

Watering Your Trees



Arborvitae (western redcedar or eastern whitecedar cultivars) prefer cool, shaded environments and is not drought tolerant. It does not like crowding but it is often planted in rows in dry, sun-exposed lawns and slowly dies unless irrigated. Drought weakens tree defenses, allowing beetles to move into these trees and finish them off.

Climate change has resulted in long droughts and heatwaves across the state. So our landscape trees could use a little help from irrigation. You can aid them by planting the right tree in the right site and removing grass and other plants nearby that compete for moisture (leave some understory plants to prevent soil drying from sun and wind). Watering a drought-stressed tree will not bring back yellowing leaves but does prevent the loss of other leaves and death of roots and water transport tissues. Common symptoms of drought in trees are:

Thinning canopies (premature leaf drop)

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- Uneven crowns (asymmetrical)
- Scorched leaves
- Topkill (top of tree dies)
- Reduced growth (trunk diameter, needle length)
- Overabundant cones or seeds often paired with thin crowns to distinguish from a good seed year

How do trees respond to drought?

Water is collected by roots and moved throughout the tree along a network of tubes (vascular tissues) then released through holes in leaves (stomata) into the air. Hot, dry or windy conditions can increase water loss from leaves. Drought stress kills roots and collapses vascular tissues. It can take many years for trees to rebuild these tissues. During that time they have fewer of these tissues to actively collect and move water throughout the tree.

Trees combat drought by closing stomata to reduce water loss. However, this stops intake of carbon dioxide and thus photosynthesis, which starves the tree and is therefore only a shortterm solution. Another strategy is to prematurely drop leaves to Drought tolerance
Western hemlock
True fir (including grand fir)
Western redcedar
Birch
Douglas-fir
Madrone
Incense cedar
Willamette Valley ponderosa of

Willamette Valley ponderosa pine Eastern Oregon ponderosa pine Oregon white oak

reduce the amount of tissues that both need and release moisture. This also reduces photosynthesis. Suppressing photosynthesis both reduces growth and resources allocated to defenses, which makes trees less resilient to other stressors, such as insects, diseases, mechanical damage, etc. For example, pitch is a primary mechanical and chemical barrier against tree-killing bark beetles. However, drought-stressed trees do not have enough moisture for both growth and defense. Because growth always takes priority, defenses are limited. Further, drought-stressed trees release chemicals that indicate when defenses are down, which attracts opportunistic bark beetles.

Most trees have no solution for when water runs short; they simply are not drought tolerant over the long term. Prolonged or repeated droughts often result in death, sometimes years later.

Watering guidance

- Encourage healthy root development from the start by preventing drought or heat stress in seedlings. During planting keep trees cool and roots moist.
- Irrigation in the first 2-3 years is most important for young tree establishment. After that a network of
 roots is often established enough to absorb natural moisture. Most trees native to Oregon have the
 majority of their water-absorbing roots in the upper 12-18 inches of soil.
- Hand-watering, drip irrigation, soaker hoses, or passive irrigation (e.g., Tree-Gator-type watering bags, or 5-gallon buckets with small holes at the base set around the root zone) are preferred watering methods.
- Water around the root base or within the drip line (i.e., the area directly below the tree canopy).
- Trees need long, slow and deep watering to encourage deeper root growth. They get less benefit from a large dump of water or frequent, shallow watering.
- The larger the tree, the more water is needed, although larger trees may have more extensive root systems to access moisture deeper in the ground.
- A sprinkler set to water a lawn is typically not enough to support nearby mature trees.
- Water during the cooler parts of the day (preferably mornings) and keep irrigation systems low to the ground to avoid evaporation in the air and wet leaves, which can encourage diseases.
- Add 3-4 inches of mulch (wood chip instead of bark) around the base of a tree to retain moisture. Be careful not to pile mulch against the trunk, which can encourage rot.
- Avoid runoff by reducing water pressure or creating water catchment berms around the root base.
- Identify soil type (sand, loam, clay, etc.) to estimate ability for water to penetrate and be retained. Sandy soils drain too quickly and clay soils become waterlogged if overwatered. Allow the upper 3 inches of soil to get moderately dry between waterings to prevent fungal growth.
- Know how much water a tree needs before you choose what to plant. Pick a species density appropriate to
 the site. Sprawling invasives, such as ivy, blackberry and Scotch broom compete with trees for soil
 moisture. Shallow-rooted, drought-tolerant native ground covers can protect soil from drying out.
- Trees planted in containers require more frequent irrigation because roots are limited to moisture within the pot, which can dry out faster due to its smaller volume.

Volume, frequency and duration

Concentrate watering during the warmest, driest months - generally May through September in most of Oregon. Estimates below may need to be adjusted for different soil types and depths, microclimates, tree size or species. Some native trees, such as Oregon white oak, most California oaks, and ponderosa pine should not be watered after their first couple of years. Below are irrigation rules of thumb to get you started. Adjust according to how your tree responds:

- 10-15 gallons a week for trees 3 years or younger
- 20-25 gallons a week for trees 4 10 years old
- Deep soakings once or twice a month for trees over 10 years old

Avoid

- Fertilizing. Fertilization will not "green up" dying foliage and is rarely necessary. It spurs growth, which then increases water needs.
- Sudden reduction of water amount or frequency. Opt for gradually phasing out irrigation to avoid shocking trees.
- Overwatering. Too much water can waterlog soil, drowning roots and killing
 them. Symptoms can be confused with those of drought or nutrient deficiencies, such as yellowing leaves
 that drop early, poor growth, thinning canopies or topkill.