



## **Post-Doctoral Supervised Work Experience Policy**

*Adopted by the Board on January 20, 2017; Revised January 14, 2022.*

### **POLICY**

It is the policy of the Oregon Board of Psychology that supervised post-doctoral residency experience is a foundational developmental step and an essential component of training residents in the practice of psychology. Pursuant to its consumer protection charge, the Board sets high standards for training to ensure the competent and ethical provision of psychological services to Oregonians. Both elements of the residency year- the duration (minimum 12 months) and the hours (minimum 1,500) of psychological services performed - are key to the success of a post-doctorate supervised work experience.

### **PURPOSE**

This policy is provided to clarify the requirements for post-doctoral supervised work experience or “residency” as defined in Oregon Administrative Rule (OAR) 858-010-0036.

### **Determination of Qualifying Post-Doctoral Supervised Work Experience**

1. The postdoctoral supervised experience consists of a minimum of 1,500 hours of work experience under the supervision of a qualified Oregon psychologist licensed for a minimum of two (2) years, completed in not less than twelve (12) months.
2. The Board, at its discretion, may require additional weeks or hours of supervised experience based on demonstration of competency during the residency period.
3. Unless specifically allowed by Oregon statute, all post-doctoral supervised work experience completed in Oregon must be under a Board-approved Resident Supervision Contract in order to qualify towards the experience requirements for licensure.
4. All psychological service hours and supervision hours rendered under the Resident Supervision Contract must be recorded contemporaneously as the work is performed and attested to on a Resident Hours Log approved form by the resident and supervisor(s). All hours must be recorded in the week in which they actually occurred.
5. One year of supervised work experience, defined as twelve (12) months, must include a minimum total of fifty (50) weeks during which psychological services were performed in conformance with OAR 858-010-0036. The fifty weeks need not be consecutive.
6. “Week” means the period from Monday to Sunday.
7. If a resident's work in a particular week does not comply with the OAR requirements, the week may not be counted towards either the hours or the duration (weeks) of the supervised work experience requirement.
8. If a resident works up to 20 hours in a week, the resident must receive at least one full hour of individual one-on-one supervision during that week; if a resident works over 20

hours, the resident must receive at least two full hours of supervision as described in the OARs. There is no supervision required during weeks where no psychological services are performed.

9. Supervision (individual or group) must be conducted either in-person in a professional setting, or through live, synchronous confidential electronic communications.
10. Individual one-on-one supervision hours may be delayed in full hour increments up to 14 days to accommodate vacations, illness, travel or inclement weather on a non-routine basis. Group supervision may not be delayed. Recorded weeks demonstrating a routine or pattern of delayed individual supervision may not qualify towards the post-doc work experience requirement as deemed by the Board. The supervisor and resident must provide documentation demonstrating a legitimate need for delayed supervision upon request.
11. The resident status is a transitional step towards licensure and is not intended as a means to avoid licensure.
  - a. A resident supervision contract may be extended beyond two years for good cause with the supervisor's recommendation if the resident has not already completed the one year of post-doctoral supervised work experience (hours and weeks).
  - b. In extraordinary circumstances, the Board may consider granting a brief good cause extension (up to six months) to a resident that has completed the work experience and has demonstrated sufficient progress towards meeting the examination requirements for licensure.
  - c. A licensure applicant who has already met the supervised work experience requirement is not eligible to enter into a new resident supervision contract.