

## Alignment to educational standards

Lesson	NAEYC Program Standards	Head Start Child Development & Early Learning Framework	National Health Education Standards (PreK-2)	Washington Early Learning and Development Guidelines
<p><b>1 Firefighters are Community Helpers</b></p> <p>Each child will be able to:</p> <ul style="list-style-type: none"> <li>-explain how firefighters are community helpers.</li> <li>-explain how a uniform helps a community helper stay safe.</li> <li>-acknowledge that children do not need to fear firefighters, even when they are wearing gear.</li> </ul>	<p>2.L.05- Children are provided varied opportunities and materials to learn about the community in which they live.</p> <p>2.L.08- Children are provided varied opportunities and materials to learn how people affect their environment in positive and negative ways.</p>	<p><b>Social Studies Knowledge &amp; Skills</b></p> <p>Self, Family &amp; Community: The understanding of one's relationship to the family and community, roles in the family and community, and respect for diversity.</p>	<p><b>Accessing Valid Information</b></p> <p>3.2.1-Identify trusted adults and professionals who can help promote health</p>	<p><b>Washington ELS:</b></p> <p>Ages 3 to 4 years: #6-Learning about my world: Social Studies</p> <p>Ages 4 to 5 years: #6-Learning about my world: Social Studies</p>
<p><b>2 When You Hear a Smoke Alarm, Get Outside and Stay Outside</b></p> <p>Each child will be able to:</p> <ul style="list-style-type: none"> <li>-identify the sounds of a smoke alarm</li> <li>-leave the building safely and remain outside at the sound of an alarm.</li> </ul>	<p>2.K.04- Children have opportunities to practice safety procedures</p>	<p><b>Physical Development and Health</b></p> <p>Health Knowledge and Practice: The understanding of healthy and safe habits and practicing healthy habits.</p> <p><b>Social &amp; Emotional Development</b></p> <p>Self-Concept &amp; Self-Efficacy: The perception that one is capable of successfully making decisions, accomplishing tasks, and meeting goals.</p>	<p><b>Practicing Healthy Behaviors</b></p> <p>7.2.2 Demonstrate behaviors that avoid or reduce health risks</p>	<p><b>Washington ELS:</b></p> <p>Ages 3 to 4 years: #4-Growing up healthy: Safety</p> <p>Ages 4 to 5 years: #4-Growing up healthy: Safety</p>
<p><b>3 Practice a Fire Drill with Your Family</b></p> <p>Each child will be able to:</p> <ul style="list-style-type: none"> <li>-describe how he or she will react when a smoke alarm sounds at home.</li> <li>-identify a possible family meeting place outside the home.</li> </ul>	<p>2.K.04- Children have opportunities to practice safety procedures</p>	<p><b>Physical Development and Health</b></p> <p>Health Knowledge and Practice: The understanding of healthy and safe habits and practicing healthy habits.</p>	<p><b>Practicing Healthy Behaviors</b></p> <p>7.2.2 Demonstrate behaviors that avoid or reduce health risks</p> <p><b>Advocating for Health</b></p> <p>8.2.1 Make requests to promote personal health.</p>	<p><b>Washington ELS:</b></p> <p>Ages 3 to 4 years: #4-Growing up healthy: Safety</p> <p>Ages 4 to 5 years: #4-Growing up healthy: Safety</p>

4	<p><b>Stay Away from Hot Things</b></p> <p>Each child will be able to:</p> <ul style="list-style-type: none"> <li>-distinguish between hot things, cool things, and things that can be hot or cool.</li> <li>-recognize safe actions around hot and potentially hot items.</li> </ul>	<p>2.K.03- Children are provided varied opportunities and materials that increase their awareness of safety rules in their classroom, home, and community.</p>	<p><b>Physical Development and Health</b></p> <p>Health Knowledge and Practice: The understanding of healthy and safe habits and practicing healthy habits.</p>	<p><b>Practicing Healthy Behaviors</b></p> <p>7.2.2 Demonstrate behaviors that avoid or reduce health risks</p> <p><b>Decision-Making Skills</b></p> <p>5.2.1 Identify situations when a health-related decision is needed.</p>	<p><b>Washington ELS:</b></p> <p>Ages 3 to 4 years: #4-Growing up healthy: Safety</p> <p>Ages 4 to 5 years: #4-Growing up healthy: Safety</p>
5	<p><b>Tell a Grown-up if You See Matches and Lighters</b></p> <p>Each child will be able to:</p> <ul style="list-style-type: none"> <li>-act in a safe manner around matches and lighters.</li> <li>-identify situations related to hot items that require adult help.</li> </ul>	<p>2.K.03- Children are provided varied opportunities and materials that increase their awareness of safety rules in their classroom, home, and community.</p>	<p><b>Physical Development and Health</b></p> <p>Health Knowledge and Practice: The understanding of healthy and safe habits and practicing healthy habits.</p> <p><b>Social &amp; Emotional Development</b></p> <p>Self-Concept &amp; Self-Efficacy: The perception that one is capable of successfully making decisions, accomplishing tasks, and meeting goals.</p>	<p><b>Practicing Healthy Behaviors</b></p> <p>7.2.2 Demonstrate behaviors that avoid or reduce health risks</p> <p><b>Decision-Making Skills</b></p> <p>5.2.2 Differentiate between situation when a health-related decision can be made individually or when assistance is needed.</p>	<p><b>Washington ELS:</b></p> <p>Ages 3 to 4 years: #4-Growing up healthy: Safety</p> <p>Ages 4 to 5 years: #4-Growing up healthy: Safety</p>

