

# PREVENTIVE CARE

## HIV POST-EXPOSURE PROPHYLAXIS (PEP)

### STATEWIDE DRUG THERAPY MANAGEMENT PROTOCOL for the OREGON PHARMACIST

#### AUTHORITY and PURPOSE:

- Per [ORS 689.645](#), a pharmacist may provide patient care services pursuant to a statewide drug therapy management protocol.
- Following all elements outlined in [OAR 855-020-0110](#), a pharmacist licensed and located in Oregon may prescribe post-exposure prophylaxis (PEP) drug regimen.
- The prescribing Pharmacist is responsible for all laboratory tests ordered, resulted and reporting as required.

#### STANDARDIZED PATIENT ASSESSMENT PROCESS ELEMENTS:

- Utilize the standardized PEP Patient Intake Form (pg. 2)
- Utilize the standardized PEP Assessment and Treatment Care Pathway (pg. 3-5)
- Utilize the standardized PEP Prescription Template *optional* (pg. 6)
- Utilize the standardized PEP Patient Informational Handout (pg. 7)
- Utilize the standardized PEP Provider Fax (pg. 8)

#### PHARMACIST TRAINING/EDUCATION:

- Completion of a comprehensive training program related to the prescribing and dispensing of HIV prevention medications, to include related trauma-informed care

#### REFERENCES

- Updated Guidelines for Antiretroviral Postexposure Prophylaxis after Sexual, Injection drug use, or Other Non-occupational Exposure to HIV—United States, 2016. Accessed February 14, 2023. <https://stacks.cdc.gov/view/cdc/38856>
- Updated U.S. Public Health Service Guidelines for the Management of Occupational Exposures to HIV and Recommendations for Post-exposure Prophylaxis. Accessed February 14, 2023. <https://stacks.cdc.gov/view/cdc/20711>
- PEP | HIV Basics | HIV/AIDS | CDC. Published July 11, 2022. Accessed February 14, 2023. <https://www.cdc.gov/hiv/basics/pep.html>

# Post-Exposure Prophylaxis (PEP) Self-Screening Patient Intake Form

## (CONFIDENTIAL-Protected Health Information)

Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_  
 Legal Name \_\_\_\_\_ Name \_\_\_\_\_  
 Sex Assigned at Birth (circle) M / F Gender Identification (circle) M / F / Other \_\_\_\_  
 Pronouns (circle) She/Her/Hers, He/Him/His, They/Them/Their, Ze/Hir/Hirs, Other \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 Phone ( ) \_\_\_\_\_ Email Address \_\_\_\_\_  
 Healthcare Provider Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_  
 Do you have health insurance? Yes / No Insurance Provider Name \_\_\_\_\_  
 Any allergies to medications? Yes / No If yes, please list \_\_\_\_\_

**Background Information:**

|     |   |  |
|-----|---|--|
| 1.  | Are you UNDER 13 years old?   | <input type="checkbox"/> Yes <input type="checkbox"/> No                                   |
| 2.  | Do you weigh LESS than 77 pounds (lbs)?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 3.  | Do you think you were exposed to Human Immunodeficiency Virus (HIV)?  | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 4.  | What was the date of the exposure?  | ____/____/____   |
| 5.  | What was the approximate time of the exposure?  | ____:____ AM/PM  |
| 6.  | Was your exposure due to unwanted physical contact or a sexual assault?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 7.  | Was the exposure through contact with any of the following body fluids? Select any/all that apply:<br><input type="checkbox"/> Blood <input type="checkbox"/> Tissue fluids <input type="checkbox"/> Semen <input type="checkbox"/> Vaginal secretions <input type="checkbox"/> Saliva <input type="checkbox"/> Tears <input type="checkbox"/> Sweat <input type="checkbox"/> Other (please specify): _____ | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 8.  | Did you have vaginal or anal sexual intercourse without a condom?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 9.  | Did you have oral sex without a condom with visible blood in or on the genitals or mouth of your partner?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 10. | Did you have oral sex without a condom with broken skin or mucous membrane of the genitals or oral cavity of your partner?  | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 11. | Were you exposed to body fluids via injury to the skin, a needle, or another instrument or object that broke the skin?  | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 12. | Did you come into contact with blood, semen, vaginal secretions, or other body fluids of one of the following individuals?<br><input type="checkbox"/> persons with known HIV infection<br><input type="checkbox"/> men who have sex with men with unknown HIV status<br><input type="checkbox"/> persons who inject drugs<br><input type="checkbox"/> sex workers  | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 13. | Did you have another encounter that is not included above that could have exposed you to high risk body fluids? Please specify: _____   | Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure                          |


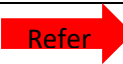



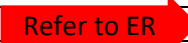


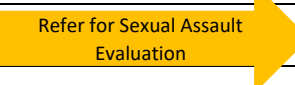


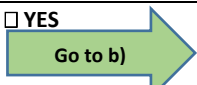
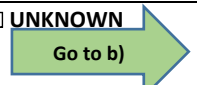
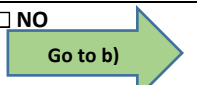
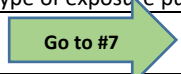
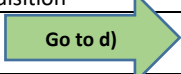
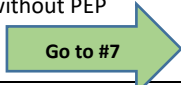

**Medical History:**

|     |   |  |
|-----|---|--|
| 14. | Have you ever been diagnosed with Human Immunodeficiency Virus (HIV)?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 15. | Are you seeing a provider for management of Hepatitis B?  | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 16. | Have you ever received immunization for Hepatitis B? If yes, indicate when: _____<br>If no, would you like a vaccine today? Yes/No  | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 17. | Are you seeing a kidney specialist?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 18. | Are you currently pregnant?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 19. | Are you currently breast-feeding?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 20. | Do you take any of the following over-the-counter medications or herbal supplements?<br><input type="checkbox"/> Orlistat (Alli®) <input type="checkbox"/> aspirin ≥ 325 mg <input type="checkbox"/> naproxen (Aleve®) <input type="checkbox"/> ibuprofen (Advil®) <input type="checkbox"/> antacids (Tums® or Rolaids®), <input type="checkbox"/> vitamins or multivitamins containing iron, calcium, magnesium, zinc, or aluminum | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |
| 21. | Do you have any other medical problems or take any medications, including herbs or supplements? If yes, list them here: _____   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure |

Signature \_\_\_\_\_ Date \_\_\_\_\_


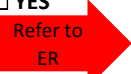

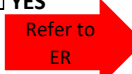

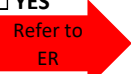

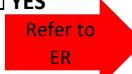
# Post-exposure Prophylaxis (PEP) of Human Immunodeficiency Virus (HIV)

## Assessment and Treatment Care Pathway (CONFIDENTIAL-Protected Health Information)

|   |   |
|---|---|
| <b>1) PEP Eligibility-</b> Review Patient Intake Form #1, 2   |   |
| Is the patient < 13 years old <sup>i</sup><br>Is the Patient <77 lbs <sup>ii</sup>  | <input type="checkbox"/> NO  <input type="checkbox"/> YES  Refer  |
| <b>2) CURRENT HIV STATUS and HIV TEST (HIV Ag/Ab test optional)</b> Review Patient Intake form #14  |   |
| <input type="checkbox"/> NO history of HIV<br>HIV Ag/Ab Test <input type="checkbox"/> non-reactive <input type="checkbox"/> decline   | <input type="checkbox"/> YES has history of HIV  Refer<br><input type="checkbox"/> YES has history of HIV<br>HIV Ag/Ab Test result <input type="checkbox"/> reactive <input type="checkbox"/> indeterminate <sup>iii,iv,v</sup>  Refer and Report |
| <b>3) TIME OF EXPOSURE</b> Review Patient Intake Form #4, 5<br>-PEP is a time sensitive treatment with evidence supporting use 72 hours from time of exposure   |   |
| <input type="checkbox"/> ≤72 hours ago   | <input type="checkbox"/> >72 hours ago  Refer to ER  |
| <b>4) SEXUAL ASSAULT SURVIVOR?</b> Review Patient Intake Form #6<br>If the patient experienced a sexual assault, continue with the algorithm and then refer the patient to the emergency department for a sexual assault workup.**  |   |
| <input type="checkbox"/> NO    | <input type="checkbox"/> YES   Refer for Sexual Assault Evaluation  |
| <b>5) CONNECTION TO FOLLOW-UP CARE<sup>iii,v</sup></b><br>Connection to care is critical for future recommended follow-up   |   |
| -Primary Care Provider <input type="checkbox"/> YES    | <input type="checkbox"/> NO  Refer to ER   |
| -Directly Refer to Public Health Department <input type="checkbox"/> YES  |   |
| <b>6) HIV ACQUISITION RISK</b><br>Consider calling the HIV Warmline (888) 448- 4911 for guidance if unclear   |   |
| <b>a) Source person is known to be HIV-positive?</b> Review Patient Intake Form #3  |   |
| <input type="checkbox"/> YES  Go to b)   | <input type="checkbox"/> UNKNOWN  Go to b)   |
| <input type="checkbox"/> NO  Go to b)  |   |
| <b>Bodily Fluid Exposure</b> Review Patient Intake Form #7, #11   |   |
| <b>b) Was there exposure of the patient's vagina, rectum, eye, mouth, other mucous membranes, or non-intact skin, or percutaneous (needlestick) contact with the following body fluids?</b>   |   |
| Substantial-risk fluid exposure<br><input type="checkbox"/> Blood<br><input type="checkbox"/> Semen<br><input type="checkbox"/> Vaginal secretions<br><input type="checkbox"/> Rectal secretions<br><input type="checkbox"/> Breast milk<br><input type="checkbox"/> Any body fluid that is visibly contaminated with blood   | Substantial risk fluid exposure <u>if contaminated with blood</u><br><i>(Note: only applicable if not visibly contaminated with blood):</i><br><input type="checkbox"/> Urine<br><input type="checkbox"/> Nasal Secretions<br><input type="checkbox"/> Saliva<br><input type="checkbox"/> Sweat<br><input type="checkbox"/> Tears   |
| <b>c) Did the patient have receptive/insertive anal/vaginal intercourse without a condom with a partner of known or unknown HIV status?</b> Review Patient Intake Form #6<br>-This type of exposure puts the patient at substantial risk for HIV acquisition  |   |
| <input type="checkbox"/> YES  Go to #7   | <input type="checkbox"/> NO  Go to d)   |
| <b>d) Did the patient have receptive/insertive intercourse without a condom with mouth to vagina, anus, or penis (with or without ejaculation) contact with a partner of known or unknown HIV status?</b> Review Patient Intake Form # 9,10   |   |
| <input type="checkbox"/> YES: Please check all that apply<br><input type="checkbox"/> Was the source person known to be HIV-positive?<br><input type="checkbox"/> Were there cuts/openings/sores/ulcers on the oral mucosa?<br><input type="checkbox"/> Was blood present?<br><input type="checkbox"/> Has this happened more than once without PEP treatment?<br><input type="checkbox"/> None of the above  Go to #7 | <input type="checkbox"/> NO<br>- Risk of acquiring HIV is low.<br><br>-PEP may be offered regardless of HIV acquisition risk<br>If clinical determination is to prescribe PEP,  Go to #7   |
| <b>7) Medical and Medication History</b><br>Patient <u>must be warm referred</u> to appropriate provider following prescription of PEP for required baseline and follow-up testing. Pharmacist must notify both the provider and patient.   |   |

# Post-exposure Prophylaxis (PEP) of Human Immunodeficiency Virus (HIV)

## Assessment and Treatment Care Pathway (CONFIDENTIAL-Protected Health Information)

|  |  |   |  |   |  |
|--|--|---|--|---|--|
| <b>Hepatitis B</b><br>Review Patient Intake Form #15, 16<br>- Truvada® (FTC/TDF) treats HBV, therefore once stopped and/or completed, the patient could experience an acute Hepatitis B flare<br>-Review the risks of hepatitis B exacerbation with PEP with the patient   |  | <b>Renal Function</b><br>Review Patient Intake Form #17<br>-Truvada® (FTC/TDF) requires renal dose adjustment when the CrCl <50ml/min |  | <b>Pregnant or Breastfeeding</b><br>Review Patient Intake Form #18,19<br>- Pregnancy is not a contraindication to receiving PEP treatment   |  |
| <b>History of known Hepatitis B infection (latent or active)?</b><br><input type="checkbox"/> NO  <input type="checkbox"/> YES  Refer to ER  |  | Confirmation of being fully vaccinated for hepatitis B via ALERT-IIS<br><input type="checkbox"/> NO <input type="checkbox"/> YES      |  | <b>-Chronic Kidney Disease -Reduced Renal Function</b><br><input type="checkbox"/> NO  <input type="checkbox"/> YES  Refer to ER |  |
| <input type="checkbox"/> NO  <input type="checkbox"/> YES  Refer to ER   |  | <input type="checkbox"/> NO <input type="checkbox"/> YES  |  | <input type="checkbox"/> NO  <input type="checkbox"/> YES  Refer to ER   |  |
| <b>STEP 8: PRESCRIBE</b> <ul style="list-style-type: none"> <li>Truvada® (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) one tablet by mouth daily for 30 days PLUS Isentress® (raltegravir 400 mg) one tablet by mouth twice daily for 30 days<br/>-or-</li> <li>Truvada® (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) one tablet by mouth daily for 30 days PLUS Tivicay® (dolutegravir 50mg) once daily for 30 days</li> </ul> |  |   |  |   |  |

<sup>i</sup> According to the CDC PEP treatment guidelines, Truvada® (FTC/TDF) plus Isentress®(raltegravir) or Tivicay® (dolutegravir) is a preferred regimen for individuals 13 years and older.

<sup>ii</sup> Truvada® (FTC/TDF) dosing is approved to prevent HIV infection in adults and adolescents weighing at least 35 kg (77 lb)

<sup>iii</sup> Refer patient to local primary care provider, infectious disease specialist, or public health department.

<sup>iv</sup> Lab Reporting: The [disease reporting poster](#) for clinicians summarizes rules and lists the diagnoses for which lab-confirmed and clinically suspect cases must be reported within one working day to the Local Public Health Authority (LPHA). People reporting cases are encouraged to use the [online morbidity report system](#), but a [fillable PDF](#) is also available to fax to [LPHA](#)

<sup>v</sup> County Health Department Directory

<https://www.oregon.gov/oha/ph/providerpartnerresources/localhealthdepartmentresources/pages/lhd.aspx>

Oregon AIDS Education and Training Center List of PEP Resources, PEP Navigation Services, STI and HIV testing and treatment sites and community organizations: <https://www.oraetc.org/pepresource-list>

Consider calling the HIV Warmline (888) 448- 4911 for guidance.

### RECOMMENDED REGIMEN:

Truvada®  
(emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) one tablet by mouth daily for 30 days

PLUS

Tivicay® (dolutegravir 50mg) one tablet by mouth once daily for 30 days

-or-

Isentress® (raltegravir 400 mg) one tablet by mouth twice daily for 30 days

### Notes:

- There may be other FDA-approved regimens available for treatment of PEP.
- Although labeling is for 28-day supply, 30 days is recommended for prescribing due to the products being available only in 30-day packaging and high cost of the medications which could provide a barrier to availability and care. If able, 28-day regimens are appropriate if the pharmacist/pharmacy is willing to dispense as such.
- Pregnancy is not a contraindication to receive PEP treatment as Truvada® and Tivicay® or Isentress® are preferred medications during pregnancy. If the patient is pregnant, please report their demographics to the Antiretroviral Pregnancy Registry: <http://www.apregistry.com>
- If the patient is breastfeeding, the benefit of prescribing PEP outweighs the risk of the infant acquiring HIV. Package inserts recommend against breastfeeding. “Pumping and dumping” may be considered. Consider consulting with an infectious disease provider, obstetrician, or pediatrician for further guidance.

# Post-exposure Prophylaxis (PEP) of Human Immunodeficiency Virus (HIV)

## Assessment and Treatment Care Pathway

(CONFIDENTIAL-Protected Health Information)

### COUNSELING POINTS:

- Truvada® (emtricitabine/tenofovir disoproxil fumarate):
  - Take the tablet every day as prescribed with or without food. Taking it with food may decrease stomach upset.
  - Common side effects include nausea/vomiting, diarrhea for the first 1-2 weeks.
  - NSAIDs should be avoided while patients are taking HIV PEP to avoid drug-drug interactions with Truvada.
- Tivicay® (dolutegravir):
  - Take the tablet once daily as prescribed with or without food. Taking it with food might decrease any stomach upset.
  - Concomitant use with aluminum-magnesium antacids is contraindicated.
  - Tivicay® (dolutegravir) must be administered 2 hours before or 6 hours after other polyvalent cations, but can be administered at the same time as calcium or iron if taken with food.
  - Metformin coadministration can increase metformin concentrations. Monitor blood glucose and for metformin side effects
- Isentress® (raltegravir)
  - Take the tablet twice daily as prescribed with or without food. Taking it with food might decrease any stomach upset.
  - Isentress® (raltegravir) must be administered 2 hours before or 6 hours after other polyvalent cations.
  - Concomitant use is contraindicated with aluminum-hydroxide antacids
  - Calcium carbonate: no dose adjustment or separation is necessary
- Both medications (Truvada® **plus** Tivicay® or Isentress®) must be taken together to be effective and to prevent possible resistance.
- You must follow up with appropriate provider for lab work.
- Discuss side-effects of “start-up syndrome” such as nausea, diarrhea, and/or headache which generally resolve within a few days to weeks of starting the medications.
- Discuss signs and symptoms of seroconversion such as flu-like symptoms (e.g. fatigue, fever, sore throat, body aches, rash, swollen lymph nodes).

\*Oregon licensed pharmacists are mandatory reporters of child abuse ([ORS Chapter 419B](#)). Pharmacists should also report elder abuse and vulnerable adult abuse. Reports must be made to the Oregon Department of Human Services @ **1-855-503-SAFE (7233)**.

### PHARMACIST MANDATORY FOLLOW-UP:

- The pharmacist will contact the patient’s primary care provider or other appropriate provider to provide written notification of PEP prescription and to facilitate establishing care for baseline testing such as HIV RNA or 4<sup>th</sup> generation HIV Antigen/Antibody, Hepatitis B serology, Hepatitis C antibody, SCr, AST/ALT, Syphilis, Chlamydia and Gonorrhea testing and pregnancy.
- The pharmacist will provide a written individualized care plan to each patient.
- The pharmacist will contact the patient approximately 1 month after initial prescription to advocate for appropriate provider follow-up after completion of regimen.

# PEP Prescription

Optional-May be used by pharmacy if desired

|                      |                |
|----------------------|----------------|
| Patient Name:        | Date of birth: |
| Address:             |                |
| City/State/Zip Code: | Phone number:  |

*Note: RPh must refer patient if exposure occurred >72 hours prior to initiation of medication*

## Rx

- Drug: emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg (Truvada®)  
Sig: Take one tablet by mouth once daily in combination with Isentress for 30 days  
Quantity: #30  
Refills: none

**-AND-**

- Drug: dolutegravir 50mg (Tivicay®)  
Sig: Take one tablet by mouth once daily in combination with Truvada for 30 days.  
Quantity: #30  
Refills: none

**-OR-**

- Drug: raltegravir 400mg (Isentress®)  
Sig: Take one tablet by mouth twice daily in combination with Truvada for 30 days.  
Quantity: #60  
Refills: none

Written Date: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_ Prescriber Signature: \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_ Pharmacy Phone: \_\_\_\_\_

**-or-**

Patient Referred

Hepatitis B Vaccination administered:

Lot: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Dose: \_\_\_\_\_ of 2 or 3 (circle one)

Notes: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient Information  
Post-Exposure Prophylaxis (PEP) for Human Immunodeficiency Virus (HIV)

Pharmacy Name: \_\_\_\_\_ Pharmacist Name: \_\_\_\_\_  
Pharmacy Address: \_\_\_\_\_  
Pharmacy Phone Number: \_\_\_\_\_

**This page contains important information for you; please read it carefully.**

You have been prescribed Post-Exposure Prophylaxis (PEP) to help prevent Human Immunodeficiency Virus (HIV). Listed below are the medications and directions you have been prescribed, some key points to remember about these medications, and a list of next steps that will need to be done in order to confirm the PEP worked for you.

**Medications: You must start these within 72 hours of your exposure**

- Truvada® (emtricitabine/tenofovir disoproxil) 200 mg/300 mg – take 1 tablet by mouth daily for 30 days, **AND**
- Tivicay® (dolutegravir) 50mg - take 1 tablet by mouth once daily for 30 days, **OR**
- Isentress® (raltegravir) 400 mg – take 1 tablet by mouth twice daily for 30 days

**Key Points**

- Take every dose. If you miss a dose, take it as soon as you remember.
  - If it is close to the time of your next dose, just take that dose. Do not double up on doses to make up for the missed dose.
- Do not stop taking either medication without first asking your healthcare provider or pharmacist.
- Truvada®, Tivicay® and Isentress® are well tolerated by most people. The most common side effects (if they do happen) are stomach upset. Taking Truvada®, Tivicay®, and Isentress® with food can help with stomach upset. Over-the-counter nausea and diarrhea medications are okay to use with PEP if needed.
- Acetaminophen is the preferred over-the-counter pain medication. Avoid medications such as ibuprofen or naproxen while taking PEP.

**Follow-up and Next Steps**

1. Contact your primary care provider to let them know you have been prescribed PEP because they will need to order lab tests and see you.
2. Our pharmacist will contact your healthcare provider (or public health office if you do not have a primary healthcare provider) to let them know what labs they need to order for you.
3. The tests we will be recommending to check at 4-6 weeks and at 3 months are listed below. The listed labs will involve a blood draw. Your provider may choose to do more tests as needed.
  - HIV RNA or HIV antigen/antibody
  - Kidney function - Serum creatinine (SCr)
  - Liver function- Alanine transaminase (ALT) and aspartate aminotransferase (AST)
  - Sexually transmitted diseases- Syphilis, Chlamydia and Gonorrhea
  - Pregnancy
4. If you think that you might still be at risk of HIV infection after you finish the 30-day PEP treatment, talk to your doctor about starting Pre-Exposure Prophylaxis (PrEP) after finishing PEP.

Provider Notification  
Post-Exposure Prophylaxis (PEP) for Human Immunodeficiency Virus (HIV)

Pharmacy Name: \_\_\_\_\_ Pharmacist Name: \_\_\_\_\_  
Pharmacy Address: \_\_\_\_\_  
Pharmacy Phone: \_\_\_\_\_ Pharmacy Fax: \_\_\_\_\_

Dear Provider \_\_\_\_\_ (name), (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (FAX)

Your patient \_\_\_\_\_ (name) \_\_\_\_/\_\_\_\_/\_\_\_\_ (DOB) has been prescribed HIV Post-Exposure Prophylaxis (PEP) at \_\_\_\_\_ Pharmacy.

**This regimen consists of:**

- Truvada® (emtricitabine/tenofovir disoproxil) 200/300mg tablets - one tab by mouth daily for 30 days **AND**
- Tivicay® (dolutegravir) 50mg - take 1 tablet by mouth once daily for 30 days, **OR**
- Isentress® (raltegravir) 400mg tablets - one tab by mouth twice daily for 30 days.

This regimen was initiated on \_\_\_\_\_ (Date).

We recommend an in-clinic office visit with you or another provider on your team within 1-2 weeks of starting HIV PEP. Listed below are some key points to know about PEP and which labs are recommended to monitor.

**Provider pearls for HIV PEP:**

- Truvada® needs renal dose adjustments for CrCl less than 50 mL/min. Please contact the pharmacy if this applies to your patient.
- Truvada®, Tivicay®, and Isentress® are safe in pregnancy. If your patient is pregnant or becomes pregnant, they may continue PEP for the full 30 days.
- NSAIDs should be avoided while patients are taking HIV PEP to avoid drug-drug interactions with Truvada.
- Truvada® is a first line option for Hepatitis B treatment. This is not a contraindication to PEP use, but we recommended you refer Hepatitis B positive patients to an infectious disease or gastroenterology specialist.
- If your patient continues to have risk factors for HIV exposure, consider starting Pre-Exposure Prophylaxis (PrEP) after the completion of the 30-day PEP treatment course.

**We recommend ordering the following labs after the initiation of HIV PEP:**

| Test   | Baseline | 4-6 weeks after exposure | 3 months after exposure |
|--|----------|--------------------------|-------------------------|
| HIV RNA or HIV antigen/antibody                  | x        | x                        | x                       |
| Hepatitis B serology                             | x        | -                        | -                       |
| Hepatitis C antibody                             | x        | -                        | -                       |
| Serum creatinine                                 | x        | x                        | -                       |
| Alanine transaminase, aspartate aminotransferase | x        | x                        | -                       |
| <i>For Sexual Exposure Only</i>                  |          |                          |                         |
| Syphilis, gonorrhea, chlamydia testing           | x        | x                        | -                       |
| Pregnancy  | x        | x                        | -                       |

Exposed person should be tested again at 6 months for hepatitis B serology and hepatitis C antibody, if they are susceptible to hepatitis B and hepatitis C, respectively. Any positive or indeterminate HIV antibody test should undergo confirmatory testing of HIV infection status at 6 months.

If you have further questions, please contact the prescribing pharmacy or call the HIV Warmline. The HIV Warmline offers consultations for providers from HIV specialists and is available every day at: (888) 448-4911. For more information about PEP, please visit the CDC website at [cdc.gov/hiv/basics/pep.html](https://www.cdc.gov/hiv/basics/pep.html).