

3/26/25 Draft

Note: This draft has been prepared for the Rules Advisory Committee scheduled for April 2, 2025, to discuss the hemp registry required by HB 4121.

OAR 845-026-6030

Table 1

Nutrition Facts Panel Templates

The following templates must be used to display the nutrition information, serving size, number of servings per container, list of ingredients, and allergen information.

Vertical Display: the vertical display should be used on most labels that do not qualify as a small or tiny container.

Linear Display for Small Packages: the linear display can be used on small containers that do not have enough space to fit a full label.

Tabular Display for Small Packages: the tabular display can be used on small containers that do not have enough space to fit a full label.

Standard Vertical

21 CFR 101.9(d)(12)

Nutrition Facts	
8 servings per container	
Serving size	2/3 cup (55g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 240mg	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Vertical Display with Micronutrients Listed Side-by-Side

21 CFR 101.9(d)(12)

Nutrition Facts	
8 servings per container	
Serving size	2/3 cup (55g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vit. D 2mcg 10% • Calcium 260mg 20%	
Iron 8mg 45% • Potas. 240mg 6%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Vertical Display Including Some Voluntary Nutrients

21 CFR 101.9(d)(12)

Nutrition Facts	
17 servings per container	
Serving size	3/4 cup (28g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Fluoride 0mg	
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Soluble Fiber <1g	
Insoluble Fiber 1g	
Total Sugars 9g	
Includes 8g Added Sugars	16%
Protein 9g	18%
Vitamin D 2mcg (80 IU)	10%
Calcium 130mg	10%
Iron 4.5mg	25%
Potassium 110mg	2%
Vitamin A 90mcg	10%
Vitamin C 9mg	10%
Thiamin 0.3mg	25%
Riboflavin 0.3mg	25%
Niacin 4mg	25%
Vitamin B ₆ 0.4mg	25%
Folate 200mcg DFE (120mcg folic acid)	50%
Vitamin B ₁₂ 0.6mcg	25%
Phosphorus 100mg	8%
Magnesium 25mg	6%
Zinc 3mg	25%
Choline 60mg	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9	Carbohydrate 4 • Protein 4

Tabular Format
21 CFR 101.9(d)(11)(iii)

Nutrition Facts	Amount/serving		% Daily Value*	Amount/serving		% Daily Value*
	Total Fat 1.5g		2%	Total Carbohydrate 36g		13%
10 servings per container	Saturated Fat 0.5g		3%	Dietary Fiber 2g		7%
Serving size 2 slices (56g)	Trans Fat 0.5g			Total Sugars 1g		
	Cholesterol 0mg		0%	Includes 1g Added Sugars		2%
	Sodium 280mg		12%	Protein 4g		
Calories per serving	170			Vitamin D 0mcg 0% • Calcium 80mg 6% • Iron 1mg 6% • Potassium 470mg 10%		
				Thiamin 15% • Riboflavin 8% • Niacin 10%		

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Aggregate Display
21 CFR 101.9(d)(13)(ii)

Nutrition Facts		Wheat Squares Sweetened	Corn Flakes Not Sweetened	Mixed Grain Flakes Sweetened
1 serving per container				
Serving size		(35g)	(19g)	(27g)
Amount per serving				
Calories		130	70	100
		% Daily Value*	% Daily Value*	% Daily Value*
Total Fat		0g 0%	0g 0%	0g 0%
Saturated Fat		0g 0%	0g 0%	0g 0%
Trans Fat		0g	0g	0g
Cholesterol		0mg 0%	0mg 0%	0mg 0%
Sodium		0mg 0%	200mg 9%	120mg 5%
Total Carbohydrate		29g 11%	17g 6%	24g 9%
Dietary Fiber		3g 11%	1g 4%	1g 4%
Total Sugars		8g	6g	13g
Includes Added Sugars		8g 16%	5g 10%	13g 26%
Protein		4g	1g	1g
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				
	Vitamin D	2mcg 10%	2mcg 10%	0mcg 0%
	Calcium	0mg 0%	0mg 0%	0mg 0%
	Iron	2mg 10%	1mg 6%	4mg 20%
	Potassium	120mg 2%	80mg 2%	30mg 0%
	Vitamin A		10%	10%
	Vitamin C		15%	90%
	Thiamin		15%	25%
	Riboflavin		10%	25%
	Niacin		10%	20%
	Vitamin B ₆		20%	20%

Dual Column Display, Per Serving and Per Container

21 CFR 101.9(e)(6)(i)

Nutrition Facts				
2 servings per container				
Serving size		1 cup (255g)		
Calories	Per serving		Per container	
	220		440	
	% DV*		% DV*	
Total Fat	5g	6%	10g	13%
Saturated Fat	2g	10%	4g	20%
Trans Fat	0g		0g	
Cholesterol	15mg	5%	30mg	10%
Sodium	240mg	10%	480mg	21%
Total Carb.	35g	13%	70g	25%
Dietary Fiber	6g	21%	12g	43%
Total Sugars	7g		14g	
Incl. Added Sugars	4g	8%	8g	16%
Protein	9g		18g	
Vitamin D	5mcg	25%	10mcg	50%
Calcium	200mg	15%	400mg	30%
Iron	1mg	6%	2mg	10%
Potassium	470mg	10%	940mg	20%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>				

Tabular Dual Column Display

21 CFR 101.9(e)(6)(ii)

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Tabular Display for Small or Intermediate-Sized Packages

21 CFR 101.9(j)(13)(ii)(A)(1)

Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
Total Fat 2g		3%	Total Carb. 15g	5%
Sat. Fat 1g		5%	Fiber 0g	0%
Trans Fat 0.5g			Total Sugars 14g	
Cholesterol 10mg		3%	Incl. 13g Added Sugars	26%
Sodium 200mg		9%	Protein 3g	
Vitamin D 0% • Calcium 6% • Iron 6% • Potassium 10%				

Linear Display for Small or Intermediate-Sized Packages

21 CFR 101.9(j)(13)(ii)(A)(2)

Nutrition Facts	Servings: 12, Serv. size: 1 mint (2g),
Amount per serving: Calories 5 , Total Fat 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 0mg (0% DV), Total Carb. 2g (1% DV), Fiber 0g (0% DV), Total Sugars 2g (Incl. 2g Added Sugars, 4% DV), Protein 0g, Vit. D (0% DV), Calcium (0% DV), Iron (0% DV), Potas. (6% DV).	

Dual Columns, Two Forms of the Same Food
21 CFR 101.9(e)(5)

Nutrition Facts			
12 servings per container			
Serving size		1/4 cup dry mix (44g)	
	Per 1/4 cup dry mix		Per baked portion
Calories	170		300
	% DV*		% DV*
Total Fat	1.5g 2%	16g	21%
Saturated Fat	1g 5%	5g	25%
Trans Fat	0g	0g	
Cholesterol	0mg 0%	60mg	20%
Sodium	300mg 13%	375mg	16%
Total Carb.	36g 13%	36g	13%
Dietary Fiber	<1g 2%	<1g	2%
Total Sugars	18g	18g	
Incl. Added Sugars	18g 36%	18g	36%
Protein	2g	3g	
Vitamin D	0mcg 0%	0mcg	0%
Calcium	100mg 8%	100mg	8%
Iron	1mg 6%	1mg	6%
Potassium	40mg 0%	40mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

Dual Column Display, Per Serving and Per Unit
21 CFR 101.9(e)(6)(i)

Nutrition Facts			
12 servings per container			
Serving size		1/2 muffin (144g)	
Calories	Per 1/2 muffin	Per 1 muffin	
	380	760	
	% DV*	% DV*	
Total Fat	16g 21%	32g	41%
Saturated Fat	3g 15%	6g	30%
Trans Fat	0g	0g	
Cholesterol	50mg 17%	100mg	33%
Sodium	480mg 21%	960mg	42%
Total Carb.	56g 20%	112g	41%
Dietary Fiber	2g 7%	4g	14%
Total Sugars	32g	64g	
Incl. Added Sugars	30g 60%	60g	120%
Protein	3g	6g	
Vitamin D	0.1mcg 0%	0.2mcg	2%
Calcium	40mg 4%	80mg	6%
Iron	2mg 10%	4mg	20%
Potassium	190mg 4%	380mg	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			