

# COVID-19 Monthly Report

Oregon's Monthly Data Report



## Monthly Data Report – October 13, 2022

### Table of Contents

Monthly COVID-19 Summary.....	2
Where are we now?.....	3
Data Spotlight: Pediatric COVID-19 Cases & Vaccination.....	4
Background.....	6
Demographics.....	6
Geography.....	6
Sex.....	9
Age.....	11
Race.....	16
Ethnicity.....	20
People with Intellectual and Developmental Disabilities.....	22
Weekly COVID-19 Hospitalizations (HOSCAP).....	23
ZIP code.....	23
Report Limitations.....	23
Additional Information & Available Resources.....	24

# COVID-19 Monthly Report

Oregon's Monthly Data Report



## Monthly COVID-19 Summary

- There were 18,432 reported cases in September, down 28.0% from 25,597 cases in August.<sup>1</sup>
- Test positivity was 8.8% in September, down from 10.5% in August.
- In September, the statewide reported annualized case rate<sup>2</sup> was 5,256 per 100,000, and reported annualized case rates were highest among the following age groups:
  - 9,666 annualized cases per 100,000 (1,431 total cases) age 80+
  - 6,912 annualized cases per 100,000 (2,104 total cases) age 70-79
  - 5,554 annualized cases per 100,000 (2,400 total cases) age 60-69
- 2,538 cases (13.8% of all cases in September; 3,586 annualized cases per 100,000) were children 17 years or younger.
- 4,745 cases (25.7% of all cases in September; 7,133 annualized cases per 100,000) were people 65 years or older.
- As of October 1, 2022, Oregon has reported:
  - 896,890 cases
  - 36,017 hospitalizations (4.0% of all reported cases)
  - 8,607 deaths (1.0% of all reported cases)

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<sup>1</sup> OHA continuously updates information on COVID-19 cases as new information becomes available. This may lead to slight variations in case counts compared to previous reports.

<sup>2</sup> Annualized case rates are calculated by using the number of cases reported in each time period, divided by population, and then multiplied to represent a full year of data. This allows for comparison between time periods of differing lengths.

# COVID-19 Monthly Report

Oregon's Monthly Data Report



**Table 1. Recent COVID-19 cases, hospitalizations, and deaths**

	July 2022	August 2022	September 2022
Cases	39,961	25,597	18,432
Hospitalizations	1,387	1,062	712
Deaths	229	194	99

1. Cases are counted using the date that the case was reported to public health. Hospitalizations are counted using date of hospital admission. Deaths are counted using date of death. Due to delays in case ascertainment, these data are subject to change.
2. Hospitalizations and deaths from the most recent month may not yet be reported.

## Where are we now?

COVID-19 transmission in Oregon continued to decline in September. Test positivity has fallen from 10.5% in August to 8.8% in September. While COVID-19 hospitalizations and deaths have declined through the summer, hospital capacity continues to be strained with bed availability <10% statewide (and lower in some regions). Omicron BA.5 continues to be the predominant variant nationwide and in Oregon.

Fall weather leads to people spending more time indoors. This means increased opportunities for transmission of COVID-19 and influenza. Cases and hospitalizations have already begun rising in Europe and we are seeing early indications that the next wave may be starting in the United States. The Oregon Health & Science University COVID-19 Forecast (<https://www.ohsu.edu/sites/default/files/2022-10/OHSU-COVID-Forecast-10-7-2022.pdf>) predicts this fall cases will rise, and hospitalizations will peak in early December.

OHA encourages people to consider getting both a flu shot and a bivalent COVID-19 booster now. Vaccination is the most effective way to reduce the risk of transmission, infection, severe illness, long-term health effects, and death from these serious respiratory viruses. The bivalent boosters protect against the original COVID-19 virus as well as the Omicron BA.4 and BA.5 variants, and they are now authorized for people age 5 years and older. Currently, only about 10% of adult Oregonians who are eligible have received a bivalent booster.

# COVID-19 Monthly Report

Oregon's Monthly Data Report



Data on reported COVID-19 cases, hospitalizations, and deaths in Oregon are updated daily at:

<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19Update/DailyDataUpdate>.

In the October 6 Centers for Disease Control and Prevention (CDC) COVID-19 Community Levels update, no Oregon counties were in the “high” level ([www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html](http://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html)). Nine Oregon counties—Baker, Crook, Grant, Jackson, Jefferson, Josephine, Malheur, Union, Wallowa—were in the “medium” COVID-19 Community Level. All other Oregon counties were in the “low” COVID-19 Community Level.

Recommendations for Oregon residents based on their county COVID-19 Community Level can be found at: [www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html](http://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html).

You can learn more about how to use COVID-19 data in making personal decisions and risk assessments here: <https://covidblog.oregon.gov/how-to-use-regional-covid-19-data-to-make-decisions-about-day-to-day-life>.

## Data Spotlight: Pediatric COVID-19 Cases & Vaccination

As of October 12, 2022, there have been a total of 150,549 reported cases of COVID-19 with disease onset through October 8, 2022 in Oregon’s pediatric population (people under age 18). Pediatric cases make up 16.7% of the 902,319 total reported cases in Oregon and the pediatric population makes up 20.2% of the total population. Of all pediatric COVID-19 cases, 0.6% (978) are known to have been hospitalized compared with 4.0% of all reported cases. There have been 11 reported pediatric deaths with COVID-19.

From September 4-October 1, 2022, there were 2,277 cases in pediatric persons; making up 15.8% of all cases in that time period. Of the reported pediatric cases in that time, 30 (1.3%) have been hospitalized.

The Oregon COVID-19 Pediatric Report Dashboard (<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19PediatricReport/Demographics>), updated monthly, provides additional information on pediatric cases by race, ethnicity, age group, severity and county.

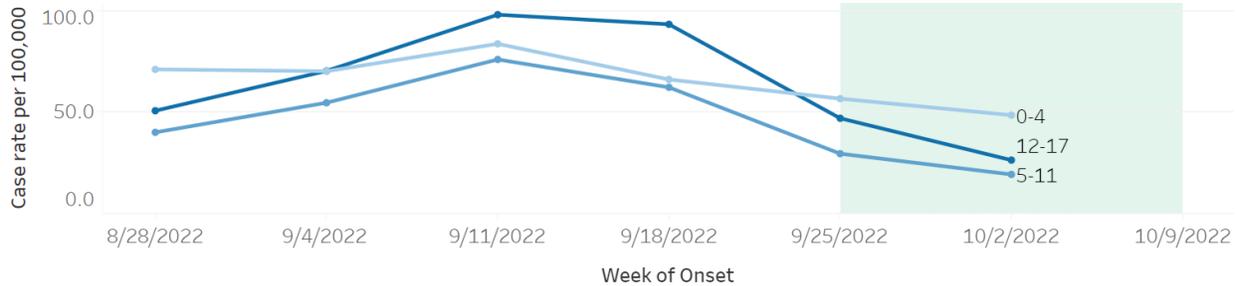
# COVID-19 Monthly Report

Oregon's Monthly Data Report



## Recent pediatric COVID-19 case rates have been highest among people age 0 to 4 years

The chart below shows the rate of pediatric cases per 100,000 by week of onset and age group, in years. Illnesses that began in the last two weeks may not yet be reported.



While COVID-19 is often milder in children than in adults, some children do get seriously ill and are hospitalized. Vaccination offers the best and safest protection for children against severe disease. Everyone 5 years of age and older is now eligible for a bivalent booster two months after the completion of their primary series or most recent booster. For more information on vaccine eligibility and staying up to date with COVID-19 vaccines visit: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>.

Parents, guardians, and people under 18 can learn more about vaccination here: <https://govstatus.egov.com/or-oha-covid-19-vaccine-parents-guardians>.

# COVID-19 Monthly Report

Oregon's Monthly Data Report



## Monthly Data Report

### Background

The COVID-19 Monthly Report will be published on the second Thursday of each month. Please note that the data reported here are continually updated. For information updated weekly, visit the OHA COVID-19 web page: <https://govstatus.egov.com/OR-OHA-COVID-19>.

### Demographics

The following tables and figures show the demographic characteristics for all reported COVID-19 cases in the last 6 months.<sup>3</sup> The tables show case counts, annualized case rates, and indicators of severity by sex, age, race, and ethnicity. The figures show cases over time, by week of onset, for sex, age, race, and ethnicity.

### Geography

The following figures show annualized case rates by county during September 2022. Cases are counted according to the date on which the case became known to public health. Figure 1 displays annualized case rates by county, in comparison to the annualized case rate for all of Oregon and the United States. Figure 2 uses a map to represent county-level annualized case rate data.

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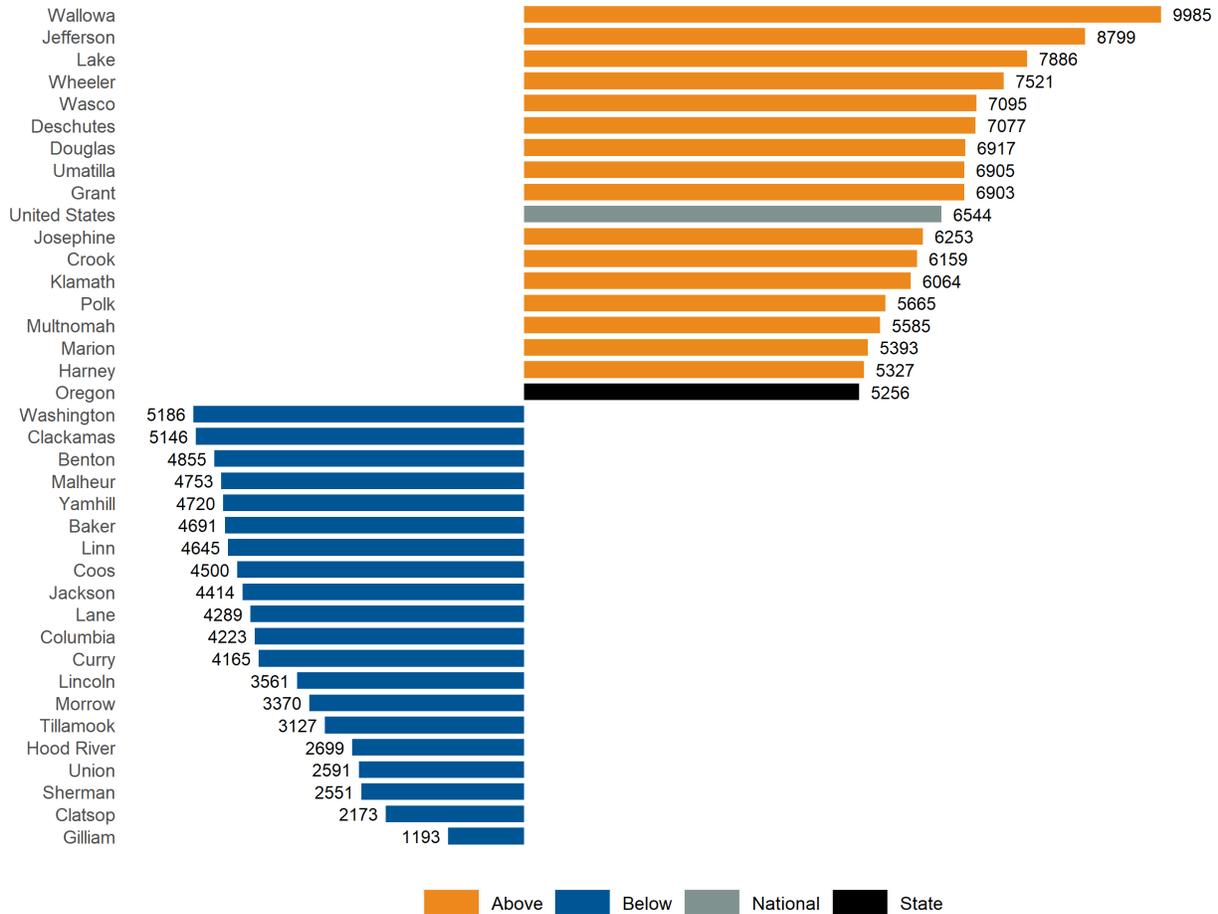
<sup>3</sup> All tables and figures in this report referencing the last 6 months include data from April 1, 2022, to September 30, 2022.

# COVID-19 Monthly Report

Oregon's Monthly Data Report



**Figure 1. Annualized case rates per 100,000 residents by county compared to state and U.S., September 2022**



1. Annualized case rates are calculated by using the number of cases reported in each time period, divided by population, and then multiplied to represent a full year of data. This allows for comparison between time periods of differing lengths.
2. Counties that had case rates above the case rate for the state are displayed in orange. Counties that had case rates below the case rate for the state are displayed in blue.
3. Counties that had zero cases in the time period displayed appear on the list, but do not have a bar to display.

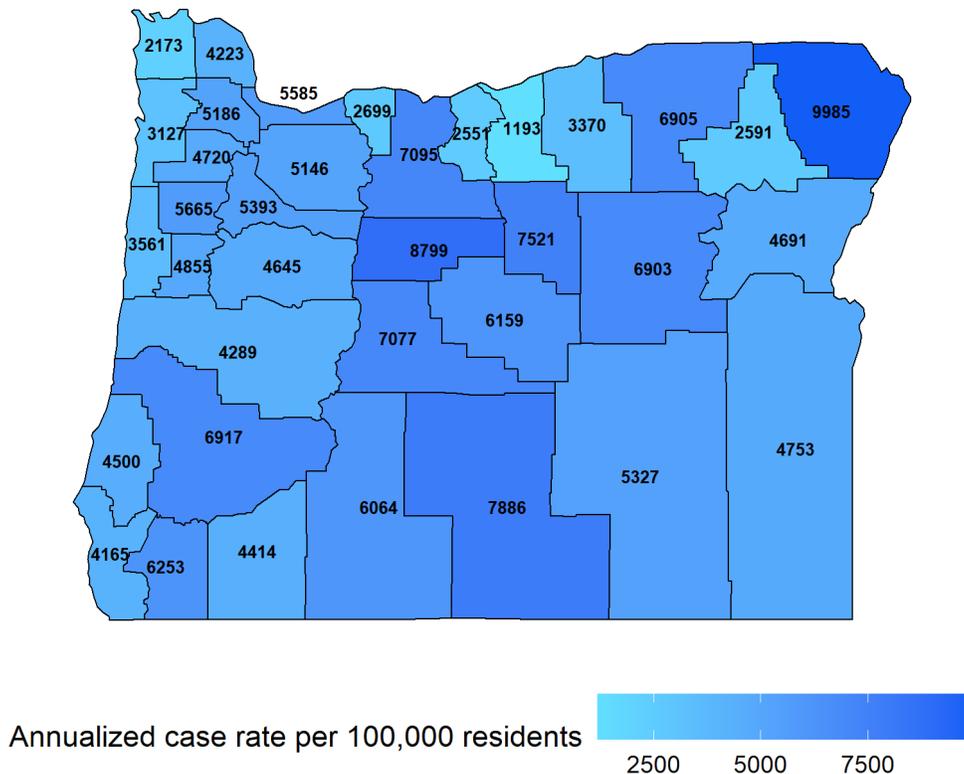
# COVID-19 Monthly Report

Oregon's Monthly Data Report



4. United States rates are calculated using data from the CDC COVID-19 Data Tracker. These data are available at [https://covid.cdc.gov/covid-data-tracker/#trends\\_dailycases](https://covid.cdc.gov/covid-data-tracker/#trends_dailycases).
5. Additional data are available at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/Oregon-COVID-19TestingandOutcomesbyCounty/OregonsCOVID-19TestingandOutcomesbyCounty>.

**Figure 2. Map of annualized case rate per 100,000 residents by county, September 2022**



# COVID-19 Monthly Report

Oregon's Monthly Data Report



## Sex

**Table 2a. Severity and rates of COVID-19 by sex, September 2022<sup>4</sup>**

Sex	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
Female	9,781	53.1	5,531	374	3.8	47	0.5
Male	7,474	40.5	4,300	324	4.3	52	0.7
Non-Binary	19	0.1		0	0.0	0	
Not Available	1,158	6.3		14	1.2	0	
Total	18,432	100.0	5,256	712	3.9	99	0.5

**Table 2b. Severity and rates of COVID-19 by sex in the last 6 months**

Sex	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
Female	102,325	53.1	9,486	2,925	2.9	430	0.4
Male	79,822	41.4	7,527	2,842	3.6	480	0.6
Non-Binary	159	0.1		0	0.0	0	
Not Available	10,428	5.4		74	0.7	26	0.2
Total	192,734	100.0	9,010	5,841	3.0	936	0.5

1. Annualized case rates are calculated by using the number of cases reported in each time period, divided by population, and then multiplied to represent a full year of data. This allows for comparison between time periods of differing lengths.
2. Case fatality refers to the percentage of cases reported to have died within each time period.

<sup>4</sup> There may be a lag of several weeks between when an individual dies and when their death appears in this report. Death counts are calculated using date of death.

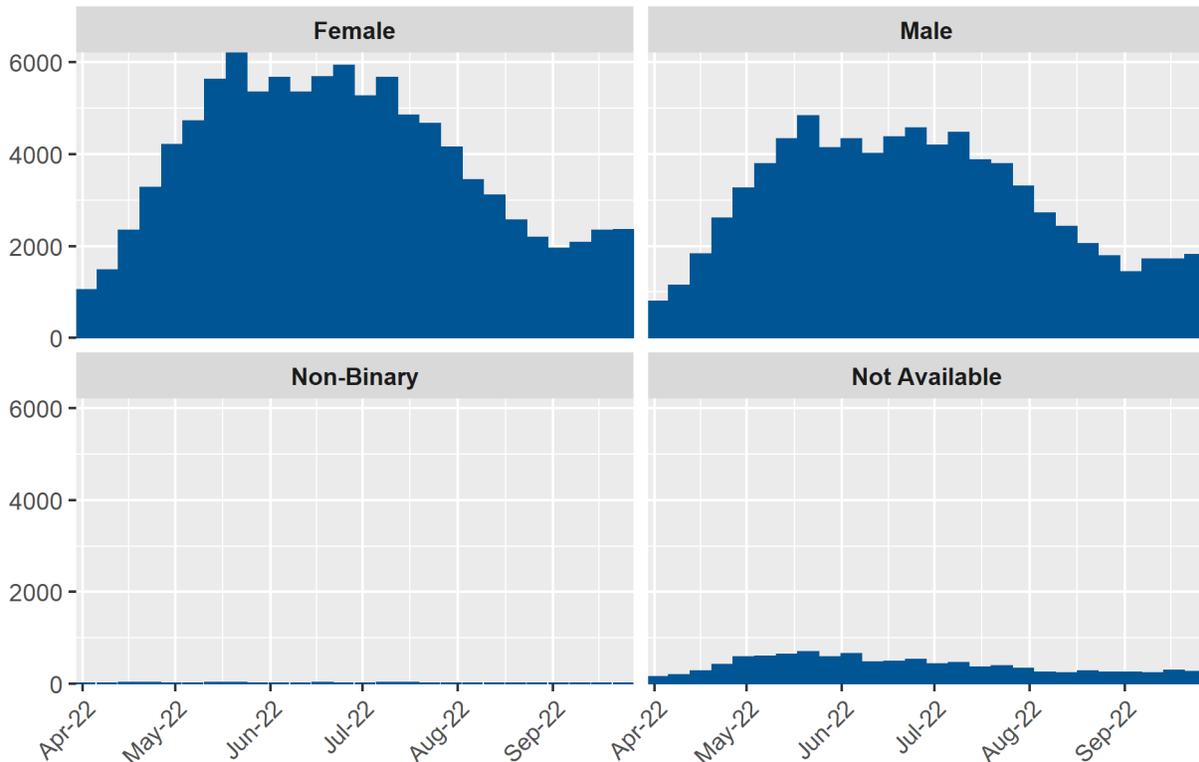
# COVID-19 Monthly Report

Oregon's Monthly Data Report



3. Rates are calculated using population estimates from the 2021 Annual Population Report from Portland State University's College of Urban & Public Affairs Population Research Center and 2020 housing and demographic data from the U.S. Census Bureau's American Community Survey (ACS).
4. Additional data are available at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>.

**Figure 3. COVID-19 cases (counts) in the last 6 months by sex and week of onset**



In this paneled bar graph, COVID-19 case counts by sex are displayed over the past six months. Each panel corresponds with a different sex. The peaks and dips in case counts across sex generally align throughout the past six months. More detailed information on case counts and rates by sex are available at:

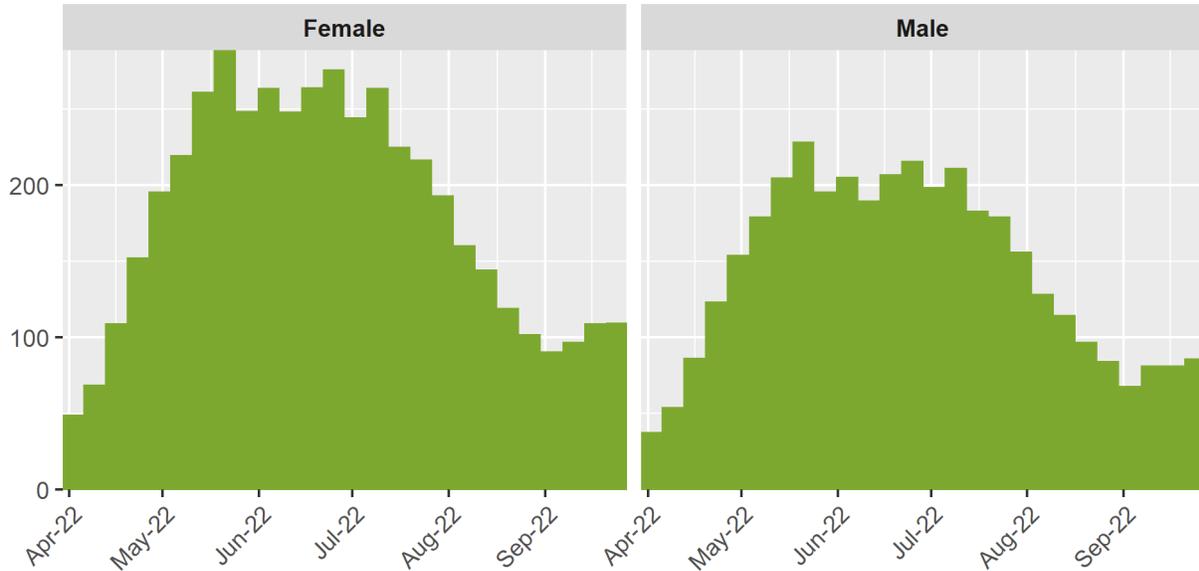
<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>.

# COVID-19 Monthly Report

Oregon's Monthly Data Report



**Figure 4. COVID-19 cases (case rate per 100,000) in the last 6 months by sex and week of onset**



In this paneled bar graph, COVID-19 case rates per 100,000 by sex are displayed over the past six months. Each panel corresponds with a different sex. The peaks and dips in case rates across sex generally align throughout the past six months. More detailed information on case counts and rates by sex are available at:

<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>.

## Age

**Table 3a. Severity and rates of COVID-19 by age, September 2022**

Age group	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
0-9	1,276	6.9	3,331	19	1.5	0	
10-19	1,551	8.4	3,832	10	0.6	0	
20-29	2,098	11.4	4,541	36	1.7	1	0.0

# COVID-19 Monthly Report

Oregon's Monthly Data Report



Age group	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
30-39	2,576	14.0	5,145	49	1.9	1	0.0
40-49	2,436	13.2	5,419	50	2.1	1	0.0
50-59	2,231	12.1	5,282	59	2.6	4	0.2
60-69	2,400	13.0	5,554	108	4.5	11	0.5
70-79	2,104	11.4	6,912	171	8.1	22	1.0
80+	1,431	7.8	9,666	206	14.4	59	4.1
Not Available	329	1.8		4	1.2	0	
Total	18,432	100.0	5,256	712	3.9	99	0.5

**Table 3b. Severity and rates of COVID-19 by age in the last 6 months**

Age group	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
0-9	15,169	7.9	6,491	124	0.8	1	0.0
10-19	15,012	7.8	6,082	92	0.6	0	
20-29	28,101	14.6	9,970	342	1.2	9	0.0
30-39	31,215	16.2	10,222	431	1.4	3	0.0
40-49	26,552	13.8	9,684	397	1.5	24	0.1
50-59	23,736	12.3	9,212	592	2.5	57	0.2
60-69	22,126	11.5	8,395	970	4.4	110	0.5
70-79	18,220	9.5	9,813	1,311	7.2	199	1.1
80+	11,447	5.9	12,675	1,575	13.8	533	4.7
Not Available	1,156	0.6		7	0.6	0	
Total	192,734	100.0	9,010	5,841	3.0	936	0.5

# COVID-19 Monthly Report

Oregon's Monthly Data Report



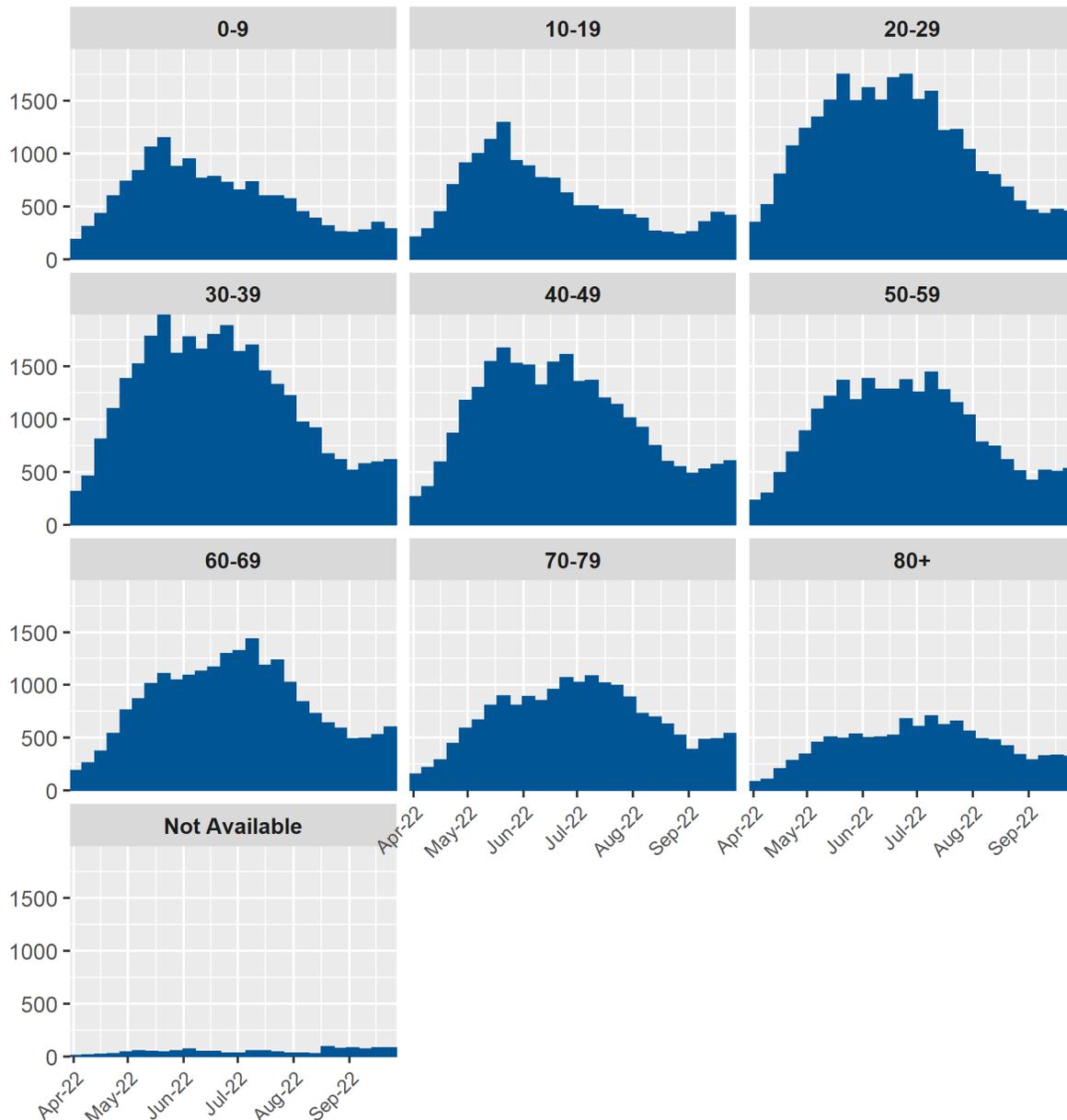
1. Annualized case rates are calculated by using the number of cases reported in each time period, divided by population, and then multiplied to represent a full year of data. This allows for comparison between time periods of differing lengths.
2. Case fatality refers to the percentage of cases reported to have died within each time period.
3. Rates are calculated using population estimates from the 2021 Annual Population Report from Portland State University's College of Urban & Public Affairs Population Research Center and 2020 housing and demographic data from the U.S. Census Bureau's American Community Survey (ACS).
4. Additional data are available at  
<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/Oregon-COVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>;  
and  
<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/Oregon-COVID-19CaseDemographicsandDiseaseSeverityStatewide/SeverityTrends>.

# COVID-19 Monthly Report

Oregon's Monthly Data Report



Figure 5. COVID-19 cases (counts) in the last 6 months by age and week of onset



In this paneled bar graph, COVID-19 case counts by age are displayed over the past six months. Each panel corresponds with a different age group. The peaks and dips in case counts across age generally align throughout the past six months. More detailed

# COVID-19 Monthly Report

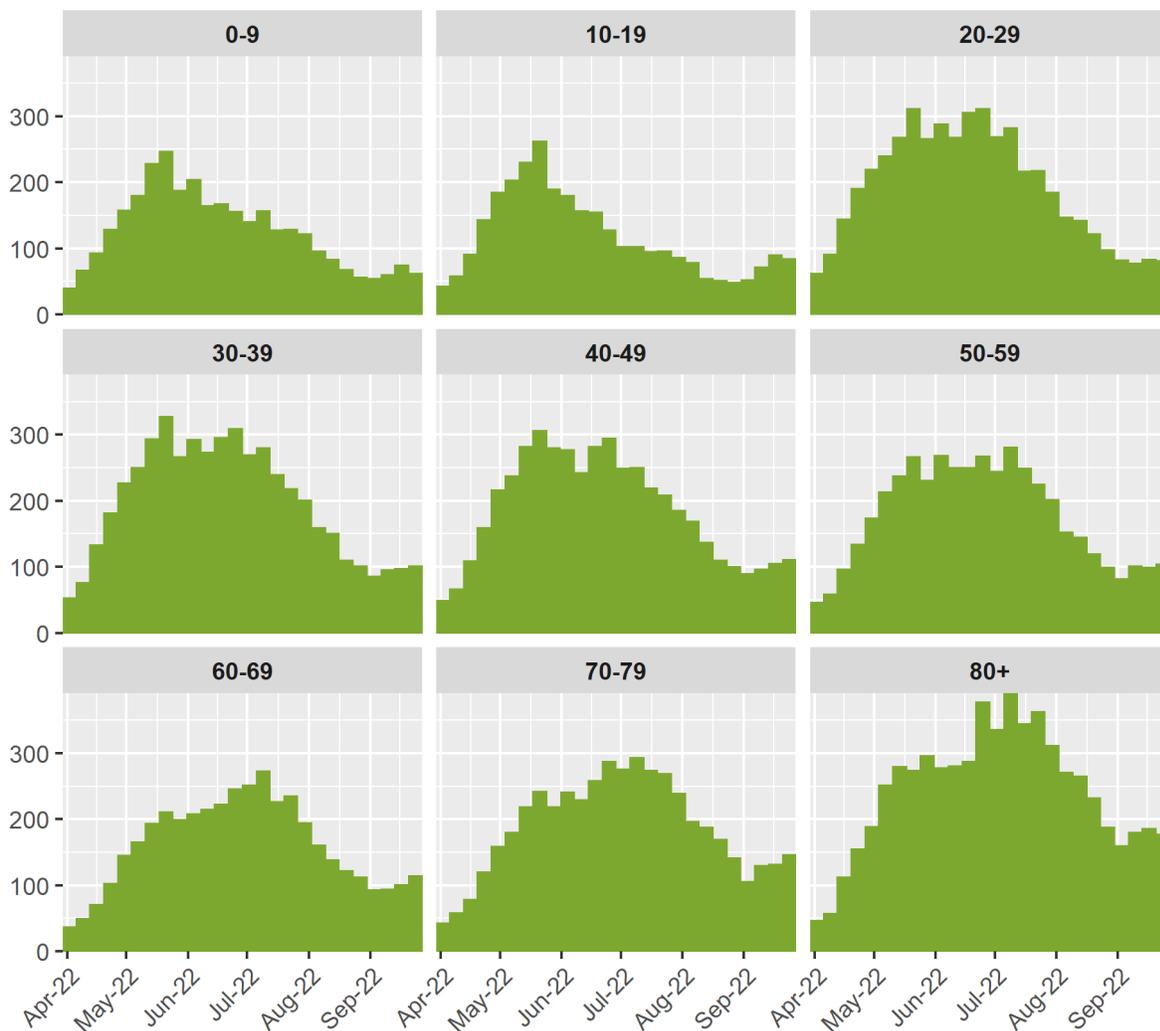
Oregon's Monthly Data Report



information on case counts and rates by age are available at:

<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>.

**Figure 6. COVID-19 cases (case rate per 100,000) in the last 6 months by age and week of onset**



In this paneled bar graph, COVID-19 case rates per 100,000 by age are displayed over the past six months. Each panel corresponds with a different age group. The peaks and dips in case rates across age generally align throughout the past six months. More

# COVID-19 Monthly Report

Oregon's Monthly Data Report



detailed information on case counts and rates by age are available at:  
<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>.

## Race

**Table 4a. Severity and rates of COVID-19 by race, September 2022**

Race	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
> 1 race	222	1.2	1,024	2	0.9	0	
American Indian/Alaska Native	255	1.4	6,648	4	1.6	0	
Asian	653	3.5	4,142	16	2.5	0	
Black	344	1.9	5,178	17	4.9	0	
Not Available	5,736	31.1		82	1.4	24	0.4
Other	1,234	6.7		43	3.5	3	0.2
Pacific Islander	20	0.1	1,448	2	10.0	0	
White	9,968	54.1	3,442	546	5.5	72	0.7
Total	18,432	100.0	5,256	712	3.9	99	0.5

**Table 4b. Severity and rates of COVID-19 by race in the last 6 months**

Race	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
> 1 race	4,956	2.6	3,751	27	0.5	4	0.1
American Indian/Alaska Native	2,179	1.1	9,312	59	2.7	8	0.4

# COVID-19 Monthly Report

Oregon's Monthly Data Report



Race	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
Asian	8,062	4.2	8,381	163	2.0	15	0.2
Black	3,721	1.9	9,182	163	4.4	13	0.3
Not Available	62,065	32.2		714	1.2	253	0.4
Other	12,542	6.5		380	3.0	37	0.3
Pacific Islander	193	0.1	2,291	10	5.2	3	1.6
White	99,016	51.4	5,605	4,325	4.4	603	0.6
Total	192,734	100.0	9,010	5,841	3.0	936	0.5

1. Annualized case rates are calculated by using the number of cases reported in each time period, divided by population, and then multiplied to represent a full year of data. This allows for comparison between time periods of differing lengths.
2. Case fatality refers to the percentage of cases reported to have died within each time period.
3. People are asked to self-report their race, ethnicity, tribal affiliation, country of origin, or ancestry.
4. Rates are calculated using population estimates from the 2021 Annual Population Report from Portland State University's College of Urban & Public Affairs Population Research Center and 2020 housing and demographic data from the U.S. Census Bureau's American Community Survey (ACS).
5. Persons for whom race information was not available were not included in these estimates. The number of persons with race data unavailable can be found in Tables 4a and 4b.
6. 5,862 (46.7%) of the 12,542 persons who identify as "Other" race also self-identify as Hispanic or Latino.
7. Additional data are available at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/Oregon-COVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp;> and

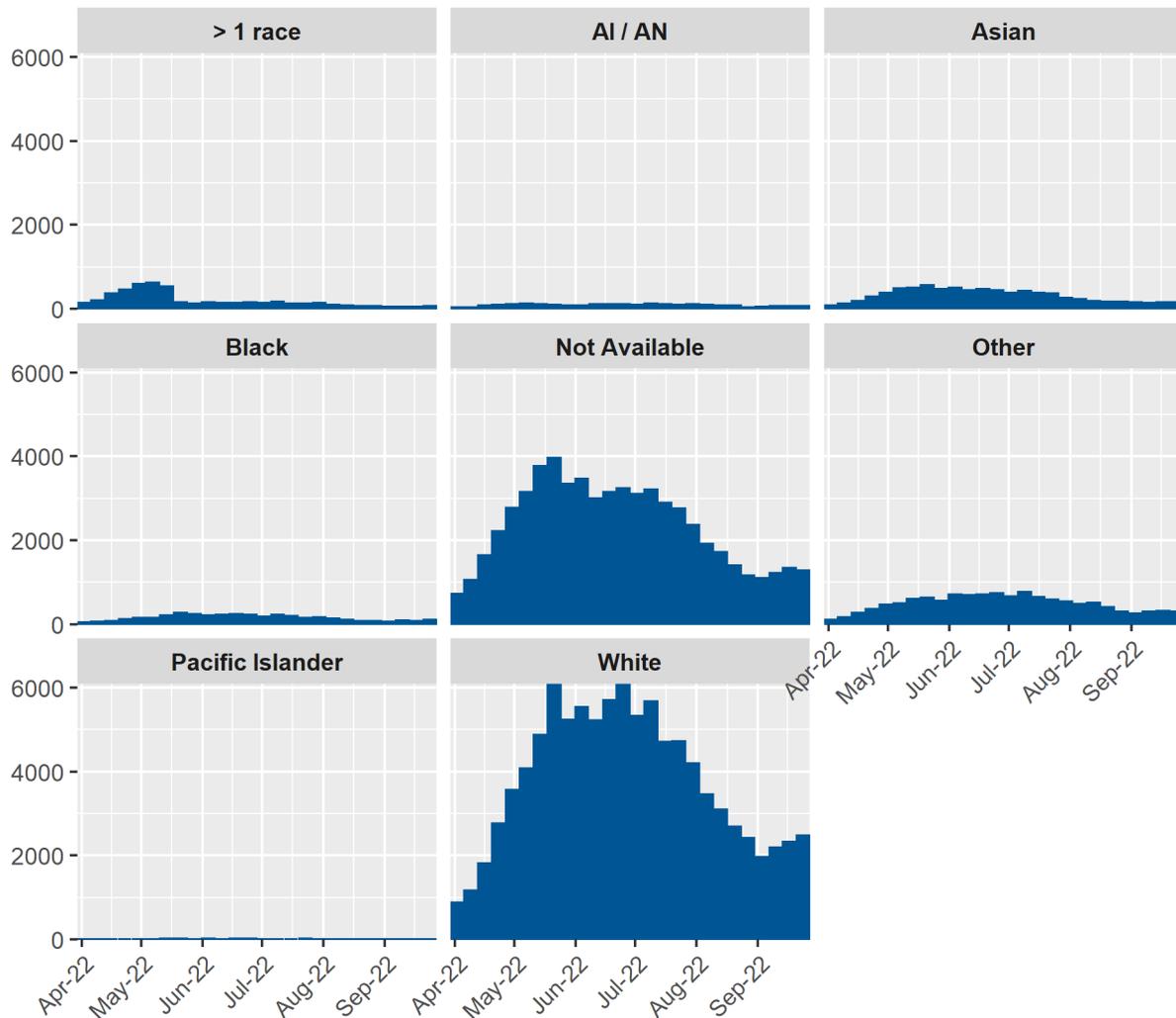
# COVID-19 Monthly Report

Oregon's Monthly Data Report



<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/Oregon-COVID-19CaseDemographicsandDiseaseSeverityStatewide/SeverityTrends>

**Figure 7. COVID-19 cases (counts) in the last 6 months by race and week of onset**



In this paneled bar graph, COVID-19 case counts by race are displayed over the past six months. Each panel corresponds with a different race. The peaks and dips in case counts across race generally align throughout the past six months. More detailed information on case counts and rates by race are available at:

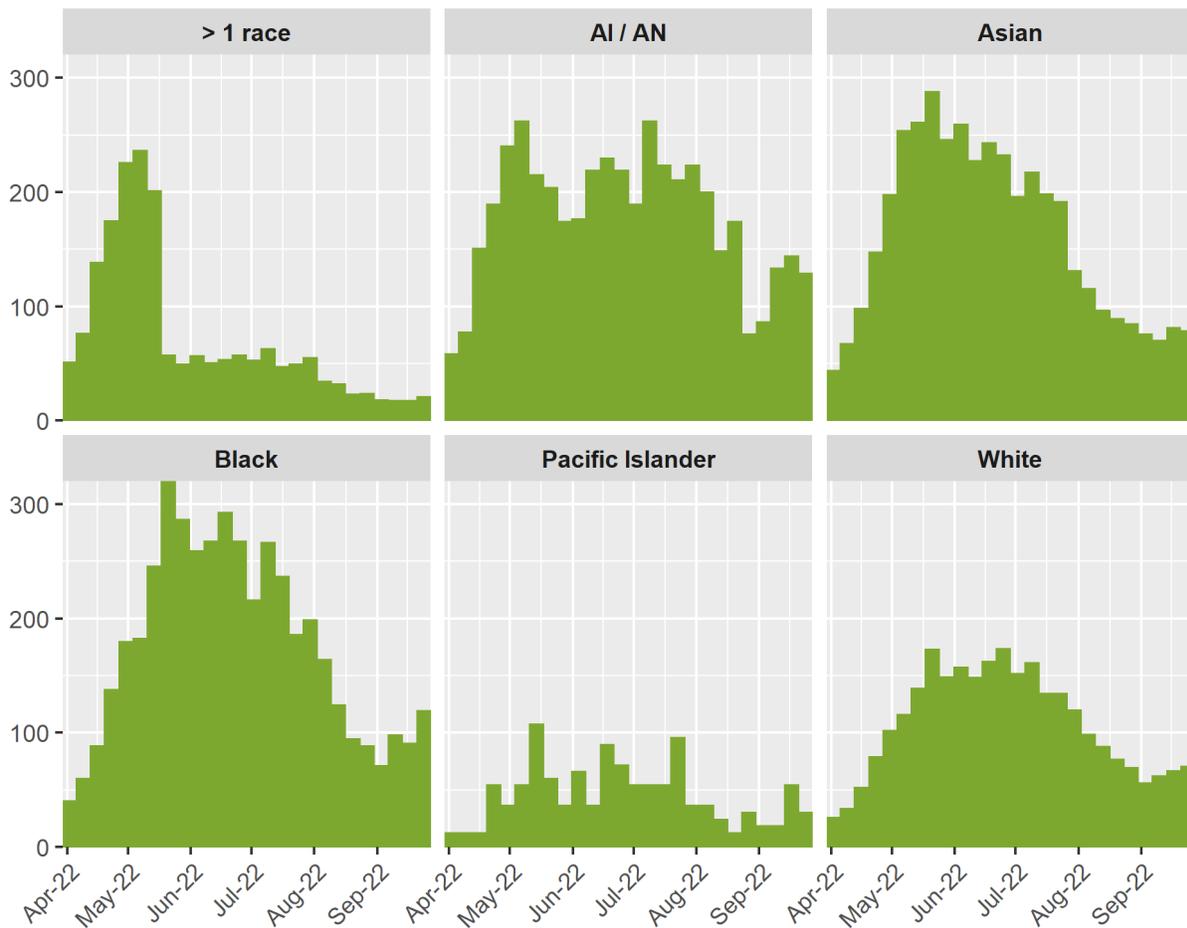
# COVID-19 Monthly Report

Oregon's Monthly Data Report



<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>

**Figure 8. COVID-19 cases (case rates per 100,000) in the last 6 months by race and week of onset**



In this paneled bar graph, COVID-19 case rates per 100,000 by race are displayed over the past six months. Each panel corresponds with a different race. The peaks and dips in case rates generally align across race in the past six months, with cases rates tending to be highest for American Indian or Alaska Native persons, Asian persons, and Black, African and African American persons. Case rates tend to be lowest among Pacific Islander persons, White persons, and Multiracial persons. More detailed information on case counts and rates by race are available at:

# COVID-19 Monthly Report

Oregon's Monthly Data Report



<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>.

## Ethnicity

**Table 5a. Severity and rates of COVID-19 by ethnicity, September 2022**

Ethnicity	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
Hispanic	1,268	6.9	2,734	28	2.2	2	0.2
Not Hispanic	9,652	52.4	3,172	539	5.6	49	0.5
Unknown	7,512	40.8		145	1.9	48	0.6
Total	18,432	100.0	5,256	712	3.9	99	0.5

**Table 5b. Severity and rates of COVID-19 by ethnicity in the last 6 months**

Ethnicity	Cases	% of total cases	Annualized cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
Hispanic	12,977	6.7	4,587	307	2.4	16	0.1
Not Hispanic	100,090	51.9	5,392	4,414	4.4	539	0.5
Unknown	79,667	41.3		1,120	1.4	381	0.5
Total	192,734	100.0	9,010	5,841	3.0	936	0.5

1. Annualized case rates are calculated by using the number of cases reported in each time period, divided by population, and then multiplied to represent a full year of data. This allows for comparison between time periods of differing lengths.
2. Case fatality refers to the percentage of cases reported to have died within each time period.
3. Rates are calculated using population estimates from the 2021 Annual Population Report from Portland State University's College of Urban & Public

# COVID-19 Monthly Report

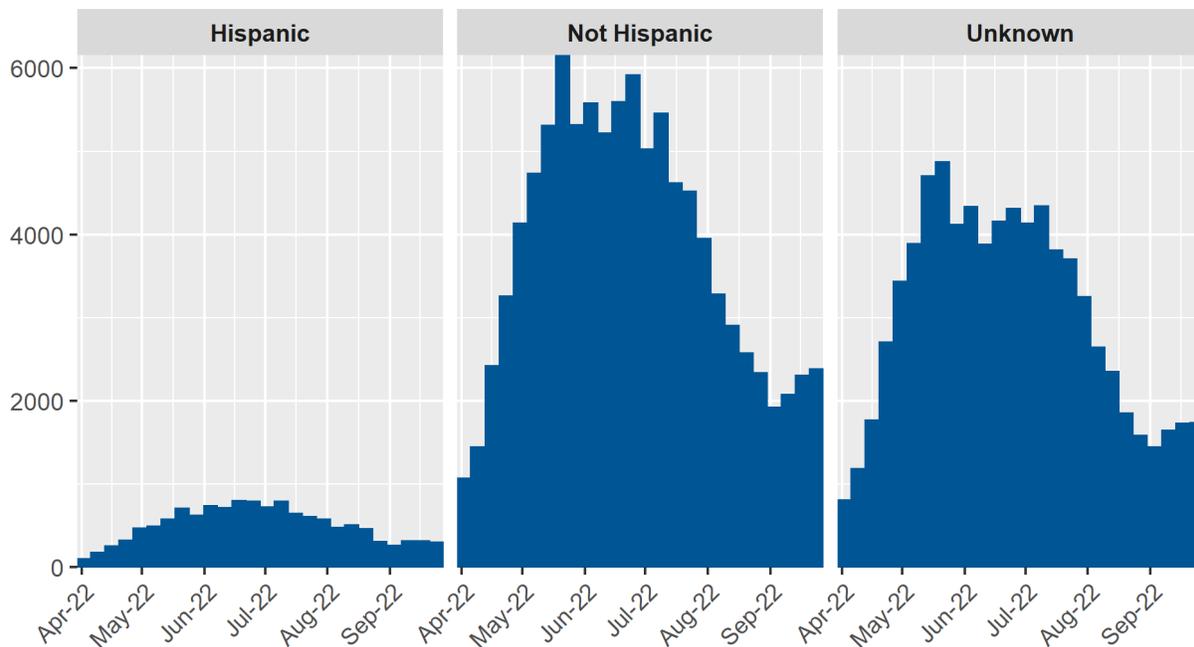
Oregon's Monthly Data Report



Affairs Population Research Center and 2020 housing and demographic data from the U.S. Census Bureau's American Community Survey (ACS).

- Additional data are available at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>; and <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/SeverityTrends>.

**Figure 9. COVID-19 cases (counts) in the last 6 months by ethnicity and week of onset**



In this paneled bar graph, COVID-19 case counts by ethnicity are displayed over the past six months. Each panel corresponds with a different ethnicity. The peaks and dips in case counts across ethnicity generally align throughout the past six months. More detailed information on case counts and rates by ethnicity are available at:

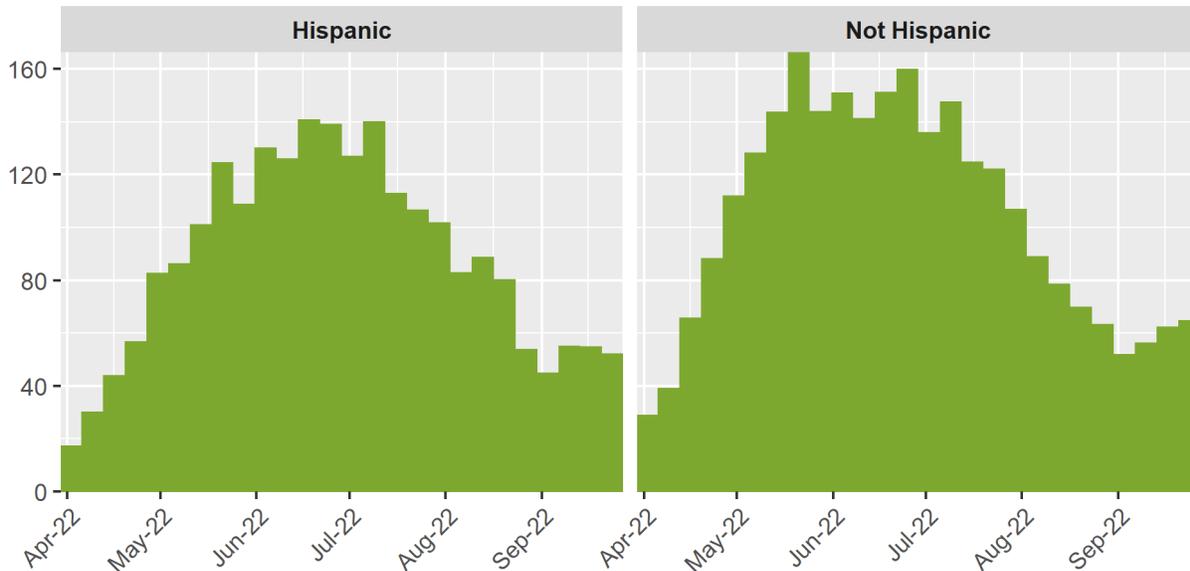
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# COVID-19 Monthly Report

Oregon's Monthly Data Report



**Figure 10. COVID-19 cases (case rates per 100,000) in the last 6 months by ethnicity and week of onset**



In this paneled bar graph, COVID-19 case rates per 100,000 by ethnicity are displayed over the past six months. Each panel corresponds with a different ethnicity. The peaks and dips in case rates across ethnicity generally align throughout the past six months. More detailed information on case counts and rates by ethnicity are available at: <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DemographicDataHosp>.

## People with Intellectual and Developmental Disabilities

As of June 6, 2022, OHA is aware of 4,655 people with intellectual or developmental disabilities who have had COVID-19 to date. This includes individuals who live in congregate settings and in family or individual homes. To date, there are 62 deaths among people with intellectual or developmental disabilities. This number is from conducting a match between the Oregon Department of Human Services Office of Developmental Disabilities Services (ODDS) client list and the Oregon COVID-19 case database. OHA will update this number on a quarterly basis.

# COVID-19 Monthly Report

Oregon's Monthly Data Report



Additional information about the ODDS program and COVID-19 can be found here: <https://www.oregon.gov/dhs/SENIORS-DISABILITIES/DD/ODDS%20Resource%20Library/ODDS-Residential-COVID-19-Report.pdf>.

ODDS data are based on self-reports from providers and case management entities and therefore may differ from testing data received from OHA.

## Weekly COVID-19 Hospitalizations (HOSCAP)

OHA is publishing data on the number of COVID-19 hospitalizations by hospital in the prior week; data are from HOSCAP. Maps and tables containing the 7-day average of hospitalizations by region and hospital are available online at:

<https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19HospitalCapacity/HospitalizationbyFacility>.

Information on Oregon's current hospital bed capacity by region is available online at: <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19HospitalCapacity/BedAvailabilitybyRegion>.

## ZIP code

OHA publishes data on cases by ZIP code, available online at:

<https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonCOVID-19CasesbyZIPCode/OregonsCOVID-19CasesbyZipCode>.

Summary table of all zip codes available here:

<https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonCOVID-19CasesbyZIPCode-SummaryTable/CasesbyZIPCodeSummaryTable>.

## Report Limitations

These data represent a snapshot of reported COVID-19 cases, and they include data on cases with pending investigations. The data shown in this report come from Oregon's electronic reportable disease surveillance system. Not all reported cases have been interviewed. In January 2022, public health case investigation and contact tracing operations were changed to prioritize responding to outbreaks in high-consequence settings, such as healthcare, congregate care (e.g., nursing homes), carceral settings,

# COVID-19 Monthly Report

Oregon's Monthly Data Report



and settings related to our food chain. Public health is no longer calling all cases to attempt interview to assess hospitalization status, symptoms and risks.

## Additional Information & Available Resources

Vaccination is the best way to prevent infection and transmission of COVID-19. For more information about COVID-19 vaccines, visit: <https://covidvaccine.oregon.gov>.

The CDC recommends everyone age 5 and older who completed their COVID-19 vaccine primary series, get a bivalent booster dose. For more information about COVID-19 vaccine booster eligibility, visit: [www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html) and <https://govstatus.egov.com/or-oha-booster-covid-19-vaccine>.

### How do I find a COVID-19 vaccine or booster?

Visit <https://getvaccinated.oregon.gov/#/>.

### Where can I find a COVID-19 testing site?

Visit <https://govstatus.egov.com/or-oha-covid-19-testing>.

### What should I do if I or a member of my household was exposed or test positive for COVID-19?

Visit <https://govstatus.egov.com/or-oha-covid-19-positive-test>.

Call 866-917-8881 toll free or text OHACOVID to 61222 if you test positive.

Let public health know about your symptoms or positive test with this quick online survey: <https://redcap.oha.oregon.gov/surveys/?s=JKHYT7EA99WEJPW9>.

### How can I get treatment to prevent severe symptoms of COVID-19?

Treatment for COVID-19 is now widely available. Many effective treatments exist, and most work best if taken within 5 days of onset. Find treatment options for yourself and others at: <https://govstatus.egov.com/or-oha-covid-19-treatments>.

### Who can I talk to if I need help?

# COVID-19 Monthly Report

Oregon's Monthly Data Report



Dial 2-1-1 for help with testing, vaccines, or general questions. You may also be able to find assistance covering COVID-19-related expenses through your local county public health department.

## What other COVID-19 data are available?

Data on mortality in Oregon, including deaths associated with COVID-19 are available at <https://public.tableau.com/app/profile/oha.center.for.health.statistics>.

Additional data on age and disease severity of people diagnosed with COVID-19 are available at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19CaseDemographicsandDiseaseSeverityStatewide/DiseaseSeverity>.

Additional data on cases of COVID-19 by hospitalization status over time are available at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonHealthAuthorityCOVID-19DataDashboard/COVID-19EPICases>.

Additional information on cases of COVID-19 by county are available at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19Update/DailyDataUpdate>; and at <https://public.tableau.com/app/profile/oregon.health.authority.covid.19/viz/OregonCOVID-19TestingandOutcomesbyCounty/OregonsCOVID-19TestingandOutcomesbyCounty>.

**Document accessibility:** For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or [COVID19.LanguageAccess@dhs.oha.state.or.us](mailto:COVID19.LanguageAccess@dhs.oha.state.or.us).