

2023 OREGON WIC DATA

JOSEPHINE COUNTY HEALTH DEPARTMENT

GROWING HEALTHY FUTURES

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes¹.

The American Academy of Pediatrics identifies three foundations of healthy child development:

- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition²**

WIC is the premier public health nutrition program and it supports all three of these developmental foundations.



¹ Fingar et al, *Journal of Maternal and Child Health*, 2017 ² American Academy of Pediatrics, *Policy statement*, 2012

WHO WE SERVED



3719

Women, infants and children participated in WIC

39%

of all pregnant women served by WIC

2100

WIC families served



70%

are working families

3 OUT OF 4



participants are infants and children under five

BREASTFEEDING

96%

of WIC moms start out breastfeeding

54%

of WIC moms breastfed exclusively for six months

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ECONOMIC BENEFITS OF WIC

11 LOCAL STORES ACCEPTING WIC:

- 4 Independent stores
- 0 Local or regional chains
- 3 National chain stores
- 3 Pharmacies

\$1,871,987

Total WIC dollars spent
by participants
at local stores

ALL STORES THAT ACCEPT WIC MUST CARRY:

- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans



WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

32

**PARTICIPATING
FARMERS**

at local farmers markets
and farm stands

\$23,332

FDNP dollars paid
to local farmers

WIC CLINIC SITES

Brookings, Cave Junction, Gold Beach, Grants Pass, Port Orford,
WIC Mobile Unit

For more details about these numbers, please visit:

<https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx>

Phone:541-474-5333 Text:541-295-5506

www.co.josephine.or.us/Page.asp?NavID=255

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