TYPOLOGY C - MALE

**ASSESSMENT CONSIDERATIONS:** These youth should be referred for a mental health assessment to clarify mental health need and/or further assessment. Assessment areas may include but are not limited to trauma, possible underlying factors triggering behavior, current diagnoses, intellectual functioning (IQ), and medication.

For youth in this Typology who have been committed for sexual offenses a developmentally and culturally appropriate psychosexual evaluation that clearly addresses history of potential trauma exposure, social delays, environmental factors, and sexual development is necessary to determine treatment, structure, and supervision needs. Trauma exposure may be an underlying cause of other behaviors, e.g., aggression (including sexualized behavior), AOD use, etc. This must be assessed to determine the appropriate course of treatment.

**CASE PLAN ESSENTIALS:** Assessment will be used to determine the appropriate level of structure and supervision necessary in order to complete treatment. Treatment may occur in phases and in different levels of care depending on the youth. Case planning must include the elements identified through the assessment as potentially impacting the youth’s behavior and ability to develop targeted skills.

**TREATMENT APPROACH:** Early interventions should focus on behavior stabilization by addressing any present mental health symptoms, problem solving skills, and emotional regulation skills. These youth may struggle with a variety of social skills, including comprehension of how their behavior affects others, resulting in behaviors that appear to be in conflict with the youth’s desire to develop and maintain relationships. Treatment interventions focusing on behavioral challenges need to be approached from the perspective of the skills that are lacking or deficient. As use of time is a strength for these youth, they should be engaged in as many positive activities as they are capable of doing successfully and these activities should reinforce their areas of interest and strength while further developing new or underdeveloped skills.

The typology need profiles are a result of the Oregon Youth Authority Risk Needs Assessment or the Oregon Typology Assessment. When determining treatment approach or case plan essentials, a comprehensive view of typologies and other completed assessments is necessary.

February 2, 2015