



Suggested Books to Read with Your Child

Books for Babies

- Who Says Quack? Jerry Smith
- Good Night, Baby Elizabeth Hathon
- Good Morning, Baby Cheryl Hudson
- Peek-a-Boo! Jan Ormerod
- Tickle, Tickle Helen Oxenbury
- Show Me! Tom Tracy

Books for Toddlers

- Clap Your Hands Lorinda Cauley
- Peek-a-Moo Marie Torres Cimarusti
- Chugga Chugga Choo Choo Kevin Lewis
- Tom and Pippo Read a Story Helen Oxenbury
- Wild Animals: A Very First Picture Book Nicola Tuxworth
- More, More, More, Said the Baby Vera Williams

Books for Preschoolers

- Charlie Anderson Barbara Abercrombie
- Book! Book! Book! Deborah Bruss
- Dear Zoo Rod Campbell
- Is Your Mama a Llama? Deborah Guarino
- Emma's Pet David McPhail
- Cock-a-Doodle Doo Jill Runcie

Resources for Parents

Reading Magic: Why Reading Aloud to Our Children Will Change their Lives Forever, by Mem Fox

Your Child's Growing Mind: A Practical Guide to Brain Development and Learning from Birth to Adolescence, by Jane Healy

Ready to Learn: Essential Tips for Early Literacy video hosted by Jamie Lee Curtis and LeVar Burton – <http://www.teachingstrategies.com/titles/bookinfo/100084.pdf>

Ba-Ba-Ba. Baby Talk: Perfect! <http://www.nwrel.org/comm/monthly/babytalk.html>

Helping Your Child Use the Library <http://ericps.ed.uiuc.edu/npin/library/pre1998/n00273/n00273.html>

125 Brain Games for Babies, by Jackie Silberg

125 Brain Games for Toddlers and Twos, by Jackie Silberg

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Reading for a Healthy Start



Reading for Healthy Development

Readng is a wonderful way for your child to learn about the world. When you read with your child, you can snuggle together while exploring the world of pictures, words and books. You are not only having fun; you are feeding your baby's growing mind.



Learning starts even before your baby is born. Talking, playing, singing and reading with your baby from the beginning will help your baby's brain grow and develop. As they grow, different parts of the brain

work together to learn how to recognize letters, attach sounds to letters, and attach meanings to words.

You can see why it's important to read with your baby. Here are some tips to guide you through the amazing world of reading.

Tips for Reading to Your Child

- Sing songs and do rhymes, finger plays and clapping games.
- Describe what you are doing throughout the day.
- Turn off TV/radio while you read together.
- Let your child "play" with the book, holding it and moving the pages.
- Children like repetition – you can read the same book over and over.
- While reading, name the colors or objects in the pictures.
- Go to the library and bookstore for story times.
- Give books as gifts.
- Be a reading role model. Let your baby see or hear you reading throughout the day.



Visiting Your Local Library

You are your child's first teacher, so what your child learns in the first years of life depends on you. Talking, reading and playing together helps set the stage for good times and happy memories for both you and your child. Your local library is a great place to start creating these memories.

Most communities in Oregon have a public library. Libraries offer a variety of materials and services but all have children's books that you can share with your child. Most libraries offer storytimes and some libraries provide a large variety of programs that can range from storytimes for babies through programs and activities for teenagers. Librarians have a wide knowledge of children's books and resource materials for parents. Find out where your library is and visit often.

