

## Traditional Health Worker Commission

#### **Population Health Department**

Sandra Clark, Director Maegan Pelatt, Program Manager, Maternal Child Health Maria Tafolla, Health Equity Coordinator

#### FAMILYCARE HEALTH



#### **OUR MISSION**

Creating Healthy Individuals through Innovative Systems

#### **OUR VALUES**

Integrity, innovation, and leadership are fundamental to everything we do.

Family physicians are the foundation in building a caring, efficient healthcare system in cooperation with specialists and other providers.

Quality relationships among patient, provider, and employees are based on commitment, trust, respect, and communication.

Information and education empower both the patient and provider to make responsible healthcare decisions.

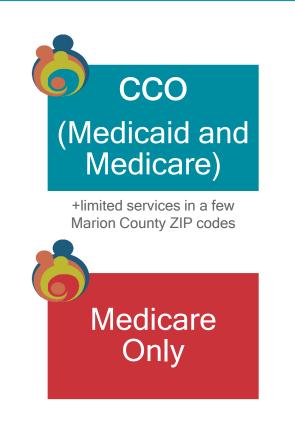
Medical decisions are best made between the patient and provider.

Osteopathic medicine creates opportunities for innovation in health care.

Our employees' well-being and professional development are essential to our success.

#### FAMILYCARE SERVICE AREA MAP







#### **POPULATION HEALTH PROGRAMS**

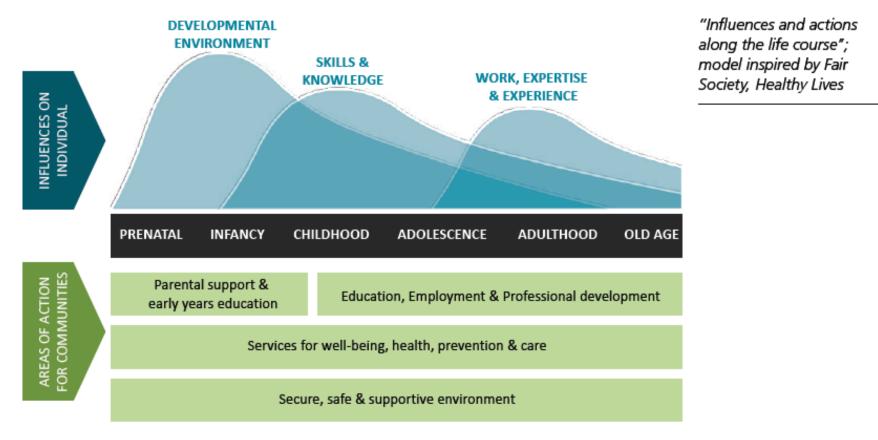
1. Health Delivery System Innovations

2. Health System & Community Partnerships

3. Community-Wide Investments



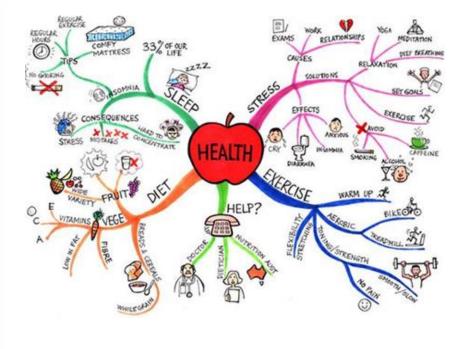
#### **Population Health: Life Course Approach**





#### Population Health: Equity-Focused and Trauma-Informed







#### THWs IMPACT COMMUNITY DETERMINANTS OF HEALTH

#### During 2015-2016, 1,375 FCH members received care coordination and education provided by Traditional Health Workers





## TRADITIONAL HEALTH WORKERS

An umbrella term for 5 traditional health worker types:

- Community Health Workers (CHW): Assist community members in receiving the healthcare they need.
- Peer Support Specialists (PSS): Provide support, encouragement and assistance to addictions and mental health consumers.
- Peer Wellness Specialists (PWS): Provide support, encouragement and assistance to address physical and mental health needs.
- Personal Health Navigators (NAV): Provide care coordination for members from within the health system.
- Birth Doulas: Provide companionship and personal, nonmedical support to women and families throughout the childbirth and post-partum experience.

Office of Equity and Inclusion (OEI)



### **TRADITIONAL HEALTH WORKERS**

Community Determinants of Health & Equity Trauma-Informed Care

P<sup>2</sup>ORTs Multidisciplinary Service Delivery

Traditional Healthcare Workers Community Partnerships

Individual/Community Resilience Integrated care that achieves the Triple Aim and Decreases Health Disparities



### SUPPORTING THW TRAINING

- NW Family Services (NWFS) provides Peer Support Specialist (PSS) trainings; 40-hour OHA approved curriculum in both English and Spanish
- Multnomah County Community Capacitation Center developed a new Spanish-language state approved Community Health Worker (CHW) training curriculum.



# COMMUNITY HEALTH WORKERS



#### INVESTING IN COMMUNITY-BASED PARTNERSHIPS



Latino Network: Healthy Together Project has a Early Childhood Community Health Worker



#### COMMUNITY HEALTH WORKERS IN HEALTHCARE SETTINGS



Rosewood Family Health Center employs Community Health Workers to implement Social Determinants of Health (SDoH) screening



#### COMMUNITY HEALTH WORKERS IN COMMUNITY-BASED ORGS





Asian Health & Service Center employs Community Health Workers to implement Social Determinants of Health (SDoH) screening, Health Risk Assessments, and provide culturally and linguistically specific Diabetes Prevention Program



## PER SUPPORT SPECIALISTS



#### PEER SUPPORT SPECIALIST



NW Family Services (NWFS) has a Bridging the Gaps program and Latino Communities Program utilizing both Community Health Workers and Peer Support Specialists



#### PEER SUPPORT SPECIALIST



# Support Network

**Oregon Family Support** Network (OFSN) Family Peer Support Specialists in our Wraparound Program to eligible youth and families (up to 120 per year) for an average of 18 months. We are investigating opportunities for addressing specific needs (cultural, ability, etc.).



## DOULAS



## **DOULA CBO PARTNERSHIP**

#### Black Parent Initiative (BPI): Sacred Roots Community Doula Program





### **DOULA CBO PARTNERSHIP**

#### FCH and Black Parent Initiative (BPI) have partnered to create BPI's Sacred Roots Community Doula Program.

- The first community-based, culturally-specific, doula program reimbursed by a Coordinated Care Organization (CCO)
- A two-year demonstration project (contracted partnership)
- Explore how CCOs and community-based organizations can improve birth outcomes for African American and African immigrant women by offering culturally specific doula services.
- A doula will be present throughout a member's pregnancy, birth event, and postpartum period of care.
- A doula will attend an early prenatal appointment to connect and provide contact information with the treating provider. This will help bridge the gap between clinical and community.



### **FUTURE THW SUPPORT**

- Alternative Payment Models for THWs
- Sustainable partnerships with Community-Based Organizations
- Achieve Triple AIM and bridge disparities gaps
- Increase focus on integrating peers to support members impacted by substance abuse and/or mental health



#### **THW COMMISSION SUPPORT**

- Tools and education for our provider network
- Best practices for payment models
- Registry of Culturally and Linguistically responsive THWs



### **THANK YOU**

#### **Questions?**

Sandra Clark, MPH Director of Population Health sandrac@familycareinc.org 503.488.3736



503-222-2880 | www.familycareinc.org 825 NE Multnomah St., Suite 1400, Portland, OR 97232

