

# School Level Triennial Assessment Tool

## Compliance with Local School Wellness Policy

***This tool is intended to help schools track their degree of compliance and progress towards attaining the goals of the District's Local School Wellness Policy.***

***Complete this tool at the school level by entering the requested information and selecting "Yes", "Partial" or "No" in the Policy Areas Below***

District Name: Oregon School for the Deaf

School Name: Oregon School for the Deaf

Date of Evaluation: 6/2/2022

Person(s) completing evaluation: Edward Sanchez

Select all grade levels in your school or select N/A if ungraded:

- |                                       |                                       |  |
|---------------------------------------|---------------------------------------|--|
| <input type="checkbox"/> N/A          | <input checked="" type="checkbox"/> 5 | <input checked="" type="checkbox"/> 9  |
| <input type="checkbox"/> Pre-K        | <input checked="" type="checkbox"/> 6 | <input checked="" type="checkbox"/> 10 |
| <input checked="" type="checkbox"/> K | <input checked="" type="checkbox"/> 7 | <input checked="" type="checkbox"/> 11 |
| <input checked="" type="checkbox"/> 1 | <input checked="" type="checkbox"/> 8 | <input checked="" type="checkbox"/> 12 |
| <input checked="" type="checkbox"/> 2 |                                       |  |
| <input checked="" type="checkbox"/> 3 |                                       |  |
| <input checked="" type="checkbox"/> 4 |                                       |  |

Policy Area 1: Nutrition Education Requirements
<p><b>Our school meets the specific goals for nutrition education as outlined in the Local Wellness Policy:</b></p> <p><b>Nutrition-related skills, including but not limited to planning a healthy meal, understanding and using food labels, and critically evaluating nutrition information, misinformation, and commercial food advertising</b></p>
<p style="text-align: center;"> <input checked="" type="checkbox"/> <b>Yes</b>                                          <input type="checkbox"/> <b>Partially</b>                                          <input type="checkbox"/> <b>No</b> </p>
<p><b>Describe progress that has been made towards achieving this goal or goals</b>  <b>Resources are provided to teachers and students to assist with educating students be prepared to planning, select, and prepare healthy meals</b></p> <p><b>If goal(s) are partially met or not met describe barriers preventing achievement of this goal:</b></p>

Policy Area 2: Nutrition Education Requirements
<p><b>Our school meets the specific goals for nutrition promotion as outlined in the Local Wellness Policy:</b></p> <p><b>The District will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs</b></p>
<p style="text-align: center;"> <input checked="" type="checkbox"/> <b>Yes</b>                                          <input type="checkbox"/> <b>Partially</b>                                          <input type="checkbox"/> <b>No</b> </p>
<p><b>Describe progress that has been made toward achieving this goal or goals</b>  <b>All foods sold and prepared, or provided to students must be approved, and determined to meet nutrition, and smart snack guidelines</b></p> <p><b>If goal (s) are partially met or not met, describe barriers preventing achievement of this goal:</b></p>

Policy Area 3: Physical Activity Requirements
<p><b>Our school meets the specific goals for physical activity as outlined in the Local Wellness Policy:</b></p> <p><b>Maintain students' physical fitness</b></p>
<p> <input checked="" type="checkbox"/> Yes           <input type="checkbox"/> Partially           <input type="checkbox"/> No         </p>
<p><b>Describe progress that has been made toward achieving this goal or goals:</b></p> <p>All students meet or exceed recommended, opportunities for physical education, and recess</p>
<p><b>If partially met or not met, describe barriers preventing achievement of this goal or goals:</b></p>

Policy Area 4: Other School – Based Wellness Activities
<p><b>Our school meets specific goals for other school-based activities that promote student wellness as outlined in the Local Wellness Policy:</b></p> <p><b>The school encourages parents, teachers, residential counselors, school administrators, students, food service professionals, and community members to serve as role models in practicing healthy eating and being physically active, both in school and at home.</b></p>
<p> <input checked="" type="checkbox"/> Yes           <input type="checkbox"/> Partially           <input type="checkbox"/> No         </p>
<p><b>Describe progress that has been made toward achieving this goal or goals:</b></p> <p>Staff are encouraged to model behaviors, and practices that will impact, students positively</p>
<p><b>If partially met or not met, describe barriers preventing achievement of this goal or goals:</b></p>

Policy Area 5: Standards for All Food and Beverages		
<b>Standards for All Foods and Beverages Sold</b>		
<p><b>Our school meets or exceeds USDA and Oregon Smart Standards the standards and nutrition guidelines for all foods and beverages sold to students outside the reimbursable school meal program on the school campus</b></p> <p>The foods and beverages sold and served outside of the school meal programs (i.e., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards, at a minimum.</p>		
<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No Foods or Beverages Sold
All foods sold and prepared, or provided to students must be approved, and determined to meet nutrition, and smart snack guidelines		
Policy Area 5: Standards for All Food and Beverages		
<b>Standards for All Beverages Provided, But Not Sold</b>		
<p><b>Our school meets the requirements for nutrition standards for all foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties, classroom snacks brought by parents, or other foods given as incentives):</b></p> <p>All foods <u>offered</u> on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards,</p>		
<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No foods are beverages provided
All foods sold and prepared, or provided to students must be approved, and determined to meet nutrition, and smart snack guidelines		

Policy Area 6: Food and Beverage Marketing		
<b>Our school meets the standards that allow marketing and advertising of only those foods and/or beverages that meet the Smart Snacks nutrition standards.</b> <b>Any foods and beverages marketed or promoted to students on the school campus* during the school day* will meet or exceed the USDA Smart Snacks in School nutrition standards</b>		
<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No food or beverage marketing
<b>All foods sold and prepared, or provided to students must be approved, and determined to meet nutrition, and smart snack guidelines</b>		

Additional policy areas, included in the district's Local Wellness Policy, but not federally mandated should be included in this area.

Examples of such policy areas are Employee Wellness, Water Availability, Meal Time Period Duration, Recess Period, Food as a Reward, Social Emotional Climate, and Physical Environment

Policy Area 7: _____
<b>Our school meets the specific goals for _____ as outlined in the Local Wellness Policy:</b> <b> The school provides an effective health care delivery system that promotes academic achievement. A broad scope of services from qualified health care providers assures the mental and physical health of students and staff</b>
<input checked="" type="checkbox"/> Yes <input type="checkbox"/> Partially <input type="checkbox"/> No
<b>Describe progress that has been made toward achieving this goal or goals:</b> School provide 24 hour student health services, dental, vision, hearing screenings
<b>If partially met or not met, describe barriers preventing achievement of this goal or goals:</b>

## Policy Area 8:

Our school meets the specific goals for \_\_\_\_\_ as outlined in the Local Wellness Policy:

**[To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day\* and throughout every school campus\* (“school campus” and “school day” are defined in the glossary). The District will make drinking water available where school meals are served during mealtimes. In addition, students will be allowed to bring and carry (approved) water bottles filled with only water with them throughout the day.**

☒ Yes

☐ Partially

☐ No

Describe progress that has been made toward achieving this goal or goals:

Water is available in the cafeteria, in the dorms, in classroom areas, at all events.

Students have access to personal water bottles

If partially met or not met, describe barriers preventing achievement of this goal or goals:

## Policy Area 9:

Our school meets the specific goals for \_\_\_\_\_ as outlined in the Local Wellness Policy:

**The school provide a tobacco-free environment**

☒ Yes

☐ Partially

☐ No

Describe progress that has been made toward achieving this goal or goals:

Entire campus is a posted no smoking campus

If partially met or not met, describe barriers preventing achievement of this goal or goals: