

Pharmacy Name
Address of Pharmacy
Pharmacy Phone Number

This page contains important information for you; please read it carefully.

You have been prescribed Post-Exposure Prophylaxis (PEP) to help prevent Human Immunodeficiency Virus (HIV). Listed below are the medications and directions you have been prescribed, some key points to remember about these medications, and a list of next steps that will need to be done in order to confirm the PEP worked for you.

Medications: You must start these within 72 hours of your exposure

- Truvada (emtricitabine/tenofovir disoproxil) 200 mg/300 mg – take 1 tablet by mouth daily for 30 days, **AND**
- Isentress (raltegravir) 400 mg – take 1 tablet by mouth twice daily for 30 days

Key Points

- Take every dose. If you miss a dose, take it as soon as you remember.
 - If it is close to the time of your next dose, just take that dose. Do not double up on doses to make up for the missed dose.
- Do not stop taking either medication without first asking your doctor or pharmacist.
- Truvada and Isentress don't have side effects most of the time. The most common side effects (if they do happen) are stomach upset. Taking Truvada and Isentress with food can help with stomach upset. Over-the-counter nausea and diarrhea medications are okay to use with PEP if needed.
- Avoid over-the-counter pain medications like ibuprofen or naproxen while taking PEP.

Follow-up and Next Steps

1. Contact your primary care provider to let them know you have been prescribed PEP because they will need to order lab tests and see you. The pharmacy cannot do these lab tests.
2. Our pharmacist will contact your doctor (or public health office if you do not have a primary doctor) to let them know what labs they need to order for you.
3. The tests we will be recommending to check at 6 weeks and at 3 months are listed below. The listed labs will involve a blood draw. Your provider may choose to do more tests as needed.
 - HIV antigen/antibody 4th generation
 - Hepatitis B surface antigen and surface antibody
 - Hepatitis C antibody
 - Treponema pallidum antibody
 - Comprehensive metabolic panel
4. If you think that you might still be at risk of HIV infection after you finish the 30-day PEP treatment, talk to your doctor about starting Pre-exposure prophylaxis (PrEP) after finishing PEP.

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Dear Provider,

Your patient _____ (name, DOB) has been prescribed HIV Post-Exposure Prophylaxis (PEP) at _____ Pharmacy.

This regimen consists of:

- Truvada (emtricitabine/tenofovir disoproxil) 200/300mg tablets - one tab by mouth daily for 30 days AND
- Isentress (raltegravir) 400mg tablets - one tab by mouth twice daily for 30 days.
- This regimen was initiated on _____ (Date).

We recommend an in-clinic office visit with you or another provider on your team within 1-2 weeks of starting HIV PEP. Listed below are some key points to know about PEP and which labs are recommended to monitor.

Provider pearls for HIV PEP:

- Truvada needs renal dose adjustments for CrCl less than 50 mL/min. Please contact the pharmacy if this applies to your patient.
- Truvada and Isentress are both safe in pregnancy. If your patient is pregnant or becomes pregnant, they may continue PEP for the full 30 days.
- NSAIDs should be avoided while patients are taking HIV PEP to avoid drug-drug interactions with Truvada.
- Truvada is a first line option for Hepatitis B treatment. This is not a contraindication to PEP use, but we recommended you refer Hepatitis B positive patients to an infectious disease or gastroenterology specialist.
- If your patient continues to have risk factors for HIV exposure, consider starting Pre-exposure prophylaxis (PrEP) after the completion of the 30-day PEP treatment course.

We recommend ordering the following labs at 6 weeks after the initiation date for HIV PEP:

- HIV ag/ab (4th gen) test
- Hepatitis B surface antigen and surface antibody
- Hepatitis C ab
- Comprehensive metabolic panel
- Treponema pallidum ab as appropriate
- Pregnancy test as appropriate
- STI screening as appropriate (chlamydia, gonorrhea at affected sites)

We recommend ordering the following labs at 3 months after the initiation date for HIV PEP:

- HIV ag/ab (4th gen) test
- Hepatitis C ab

If you have further questions, please contact the prescribing pharmacy or call the HIV Warmline. The HIV Warmline offers consultations for providers from HIV specialists and is available every day at: (888) 448-4911. For more information about PEP, please visit the CDC website at [cdc.gov/hiv/basics/pep.html](https://www.cdc.gov/hiv/basics/pep.html).