

Oregon Addictions & Mental Health Division

Evidence-Based Programs

Tribal Practice Approval Form



1. Name of Tribal Practice

❖ Positive Indian Parenting

2. Brief Description

❖ A curriculum developed by NICWA in 1986 by tribal members primarily from tribes in the northwest. There are eight lessons in the curriculum with a story within each lesson. It has been tested throughout Indian Country within the lower 48 states.

3. Other Examples of this Tribal Practice

❖

4. Evidence Basis for Validity of the Tribal Practice: Historical/Cultural Connections

Longevity of the Practice in Indian Country	❖ This particular curriculum has been implemented in Indian Country since 1986. Elements of the curriculum have been utilized for generations.
Teachings on which Practice is based	❖ In Native American culture, parenting is about each member of the community taking a role in the raising of children.
Values incorporated in Practice	❖ Praise, Nurturing, Harmony, Lessons of Nature, Attachment, Cradle Boards and Behavior Management.
Principles incorporated in Practice	❖ Oral traditions, storytelling, spiritual nature of child-rearing and the role of the extended family.
Elder's approval of Practice	❖ Elders have allowed the use of this curriculum in tribal communities (urban and rural).
Community feedback/ Evaluation of Practice	❖ Clear acceptance of this curriculum has been demonstrated through implementation in communities across this country, adaptation/individualized and long-term use over 20 years.

5. Goal(s) Addressed by this Tribal Practice

❖ Goal 1: To help Indian Parents explore the values and attitudes expressed in

traditional Indian child rearing practices and then apply those values to modern skills in parenting.

- ❖ Goal 2: To help parents develop positive and satisfying attitudes, values, and skills which have their roots in our cultural heritage.

6. Target Populations

a. Institute of Medicine Strategy (check all that apply)

<input checked="" type="checkbox"/> “Universal”
<input type="checkbox"/> “Selective”
<input type="checkbox"/> “Indicated”
<input type="checkbox"/> Treatment

b. Socio-demographic or other characteristics

Age	❖ Any age (parents, grandparents, anyone raising children).
Sex	❖ Both
Occupation	❖ N/A
Living Conditions	❖ N/A
Other	❖

7. Risk and Protective Factors Addressed

Domain	Risk Factors	Protective Factors
Community	<ul style="list-style-type: none"> ❖ Low Community and neighborhood attachment ❖ Loss of Cultural Practices 	<ul style="list-style-type: none"> ❖ Community and neighborhood attachment ❖ Restoration of cultural practices
Family	<ul style="list-style-type: none"> ❖ Family Conflict ❖ Family Violence 	<ul style="list-style-type: none"> ❖ Bonding ❖ Nurturing ❖ Improved family communication
Peer	❖	❖
School	❖	❖
Individual	❖	❖

8. Tribal Practice—Personnel

- ❖ Staff trained in Positive Indian Parenting

9. Tribal Practice—Key Elements

Module 1: Traditional Parenting
 Module 2: Lessons in Storytelling
 Module 3: Lessons in Cradleboard
 Module 4: Harmony in Child Rearing
 Module 5: Traditional Behavior Management
 Module 6: Lessons of Mother Nature
 Module 7: Praise in Traditional Parenting
 Module 8: Choices in Indian Parenting

10. Tribal Practice—Materials

- ❖ Copies of the curriculum for the trainer(s) and participants.

11. Tribal Practice—Optional Elements

- ❖ Use of incentives to cover cost (daycare or transportation)
- ❖ Provisions of food

12. Outcomes

Decrease	Increase	Specify
Avoidable death	Longevity	❖ SIDS education, decrease in infant death, abuse and neglect
Disease-specific morbidity	Health	❖
Disability Handicap	Ability	❖
Pain and Suffering	Wellbeing	❖
Abuse Dependency Addiction	Abstinence Non- harmful Use	❖ Decrease in use of substances, increase in positive relationships with family members.
Unemployment	Employment	❖
Educational failure	Educational Success	❖
Dysfunctional family	Healthy Family	❖ Family reunification, improved family communication, reduced family conflict and violence
Delinquency/crime	Good Behavior	❖ Increase in accountability as a positive role model and healthy parent.
Homelessness Instability	Stable Housing	❖
Unhealthy Attitude, Beliefs, Ignorance, Lack of Skills, Lifestyle	Healthy Attitudes, Beliefs, Skills, Lifestyle	❖ Improved self-confidence, sense of responsibility and cooperation

13. Contact person for Agency Providing the Tribal Practice

Person	❖ Terry Cross	Rachel Smith	Darlene Foster
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14. TBP Panel Approval and Date

Caroline Cruz, Dr. John Spence, Lee-Ann Foster, Julie Johnson, Dr. Doug Bigelow, and Jason Yarmer.

Revised on May 5, 2011