

OREGON YOUTH AUTHORITY

Triennial Assessment Summary



Triennial Assessment of OYA Youth Wellness Policy

The following is a summary of the Triennial Assessment of [OYA Policy II-D-3.1 Youth Wellness](#).

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to develop a local school wellness policy that promotes the health of students and addresses the problem of childhood obesity.

Sponsors are required, at least once every three years, to assess compliance with the policy and make the assessment results available to the public.

During School Year 2025-2026, OYA conducted a triennial assessment of the OYA Youth Wellness policy. Below is a summary of the results of the assessment.

Comparison of OYA's Youth Wellness Policy to a Model Policy

Some opportunities for improvement were identified in the policy comparison.

1. The OYA policy's Nutrition Education section is focused on staff education. A suggestion was made to re-write the section to include goals for nutrition education for the youth.
 2. The OYA policy's Physical Activity section does not include language stating that opportunities for physical activity will not be withheld as punishment. A suggestion was made to add that language.
 3. The OYA policy's Nutrition Guidelines and School Meals sections could be combined to mirror the Standards for Foods and Beverages section of the sample policy.
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Extent of Compliance for All Facilities with the OYA Youth Wellness Policy

The tables below indicate the progress made during school year 2025-2026.

Policy Area	Not Met (Number of Facilities)	Partial Compliance (Number of Facilities)	Full Compliance (Number of Facilities)
Nutrition Education Requirements (section A)	0	7	0
Nutrition Promotion Requirements (section C)	1	0	6
Physical Activity Requirements (section D)	0	0	7
Other Student Wellness Requirements (section G)	0	0	7
Foods and Beverages Sold Outside Reimbursable Meals (section B)	1	0	6
Foods Offered but Not Sold Standards (section E)	0	0	7
Implementation of Policy (section F)	6	1	0

Progress in Reaching Policy Goals

Goal (As defined by policy)	Was the goal met? Yes/ No/ Partially	What was achieved? Describe how you achieved this goal.
Nutrition Education Goal(s)	Partially	The food service staff from all facilities met the required training hours for school nutrition. All facilities were only partially compliant with meeting Civil Rights & Meal Count training for group life coordinators.
Nutrition Guidelines Goal(s)	Partially	Most facilities offered youths a variety of healthy, nutritious foods outside of school meals and did not let budget neutrality or profit generation take precedence over the nutrition needs of youth. All facilities provided safe, unflavored drinking water in all youth-accessed areas of the facility.

Goal (As defined by policy)	Was the goal met? Yes/ No/ Partially	What was achieved? Describe how you achieved this goal.
Physical Activity Goal(s)	Yes	Daily minimums for physical activity were met by all facilities in the current school year.
Other Student Wellness Goal(s)	Yes	Youth were encouraged to engage in recreational activities that included large muscle exercise, and the facilities promoted good nutrition practices throughout the school year.
Nutrition Promotion Goal(s)	Partially	Most facilities made competitive foods unavailable to youths during mealtimes.
School Meals Goal(s)	Yes	Breakfast, lunch, and after school snacks/meals were planned to comply with federal laws and USDA regulations and policies. Dinner meals were planned according to the current Dietary Guidelines for Americans.
Implementation of Policy Goal(s)	No	The facilities did not have Youth Wellness Committees in place, facility-level wellness plan or goals were not created, and facility-level wellness committee meetings were not held.