

- (1) Reverse Integration: Behavioral Health Medical Home
- (2) Co-Located Behavioral Health Services in Primary Care

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Background

- Too few primary care providers for expanded Trillium Medicaid numbers, with not enough support
- Many Medicaid members have comorbid chronic health and severe and persistent mental illness diagnoses, leading to death 30 years earlier than the general public
- Increasing referral rates to co-located primary care and behavioral health services, with positive responses by patients (co-location is working!)
- Need to improve quality of life status and depression scores within primary care patient population

Project Aims

(1) Provide primary care to unassigned Trillium/Oregon Health Plan members with chronic health conditions alongside severe and persistent mental illness diagnoses

- Decrease emergency department/urgent care visits and overall utilization dollars
- Address comorbid health conditions with a multidisciplinary team approach
- Track data to advocate for payment reform

(2) Improve outcomes in behavioral health services within the primary care clinic



Project Team

- Center for Family Development
- Springfield Family Physicians
- Trillium CCO
- Community-based Providers



Project Measures

Process Measures

- Health screens (PHQ-9, SBIRT, Quality of Life, GSE-6)
- Clinical staff surveys
- Patient health surveys

Outcome Measures

- Lowered A1C levels
- Lowered depression scores
- Increase in quality of life self-reporting
- Stabilized chronic health conditions
- Improved self-management skills associated to comorbid health conditions
- Lowered utilization dollars
- Increase in preventive care
- Fewer emergency department/urgent care visits

Progress To Date and Next Steps

Primary Care Clinic

Progress to date:

- Steering committee meets weekly
- Multidisciplinary team hired and being trained

Next steps: Structure multidisciplinary team's daily huddles, complete location's renovations, address electronic medical record, track data, assess barriers and successes, continue to add trainings. New location opens 11/17/14.

Behavioral Health Clinic

Progress to date:

- Hired and trained new co-located therapists and assistant coordinator
- Attended week-long training addressing health integration components
- Uploaded past PHQ-9 scores of patients seen in treat-to-target behavioral health services in both electronic medical records

Next steps: Wrap other screens (SBIRT, Quality of Life, GSE-6) into treatment response pathways, increase care coordination and team-based approaches, track data, assess barriers and successes, additional trainings