Non-Veterinary Well-Being Continuing Education Catalog

Cross-disciplinary options for veterinary well-being education | Updated November 11, 2026 | Prepared for Oregon Veterinary Medical Examining Board

Purpose: Examples of credible health care, public health, crisis response and workplace safety training that could be considered under a flexible veterinary well-being CE policy. The original April 2026 catalog was used as the baseline.

1 | Suicide prevention, gatekeeping and means safety

Provider	Offering	Cost / time	Credit / documentation	Link
AFSP	Talk Saves Lives	Generally free; ~1h	Community education; completion documentation check	Source / enroll
QPR Institute	Online Gatekeeper Training	Paid; current fee verify	Training certificate / CE type check	Source / enroll
LivingWorks	LivingWorks Start	USD $39.95; ~1h	Completion / credit terms verify	Source / enroll
Zero Suicide / EDC	Counseling on Access to Lethal Means (CALM)	Free; ~2h	Completion certificate; explicitly NO CE credits	Source / enroll
VA	Suicide prevention / lethal means safety education	Free options; individual modules vary	Course-specific documentation required	Source / enroll

2 | Psychological first aid, moral distress and resilience

Provider	Offering	Cost / time	Credit / documentation	Link
NCTSN Learning Center	Psychological First Aid (PFA) Online	Free; 5h	5 CE certificate advertised; non-RACE	Source / enroll
VA National Center for PTSD	Moral Distress in Healthcare: Taking Care of Yourself and Supporting Colleagues	Free; 1h	Multiple healthcare CE types listed; non-RACE	Source / enroll
VA National Center for PTSD	Continuing Education course library	Free; durations vary	Healthcare CE course-by-course	Source / enroll
Johns Hopkins / Coursera	Psychological First Aid	Audit typically possible; paid certificate terms vary	Course completion proof / credit check	Source / enroll
SAMHSA DTAC	Service to Self: occupational stress and coping	Free; 1h	Completion certificate explicitly offered	Source / enroll
SAMHSA DTAC	Creating Safe Scenes	Free; 1.5h	Training; certificate / CE verify	Source / enroll

3 | Psychological safety, teamwork and healthy work design

Provider	Offering	Cost / time	Credit / documentation	Link
CDC / NIOSH	Total Worker Health webinar series	Free; variable	CE for selected webinars; veterinarians named as audience	Source / enroll
AHRQ	TeamSTEPPS 3.0: communication, leadership, mutual support	Free materials; self-directed	Training materials; no universal CE asserted	Source / enroll
IHI Open School	Healthcare safety, leadership and communication courses	USD $10 no credit / $20 CE for some individual courses	Healthcare CE when purchased; non-RACE	Source / enroll
SAMHSA DTAC	Disaster behavioral health online training catalog	Free; variable	Course-specific certificate / CE check	Source / enroll

Updates and verification flags versus April 2026

CALM now explicitly describes its September 2026 update, platform migration, two-hour format, completion certificate and lack of CE credit. NIOSH explicitly says only selected webinars have CE. VA moral distress course has a dated 2026 course page with eligible non-veterinary professional credits. NCTSN specifies a five-hour PFA course with five CE certificate. IHI's course pricing varies by credit selection. Previous/older April entries without a reliably rediscovered course landing page were not carried forward as independently verified courses.