

Draft Coverage Guidance Implementation: Oregon Health Plan

Recommendations of the Value-based Benefits Subcommittee on 10/10/2013:

Recommended changes to the Prioritized List based on Coverage Guidance on upper endoscopy for gastroesophageal reflux disease (GERD) and dyspepsia symptoms

Add a new diagnostic guideline:

DIAGNOSTIC GUIDELINE D-x UPPER ENDOSCOPY FOR GERD OR DYSPEPSIA SYMPTOMS

Upper endoscopy for uninvestigated dyspepsia or GERD symptoms is covered for

- 1) Patients less than 50 years of age with persistent symptoms following advice on lifestyle modifications and completion of an appropriate course of twice daily PPI therapy or an H. pylori test and treat protocol.
- 2) Patients 50 years of age and older
- 3) Patients with troublesome dysphagia, regardless of age or prior upper endoscopy.
- 4) Patients with “alarm symptoms” including, but not limited to, iron deficiency anemia or weight loss

Upper endoscopy is not covered for patients with previous upper endoscopy with non-malignant findings (other than Barrett’s esophagus) in the absence of significant new symptoms.