



Tribal Chairman Delores Pigsley (fourth from left) and Vice Chair Bud Lane (third from left) help cut the ribbon at the grand opening of the Mamook Tokatee apartment building in Portland, Ore., on May 5. The 56 units of affordable housing are a collaboration between the Siletz Tribe, the Native American Youth and Family Center (NAYA) and Community Development Partners. Other participants included (from right) Sami Jo Difuntorum, executive director, Siletz Tribal Housing Department; Portland City Commissioner Dan Ryan; Metro President Lynn Peterson; State Rep. Tawna Sanchez; and Paul Lumley (second from left), CEO, NAYA.



Photos by Diane Rodriguez

Interior releases investigative report, outlines next steps in Federal Indian Boarding School Initiative

WASHINGTON – Secretary of the Interior Deb Haaland and Assistant Secretary for Indian Affairs Bryan Newland today released Volume 1 of the investigative report called for as part of the Federal Indian Boarding School Initiative, a comprehensive effort to address the troubled legacy of federal Indian boarding school policies. This lays the groundwork for the continued work of the Interior Department to address the intergenerational trauma created by historical federal Indian boarding school policies.

This investigative report, released May 11, is a significant step by the federal government to comprehensively address the facts and consequences of its federal Indian boarding school policies – implemented for more than a century and a half – resulting in the twin goals of cultural assimilation and territorial dispossession of Indigenous peoples through the forced removal and relocation of their children. It reflects an extensive and first-ever inventory of federally operated schools, including profiles and maps.

The investigation found that from 1819 to 1969, the federal Indian boarding school system consisted of 408 federal schools across 37 states or then territories, including 21 schools in Alaska and seven schools in Hawaii. The investigation identified marked or unmarked burial sites at approximately 53 different schools across the school system. As the investigation continues, the department expects the number of identified burial sites to increase.

“The consequences of federal Indian boarding school policies – including the intergenerational trauma caused by the family separation and cultural eradication inflicted upon generations of children as young as 4 years old – are heartbreaking and undeniable,” said Haaland. “We continue to see the evidence of this attempt to forcibly assimilate Indigenous people in the disparities that communities face. It is my priority to not only give voice to the survivors and descendants of federal Indian boarding school policies, but also to address the lasting legacies of these policies so Indigenous peoples can continue to grow and heal.”

“This report presents the opportunity for us to reorient federal policies to support the revitalization of Tribal languages and cultural practices to counteract nearly two centuries of federal policies aimed at their destruction,” said Newland. “Together, we can help begin a healing process for Indian Country, the Native Hawaiian community and across the United States, from the Alaskan tundra to the Florida everglades, and everywhere in between.”

CLASS OF '22 GRADUATES & FAMILIES

Send your graduate info to
PIAS@ctsi.nsn.us to be included in
the July issue of Siletz News!

Please Include:

- ◆ Student's name
- ◆ School graduating from
 - ◆ Degree(s) earned if a college grad
- ◆ Date of graduation
- ◆ Plans after graduation
- ◆ Photo of student

Area office accomplishments/successes in 2021 and 2022

Eugene Area Office

Our office is fully staffed with a variety of programs to serve our Tribal community. Programs include 477-SSP, Community Health, Behavioral Health, Education, Vocational Rehabilitation and Culture/Language. Our office works with Tribal community members living in Lane, Linn and Benton counties.

The Eugene office is always working on making good community connections to better support our Tribal community. One very strong connection we have made is with Food for Lane County. We are currently involved in their Produce Plus Program, which has been a huge support to our members. Each week, staff travel to FFLC to pick up produce/bread, bring it back to the office and make it available for those in need.

Month/Year	Number of individuals served	Number of households served
January 2021	148	49
February 2021	281	98
March 2021	289	92
April 2021	207	65
May 2021	207	61
June 2021	281	84
July 2021	206	54
August 2021	300	91
September 2021	171	56
October 2021	254	87
November 2021	163	54
December 2021	100	32
January 2022	176	63
February 2022	203	65
March 2022	287	86
April 2022	203	63

Impact stories from a few Tribal members who pick up food from the office

“It’s been a huge help. I hardly have to buy any fresh fruits and veggies. Since my mom passed, I buy groceries for a household of seven. This saves me a lot of money. Now I eat plain yogurt, never thought that would happen. Very little goes to waste. I make sure to use everything because I would feel bad if it did go to waste and someone else could have used it. Also it pushes me to cook more and not eat out as much. I am always making new things; last night I made roasted garlic for the week. I’m excited to use it. I have found different ways to use the meatballs; they are good in the air fryer. I have put them in spaghetti and on pizza. I actually found a recipe to make the pizza crust with the plain yogurt from the family food box. I then used the cheese from the box and the meatballs. I have all these new habits. I cut apples/oranges and put them in baggies each week for ready-to-grab snacks. I cut the brick of cheese into chunks as snacks as well. I have also started making cabbage steaks.”

“I am grateful for the Trillium Produce Plus Program. These foods impact me positively weekly. I get excited to visit the distribution spot where I am exposed to my community. The foods I receive nourish my mother as well as myself. I learn to incorporate items that I wouldn’t normally choose with the help of the amazing staff at the Eugene Area Office offering ideas and recipes. I am more likely to use up foods given to me quickly and readily. The ability to attain foods without having to traverse grocery stores during a pandemic has also been a great benefit. Thank you for the awesome work in making this program available to me!”

Another community partner we have been working with is the NAACP. They have a really nice pantry that we are invited to “shop” in for needed items for our community members. These items are non-perishable food items as well as hygiene products. This has been a great addition to Food for Lane County because these items have a longer shelf life and the hygiene products are necessities.

Month/Year	Number of households who picked up
August 2021	8
September 2021	0
October 2021	19
November 2021	6
December 2021	3
January 2022	5
February 2022	14
March 2022	15
April 2022	13

In 2021, we held two successful socially distant events for our community.

The first was a barbecue on the go, along with a mask decorating contest. Staff worked together to prepare a full dinner with hamburgers, hot dogs, potato salad and dessert. Community members arrived and in the safety of their cars, picked up dinner and mask decorating supplies. We served 91 dinner plates and received many entries for the mask decorating.

The second activity was a soup-in-a-jar and culture craft event. Staff made chicken noodle soup-in-a-jar kits. The jars contained all the ingredients to make a family-size pot of soup. Each household member also chose a cultural craft activity to take home and complete.

This was a well-received event as 35 households picked up soup and crafts. Many have called the office since to request the soup recipe.

Our goal for 2022 is to offer four events/activities for our community members. So far this year we have completed one event and we have one in the planning stage.

In March we held a drive-through Indian taco event. Staff worked together to make more than 160 pieces of fry bread and all the toppings for a delicious dinner. We also made up key chain kits as a take-home project. We served 95 taco plates.



Salem Area Office

The Salem Area Office is home to many Tribal programs, including Alcohol/Drug, Mental Health, Home Visiting, Education, Community Health and 477-SSP, plus community, holiday and culture events for Salem Area Office Tribal members.

Many departments exist within these programs, including:

- Education: JOM program for children age 3-18, Adult Education, Adult Vocational Training and Higher Education
- 477-SSP: Tribal Aid to Needy Families, General Assistance to single adults, Work Experience, Youth Work Experience, Emergency Assistance, client training and growth conferences
- Community Health: Nutrition, Health, Diabetes advocates and prevention, Elder assistance, health and immunization screenings at Head Start, car seat program, cooking and food preservation classes, and wellness clinics
- Vocational Rehabilitation: Provides support to overcome barriers to employment, job coaching, résumé writing, interview practices, employment success
- Peer Mentoring: Provides support and assists Tribal members in re-entry services.
- Alcohol and Drug: counseling, prevention awareness/support, and talking circles.
- Mental health: Youth counseling, marriage counseling, and crisis intervention and prevention
- Home Visiting: Parenting programs and trainings, mentorship while families participate in the program
- USDA: Food and nutrition program that provides food to families
- Indirect staff: Assist all program staff as well as provide assistance to Tribal members with programs not staffed in the Salem area, such as housing programs, energy assistance, program applications and updates, Tribal IDs, per capita, minor trust, enrollment applications, elders and health clinic-related inquires, updates and forms

In a community office, staff also has additional duties that for most of us include some of the following:

- Assisting with community events, meetings and distributions such as fish, health fairs and clinics, Tribal meetings and Covid-related programs
- During the recent heat waves, distributing foot baths, neck cooling scarfs and water, and telephoning at-risk Tribal members to do safety checks
- Tribal Council provides funding so area offices can hold community, holiday and culture events based on the area’s individual interests and requests. When funds allow and we can locate instructors through staff or volunteers, we are also able to have teacher-led experiences for our service area.

See Salem on next page

Salem, continued from previous page

Here is a list of classes/activities we have held to meet those needs during 2021 and 2022:

- Moccasin making instruction
- Medicine bags
- Flat peyote-beaded pens
- Freezer jam
- Drum making
- Shawl making
- Shell necklaces
- Bear grass weaving
- Holiday events included beaded Christmas ornaments, Native-style stars, and bone and bead snowflakes

This year we have completed peyote and flat stitch projects. We are planning for the rest of the year and hope to include a jam making class, basic crochet, dream catchers, ornament drum painting, leather/beaded gift pouches and a basic sewing skills group to acquaint people with using a sewing machine.

Covid has not been a pleasant time, but Salem office staff truly are champions when it comes to being responders and forward thinkers. Staff teamed up with the Elders Program to divide the entire service area into equal sections and each staff person “masked up” and went out to deliver elder packages to every elder residence in our service area.

Staff donated material and along with stretchy cord donated by Chinook Winds made more than 200 masks and mailed them out to those in need. Since elder volunteers had canvassed the Salem area and provided many of them with masks, the SAO teamed up with the Eugene area supervisor and mailed masks to elders and at-risk Tribal members in the Eugene area.

Salem became a drop-off and pick-up station for other areas. Staff received packages, sanitized them and kept track of contamination times before forwarding to be opened and used safely.

During the canyon fires, the Salem staff was involved in assisting Tribal members who either lost their homes or were displaced. We gathered bear grass and cattail and dried, sorted and packaged it for weaving kits to send to interested Tribal members.

Youth Antlerless Elk Hunt Applications Due July 1, 2022 3 Tags

Hunt runs from Aug. 15 to Dec. 31

Applications available at kiosk at the back door of the Tribal admin building in Siletz and on the Tribal website under Natural Resources beginning June 1

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

Portland Area Office

office. All improvements have been made with the safety of everyone in mind.

The Tribe has installed a perimeter fence around the Portland Area Office. Taking into account rising crime rates throughout the Portland Tribal service area, we’ve taken these measures to ensure your safety when visiting in the future.

We also resumed our three-part community craft series, taking place in May through July. Each month we send out at-home beaded necklace kits by mail with some pretty awesome color schemes for folks to work with. We anticipate more participation in the series as time goes on.

As always, programs are still available in the office, such as Education, Self-Sufficiency, Alcohol/Drug and Behavioral Health counseling, and Community Health services. Our programs and their components are the same as those at the Eugene and Salem area offices, complete with exceptional staff available to provide those services to you.

Looking back on 2021

In August, we hosted our first drive-

through salmon distribution. All Tribal members who showed up that day were served salmon and cooling kits.

From October through December, we had a lot of participation in our adult culture craft series by mail. The series included a dream catcher kit, pine needle basket kit and beaded necklace kit.

In December, we hosted our first remote holiday event called Santa’s Reindeer Games, which included prizes, small gifts, activities and games with grand prizes for any Siletz household that signed up in advance. The event was well-received by those who participated. We are pleased so many folks enjoyed it!

We at the Portland Area Office are here to serve. We will continue to serve and to provide activities and programs. We will have more changes and updates for you in the very near future!

In closing, we hope that 2022 brings you health and safety, and look forward to when we can all gather in person again.

Until then!
Warm regards,
Portland Area Office Team

2022-2023 Hunting and Fishing Tags Distribution Schedule

Tribal offices are closed to the public due to COVID-19 restrictions. Tribal members who want a tag should call to have tags mailed to them beginning the first date of tag issuance – 541-444-8227 or 541-444-8232.

Type of Tag		Number Available	Season Dates	Date to Start Tag Issuance	Method of Issuance
Deer	Early Archery***	50	8/27-9/25	8/1 at 8 a.m. at Natural Resources office	First-come, first-served*
	General Rifle	375	10/1-11/4**	8/15	First-come, first-served*
	Antlerless – Adult	12	10/1-11/4	Lottery applications available 8/1; due 8/26 ; drawing 9/6; tags issued 9/7	Lottery – open to elders only
	Antlerless – Youth	8	10/1-11/6	Lottery applications available 8/1; due 8/26 ; drawing 9/6; tags issued 9/7	Lottery – open to youth ages 12-17 only
	Late Archery	50 (minus # of early season tags filled)	11/19-12/11	<i>First Distribution:</i> 10/17 at 8 a.m. at NR office <i>Second Distribution:</i> 10/31 at 8 a.m. at NR office (see Note 2 below)	First-come, first-served*
Elk	Antlerless – Youth	3	8/15-12/31	Lottery applications available 6/1; due 7/1 ; drawing 7/5; tags issued 7/6	Lottery – open to youth ages 12-17 only
	Early Archery	25	8/27-9/25	8/1 at 8 a.m. at Natural Resources office	First-come, first-served*
	1 st Season Rifle	25	11/12-11/15	Lottery applications available 8/29; due 9/23 ; drawing 10/3; tags issued 10/4	Lottery
	2 nd Season Rifle	25	11/19-11/25		
	Antlerless	15	1/1/23-3/31/23	Lottery applications available 8/29; due 9/23 ; drawing 10/3; tags issued 12/1	Lottery
	Late Archery Antlerless	56	11/26-12/11	<i>First Distribution:</i> 10/17 at 8 a.m. at NR office <i>Second Distribution:</i> 10/31 at 8 a.m. at NR office (see Note 2 below)	First-come, first-served*
Salmon	Salmon	200	11/1-12/30 (estimate)	8/15	First-come, first-served

* No early calls to “save” a tag for someone. Must call to have a tag mailed no earlier than the first day of distribution.
 ** Season for youth ages 12-17 is 10/1-11/6 (two additional days at end of general season)
 *** **Unfilled Deer Early Bow tags must be returned to Natural Resources by 10/7.**

NOTE 1: A Tribal member can obtain only **one** elk tag in their name during the 2022-2023 hunting season (bow, bull and cow tags all count toward the one tag), except as noted below.
 NOTE 2: *First Distribution:* For hunters who have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).
Second Distribution: For any eligible hunter, regardless of what other tags they have received.

Siletz Health Clinic has COVID vaccines, boosters available for the community

The Siletz Community Health Clinic continues to offer COVID-19 vaccinations every Friday. Times of the vaccination days may change based on need or new information received from the Oregon Health Authority (OHA) and/or Centers for Disease Control and Prevention (CDC).

Our vaccine clinics are open to anyone who would like a vaccine and is within categories recommended to get a COVID-19 vaccine. You do not have to be a Siletz Tribal member or live in our community, and you do not need an appointment – just arrive between the opening and closing hours.

We offer Pfizer for 5-11 year olds; Pfizer for 12 years and older; and Moderna for 18 years and older.

You can receive a first, second and third dose of COVID-19 vaccine, and first and second booster doses. Please note that the third dose is for those individuals who are moderately or severely immunocompromised.

The second booster dose is for those individuals who are immunocompromised and/or age 50 years or older or fall into the categories in the Thinking About Getting a Second Covid-19 Vaccine Booster Dose flyer (see below) and have received your first booster at least four months prior.

We encourage BIPOC communities to consider getting vaccinated as we are the communities who may be at greater risk from the COVID-19 virus because sometimes we lack the ability to get proper

health care when we are sick. The Siletz Clinic offers a safe, non-judgmental place to receive a vaccination. As always, vaccination is free of charge.

If you know someone who is looking to get vaccinated and they are unsure of where to turn, please recommend our facility. We have notices on our social media pages or they can call the Covid Line for information on vaccine days and times at 541-444-9636. We also have information on that line for getting a new vaccine card. The message has a lot of information on it, so please be patient if you need specific details. The Covid Line is checked Monday through Friday.

Please consider getting a vaccination if you have any of the conditions listed below. The CDC reports that based on current evidence, persons with any of these conditions are more likely to get very sick from COVID-19.

If you have one or more of the conditions, you may be more likely to be hospitalized, need intensive care, require a ventilator to help you breathe or even die. The list below is not in order of risk.

- Cancer
- Chronic kidney disease
- Chronic liver disease
- Chronic lung diseases
 - Asthma, if it's moderate to severe
 - Bronchiectasis (thickening of the lungs' airways)

- Bronchopulmonary dysplasia (chronic lung disease affecting newborns)
- Chronic obstructive pulmonary disease (COPD), including emphysema and chronic bronchitis
- Damaged or scarred lung tissue, such as interstitial lung disease (including idiopathic pulmonary fibrosis)
- Pulmonary hypertension (high blood pressure in the lungs)
- Cystic fibrosis, with or without lung or other solid organ transplant
- Dementia or other neurological conditions
- Diabetes (type 1 or type 2)
- Disabilities
 - Any type of disability that makes it more difficult to do certain activities or interact with the world around them, including people who need help with self-care or daily activities
 - Attention-deficit/hyperactivity disorder (ADHD)
 - Cerebral palsy
 - Birth defects
 - Intellectual and developmental disabilities
 - Learning disabilities
 - Spinal cord injuries
 - Down syndrome
- Heart conditions (heart failure, coronary artery disease, cardiomyopathies and possibly high blood pressure [hypertension])
- HIV infection
- Immunocompromised condition or weakened immune system
- Mental health conditions (mood disorders, including depression, and schizophrenia spectrum disorders)
- Overweight and obesity
- Physical inactivity (little or no physical activity)
- Pregnancy
- Sickle cell disease or thalassemia
- Smoking, current or former
- Solid organ or blood stem cell transplant
- Stroke or cerebrovascular disease, which affects blood flow to the brain
- Substance use disorders
- Tuberculosis

Visit <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html> for more in-depth information.

Getting vaccinated is a very personal choice; we want everyone to be safe and healthy. Even if you choose not to get vaccinated, you can keep yourself and your family safe by wearing a mask in areas of large groups/gatherings. Maintain distance between yourself and people you do not know, stay home if you are sick and remember to sanitize your hands frequently.

Be safe. Get vaccinated. Get boosted. Stay well.



Thinking About Getting a Second COVID-19 Vaccine Booster Dose

In March 2022, CDC updated its COVID-19 vaccination guidance to say that certain groups of people *may* get second boosters. If you're in one of those groups, it's up to you whether or not to get a second booster right now, based on the benefits and risks the vaccine may provide to you. Your healthcare provider can help you review your options. Here are factors to think about as you consider a second booster.

1. Are you eligible?	Right now, you're eligible for a 2nd COVID-19 booster if you're: <ul style="list-style-type: none"> • 50 years of age and older <i>and</i> received an initial booster at least 4 months ago. • 12 years of age and older <i>and</i> moderately or severely immunocompromised <i>and</i> received an initial booster at least 4 months ago • Received 2 doses of Janssen vaccine at least 4 months ago
2. Are you (or is someone you live with) more likely to get very sick?	Certain factors can make it more likely someone will get very sick from COVID-19. If you are eligible for a second booster (see above), it may be helpful to get a second booster now if you are (or if someone you live with is): <ul style="list-style-type: none"> • Moderately or severely immunocompromised • More likely to get very sick from COVID-19 • More likely to be exposed to COVID-19 through your job, where you live, or other factors (such as frequent travel or large gatherings) • In an area with medium to high COVID-19 community levels • Or if someone you live with is unvaccinated.
3. Can you wait?	Even if you are eligible for a second booster, you may consider waiting to get a second booster if you: <ul style="list-style-type: none"> • Had COVID-19 within the past 3 months • Feel that getting a second booster now would make you not want to get another booster in the future (a second booster may be more important in fall of 2022, or if a new vaccine for a future COVID-19 variant becomes available).
If you get a second booster:	<ul style="list-style-type: none"> • Make sure it's been at least 4 months since your last COVID-19 booster. • Remember that second boosters can only be Moderna or Pfizer-BioNTech (and for 12-17 year-olds, only Pfizer-BioNTech). • You can self-attest that you have a moderately or severely weakened immune system. This means you do not need any documentation that you have a weakened immune system to receive COVID-19 vaccines (including boosters) wherever they're offered.

CDC References and Resources:
 COVID-19 by County www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html
 Interim Clinical Considerations for Use of COVID-19 Vaccines Currently Approved or Authorized in the United States: www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html
 Interim COVID-19 Immunization Schedule for Ages 5 Years and Older: www.cdc.gov/vaccines/covid-19/downloads/COVID-19-immunization-schedule-ages-5yrs-older.pdf
 People with Certain Medical Conditions www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html
 U.S. COVID-19 Vaccine Product Information: www.cdc.gov/vaccines/covid-19/info-by-product/index.html



CS331034-A 04/28/2022

TILlicum FITNESS CENTER PRESENTS

FITNESS ON DEMAND

Want Access to Exercises you use at our gym??

We can invite you to use our app from your mobile devices or computer-hundred of videos to keep you in shape and on routine!!

Email:

tillicumfitnesscenter@ctsi.nsn.us