



Sex Offense Treatment in OYA Facilities

A SNAPSHOT

Oregon Youth Authority | December 2020

A New Treatment Tool

Part of OYA’s work with youth who have engaged in sexually abusive behavior has included an assessment tool to determine the risk that they will continue this behavior in the future. However, research shows that no tools are able to accurately predict someone’s risk of future sexually abusive behavior.

Given this information, and the recommendation of the expert who created the tool, OYA changed to a different assessment tool this fall: PROFESOR (Protective + Risk Observations for Eliminating Sexual Offense Recidivism).

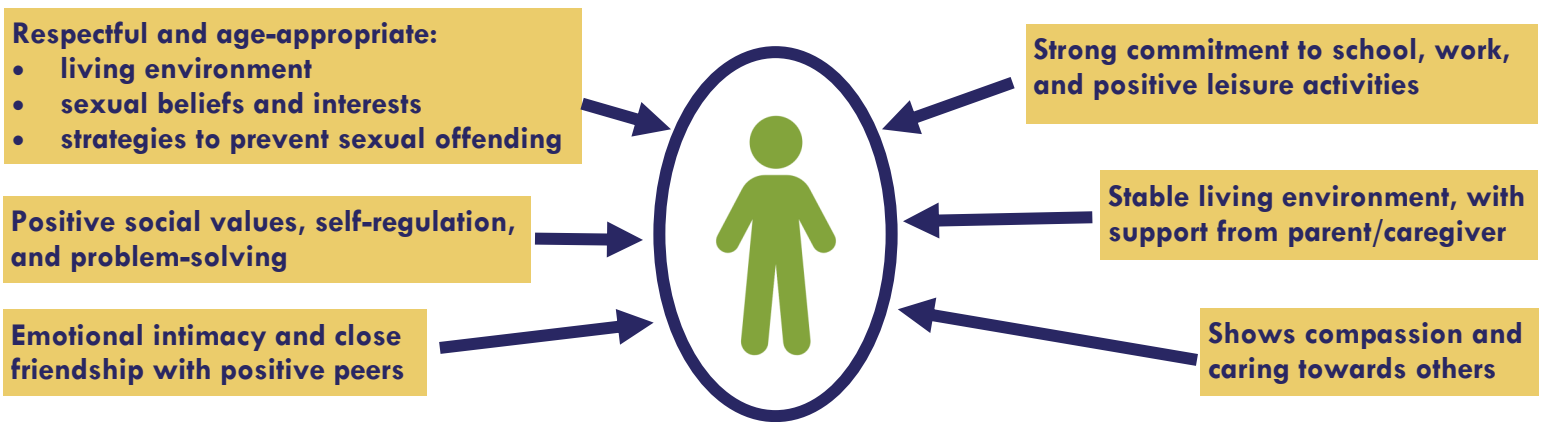
Instead of using static risk factors, the PROFESOR identifies 20 dynamic protective and risk factors that can impact success for a youth who offended sexually.

The PROFESOR is *not* intended to be used as an objective measure of a youth’s risk for committing future sex crimes — there is *no* tool that does this accurately. It also is *not* intended to inform or influence whether a youth will be required to register as a sex offender.

Instead, it is a treatment planning tool to help case workers develop an individualized treatment plan for the youth.

The PROFESOR—Protective and Risk Factors

This assessment tool includes 20 protective and risk factors that can impact a youth’s success. Here are just a few.



Treatment Components and Planning

Treatment components for each youth are identified through the assessment process and incorporated into their individualized treatment plan.

Targeted treatment components selected for each youth will provide them the necessary insight and skills to achieve their identified goals and competencies.

Each youth’s initial plan is developed by the time of their initial multidisciplinary treatment team meeting, after they are at their long-term placement. The team reviews and revises the plan every 90 days.

A Qualified Mental Health Professional (QMHP) completes a sex offense treatment summary every time

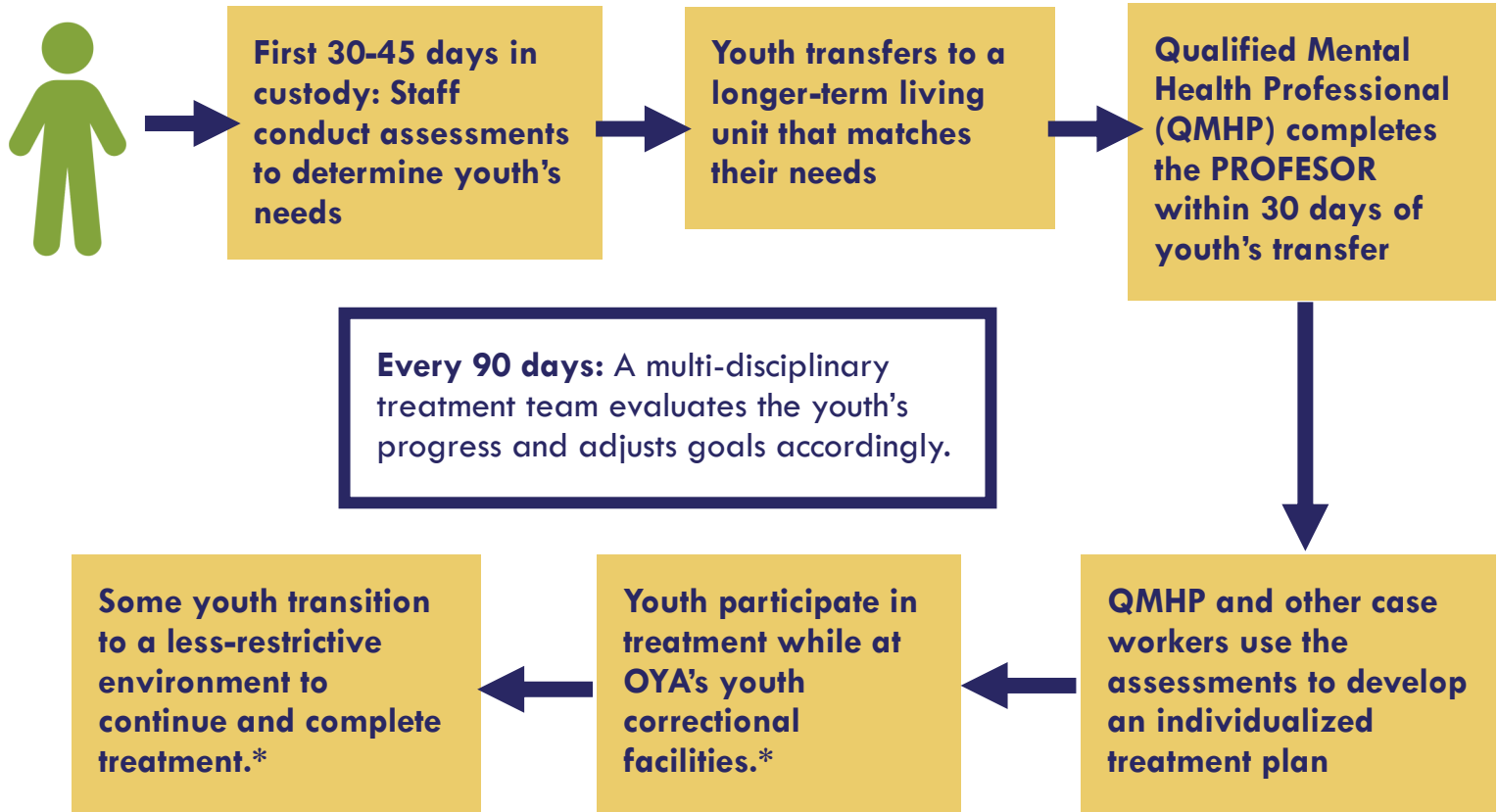
the youth has a new treatment provider and when they are released on parole.

Treatment goals include specific and measurable focus areas, such as:

- motivation/treatment preparation
- family dynamics/interpersonal relationships
- sex education/healthy sexuality
- sexual history/detailing offense
- trauma
- empathy
- safety and transition planning
- clarification/reconciliation/reunification
- long-term preparation and community integration

The Sex Offense Treatment Continuum

Oregon Youth Authority | October 2020



*Correctional Facilities Versus Other Placements

The goal for youth adjudicated and committed to a youth correctional facility for sex offenses is to provide treatment to support transition to a less-restrictive environment, where they can continue their treatment.

This transition is not possible for youth convicted as adults, who must stay in a correctional facility until their sentence is complete.

Research is clear that youth should only remain incarcerated for a limited period of time because longer stays have marginal impact or are shown to be counter-productive on future offending. (Loughran, et al., 2009).