

ATOD FREE ALTERNATIVES



Culture Camp

“Culture is prevention”...“Culture is Treatment”... (One Sky Center, OHSU, 2008)
Summer culture camps for all ages of students. Gender specific activities that include but not limited to rites of passage, elders and story telling, instruction in berry picking, fishing, bead work, carving, drumming, singing, dancing, stick games, native language, canoe building, archery, horseback riding, etc.

TARGET POPULATION: All ages

RISK FACTORS ADDRESSED:

Community DOMAIN

- ❖ Community laws and norms favorable to towards drug use, firearms, and crime.
- ❖ Addresses low neighborhood attachment and community disorganization

FAMILY DOMAIN

- ❖ Alienation and rebelliousness
- ❖ Friends who engage in a problem behavior
- ❖ Family history of the problem behavior.

PROTECTIVE FACTORS ADDRESSED:

- ❖ Bonding
- ❖ Healthy beliefs and clear standards
- ❖ Individual characteristics

IOM Strategies

- ❖ Prevention
- ❖ Treatment
- ❖ Aftercare

KEY ELEMENTS:

Historical Recognition

- Teaching cultural practices indigenous to the tribe to building stronger life skills
- Elders participation from the community
- Elders and parents mentoring youth

Process

- Safe and supportive environment to accommodate participants
- Planned adult and youth interaction
- Positive peer identification within tribe
- Opportunities for positive peer interaction
- Opportunity for active youth involvement
- Participants must be alcohol, commercial tobacco and drug free for a prescribed amount of time in order to participate in function
- Storytelling and listening to stories

Materials Needed

- Culturally specific materials to support cultural, spiritual, social and self identity
- Community Feeds
- Talking Circle

OPTIONAL INGREDIENTS:

- Smudging
- Traditional music
- Traditional food
- Entertainment
- Cultural sharing
- Raffle prizes

Resources and/or Examples: All Nine Tribes

EXAMPLE OUTCOMES:

EDUCATIONAL:	Youth will demonstrate increased knowledge of own cultural.
ATTITUDINAL:	Youth will feel more connect to their identified culture.
BEHAVIORAL:	Youth will demonstrate more interested in their identified culture by attending other cultural activities.

Approval Date 10/14/08