



# OREGON YOUTH AUTHORITY

## Policy Statement

### Part II – Youth Services (Facilities)



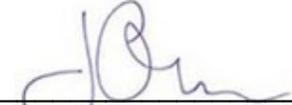
*Subject:*

#### Substance Use Assessment and Treatment in OYA Facilities

<i>Section – Policy Number:</i> <b>E: Programming – 6.0</b>	<i>Supersedes:</i> II-E-6.0 (6/21) II-E-6.0 (6/16) II-E-6.0 (12/12) II-E-6.0 (10/10)	<i>Effective Date:</i> <b>10/26/2023</b>	<i>Date of Last Review/Revision:</i> <b>None</b>
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<b>Related Standards and References:</b>	<ul style="list-style-type: none"> <li>▪ <a href="#">ORS 182.515</a> –182.525 (Evidence-based Programs)</li> <li>▪ <a href="#">ORS 419C.486</a> (Consideration of recommendations of committing court; case planning)</li> <li>▪ <a href="#">ORS 420A.125</a> (Adjudicated youth; intakes assessments; reformation; placement)</li> <li>▪ <a href="#">ORS 420A.135</a> Secure regional youth facilities</li> <li>▪ <a href="#">ORS 420A.145</a> Regional youth accountability camps</li> <li>▪ <a href="#">ORS 420A.155</a> Regional residential academies</li> <li>▪ <a href="#">OAR 309-019</a> (Out-patient Substance Use Disorders and Problem Gambling Treatment and Recovery Services)</li> <li>▪ Performance-based Standards (PbS) Juvenile Correction and Detention Facilities Programming</li> <li>▪ Diagnostic and Statistical Manual Fifth Edition (DSM 5)</li> <li>▪ <a href="#">OYA policy</a>: I-A-11.0 (Assessment, Multidisciplinary Teams, and Case Planning)</li> <li>▪ <a href="#">JJIS forms</a>: JJIS OYA 3002CP (Comprehensive Case Plan)</li> <li>▪ JJIS assessments: JJIS Risk/Needs Assessment OYA 4465 (Youth SUD Screening and Diagnostic Assessment) OYA 4466 (Youth ASAM Continued Services Criteria) OYA 4468 (SUD Treatment Summary and Discharge Plan)</li> </ul>
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<b>Related Procedures:</b>	<ul style="list-style-type: none"> <li>▪ <a href="#">FAC II-E-6.0</a> Substance Use Assessment and Treatment in OYA Facilities</li> </ul>
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<b>Policy Owner:</b>  Development Services Assistant Director	<b>Approved:</b>   _____ Joseph O'Leary, Director
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**I. PURPOSE:**

This policy outlines the type of substance use assessment, treatment curriculum, and treatment dosage OYA staff must use with youth in OYA facilities.

**II. POLICY DEFINITIONS:**

**Assessment:** A process of evaluating, diagnosing, and determining an appropriate level of intervention based on information obtained from the youth in

a personal interview and from other sources, which may include substance use screening and assessment instruments.

**Case plan:** A formal plan with prescribed interventions and documentation requirements and a tool to assist staff in managing cases, setting goals and reviewing youth interventions and progress. Case plans are created and maintained in the Juvenile Justice Information System (JJIS).

**Skill development:** A process for improving a person's abilities in the areas of problem-solving, emotion regulation, and pro-social interaction.

**Substance use treatment:** Interventions that include evidence-based curricula to treat substance use disorders and promote long-term recovery.

**Treatment:** The coordinated provision of services designed to produce a planned outcome in a person's behavior, attitude or general condition. Treatment is based on a thorough assessment of factors contributing to the attitude, condition or behavior.

### III. POLICY:

OYA has identified diversity, equity, and inclusion as an agency priority and initiative, with a goal to build a respectful, diverse, equitable and inclusive environment for youth and staff that is free from harassment, discrimination and bias.

OYA's work with youth includes protecting the public by ensuring youth accountability, promoting positive change, developing and improving skills, and reducing recidivism. Consistent with best practice, assessment identifies key risk and protective factors. Psychological, sociological, cultural, and other factors are considered during assessment in addition to underlying reasons for risky behavior. An essential part of the assessment process is to appropriately safeguard against making inappropriate referrals and duplicating or unnecessarily restricting placements. Staff must be aware of and remove barriers to treatment or participation in treatment for youth from communities that have historically been underserved.

Youth with untreated substance use problems have been found to return to substance use and illegal activity at higher rates than youth who have been treated. This policy provides a continuum of evidence-based response to the needs of youth who have substance use involvement associated with delinquent behavior.

### IV. GENERAL STANDARDS:

#### A. Assessment

1. Upon a youth's initial intake admission to OYA, a certified alcohol drug counselor (CADC), CADC candidate, or licensed mental health professional with at least 60 hours of substance use treatment specific education must be assigned to complete the substance use assessment.

- a) The assessor must complete a Brief Bio-social Gambling Screen (BBGS).
  - b) The assessor must document the BBGS results on JJIS assessment OYA 4465, Question 4.
2. OYA substance use assessment must conform to the standards of substance use assessment set forth by the Oregon Health Authority, Addictions and Mental Health Division, in [chapter 309](#) of the Oregon Administrative Rules.
  3. Within 30 days of admission into an intake unit, youth must be administered a TCU 5 screening tool. If a full SUD assessment is warranted, it must be completed within that 30-day period.
  4. Full comprehensive assessments as identified above must not be conducted more frequently than once per 24-month period unless a significant change in substance use has been identified.

If less than 24 months have elapsed since the most recent assessment, a brief addendum assessment using the Build and Base function in JJIS on the most recent assessment must be completed to reflect any of the youth's changes.

5. JJIS assessment OYA 4466 Youth ASAM Continued Services Criteria must be completed at least every 90 days for youth engaged in substance use treatment.

#### B. Treatment matching

1. Treatment matching must emphasize matching level of service to the individual youth's American Society of Addiction Medicine (ASAM) level of need.
2. Youth returning to close custody due to parole violations must be reassessed and matched to the appropriate treatment.
3. Treatment matching based on new information

Youth may be re-assessed if additional information becomes available. A youth's case plan for substance use treatment must reflect current information.

#### C. Treatment

1. A youth's participation in substance use treatment is voluntary. Refer to facilitywide procedure FAC II-E-6.0 regarding documentation of youth consent and non-compliance process.
2. Treatment recommendations must be assessment-driven and individualized to the youth's needs.

3. Substance use treatment must not begin until a substance use assessment has been completed and the substance use domain is open in the youth's case plan.
4. The initiation of treatment must begin at the earliest possible time after the youth's placement at a designated facility, and based on the recommendations of the OYA 4465.
5. Youth must have equal access to treatment services regardless of crime committed or legal status.
6. Substance use treatment curricula must be reviewed and approved by OYA's Clinical Team prior to use with youth.
7. OYA substance use treatment must complement other OYA-approved interventions to provide a youth with the necessary tools to support healthy development so the youth may live a productive and crime-free life.
8. The core curriculum for OYA substance use programs must be augmented by and integrated with cognitive-behavioral treatment to further address high-risk behaviors, beliefs, and peer associations.
9. Participation in substance use treatment must not be determined by the facility's behavior management system, or the youth's past behavioral issues. Staff must not prevent a youth from participating in treatment as a consequence for a behavior violation unrelated to the treatment program.

D. Community Transition

A CADC, CADC candidate, or licensed mental health professional with at least 60 hours of substance use treatment specific education must ensure the following documents are available to assist in community placement.

1. A treatment summary and discharge plan (OYA 4468) of the youth's progress in substance use treatment documenting continuum of care recommending referrals for the youth's ongoing treatment or support.
2. A relapse prevention plan created and signed by the youth with the support of the treatment provider that outlines struggles, triggers, high-risk situations, coping skills, support systems and plans, and dealing with setbacks.

E. Program Evaluation

1. OYA must measure core competencies related to recovery from a substance use disorder. The competency-based evaluation system must integrate the following three components:
  - a) Evidence-based programming and its evaluation;

- b) Coordination of the OYA RNA assessment instrument with program interventions and evaluation of those interventions;  
and
  - c) Use of a standardized case planning form.
2. Programs and individual youth progress must be measured using the following in a three-level competency evaluation process:
- a) Pre- and post-testing, when available;
  - b) Staff ratings of generally observed behavioral improvements;  
and
  - d) JPPO ratings of demonstrated behavior in the community.

**V. LOCAL PROTOCOL REQUIRED: NO**