



OBOP NEWS

2025 Fall Edition

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A Word from the Executive Director

Greetings from MHRA,

I hope this newsletter finds you well. Our team has been busy with a surge in both applications and complaints. We have used this challenge to continue to refine our processes, our responsiveness, and our overall service. We appreciate your patience and your partnership.

We are still recruiting for Board public members and would appreciate your assistance in spreading the word. If someone you know is interested in serving on the Board, they can navigate to the link below to review the materials and follow the instructions for completing the online application. The Governor’s boards and commissions reflect racial, gender, and geographic diversity, and Board membership is contingent on passage of a criminal background check. If they have any questions about Board membership, they can contact me at todd.younkin@mhra.oregon.gov.

<https://www.oregon.gov/gov/pages/board-list.aspx>

A note of caution: we were recently notified of efforts by scammers to coerce our licensees into providing possibly damaging personal or financial information. In at least one case, the scammer successfully spoofed our office phone number. Fortunately, these licensees astutely recognized the efforts for what they were and instead reached out to us directly to verify whether the requests were valid.

Additionally, our staff have been contacted by a scammer using a licensee’s name and email address, requesting us to take unauthorized action. We were able to contact the licensee, verify it was not a valid request, and alert them to take action to reestablish control of their email account, if necessary. As a reminder, we will never ask you for financial information via the phone or email, nor do we use SMS/text for official communication. All financial transactions can be accomplished via the secure customer portal. If you receive a suspicious call, please visit our [Beware of Scammers webpage](#).

Please stay vigilant!

Thank you,

Todd Younkin 🌸



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Administrative Rulemaking

On September 22, 2025, the Board filed two Permanent Administrative Orders for the following rule amendments and adoptions (effective September 22, 2025):

Amends psychologist educational requirements to accept programs accredited by the Psychological Clinical Science Accreditation System.

Amend [OAR 858-010-0010](#): Sets forth that possession of a doctoral degree in psychology that is programmatically accredited by the Psychological Clinical Science Accreditation System satisfies the educational requirements for licensure as a psychologist in Oregon.

Implements Servicemembers Civil Relief Act by establishing new servicemember portability licensure requirements.

Adopt [OAR 858-010-0057](#): Establishes a new servicemember portability application process and requirements for licensure as a psychologist. Includes definitions, items required for application, criteria for initial and continued licensure, license duration, and scope.

Please visit our [Administrative Rulemaking Webpage](#) for more information. 🌸

Rule Highlight: Qualified Person Designation

Does your QP designation need updating?

It's important for all licensees to keep the Board apprised of who will intercede for client welfare and make necessary referrals in the case of your death or incapacity. Reasons for needing an update include 1) your QP is no longer able or willing to serve in this role (have you checked in with them recently?); 2) your workplace owns client records and you have changed your employment; 3) you previously indicated that you had no Oregon client records, but subsequently began seeing Oregon clients and therefore now have records; 4) your QP is no longer eligible because they are not an active or semi-active Oregon licensed psychologist; or 5) you retired and have safely destroyed all client records because they are all past the seven-year retention period.

The system sends monthly reminders, but cannot catch every instance of QPs that need updating. To update your QP, log into the [Licensee Portal](#) and click "Qualified Person" from the left-side menu. Please visit our [QP Webpage](#) or [contact us](#) if you have questions. 📞

Oregon Health Authority Training Info & Opportunities

Suicide Prevention, Intervention & Postvention Trainings in Oregon

Oregon healthcare professionals have access to a comprehensive range of suicide prevention, intervention and postvention trainings that qualify for a variety of continuing education credits. These evidence-based trainings are designed to enhance clinical competence in identifying, assessing, and supporting individuals at risk of suicide.

Oregon Health Authority (OHA) recently released its 2025 "[Suicide Prevention Training for Behavioral Health Providers: Data Report to the Legislature](#)," which demonstrates the growing impact of these training initiatives. The report outlines training participation rates across different healthcare professions and provides data on the effectiveness of Oregon's 2022 law requiring suicide prevention training for behavioral health workers.

Featured Training (CCCE Course)

[Addressing Firearm Safety with Patients at Risk of Suicide](#)

This training is particularly valuable for providers working in rural communities where firearm

access is common. Developed based on [research](#) with rural Oregonians who own firearms with support from OHA, this one-hour, self-paced online course provides practical, evidence-based tools for discussing firearm safety with patients in a culturally sensitive and trauma-informed manner. St. Charles Health Systems designates this live virtual activity for 1.0 AMA PRA Category 1 Credit™ and the training is an OHA-Approved [Cultural Competence CE](#) requirement. Over 96% of participants felt the information provided was relevant to their practice or professional development and over 88% of participants would recommend the course to colleagues.

Additional OHA-Supported Trainings

The Oregon Health Authority supports the [Big River Youth Suicide Prevention](#) suite of trainings that provide a comprehensive approach to the continuum of care.

Note: the information in this article was furnished by OHA and is provided for informational purposes. ❁



<https://unsplash.com/photos/orange-pumpkins-under-white-sky-at-daytime-gS32T4TxSJY>

OHA Proposing Fee Increase for Health Care Workforce Survey at Renewal

Licensees currently pay a \$4 survey fee as part of biennial renewal that the Board passes on to the Oregon Health Authority (OHA) in accordance with [ORS 676.410](#). OHA is currently proposing to increase this fee to \$8 (\$4 per license year), beginning in January 2026. The [Notice of Proposed Rulemaking](#) was filed on September 29, 2025 and public comments may be

submitted to andy.davis@oha.oregon.gov until 5:00 p.m. on October 21, 2025. OHA is also holding a remote public hearing on October 15, 2025 from 2:05 to 2:55 p.m. You may visit the OHA [Health Care Workforce Reporting Webpage](#) for more information about the program, which includes data and reports about Oregon's healthcare workforce.

Enforcement Actions

During the period of time from July 16, 2025, to October 1, 2025, the Board took the following actions:

Christina Cruz, Psy.D. (Respondent) is not licensed by the Board to practice psychology in the State of Oregon. On at least March 28, 2025, Respondent advertised coaching services on "LifeCoachHub.com" describing herself with the title "Doctor in Clinical Psychology" and offering services in Bend, Oregon. Respondent's

Enforcement Actions, Cont.

conduct violates ORS 675.020(1)(b). Respondent was ordered to pay a \$500 civil penalty.

Naomi Steinberg, Ph.D. (Licensee) is licensed by the Board to practice psychology in the State of Oregon. Licensee's practice as a psychologist focuses on patients with trauma and diagnoses of Post-Traumatic Stress Disorder, a segment of the public who are at elevated risk for suicidal ideation, self-harm and completed suicide. Licensee's practice of psychology is informed by unproven assumptions about the professional discipline and standards of care, including the existence of mind-control and the ability of an outside person to "program" the mind of another. Licensee involves an unlicensed individual in her therapy sessions with clients, having him participate in an authoritative role in the client's treatment. The individual reinforces Licensee's unfounded assumptions and claims to be able to "deprogram" clients from the effects of trauma or mind-control by the use of key words or numbers, spoken aloud. This approach is not a validated treatment modality within the discipline of psychology and is completely unfounded. Licensee has involved this individual in approximately 40 of her professional treatment sessions with patients. At the site of a recent suicide attempt by one of her patients, Licensee attempted to engage the unlicensed individual in a telephone conversation with her patient, informing law enforcement personnel at the scene that the individual could remove the patient's suicidal intent by speaking a series of numbers at the patient over the phone. This intervention is not consistent with the standard of care applicable to patients suffering from acute suicidality. On September 12, 2025, the Board issued an Order of Emergency Suspension, suspending Licensee's license. The Board found that Licensee's continued practice constitutes a serious danger to the public health or safety, ORS 183.430(2).

Contact Us

OBOP News is the official newsletter of the Oregon Board of Psychology and is edited by Board staff. Please contact us with any comments or suggestions.

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If you'd like to submit an 'In Memoriam' tribute for a member of the psychologist community please [email us](#).

'Though you are no longer with us, you will never be forgotten.'

2025 BOP Calendar

October 2025

10/17: Education & DEI Committee Meeting

November 2025

11/11: Office Closed for Veteran's Day

11/14: **Board Meeting**

11/15: Strategic Planning Meeting

11/21: Education & DEI Committee Meeting

11/27-11/28: Office Closed for Thanksgiving

December 2025

12/18: Consumer Protection Committee Meeting

12/19: Education & DEI Committee Meeting

12/25: Office Closed for Holiday

Visit our website: [BOP Calendar](#)

Note: Committee meetings are tentatively scheduled and subject to change



Photo by [Tonia Kraakman](#) on [Unsplash](#)