	OFFICE OF STATE FIRE MARSHAL *INCIDENT MANAGEMENT TEAMS* STANDARD OPERATING GUIDELINES	**Number: SOG-I-1101** **Adoption Date:** Dec 2010 **Author:**Safety Working Group **Review/Revision Date:**
OSFM Approved Date 1/3/10 Jim Walker, Interim State Fire Marshal		Mariana Ruiz-Temple Date 12/27/10 Mariana Ruiz-Temple, Emergency Response Mgr

SUBJECT: Work/Rest Policy Guide

OBJECTIVE: Establishes Work/Rest Guidance

I.   SCOPE

This guideline shall apply to all personnel working for an OSFM IMT.

II.   GENERAL

The Oregon State Fire Marshal and the Oregon State Fire Marshal Incident Management Teams recognize and acknowledge the need to manage stress, fatigue and environmental impacts on those persons assigned to an Oregon State Fire Marshal managed incident.

Following guidance from the National Wildfire Coordinating Group and from NFPA 1584, Incident Commanders will ensure that Incident Strategies and Objectives account for the need of managing human resources to maximize their physical and mental fitness/safety over the course of an incident.

Incident Commanders will make certain the following elements are considered:

- Design, implement and enforce a 2:1 Work/Rest Ratio
- Design, implement and enforce a Rehabilitation Plan addressing environmental conditions and the dynamics of the Operational Periods
- Ensure that Demobilization recognizes and addresses stress/fatigue issues and the need for adequate rest prior to release

III. <u>APPLICATION</u>

The recognized Operational Period is typically 12 hours. However, the Initial Attack operational period may be extended to 18 hours to account for situations that require immediate action to mitigate hazards to life or property.

When there is an extreme hazard to life, this Initial Attack period may be extended to 24 hours.

Once the 24 hour Initial Attack period has expired, a 2:1 Work/Rest plan will be implemented.

It is of paramount importance, that Incident Commanders recognize these extensions and plan accordingly. Any proposed extension of resources exceeding the 2:1 Work/Rest ratio must be documented and approved by Command.