ei ika pwe upwan nom won long-term care?

- Ewer. Ika pwe ke mi nom won na Medicaid long-term care services, iwe ke mi need kopwe for sefani neum na aninisin medical.
- Medicaid long-term care mi pachenong mi anisi aramas ren safeien pochokun/tumunun inis, safeien pochokun/tumunun tupwu, me aninisin ekiek me ekewe mi wor ar tufichingawen tongeni ren inisir ra mweokuno. Ekei services e anisi aramas iteitan raan, ren ekewe aramas rese kan chiwen tufichin pusin tongeni won winikaper.
- Ekei aninis remi tongeni anisi ngeni non imwen en aramas ika non ewe sopw. Remi pwan awora aninis non ekewe nenien tumun mi semwen, ikewe rakan pwan nomwu chinap non, me ikewe nenien kangof rakan aninis ie me ikewe rakan pwan nom ekewe ra mang ar ekiek.

17. Met upwe fori ren ai upwe for sefani neiwe aninisin medical ika pwe ngang mi nom won ewe long-term care?

- Apungufichi om kewe contact information (itom, om address ika fen pwan nampan fon) Noumwe chon wisen anisuk, ika chon wisen kapas fanitom epwe tongeni anisuk.
- Katon noumwe ewe taropwen for sefanin insurens non omwe mail ika pworun posto. Kapas ngeni noumwe case manager ika pwe mi wor om kapas eis ika met ke need ren om kopwe weweiti noumwe taropwe.

18. Met epwe tongeni fis ngeni ekewe aninis mwirin an a for sefan nei we insurens?

- Mwirin an a for sefan, ew me nein ekei metoch epwe fis:
 - Ika pwe en mi chiwen tongeni neuneu ewe insurens OHP, noumwe OHP epwe chiwen sopwosopwono, nge epwe tufich pwe epwe wor ekkoch ekewin ngeni ewe long-term care services ngeni noumwe insurens.
 - Ika pwe kose tongeni chiwen neuneu ewe insurens OHP, noumwe ewe aninisin medical me long-term care services epwene ukutiw.
- Ika pwe ekewe aninis epwene wesino ika mwuchuno, en mi tongeni wanong non kapung ika pwe kopwe tipe ew ngeni ika ke ekieki pwe ese pung, ika mi wor mi mwanino.
- Ika pwe en mi nom non ew kewe nenien long term care ika nenien foster home ikewe ra kan anomu mi semwen ie, ika fen om nom non imwomwe nge akan wor chon feito anisuk non imwom (caregivers), iwe kopwe kapas ngeni noumwe caseworker om kopwe tongeni chok sopweno toruk ekewe aninis ke mi need.



KeepCovered.Oregon.gov

Faniten ekewe aramas mi kan ter inisir ika ekewe aramas mi tufichingawen kapas non merika, sa tongeni awora ekewe porous non ekoch taropwe mi maken non pusin fonuwer, me ekewe taropwe mi mesemwong ika braille. Kokkori 503-945-5488 (kich mi pwan anisi ekewe chon kokonong rese tongeni rong kapas ika rese tongeni kapas) ika tota won ena feedback@odhs.oregon.gov