

**Mission:** To protect the public by supervising occupational therapy practice and assuring safe & ethical delivery of occupational therapy services.

# OTLB News



## Occupational Therapy Licensing Board

### BOARD MEMBERS

- Whitney Hooker, OTR/L, CLT
- Max Perkins, OTR/L
- Kari Hill, COTA/L, Vice Chair
- Erion Moore, Public Member, Chair
- Ellen Stauder, Public Member

### BOARD STAFF

- Nancy Schuberg  
Executive Director
- Rachel Cillo  
Licensing Specialist

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August 2023

## Get ready for 2024 Renewals

You do not have to wait for the next renewal to start entering your Continuing Education into the License Portal. Make renewing in 2024 even faster by inputting your CE as you earn them. Log into the [OTLB License Portal](#) any time and enter your CE requirements. 2024 renewals begin March 1 through May 31.

Legislative CE Requirements for <b>ALL</b> Licensees:	OAR	
<b>CE in Cultural Competency</b>	<a href="#">339-020-0025</a>	<p><b>ALL</b> licensed Occupational Therapists and Occupational Therapy Assistants are required to complete at least <b>one hour on Cultural Competency</b> per renewal period. This requirement is in compliance with HB 2011 (2019). <b>Licensees may choose a course that relates to their practice.</b></p> <p>For step-by-step instructions on entering Cultural Competency into the License Portal: <a href="#">click here</a>.</p>
<b>* New * Pain Management CE Requirement</b>	<a href="#">339-020-0015</a>	<p>Beginning in <b>2024</b>, as part of the renewal process, ALL licensed Occupational Therapists and Occupational Therapy Assistants are required to demonstrate completion of the Oregon Pain Commission pain management course during each license cycle.</p> <p><b>Required</b> free Oregon Pain Commission course: <a href="#">Changing the Conversation about Pain</a></p> <p>For step-by-step instructions on entering the pain course into the License Portal: <a href="#">click here</a>.</p>
General CE Requirements	OAR	
<p>Licensees must have the required <b>30 CE points</b>,</p> <p><b>OR</b></p> <p><b>Must be currently NBCOT certified when you renew</b></p>	<a href="#">339-020-0010</a>	<p><b>If you are current on your NBCOT certification when you renew, click that you ARE certified on your renewal and you do NOT need to upload CE.</b> If you are <b>not</b> NBCOT certified when you renew, you must upload completion certificates that total at least 30 points.</p> <p>For step-by-step instructions on entering your CE into the License Portal: <a href="#">click here</a>.</p>

## OT Board Member Vacancy

The OT Licensing Board is seeking a new OT member to serve on its five member board. The Board is comprised of 2 OTs, 1 OTA and 2 public members. Board members are appointed by the Governor and approved by the Legislature. Board members can serve up to two 4-year terms. Applicants will be accepted until **October 1, 2023 at 5pm.**

### Board member responsibilities include but are not limited to:

- Attend quarterly Board meetings, customarily held on the first Friday of February, May, August and November. The meetings begin at 10:00am and generally last until 2:00pm. Meetings are usually held virtually with one in-person meeting per year in Portland.
- Review confidential complaints and complaint investigations, including confidential and protected health information to determine whether a licensee has violated Oregon statute or rule in the course of their practice, and impose discipline.
- Assist in responding to clinical or scope of practice inquiries that come to the Board.

The Board pays a stipend of \$151 per meeting plus reimbursement for travel to and from the in-person board meetings. The Board encourages OT's outside of the Portland area to apply!

The next opening will begin formally in early to mid 2024, however the appointment process will begin a few months in advance. **If you are interested, please apply online on the Boards and Commissions page of the Governor's website.** For the link, click [here](#).

*The Governor is committed to ensuring that all Boards and Commissions represent the growing age, racial and gender diversity of the state.*

For more information, email the [Board Director](#).

## The OTLB welcomes New Public Member

Ellen Stauder was appointed to the OTLB by the Governor and was confirmed by the Senate in April. Ellen replaces Clyde Jenkins, who resigned from the board in 2022 due to illness.

Ellen received her BM in Music History from the Eastman School of Music, a MA in English from the College of St. Rose and a PhD in the History of Culture from the University of Chicago. She taught English and Humanities at Reed College for 30 years and also served as Dean of the Faculty. She has also sat on several boards including the Reed College Board of Trustees.

Ellen has had extensive experience as an OT patient, in particular, with hand therapists. She stated on her letter of interest that she is grateful to the OT's for helping her recover from surgical procedures and through their therapy for making possible the best achievable outcomes for her hands and arms as well as her overall sense of good health. Her experience with OT along with her extensive background provides Ellen with an excellent foundation for all the aspects of board work. The Board is thrilled to have Ellen its new public member.

Many thanks to OT and former OTLB member **Sybil Hedrick Park** for recommending Ellen to the Board. ❤️



## Can OT's practice Dry Needling in Oregon? No

In May, 2023, the AOTA Representative Assembly adopted a new policy, **E.18: Interventions to Support Occupations**. In regards to dry needling, the document states the following:

"AOTA asserts that interventions to support occupations including but not limited to physical agent modalities (PAMs), **dry needling**, and other techniques may be used in preparation for, or concurrently with occupations and activities or interventions that ultimately enhance a client's engagement in occupation." To view the policy, click [here](#).

**In Oregon, however, licensed acupuncturists are the only professionals that can legally practice dry needling.**

The Oregon Medical Board and its Acupuncture Advisory Committee regulates the practice of acupuncture in Oregon. They have concluded that "dry needling" is acupuncture and can only be performed by a licensed acupuncturist. Their rules state that no person may practice acupuncture without a license. Here is the rule:

### **847-070-0007 Practice of Acupuncture**

**(1) No person may practice acupuncture without first obtaining a license to practice medicine and surgery or a license to practice acupuncture from the Oregon Medical Board.**

Other professions have challenged the rule but have not been successful:

In 2017, the Oregon Board of Physical Therapy paid for a very costly review by the Dept. of Justice General Counsel Division. However, the opinion was No, dry needling is not within the scope of a PT. And in 2011, the Board of Chiropractic Examiners adopted a rule authorizing chiropractors to practice dry needling which led to the decision of the Oregon Appeals Court Commissioner to stay the dry needling rule. In 2013, the Oregon Court of Appeals concluded that dry needling is not within the chiropractic scope of practice, and the rule was rescinded.

## Update on New Oregon OT Educational Programs

**Western University of Health Sciences.** Western University was planning to launch its first cohort in July of 2023, however, recently withdrew its request for accreditation from ACOTE. Western has changed its course at least for now about pursuing the OT program.

**George Fox University, Newberg, OR—OTD program.** Previously advertised as a masters program, George Fox is now going to launch a doctorate program in the Fall of 2024. Program Director Stanley Paul, PhD, MD, OTR/L stated that George Fox plans to admit 24 students in the initial cohort and increase it gradually to a maximum of 35-40 students over the next few years. For more information: click [here](#).

**Western Oregon University—Salem, OR—OTD program.** Sean Roush, OTD, OTR/L, FAOTA, is the founding program director for a new OTD program at Western Oregon University (WOU). Sean stated, "one of the main reasons that WOU decided to start an OT program is the fact that there are currently no public universities in Oregon offering an OTD. That was also one of the main reasons why I pursued the opportunity, it's really exciting for me to move to a public university that I hope is more accessible to a wider range of students. The program will be on the Salem WOU campus at the corner of Trade and High Streets and I'm really excited about the opportunity to collaborate with the Oregon State Hospital, Chemeketa, and the OTA program at Linn-Benton, as well as other OT providers in the Willamette Valley." *Cont'd on page 4*

## WHAT'S COMING UP

### 2023

Aug.18 Board Meeting-Virtual

Oct. 19 Board Meeting-Virtual

Oct. 28-29 OTA0 Conference

## State Holiday Closure Schedule

### 2023

Sept. 4 Labor Day

Nov. 10 Veterans Day

Nov. 23 Thanksgiving

Nov. 24 Day after

Dec. 25 Christmas

## Occupational Therapy Licensing Board

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## Save the Date!

The annual OTA0 conference will be held in-person **October 28-29 at Pacific University Forest Grove Campus**

For more information, click [here](#)

## 2022 Workforce Data

The data compiled from the OHA survey that all licensees completed when they renewed in 2022 is available on the OTLB website.

To view the data, click [here](#).

*Western Oregon University, Sean Roush, OTD, OTR/L, FAOTA. Cont'd from page 3...*

"We're eventually targeting cohorts of 40 students, but plan to start with 30 for our first cohort, and build up to 40 students over the first few years. We'll be admitting one cohort per year and will be an 11-term (we're on quarters rather than semesters) program (so just shy of 3 full years post-baccalaureate degree). We're also developing 3-3 pathways that will allow students to pursue a bachelors degree in a related field at WOU with their 4th year overlapping as their Baccalaureate senior year and first year of OT school. This will enable students who know early on that they want to be an OT to complete their OTD degree in 6 years rather than 7. In addition to the 3-3 pathways at WOU, we're also planning to partner with Chemeketa and other community colleges around the state to develop pathways from community college to WOU so that students can complete their OTD degree in as little as 6 years."

## Self-reporting Requirement

[OAR 339-010-0020 \(5\)\(d\)](#)

If you are arrested you must notify the Board within **10 working days** of a conviction of a misdemeanor, or an arrest for or conviction of a felony. Email the [director](#).

## Name Change

[OAR 339-010-0018](#)

**To change your name:** Log into the [License Portal](#) and submit a name change request. You can also complete the [name change form](#) on the website. [Email](#) us or fax us a copy of the legal document showing the name change.

## Keep your Contact Info. Current—It's the Law

[OAR 339-010-0018](#)

Log into the [License Portal](#) and update your address, or complete and submit an [address change form](#).

## Order a verification to be sent to another state

**To order a verification to be sent to another state:** click [here](#). (We do not need their form). We will email you when it is done. Fee is \$25.