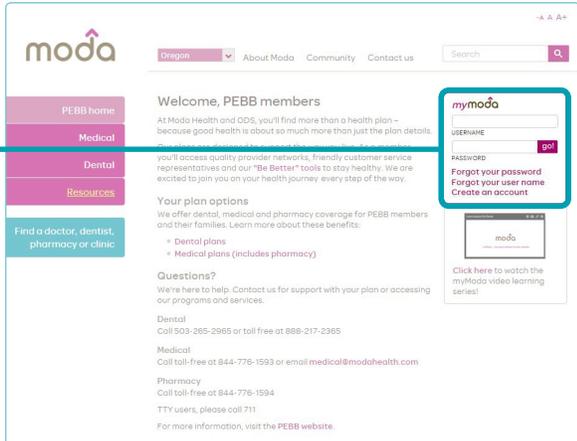


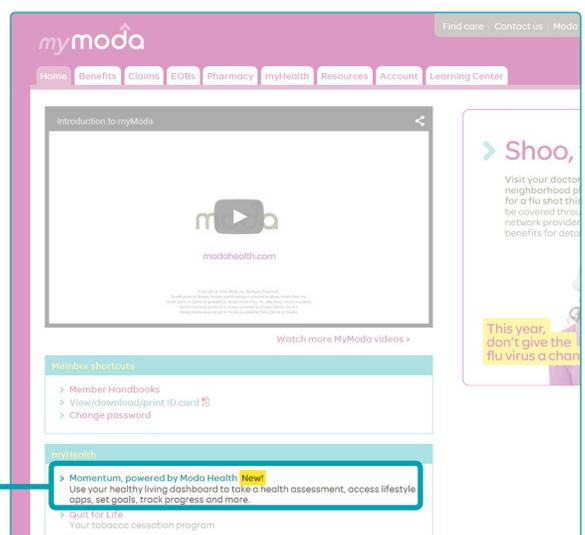
Complete your Health Assessment with Momentum

Sept. 1-Oct. 31

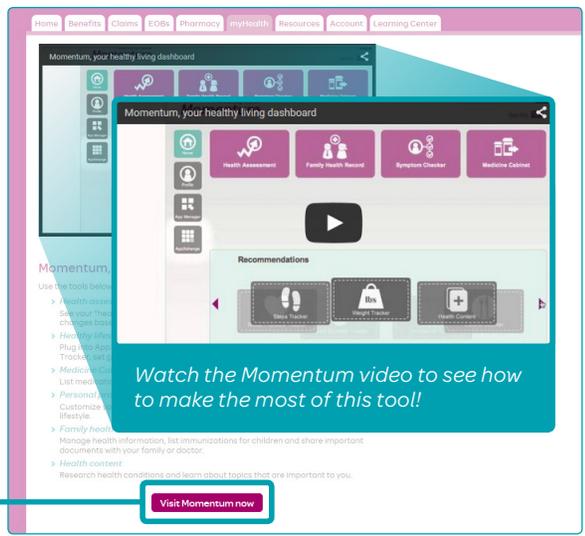
1 Log in to myModa at modahealth.com/pebb
If you have forgotten your user name, password, or need to create an account, click the link below.



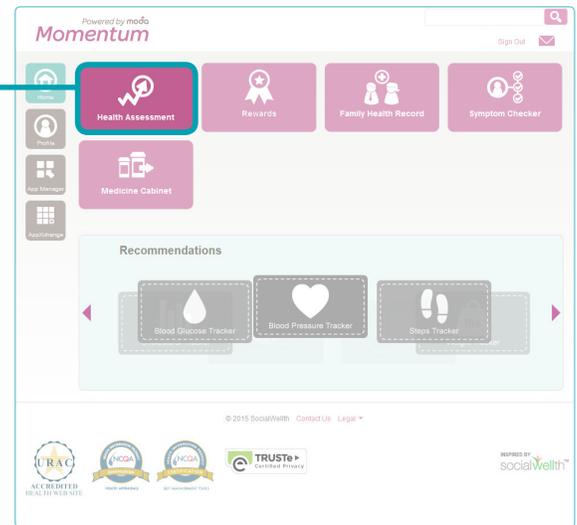
2 From myModa, click on the Momentum link.



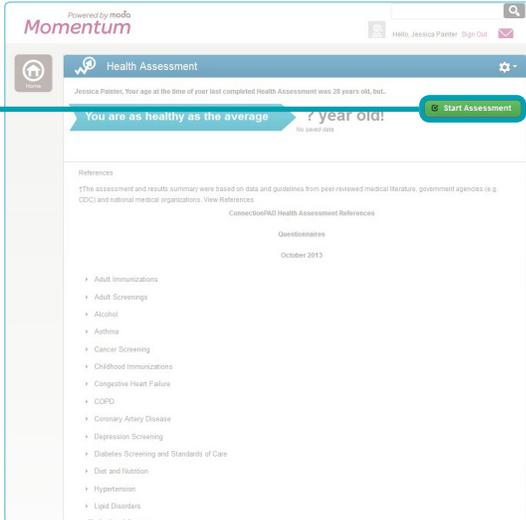
3 Click the "Visit Momentum now" button.



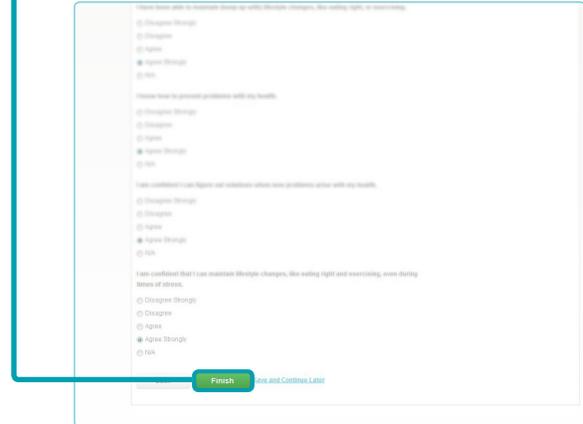
4 From your Momentum home page, click on the Health Assessment button.



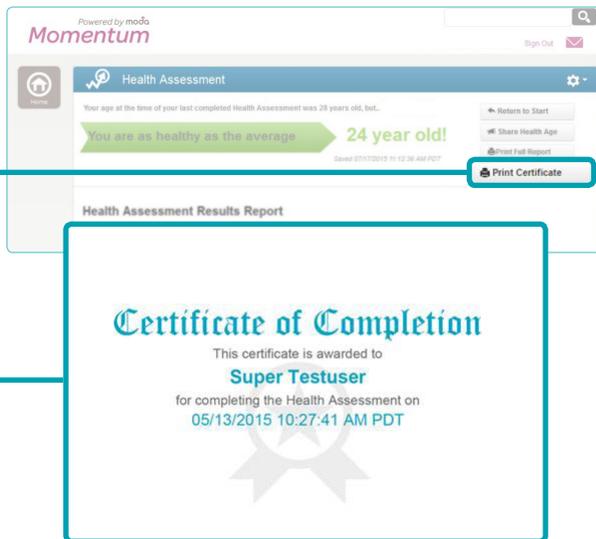
5 Click on "Start Assessment" to begin.



6 At the end of the Assessment, click on "Finish".



7 Click "Print Certificate" to print your Certificate of Completion.



8 Congratulations! You finished your Health Assessment.



Questions?

We're here to help. Call our care team toll-free at 844-776-1593 from 7:30-5:30 PST or email momentum@modahealth.com. TTY users, please call 711.

