

Sandy Wood, Interim Manager
Research, Education Development Section

Authorized Signature

Number: DMAP-IM-07-181

Issue Date: 12/28/07

Topic: Medical Benefits

Subject: January 2008 Medical ID Inserts - Help is Here for Smoking and Get Money
Back From Your Taxes

Applies to (check all that apply):

- | | |
|--|---|
| <input type="checkbox"/> All DHS employees | <input type="checkbox"/> County Mental Health Directors |
| <input type="checkbox"/> Area Agencies on Aging | <input type="checkbox"/> Health Services |
| <input type="checkbox"/> Children, Adults and Families | <input type="checkbox"/> Seniors and People with Disabilities |
| <input type="checkbox"/> County DD Program Managers | <input checked="" type="checkbox"/> Other (please specify):
DHS staff--SPD, CAF, AMH, DMAP |

Message:

DMAP will include the following announcements with the January 2008 Medical Care IDs. The announcements give the clients several options and telephone numbers to help them quit smoking and also tell clients they may be eligible for tax credits and gives them resources to receive help with their tax filing.

If you have any questions about this information, contact:

Contact(s):	
Phone:	
E-mail:	dmap.distribution@state.or.us

Your freedom from tobacco is only a phone call away!

OHP and the Oregon Quit Line can help you quit in these ways:*

- **Nicotine patches & gum**
- **Zyban**
A pill that fights cravings
- **Confidential coaching**
Free, friendly support from someone who knows what you're going through

Free Call

1-800-QUIT-NOW

(1-800-784-8669)

TTY: 1-877-777-6534

Visit us on the web at www.oregonquitline.org

* Subject to benefit packages

**Help
is
here!**



**The Oregon
Quit Line
can help you
quit tobacco.**

GET MONEY BACK!

FROM YOUR TAXES

Take the credits. Get money back!

Federal Earned Income Credit

Working families and individuals with low or moderate income may qualify. The credit may be worth up to several thousand dollars. Even if you owe no tax you may get money back, because it is refundable! To get the credit, file Form 1040 or 1040A and Schedule EIC.

Oregon Working Family Child Care Credit

Are you paying for child care? You may get up to 40% of your out-of-pocket expenses refunded (depending on family size and income) even if you owe no tax! Fill out the Schedule WFC on your state tax return.

Oregon Earned Income Credit

If you qualify for the federal credit you can claim the state credit. It is 5% of the federal credit.

Federal Child Tax Credit

You may take a credit for each dependent child under age 17. You may also get money back even if you owe no taxes! Fill out IRS Form 8812 to see if you qualify.

**Want your taxes done for free?
See other side...**

GET YOUR TAXES DONE FREE!

You don't have to pay someone to do your taxes!

The AARP has "Tax-Aide" sites all over Oregon. When you visit a Tax-Aide site, a fully-trained volunteer will do your taxes, free of charge. At many locations you can "e-file." E-filing speeds up your refund!

Find a Tax-Aide site close to you:

Call 888-227-7669 (AARP NOW)

Call the IRS at 800-829-1040

Visit <http://www.aarp.org/taxaide/>

When you visit an AARP Tax-Aide site please bring:

- Your social security card or current record of your valid Social Security Number
- Federal and State tax form packets
- W-2 forms from every employer
- Other forms and receipts, such as 1099s from your bank
- Child and dependent care information and receipts
- Copies of your returns from last year.

For more information on your federal taxes contact the Internal Revenue Service: 800-829-1040

For more information on your Oregon taxes contact the Department of Revenue: 1-800-356-4222