

ODE Farm to School Newsletter



June 1-30, 2021

FARM TO SCHOOL: INSIDE THE ISSUE

Farm to School Newsletter: Now in Spanish!

The Farm to School newsletter is now available in Spanish! We plan to translate the next few issues to see if this proves to be a useful tool for the Spanish-speaking community involved with Farm to School.



Oregon Harvest for Schools

The newest videos are here! In this issue we feature Cane Berries in **English** and **Spanish** and **Cherries** in **English** and **Spanish**!

Grant Updates

This is the last month to spend your funds! The current biennium ends June 30, 2021 and all Farm to School Grant funds must be spent by this date. If you have any questions about claims please email us at

FarmtoCNP@ode.state.or.us.

FFVP Update

If a school participating in the 2020-2021 FFVP will use up the awarded FFVP funds before the end of the program year, additional funds may be requested by emailing

FarmtoCNP@ode.state.or.us.



Coming Next Fall...

A new, updated school garden survey will be going out to all School Garden Coordinators this fall. Stay tuned.

Farm to School Spotlight

This month we feature **Oregon State University's Explore Oregon Bees.** Explore Oregon Bees is a beethemed nutrition and garden environmental education activity packet developed at OSU by the Oregon Bee Project and Food Hero.



Our newest videos are here featuring Cane Berries and Cherries!

The month of June brings new additions to the Oregon Harvest for Schools (OH4S) video series; Cane Berries in English and Spanish and Cherries in English and Spanish!





An English language version of the **Cane Berries Video**.

A Spanish language version of the <u>Cane Berries Video</u>.





An English language version of the **Cherries Video**.

A Spanish language version of the **Cherries Video**.

The Oregon Department of Education's Child Nutrition Program and OSU Extension's Food Hero campaign have teamed up to launch this series which will include a total of 50 videos when complete. The series aims to educate students on healthy, Oregon food. For a comprehensive list of the videos we have available to date visit the **Oregon Harvest for Schools website** and click on the Videos tab under "Other Items."

To find local vendors selling cane berries, cherries or any of our other fruits and vegetables, please visit the <u>Oregon Harvest for Schools</u>

Portal website.

Please visit the <u>USDA Food Buyers Guide website</u> for more information on USDA crediting for cane berries and cherries in Child Nutrition Program meals.

Oregon Harvest for Schools



Spanish language versions of many of our featured fruit and vegetable videos are now available on the Oregon Harvest for Schools webpage. Videos for the following fruits, vegetables and other items are now available in both English and Spanish:

Asparagus | Beets |
Blueberries | Broccoli |
Brussels Sprouts | Cabbage |
Carrots | Cauliflower | Celery
| Corn | Eggs | Kale | Leeks |
Milk | Mushrooms | Onions |
Peaches | Pears | Peas |
Potatoes | Radishes |
Rhubarb | Salad Greens |
Spinach | Strawberries |
Summer Squash | Tomatoes |
Turnips | Watermelon |
Winter Squash



<u>Updates on the USDA Fresh Fruit and</u> <u>Vegetable (FFVP) Program</u>

Please continue to submit claims by the following dates.

- April claims must be submitted no later than Tuesday, June 29, 2021.
- May claims must be submitted no later than Friday, July 30, 2021.

You can view the full calendar of claims deadlines on the **FFVP website**.

REMINDER: Please submit claims to **FarmtoCNP@ode.state.or.us**.

Do you need more FFVP money for program year 2020-2021?

If your school has spent down the FFVP funds awarded for this program year and could use more, please send us an email at **FarmtoCNP@ode.state.or.us** with your request for additional funds. Requests will be considered as we receive them.

General questions about the FFVP program can also be sent to **FarmtoCNP@ode.state.or.us**.

FFVP Media Spotlight: Pine Eagle Elementary

Pine Eagle Elementary' s FFVP program was featured in the Hells Canyon Journal on April 28, 2021 in an article titled <u>Fresh Fruit and Vegetable Program Provides Healthy</u>
<u>Afternoon Snacks for Pine Eagle Elementary Students</u>.

Read about all of the creative offerings they have included in their service including snap peas, kiwis, pineapple, dragon fruit, kumquats, mini bananas, baby peppers, blackberries and raspberries among others.



FFVP Service Spotlight: Parkrose SD

We've received several questions about the types of items that can be included in FFVP service.

This month we are highlighting the FFVP purchases made by Parkrose SD at three of its FFVP schools for the month of April.



These included:

- Blood Oranges
- Blackberries
- Baby Bunch Turnips
- Black Mission Figs
- Dragon Fruit
- Honeydew Melon
- Green Garlic
- Baby Banana
- Strawberries
- Sugar Snap Peas
- Shiitake Mushrooms

This is an excellent example of a varied FFVP service that meets the program goal of introducing kids to fruits and vegetables they do not see on their meal tray every day as well as to new varieties of some of the more familiar fruits and vegetables.

Farm to School Spotlight: OSU's Explore Oregon Bees



Explore Oregon Bees is a bee-themed nutrition and garden environmental education activity packet developed at Oregon State University by the **Oregon Bee Project** and Food Hero. The content is best aligned for 4th graders.

Objectives include 1) increasing children's willingness to taste vegetables and fruits, 2) broadening their knowledge of the role bees play in pollination to make healthy foods and 3) empowering kids to know ways to help bees make healthy foods.

In 2020, with many children learning from home, the Bee Project and Food Hero came together to make sure this project is useful for elementary school teachers in distance or hybrid learning settings and for parents and other caregivers teaching elementary school-age children at home. We especially aimed to connect it to existing projects:

- Food Hero recipes
- Grow This: Oregon Garden Challenge
- **Growing Healthy Kids**

The <u>Explore Oregon Bees Virtual Toolkit</u> brings the project alive digitally, providing an engaging interactive tour of each worksheet. We believe involving students in exploring gardens and taste testing is is an important addition to the virtual tools in meeting the project objectives.



Farm to School Grant Updates:

The 2019-2021 biennium ends June 30, 2021.

This means that all grant funds must be spent by June 30th!

This includes funds for the following Farm to School Grants:

- Non-Competitive Procurement Grants
- Competitive Procurement Grants
- Education Grants
- Technical Assistance Grants
- Evaluation Grant

While all funds must be spent by June 30, 2021, the last day to enter claims into EGMS is July 23, 2021.

Please email us at FarmtoCNP@ode.state.or.us if you have any questions as the biennium closes.



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- mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;
- 2. fax: (202) 690-7442; or
- 3. email: program.intake@usda.gov.

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