

Sample Home Visit Questions

Ideas for entities that provide Discovery:

Please note that this conversation starter tool is provided as a resource. Its use is not required. We would like to thank Abilitree for generously sharing this tool.

Keep in mind, that when a person starts a conversation, they are likely sharing something that is important to them. Do your best to listen and not interrupt the flow. This can be challenging, but silence will often prompt the person talking to keep talking and sharing.

- “Tell me about yourself” or “Tell me about your son/daughter.”
- Tell me about any family traditions or special holidays that you enjoy.
- Do you collect anything, can you show me your collections, what do you like about collecting that, when did you start your collection?
- If you could paint your room any color, what would it be?
- What is your favorite thing to do on a day off?
- What is something that you really look forward to?
- Tell me about any major life events or changes or vacations that were really important to you.
- What sort of routines do you have that you enjoy?
- When something gets changed, or is different, what things help you go through that change smoothly?

- How do you best learn something or understand something (written, pictures, time for processing, talk to me only after my coffee?)
- What sort of chores do you do around the house, independently or with help?
 - laundry
 - gardening
 - cooking
 - cleaning
- Do you use any tools or machinery around the house?
 - dish washer, washer/dryer, microwave, vacuum, lawnmower, edger, hammer, screwdriver.
 - When did you last use any of them
 - When you are using tools, which ones do you prefer?
- What does a really good day look like?
 - what time would you get up
 - what would you do
 - who would you do it with
 - what would you have to eat
 - what would the weather be like
- If you're having a bad day, what does that look like? What types of things really bother you or upset you?
- What do you do when you are really stressed?
- How can you tell when your son/daughter is really stressed, what are the indicators?

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