

Psychiatric Security Review Board

Modification Request Resources

Driving Checklist

This checklist was developed to assist community case monitors working with individuals under the jurisdiction of the Psychiatric Security Review Board (PSRB) in developing a modification request to allow for driving privileges.

Driving is one of the most significant liberties and privileges the PSRB can authorize, as it comes with great responsibility and inherent risk. As with any request for a substantial change in privileges, the PSRB requires the treatment team to provide a more thorough analysis of the client's risk factors when requesting driving privileges. The following recommendations aim to assist community case monitors in achieving a thorough analysis and proposal when requesting driving privileges on behalf of their clients.

- ✓ A current START is required to accompany any modification request involving driving privileges.
- ✓ Identify and examine specific instances of dangerous behavior involving cars, including, but not limited to the instant offense, contained in the PSRB Exhibit File.
- ✓ Examine any correlations between having a car or driving with the client's risk factors or other historical, problematic behaviors.
- ✓ Consider [client's] ability to assume the legal and financial responsibilities of driving or owning a car (e.g. paying fees and keeping updated registration, DEQ, insurance, gas, upkeep, license).
- ✓ Consider client's ability to follow laws.
- ✓ Provide an attestation that you have reviewed and considered the information contained in the client's DMV report, (client will need to get report for you from DMV – ask them to get you the ***Certified Court Print***) including any specific barriers to reinstating their driver's license. The Board routinely denies requests for driving privileges in the absence of this analysis.
- ✓ Examine client's personal history and experience of driving. Find out how long [client] has been driving/when was the last time they drove. Is the client aware of what is on their driving record?

- ✓ Include the impressions/recommendations/concerns regarding driving from [client's] prescriber and/or other members of their treatment team (neurologist, PCP, residential staff).
- ✓ Consider proposing an incremental expansion of driving privileges so the treatment team can assess the client's success/vulnerabilities as the client's privileges expand.
- ✓ Connect requests for driving to a client's specific purpose/goal/need and explain why driving is the best way for the client to achieve that purpose/goal/need. Include the clinical benefits of driving and/or how driving contributes to the client's long-term recovery and future goals.
- ✓ Develop a driving safety plan that details when and for what purposes the client will be driving, as well as how the team will monitor that plan. Include any special conditions, such as limiting passengers, where the client may drive, the time of day the client may drive, or a requirement of a travel log.

Remember, this is a guide to assist you in developing your modification request. Please do not submit this document as your request but rather integrate your responses into the modification request form. In addition, don't limit your analysis to these recommendations. Case monitors are encouraged to critically consider additional information or individualized factors that will further support this modification request.

If you have questions or need assistance with this analysis, please contact your PSRB case monitor, email psrb@psrb.oregon.gov, or call 503-229-5596.