

# PROFICIENCY TEST

## PAINTING

### I. Multiple Choice

1. Before starting a painting project, you should:
  - a) Read the MSDS sheet for the type of paint and thinners you would be using.
  - b) Get your paintbrushes and paint.
  - c) Mix your paint.
  - d) Cover the area with a protective tarp.
  - e) A, c and d.
  
2. A site assessment may include:
  - a) If ladders are needed and what type.
  - b) Determine the hazards of the chemicals you are using.
  - c) Determine if there is proper ventilation.
  - d) All of the above.
  
3. What personal protective equipment do you need when painting?
  - a) Eye protection.
  - b) Vinyl or cloth gloves.
  - c) Coveralls.
  - d) Respirator if hazardous vapors are present.
  - e) Hearing protection.
  - f) A, b and c.
  - g) A, b, c and d.
  
4. You should \_\_\_\_\_ and take \_\_\_\_\_ breaks while you are painting.
  - a) Walk, long.
  - b) Get fresh air, short breaks.
  - c) Stretch, micro.
  - d) All of the above.
  - c) None of the above.

### II. True/False

5. \_\_\_\_\_ It is not necessary to secure the area you are painting.
6. \_\_\_\_\_ If paint is flammable, you do not need to turn off heaters if you won't be working close to the source of heat.
7. \_\_\_\_\_ You should place a tarp and/or plastic as needed to ensure unpainted areas are kept clean.
8. \_\_\_\_\_ Paint thinner is flammable and can burn your skin.
9. \_\_\_\_\_ You should read and follow all directions before starting to paint.

### III. Discussion Questions

1. What kind of hazard assessment should you perform prior to painting?
2. How do you know if you need a respirator or not?

Employee Name: \_\_\_\_\_ Pass \_\_\_\_\_ No Pass \_\_\_\_\_ Date: \_\_\_\_\_

Take this test to your supervisor or trainer for sign off.