

MAKE FIRE SAFETY YOUR KEY INGREDIENT WHEN COOKING!

Did you know that cooking fires are a leading cause of home fires and home fire injuries? Whether testing out a new dish or whipping up a family classic, there's one ingredient that should always be included: FIRE SAFETY!

TAKE THESE STEPS TO KEEP YOUR FAMILY SAFE.

INGREDIENTS

Fire safety when cooking includes these key items:

- Working smoke alarms
- Clean surfaces and appliances
- Kitchen or phone timer/alarm
- Adult eyes on the stovetop when it's in use

INSTRUCTIONS

1. **STAND BY YOUR PAN!** This way you can react quickly if flames appear. Stay in the kitchen when cooking food on the stovetop. **FLAMES? PUT A LID ON IT!**
2. Keep a 3-foot child and pet-free zone around your cooking area. This helps you stay focused so you can **KEEP AN EYE ON WHAT YOU FRY.**
3. It's easy to forget about something that's cooking. Use a kitchen timer or a timer on your phone to make sure your dish doesn't become a fire hazard. This can help you to **WATCH WHAT YOU HEAT.**



IF THERE IS A FIRE:

If a fire starts in a pan, slide a lid (or cookie sheet) over it to smother the fire. Never pour water on a grease fire. Turn off the stove and leave the pan covered until completely cool.



If you can, close doors behind you when you are escaping, to help contain the fire.



If the fire has spread to other items, get outside quickly and call 911 from a safe place.



Oregon State Police
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