

Oregon Health Plan Prioritized List Changes Diagnosis of Sleep Apnea in Adults

The Health Evidence Review Commission approved the following changes to the Prioritized List of Health Services on May 9, 2013 based on the approved coverage guidance, “Diagnosis of Sleep Apnea in Adults” The changes will take effect for the Oregon Health Plan on October 1, 2013.

New guideline note:

DIAGNOSTIC GUIDELINE NOTE DIAGNOSTIC TESTING FOR OBSTRUCTIVE SLEEP APNEA (OSA) IN ADULTS

Type I PSG is covered when used to aid the diagnosis of OSA in patients who have clinical signs and symptoms indicative of OSA if performed attended in a sleep lab facility.

OHP Clients should have access to at least one of the alternative listed below.

1. Type II or Type III sleep testing devices are covered when used to aid the diagnosis of OSA in patients who have clinical signs and symptoms indicative of OSA if performed unattended in or out of a sleep lab facility or attended in a sleep lab facility.
2. Type IV sleep testing devices measuring three or more channels, one of which is airflow, are covered when used to aid the diagnosis of OSA in patients who have signs and symptoms indicative of OSA if performed unattended in or out of a sleep lab facility or attended in a sleep lab facility.
3. Sleep testing devices measuring three or more channels that include actigraphy, oximetry, and peripheral arterial tone, are covered when used to aid the diagnosis of OSA in patients who have signs and symptoms indicative of OSA if performed unattended in or out of a sleep lab facility or attended in a sleep lab facility.

CPAP titration should be performed as part of the diagnostic study, if possible.